



PARKS AND RECREATION STAFF

Amy E.W. Mangold Parks & Recreation Director

RECREATION STAFF

Rose Ann Reggiano Assistant Director of Recreation
Deborah Denzel Administrative Assistant
Donna Benson Secretary
Rita Pavia - Loomis Part - time Secretary

PARKS STAFF

Carl Samuelson Assistant Director of Parks
John Moore Parks Operations Supervisor
James Tani Parks Maintainer
Jose Lopes Parks Maintainer
John Benvenuti Parks Maintainer
Amandio DosSantos Parks Maintainer
Joseph Freebairn Parks Maintainer
Luis Otero Parks Maintainer
Nelson Lopes Parks Maintainer
Willard Jacobs II Parks Maintainer
Thomas Pendergast Parks Maintainer
Kyle Leonardi Mechanic

PARKS & RECREATION COMMISSION

Edward Marks
Patrick Barczak
Thomas DiNicola
Maureen Crick Owen
Vincent Yanni, Jr.
Jan Brookes
P.J. Yochum



COMMUNITY SPORTS ORGANIZATIONS

FAIRFIELD COUNTY CAPTAINS BASEBALL
John Klages
captainjohn@gmail.com
MEN'S OVER 30 SOCCER
Scott Kellerman
skellermannhi23@gmail.com
MEN'S OVER 40 SOCCER
Peter Tomasulo
tomasulo@gmail.com
NEWTOWN AMERICAN YOUTH FOOTBALL & CHEER
www.newtownyouthfootball.org
NEWTOWN BABE RUTH BASEBALL
www.newtownbaseball.com
NEWTOWN BABE RUTH SOFTBALL
www.newtownsoftball.org
NEWTOWN BRIDLE LANDS ASSOCIATION
www.nblact.com
NEWTOWN HIKERS
Sally Cox.....203-426-9903
newtownhikers@gmail.com.....203-830-9032
NEWTOWN MEN'S SUNDAY SOFTBALL LEAGUE
Richard McCulloch.....203-470-7036
fd313@aol.com
NEWTOWN NATURALS BASEBALL
Anthony Willie.....203-240-1106
anthonyj@yahoo.com
NEWTOWN SANDY HOOK VINTAGE BASEBALL CLUB
Ray Shaw.....203-270-0596
NEWTOWN SOCCER CLUB
www.newtownsoccerclub.org
NEWTOWN TENNIS ASSOCIATION
www.ntaweb.com
NEWTOWN WOMEN'S SOFTBALL
Jackie Kulikowski.....203-426-0774
NEWTOWN YOUTH BASKETBALL
www.newtownyouthbasketball.org
NEWTOWN YOUTH LACROSSE
www.newtownlax.com
NEWTOWN YOUTH & FAMILY SERVICES...203-270-4335
THE WICKED FAST PITCH SOFTBALL
Mark Macchiarulo
coachm@thewickedsoftball.com
WINTERSET SKI CLUB
www.wintersetkiclub.or

A letter from the Director

Our Town was certainly blessed with a beautiful summer – sunny but not too hot, with occasional storms and rain showers that seemed to patiently wait for us to wrap up our outdoor activities. It was also a beautiful summer for Newtown Parks & Recreation, as we committed ourselves to nurturing and enriching service partnerships that help provide Newtown with a sense of community sharing and caring. We have learned that there are many organizations in Newtown that have common goals and missions. We all love and care for our community and the residents that are the fabric of it. Newtown Parks and Recreation firmly believes that when organizations with similar ideals work and plan *together, the results often exceed the community benefit that we thought possible.* Our partnership with Newtown Youth and Family services provided us with a social worker at our Day Camp program who simply opened our eyes to new methods to create a safe, fun and inclusive camp for all the participants. No longer simply a camp slogan, we were told by many this year's Day Camp made for the "The Best Summer Ever. We partnered with the Chamber of Commerce to host a Summer Concert and BBQ which made for one of the most successful summer concerts in our six seasons. We partnered with the Sandy Hook Organization for Prosperity to produce the "Choose Love" free concert series. We partnered with the Cultural Arts Commission to help with the third annual Newtown Arts Festival and again partnered with the Newtown Youth Academy to hold the Mad Dash, a fun and exciting adventure race. We partnered with the Earth Day Festival to secure access to Town and School facilities; providing a venue for this important event which promotes many local municipal agencies and community assistance programs. One of our most revered partners, The Newtown Lions Club continues to be a group of tireless volunteers supporting Parks and Recreation through their stewardship of the Orchard Hill Nature Center. These organizations are vital to the fabric of our community, and our close partnerships are critical to ensuring that our services complement rather than compete with each other and allow for unique opportunities and activities for you our, wonderful community members. I want to leave you with this quote before you begin to browse the following booklet of exiting Fall programming through Newtown Parks and Recreation: I cannot endure to waste anything as precious as autumn sunshine by staying in the house. So I spend almost all the daylight hours in the open air. — Nathaniel Hawthorne

Please make sure you too spend as many hours as you can outside. Make sure you visit the New off leash Dog Park, Park and Bark, with your canine friends, the beautiful new facility that our wonderful volunteer partners from the Friends of Park and Bark committee helped us fund and create! Also, stop by Dickinson Park to visit Fun Space II, we are so very excited that this new fun and inclusive facility is alive with the sounds of children, families and laughter.

Think outside, no box required, fall has arrived. Behold the changing leaves, and enjoy the crisp breeze. Let your eyes take in the bursts of color. Transformation is afoot and hope is in the air.

Amy Mangold

Amy Mangold
Director
Newtown Parks and Recreation



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POLICIES

RESIDENCY-DEFINED: A person whose primary residence, either as an owner or renter, is considered a Newtown resident. (No exceptions to this rule.) Proof of residency is required.

NON-RESIDENT POLICY

- ⇒ Non-resident registrations will be accepted at the beginning of registration, however there are limited spots.
- ⇒ Not all programs allow for non-resident participation.
- ⇒ Non-residents will be required to pay an additional \$10.00 per program.
- ⇒ Non-residents may participate in bus trips.

DO NOT WAIT UNTIL THE LAST MINUTE!!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be canceled. Coming in on the day the program begins won't resurrect it, so please register early.

REFUND POLICY

All programs are self-supporting and a commitment needs to be made to instructors and staff. Therefore, NO REFUNDS will be given after the start of a program EXCEPT for medical reasons, upon receipt of a physician's note. Communication to Parks and Recreation at onset of the condition is required. Refunds for cancellations made within one week prior to the start of a program are issued, but a \$10 processing fee will be charged.

CANCELATION POLICY

Programs held at the Newtown Schools follow the school schedule, therefore, if schools are closed or canceled Parks & Recreation programs at the schools will be canceled. Programs held at the Newtown Teen Center, Newtown Youth Academy or an off site location do not always follow the school schedule. In the event of inclement weather or other factors beyond our control, programs may need to be canceled. If program(s) are canceled make up sessions will be offered. If you cannot attend the makeup session no refunds will be given. Please sign up for our automatic cancellation notices on our website www.newtown-ct.gov or call our cancellation number 203-270-4340 and press 1.

PHOTO RELEASE

Newtown Parks & Recreation Department may video tape or take photo's of participants enrolled in our programs. These photo's/video's may be used for promotional purposes.

MISSION STATEMENT

To create quality recreation and leisure opportunities strengthening the community through people, parks and programs.



IMPORTANT NOTES

- ⇒ All Parks and Recreation programs are on a first-come, first served basis.
- ⇒ Parks and Recreation does not send confirmations. No news is good news! Please assume you are registered for the program(s) you have selected. You will be contacted only if there is a problem.
- ⇒ Parks and Recreation cannot be responsible for loss of mail or postal delays.
- ⇒ Program participants are reminded NOT TO PARK IN FIRE LANES, per order of the Fire Marshall. Fire lanes are those areas in front of each school which are painted yellow.
- ⇒ When participating in a program at the Teen Center please park in front of the Teen Center ONLY. Do not park in front of businesses.
- ⇒ Program participants must enter and exit buildings through designated, secure locations.
- ⇒ Sign up to receive our recreation brochure and recreation cancellations at www.newtown-ct.gov. Scroll down page to red boxes on the left. Select "Subscribe to News". Follow instructions on page. Or call 203-270-4340
- ⇒ The Newtown Parks & Recreation Commission meets the second Tuesday of each month. Public input is welcomed at these meetings.
- ⇒ If a participant displays unruly behavior, he / she will be asked to leave the program and NO refund will be given.

INCLUSION STATEMENT

In an effort to meet the recreational needs of all residents of Newtown, the Parks & Recreation Department has adopted a policy of inclusion. Although some facilities are not yet wheelchair accessible every attempt will be made to accommodate and encourage people with disabilities to participate in our programs. Please use comment section on the registration form detailing your circumstances.

For up to date changes in any program regarding weather, time or location. Please sign up for up to date minute information at www.newtown-ct.gov. Click on "subscribe to news" add your cell phone number and/or email address and check off "Recreation Cancellations"



NEWTOWN HIKERS-FALL SCHEDULE 2014

From Sally (Sarah) Cox, 203-426-9903 or 203-830-9032; e-mail newtownhikers@gmail.com

Start Time 9am at the Edmond Town Hall lower parking lot. Please be prompt. We leave at 9:10. We try to carpool as much as possible as some trail parking lots are small. Check with the listed hike leader for hike details or weather concerns. I will send out e-mails if there are changes. Most hikes are moderate with some elevation. The harder hikes with rock scrambling will be noted.

SEPT. 6 Sawsan Ali-*Bike Hike-Wolf Park, Monroe; 203-426-8911

SEPT. 13 Christa Troiani- Mystery Hike-203-751-0297

SEPT. 20 Tim Hanbury-Pequinock River Trail, Trumbull-203-888-3025

SEPT. 27 Mark Jones-Bear Mt./Appalachian Tr., Salisbury,CT; some rock scrambling; 203-894-9534

OCT. 4 Linda Dunn-TBD- 203-207-1765

OCT. 11 Jim Steck-Walkway Over The Hudson/Franny Reese St.Pk-Poughkeepsie,NY-845-621-5559/ 914-806-4107

OCT. 18 Cassie Brown-Great Hollow, Haviland Hollow Rd., New Fairfield-203-313-7161

OCT. 25 Nancy Ziegler-Storm King Mtn., NY-views of Hudson River/some rock scrambling-203-732-2618

NOV. 1 Sally Cox-Sleeping Giant St.Pk., Hamden; white to blue tr; some rock scrambling; 203-830-9032

NOV. 8 Christa Troiani- Black Rock Pk., Watertown- 203-751-0297

NOV. 15 Molly Schleis-*tentative-Terrywile Pk., Danbury- 203-616-5950

NOV. 22 No scheduled hike-meet at the ETH parking lot if you want to hike

NOV. 29 Kandace Yuen- Philips/Lovdal Farm Tr., Southbury-203-262-8328

DEC. 6 Irene Jutnas-Saugatuck Falls, Redding- 203-556-2933

DEC. 13 Mark Jones- Bennett's Pond Tr., Ridgefield followed by end of season potluck lunch and winter Hike planning; contact Mark to coordinate food- 203-894-9534

Newtown Hikers is an open and cooperative group welcoming anyone interested in hiking. There is no membership fee. *Hikers participate at their own risk and are asked by the Newtown Park & Rec. Dept. to sign a release. Safety is always a concern. Hikes can vary but most are moderate. Be prepared with snacks, lunch and water. Dress for the weather. Sturdy sneakers or hiking boots are recommended for all hikes. Children are welcome if accompanied by an adult. Dogs are welcome but must be on leash at all times. Some trails do not allow dogs. Some hikes and drive time can be 4-7 hours.



"THE GARAGE" TEEN CENTER

Located on 53A Church Hill Road, Newtown, CT. "The Garage" Teen Center is open every Friday and Saturday night. Come on down and enjoy the fun or just hang out. Come and check out our air hockey table, pool table, and foosball tables. You can also bring your ipod/iphones, ccd or dvds. Live band events are for High School students only! The Teen Center also provides music with a live DJ. Fee for special events, DJs or live Bands will vary from \$3.00 - \$7.00. Check our website for upcoming events.

www.newtown-ct.gov

High School Nights - Grades 9 - 12 only

Hours 7:00 - 11:00 pm - Open Friday and Saturday nights unless designated for Middle School, 5/6 nights or birthday parties. High School students may be required to show proof of residency.

Middle School Nights - Grades 7 & 8 only

Hours 7:00 - 10:00 pm - Open every second Friday of the month, unless a band or birthday party is scheduled.

Reed Intermediate School Nights - Grades 5 & 6 only

Hours 7:00 - 9:30 pm - Open every third Friday of the month, unless a band or birthday party is scheduled.

TEEN CENTER BOARD

The Teen Center is currently looking for Middle School / High School students who are interested in joining the Teen Center Board. This board will meet once a month at 7:30 pm to help develop, plan and promote events and activities for the Teen Center. Please call Newtown Parks and Recreation office 270-4340 if you are interested. Meetings held every second Friday of the month at the Teen Center.

TEEN CENTER BIRTHDAY PARTY

Come have your next birthday party at the Teen Center. Available for grades 5th to 12th. Access to pool tables, foosball table & air hockey table.

FEES:

Rental Fee: \$150.00 per event

Refundable Deposit: \$100.00

Insurance: \$1.10 per person

Party MUST be scheduled at least two weeks in advance.

Available Friday or Saturday nights from 7:00 - 11:00 pm.

NO Holidays!

Maximum 4 hours including set-up and clean up.



HALLOWEEN PARTY

Come dressed as your favorite character and get into the Halloween spirit...Boo! Enjoy some Halloween games and fun and end the party with a spooky Hay Ride. Register online by October 21st. Please bring a bag of candy for Main Street. Light snacks, apple juice and water will be served.



ACTIVITY:

114102 A Thursday, October 23

4:30 - 6:15 pm

AGE: 0 - 8.99

FEE: \$2

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

HALLOWEEN PARTY- GRADES 5/6

Come join us on this spooky night of fun and get into the spirit of Halloween! Boo! Come dressed in costume as your favorite character or hero. Prizes will be given out. MUST register online or purchase a ticket in advance. Tickets will be available at the Parks and Recreation Office. There are only 100 tickets available. If tickets are still available, they will be on sale at Reed School during lunch on October 16th.

ACTIVITY:

114501 A Friday, October 24

7:00 - 9:30 pm

AGE: 9 - 11.99

FEE: \$8

LOCATION: Teen Center, 53 A Church Hill Road

THANKSGIVING TURKEY SHOOT

Competing for the highest score in three rounds of shooting baskets. The winning team in each division will go home with a gift certificate for a turkey just in time for Thanksgiving dinner. A team consists of one adult and one child. (A smaller basket is used for the younger children 4 years and under). Proceeds from this event will benefit the Camp Scholarship Fund.



ACTIVITY:

114122 A Saturday, November 15

9:00 - 9:45 am

AGE: 2 - 4.99

FEE: \$10

114122 B Saturday, November 15

9:00 - 9:45 am

AGE: 5 - 6.99

FEE: \$10

114122 C Saturday, November 15

10:00 - 10:45 am

AGE: 7 - 9.99

FEE: \$10

114122 D Saturday, November 15

10:00 - 10:45 am

AGE: 10 - 13.99

FEE: \$10

LOCATION: Newtown Middle School A Gym, 11 Queen Street

BREAKFAST WITH SANTA

Ho, Ho, Ho...Santa is inviting you to breakfast. We will be serving bagels, doughnuts, milk, juice, coffee, tea, & hot chocolate. This years holiday show promises to be fun for young and old alike. Each child will get to make a fun craft. Please bring a donation for Newtown's food pantry.

ACTIVITY:

114101 A Saturday, December 6

9:00 - 11:00 am

AGE: All Ages

FEE: \$0

LOCATION: Newtown Middle School Cafe, 11 Queen Street

SPORTS PROGRAMS

Tennis

TENNIS CLINICS

Beginner: Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Advanced Beginner: Player has had introduction to grips and strokes, starts to make contact with ball on a regular basis. Low Intermediate: Player is starting to keep the ball in play, learning to serve, can volley and learning court positioning. Intermediate: Player can keep the ball in play, can hit with some spin, can serve, volley and rally consistently. Tiny Tots: (ages 3-4) Newtown's Pro, Jacob Kreimer, designed and developed Tiny Tots, a program that has proven to be effective in developing motor coordination, the fundamentals of tennis and the love of the game for children. Advanced Juniors: For the intermediate/advanced junior player to develop skills with drills and conditioning. Learning singles and doubles strategy in game situations similar to real match play while learning the rules of the game and fine tuning their strokes. Raquets are available for sale through instructors (or bring own raquet). Non-residents: Additional \$10.00 per program. Rain make-ups only: end of session. Program Co-Directors Dave Kardas & Greg Sansonetti, members of the USPTR and USTA, have specialized in recreational tennis programming in Fairfield County for thirteen years. Dave and Greg bring a combined 30+ worth of tennis teaching experience.

ACTIVITY:

Beg/Adv Beginner

109110 A Saturdays, September 20 to October 25
(No class October 4)

8:30 - 9:30 am AGE: 18 and up FEE: \$109

Low Int/Intermediate

109110 B Saturdays, September 20 to October 25
(No class October 4)

9:30 - 10:30 am AGE: 18 and up FEE: \$109

Beg/Adv Beginner

109110 C Tuesdays, September 16 to October 14
9:30 - 10:30 am AGE: 18 and up FEE: \$109

Low Int/Intermediate

109110 D Tuesdays, September 16 to October 14
10:30 am - 12:00 pm AGE: 18 and up FEE: \$159

Tiny Tots

109110 E Saturdays, September 20 to October 25
(No class October 4)

9:00 - 9:30 am AGE: 4 - 5.99 FEE: \$70

Beg/Adv Beginner

109110 F Saturdays, September 20 to October 25
(No class October 4)

9:30 - 10:30 am AGE: 6 - 8.99 FEE: \$99

Beg/Adv Beginner

109110 G Saturdays, September 20 to October 25
(No class October 4)

10:30 am - 12:00 pm AGE: 6 - 8.99 FEE: \$149

Beg/Adv Beginner

109110 H Saturdays, September 20 to October 25
(No class October 4)

10:30 am - 12:00 pm AGE: 9 - 11.99 FEE: \$149

Beg/Adv Beginner

109110 I Saturdays, September 20 to October 25
(No class October 4)

10:30 am - 12:00 pm AGE: 11 - 13.99 FEE: \$149

Low Int/Intermediate

109110 J Saturdays, September 20 to October 25
(No class October 4)

10:30 am - 12:00 pm AGE: 9 - 11.99 FEE: \$149

Beg/Adv Beginner

109110 K Saturdays, September 20 to October 25
(No class October 4)

12:00 - 1:30 pm AGE: 6 - 8.99 FEE: \$149

Low Int/Intermediate

109110 L Saturdays, September 20 to October 25
(No class October 4)

12:00 - 1:30 pm AGE: 11 - 13.99 FEE: \$149

Low Int/Intermediate

109110 M Saturdays, September 20 to October 25
(No class October 4)

12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$149

Advanced Juniors

109110 N Saturdays, September 20 to October 25
(No class October 4)

12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$149

Beg/Adv Beginner

109110 O Saturdays, September 20 to October 25
(No class October 4)

1:30 - 3:00 pm AGE: 6 - 8.99 FEE: \$149

Beg/Adv Beginner

109110 P Saturdays, September 20 to October 25
(No class October 4)

1:30 - 3:00 pm AGE: 9 - 11.99 FEE: \$149

Beg/Adv Beginner

109110 Q Saturdays, September 20 to October 25
(No class October 4)

1:30 - 3:00 pm AGE: 11 - 13.99 FEE: \$149

Beg/Adv Beginner

109110 R Saturdays, September 20 to October 25
(No class October 4)

1:30 - 3:00 pm AGE: 14 - 17.99 FEE: \$149

Tiny Tots

109110 S Tuesdays, September 16 to October 14
4:00 - 4:30 pm AGE: 4 - 5.99 FEE: \$70

Beg/Adv Beginner

109110 T Tuesdays, September 16 to October 14
4:30 - 6:00 pm AGE: 6 - 8.99 FEE: \$149

Beg/Adv Beginner

109110 U Tuesdays, September 16 to October 14
4:30 - 6:00 pm AGE: 9 - 11.99 FEE: \$149

Low Int/Intermediate

109110 V Tuesdays, September 16 to October 14
4:30 - 6:00 pm AGE: 9 - 11.99 FEE: \$149

Low Int/Intermediate

109110 W Tuesdays, September 16 to October 14
4:30 - 6:00 pm AGE: 11 - 14.99 FEE: \$149

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: Fairfield County Tennis



SPORTS PROGRAMS

Tennis

TENNIS

Tiny Tots (ages 4-5): Newtown's Pro, Jacob kreimer, designed and developed Tiny Tots, a program that has proven to be effective in developing motor coordination, the fundamentals of tennis and the love of the game for children. Beginner: Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Advanced Beginner: Player has had introduction to grips and strokes, starts to make contact with ball on a regular basis. Low Intermediate: Player is starting to keep the ball in play, learning to serve, can volley and learning court positioning. Intermediate: Player can keep the ball in play, can hit with some spin, can serve, volley and rally consistently. Fairfield County Tennis has been providing quality tennis instruction throughout Fairfield County for over 10 years. Our qualified staff provides instruction for all ages. All clinics provide instruction on the forehand, backhand, serve and volley. Singles and doubles strategy, footwork, and tennis etiquette are also included to provide a well rounded experience. With affordable pricing, Newtown Parks & Recreation has many clinics available from Tiny Tots to seasoned adult players!

ACTIVITY:

Beginner Juniors

109111 A Sundays, November 16 to January 25
(No class December 28, April 5)

2:00 - 3:00 pm AGE: 6 - 8.99 FEE: \$285

Adv Beg Juniors

109111 B Sundays, November 16 to January 25
(No class December 28, April 5)

3:00 - 4:00 pm AGE: 6 - 8.99 FEE: \$285

Adv Beg Juniors

109111 C Sundays, November 16 to January 25
(No class December 28, April 5)

4:00 - 5:00 pm AGE: 9 - 11.99 FEE: \$345

Adv Beg Juniors

109111 D Sundays, November 16 to January 25
(No class December 28, April 5)

6:00 - 7:00 pm AGE: 11 - 14.99 FEE: \$345

Low Int Juniors

109111 E Sundays, November 16 to January 25
(No class December 28, April 5)

5:00 - 6:00 pm AGE: 9 - 11.99 FEE: \$345

Beg/Adv Beg Adults

109111 F Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

9:30 - 10:30 am AGE: 18 and up FEE: \$345

Low Int/Intermediate Adults

109111 G Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

10:30 am - 12:00 pm AGE: 18 and up FEE: \$485

Low Int/Intermediate Adults

109111 H Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

12:00 - 1:00 pm AGE: 18 and up FEE: \$345

Low Int/Intermediate Adults

109111 I Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

4:00 - 5:30 pm AGE: 13 - 17.99 FEE: \$485

Beginner Juniors

109111 J Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

5:30 - 6:30 pm AGE: 9 - 11.99 FEE: \$345

Low Int/Intermediate Juniors

109111 K Tuesdays, November 11 to January 20
(No class December 30, February 17, April 14)

6:30 - 7:30 pm AGE: 9 - 11.99 FEE: \$345

Low Int/Intermediate Adults

109111 L Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

9:30 - 11:00 am AGE: 18 and up FEE: \$485

Low Int/Intermediate Adults

109111 M Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

11:00 am - 12:00 pm AGE: 18 and up FEE: \$345

Adv Beg Juniors

109111 N Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

4:00 - 5:00 pm AGE: 11 - 14.99 FEE: \$345

Tiny Tots

109111 O Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

5:00 - 5:30 pm AGE: 4 - 5.99 FEE: \$180

Beginner Juniors

109111 P Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

5:30 - 6:30 pm AGE: 6 - 8.99 FEE: \$285

Low Int/Intermediate Juniors

109111 Q Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

6:30 - 7:30 pm AGE: 11 - 14.99 FEE: \$345

Intermediate Adults

109111 R Wednesdays, November 5 to January 21
(No class December 24, December 31, April 15)

7:30 - 9:00 pm AGE: 18 and up FEE: \$485

Tiny Tots

109111 S Thursdays, November 6 to January 29
(No class November 27, December 26, January 1, April 16)

4:15 - 5:00 pm AGE: 4 - 5.99 FEE: \$265

Beginner Juniors

109111 T Thursdays, November 6 to January 29
(No class November 27, December 26, January 1, April 16)

5:00 - 6:00 pm AGE: 6 - 8.99 FEE: \$285

Adv Beg Juniors

109111 U Thursdays, November 6 to January 29
(No class November 27, December 26, January 1, April 16)

6:00 - 7:00 pm AGE: 9 - 11.99 FEE: \$345

Beg/Adv Beg Juniors

109111 V Fridays, November 7 to January 23
(No class December 26, January 2, April 13, April 17)

4:00 - 5:00 pm AGE: 13 - 17.99 FEE: \$345

Adv Beg Juniors

109111 W Fridays, November 7 to January 23
(No class December 26, January 2, April 13, April 17)

5:00 - 6:00 pm AGE: 6 - 8.99 FEE: \$285

Tiny Tots

109111 X Saturdays, November 15 to January 31
(No class November 22, December 27, April 18)

9:00 - 9:30 am AGE: 4 - 5.99 FEE: \$180

Low Int/Intermediate Adults

109111 Y Saturdays, November 15 to January 31
(No class November 22, December 27, April 18)

9:30 - 11:00 am AGE: 18 and up FEE: \$485

Adv Beg Juniors

109111 Z Saturdays, November 15 to January 31
(No class November 22, December 27, April 18)

11:00 am - 12:00 pm AGE: 6 - 8.99 FEE: \$285

Advanced Juniors

109112 A Saturdays, November 15 to January 31
(No class November 22, December 27, April 18)

12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$485

Beginner Juniors

109112 B Saturdays, November 15 to January 31
(No class November 22, December 27, April 18)

1:30 - 2:30 pm AGE: 6 - 8.99 FEE: \$285

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Fairfield County Tennis

SPORTS PROGRAMS

Horseback Riding/Soccer/Basketball/Flag Football

INTRO HUNT SEAT HORSEBACK RIDING

Hunt seat is terminology used in the United States and Canada to refer to a style of forward seat riding commonly found at American horse shows. Along with Dressage, it is one of the two classic forms of English riding. Hunt seat is also the generic term used to describe any form of forward seat riding, including that seen in show jumping and eventing.

ACTIVITY:

109102 A Saturdays, October 4 to October 25
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 B Saturdays, November 1 to November 22
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 C Saturdays, December 6 to December 27
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 E Saturdays, October 4 to October 25
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 F Saturdays, November 1 to November 22
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 G Saturdays, December 6 to December 27
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 I Tuesdays, October 7 to October 28
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 J Tuesdays, November 4 to November 25
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 K Tuesdays, December 2 to December 23
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 M Wednesdays, October 8 to October 29
6:30 - 7:00 pm AGE: 18 and up FEE: \$175
109102 N Wednesdays, November 5 to November 26
6:30 - 7:00 pm AGE: 18 and up FEE: \$175

LOCATION: Fox Ridge Farm, 37-39 Aunt Park Lane

INSTRUCTOR: Fox Ridge Farm

BRUSHY HILL HORSEBACK RIDING PROGRAM

You pick date & time! Brushy Hill Farm is a full service equestrian facility that takes pride in its warm and welcoming environment. We are dedicated to providing outstanding care for both horse and rider. In addition to boarding and training, our lesson program caters to students of all ages from beginners to seasoned veterans. Ev offers her lifetime of experience and extensive knowledge of the sport. Our lessons are hand tailored for each rider's needs to ensure that everyone may achieve their goals and full potential. Our closely supervised instruction in a safe and nurturing atmosphere will provide students with solid foundations, the necessary skills to communicate properly with their horse and become good horseman. During each lesson, students will learn and practice basic horse care, grooming, tacking up and correct terminology. In case of inclement weather, lessons will be held in an indoor ring. For more information please contact Ev at 203-470-4353.



ACTIVITY: YOU PICK DATE & TIME

4 - 1/2 hour private lessons

109101 A Mondays - Sundays, October 1 to December 22
9:00 am - 5:00 pm AGE: 4 and up FEE: \$200

8 - 1/2 hour private lessons

109101 B Mondays - Sundays, October 1 to December 22
9:00 am - 5:00 pm AGE: 4 and up FEE: \$380

4 - 1 hour private lessons

109101 C Mondays - Sundays, October 1 to December 22
9:00 am - 5:00 pm AGE: 4 and up FEE: \$240

8 - 1 hour private lessons

109101 D Mondays - Sundays, October 1 to December 22
9:00 am - 5:00 pm AGE: 4 and up FEE: \$460

LOCATION: Brushy Hill Farm, 15 Coachman Drive, Southbury

INSTRUCTOR: Ev Lindeborn

OVER 35 CO-ED DROP-IN SOCCER

Come out and kick it around! What a great way to get some exercise. This is a laid back game, not a league. All skills welcome. For more information contact Brian Aumueller at bsa@mereogroup.com or call Parks and Recreation office at 203-270-4340. Open to Newtown Residents only!



ACTIVITY:

109205 A Saturdays, October 4 to June 27
7:00 - 8:30 am AGE: 30 and up FEE: \$225
109205 B Tuesdays, October 4 to June 23
9:00 - 10:30 pm AGE: 30 and up FEE: \$225

LOCATION: Newtown Youth Academy, 4 Primrose Street

MENS OVER 40 DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

109203 A Saturdays, September 6 to June 20
7:00 - 9:00 am AGE: 40 and up FEE: \$0

LOCATION: Newtown Middle School, 11 Queen Street

ADULT DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

109204 A Fridays, September 5 to June 19
7:00 - 9:00 pm AGE: 18 and up FEE: \$0
LOCATION: Newtown Middle School, 11 Queen Street
109204 B Mondays, October 6 to August 31
8:30 - 10:30 pm AGE: 18 and up FEE: \$200
LOCATION: Newtown Youth Academy, 4 Primrose Street

FLAG FOOTBALL

It's fast paced, fun and total football action! Come and be a part of our Flag Football League! Participants will learn about football by playing games. No experience necessary! Each participant should bring a water bottle and plenty of enthusiasm. Your gonna love it! Drop your children off and go enjoy dinner while they work hard and love flag football! Run by Jeff Tolson.



ACTIVITY:

109606 A Fridays, September 19 to October 24
6:30 - 8:45 pm AGE: 6 - 13.99 FEE: \$150
109606 B Fridays, November 7 to December 19
6:30 - 8:45 pm AGE: 6 - 13.99 FEE: \$150
109606 C Fridays, September 19 to October 24
8:45 - 10:30 pm AGE: 13 - 17.99 FEE: \$150
109606 D Fridays, November 7 to December 19
8:45 - 10:30 pm AGE: 13 - 17.99 FEE: \$150

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Jeffrey Tolson

SPORTS PROGRAMS

Golf/Females In Training/Cross Country

WOMEN ONLY GOLF LESSONS

Come to Golf Quest to help improve driving, irons, and putting with a professional.

ACTIVITY:

109402 A	Thursdays, September 11 to October 2		
6:00 - 7:00 pm		AGE: 15.99 and up	FEE: \$130
109402 B	Wednesdays, October 8 to October 29		
6:00 - 7:00 pm		AGE: 15.99 and up	FEE: \$130
109402 C	Mondays, November 3 to November 24		
6:00 - 7:00 pm		AGE: 15.99 and up	FEE: \$130
109402 D	Tuesdays, December 2 to December 23		
6:00 - 7:00 pm		AGE: 15.99 and up	FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road, Brookfield

INSTRUCTOR: Golf Quest

ADULT NOVICE GOLF LESSONS

Each lesson concentrates on different aspect of the game. Work on your swing, improve your driving and putting with a Golf Quest professional. Class size is limited for more individual attention.



ACTIVITY:

109403 A	Wednesdays, September 10 to October 1		
6:00 - 7:00 pm		AGE: 16.99 and up	FEE: \$130
109403 B	Thursdays, October 9 to October 30		
6:00 - 7:00 pm		AGE: 16.99 and up	FEE: \$130
109403 C	Tuesdays, November 4 to November 25		
6:00 - 7:00 pm		AGE: 16.99 and up	FEE: \$130
109403 D	Mondays, December 1 to December 22		
6:00 - 7:00 pm		AGE: 16.99 and up	FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road, Brookfield

INSTRUCTOR: Golf Quest

JUNIOR GOLF LESSONS

Come to Golf Quest to help improve your driving, irons and putting with a professional. You will receive four lessons from a Golf Quest golf pro, with each lesson concentrating on a different aspect of the game.

ACTIVITY:

109603 A	Wednesdays, September 10 to October 1		
4:30 - 5:30 pm		AGE: 6.99 - 14.99	FEE: \$130
109603 B	Thursdays, October 9 to October 30		
4:30 - 5:30 pm		AGE: 6.99 - 14.99	FEE: \$130
109603 C	Tuesdays, November 4 to November 25		
4:30 - 5:30 pm		AGE: 6.99 - 14.99	FEE: \$130
109603 D	Mondays, December 1 to December 22		
4:30 - 5:30 pm		AGE: 6.99 - 14.99	FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road, Brookfield

INSTRUCTOR: Golf Quest



F.I.T (FEMALES IN TRAINING)

The goal of F.I.T. is to set the foundations for good fitness and health by making it fun. Two weekly one hour classes will build girls endurance, strength and flexibility. The program is for all levels and will give girls a taste of being part of a "team." Running games, fitness, instruction & healthy eating habits will be incorporated. Main focus is to help develop greater self-confidence and empower young girls. Emphasis placed on the importance of inspiring young girls to be strong, confident, healthy and happy! Taught by two moms who have daughters and hope to motivate and build young girls confidence. Final culmination is completing in town 5k road race.



ACTIVITY:

109511 A	Tuesdays/Thursdays, September 30 to November 25		
	(No class September 25)		
4:30 - 5:30 pm		AGE: 7 - 11.99	FEE: \$180

LOCATION: Hawley School, 29 Church Hill Road

INSTRUCTOR: Donna Moxham & Michelle Greenspan



NUTMEG STRIDERS CROSS COUNTRY

Our season will run through December 12th with regularly scheduled practices and several racing opportunities. We will focus on developing and fine-tuning running fundamentals as well as race strategy. There is no physical fitness or ability level requirements to join. We encourage kids of all ability levels to participate! Our Cross Country program is open to athletes ages 5-14. Practices are strongly encouraged but not absolutely mandatory as we support our athlete's endeavors in being well rounded! Practices will be held in Newtown on Tuesdays and Thursdays at Dickinson Park and Rochambeau Middle School in Southbury, CT on Mondays and Wednesdays. There will be several races scheduled throughout the season leading up to our Junior Olympic CT Association meet. For more program details and registration instructions please visit www.nutmegstriders.com. All participants need to become USATF members

ACTIVITY:

109516 A	Tuesdays/Thursdays, September 8 to December 12		
4:30 - 5:30 pm		AGE: 5 - 14.99	FEE: \$225

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: Erin Schumacher



SPORTS PROGRAMS

Soccer/T-ball/Mini-Sports/Basketball

MINIKICKERS

Newtown Parks & Recreation is proud to offer Challenger Sports newly rebranded MiniKickers Program in association with the Challenger Soccer Academy. MiniKickers is an exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work. Our professional, licensed British coaches will ensure your child has



a positive soccer experience. The Minikickers curriculum has been devised by soccer experts, child development professionals and experienced coaches. Join us today and become a part of our team cubs and team lions as you learn new skills, have fun and of course learn the song and dance to the Minikickers theme song. Children will receive a ball.

ACTIVITY:

109514 A Thursdays, September 18 to October 16
11:45 am - 12:30 pm AGE: 2 - 3.99 FEE: \$75
109514 B Thursdays, September 18 to October 16
12:45 - 1:30 pm AGE: 4 - 5.99 FEE: \$75
109514 C Sundays, September 21 to October 19
2:00 - 2:45 pm AGE: 2 - 3.99 FEE: \$75
109514 D Sundays, September 21 to October 19
3:00 - 3:45 pm AGE: 4 - 5.99 FEE: \$75

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: Challenger Sports

HOOPSTERS

Hoopsters is an adaptive basketball program designed for children of all abilities. Our goal is to have fun and learn some basketball skills. This is a judgment free zone where children can be comfortable and play at their own pace. Some parent participation may be necessary.



ACTIVITY:

118103 A Saturdays, December 6 to March 14
9:00 - 11:00 am AGE: 6 and up FEE: \$35

LOCATION: Hawley School, 29 Church Hill Road

INSTRUCTOR: Mario Pizighelli

SPECIAL NEEDS SOCCER

This is a non-competitive instructional soccer program. Come learn the game and have some fun! Sponsored by the Newtown Soccer Club.

ACTIVITY:

118804 A Saturdays, September 13 to November 8
9:00 - 10:00 am AGE: 4 and up FEE: \$0

LOCATION: Fairfield Hills, Primrose Street

INSTRUCTOR: Newtown Soccer Club

PRE- K T-BALL

Let's take a walk through the fundamentals of America's favorite pastime. The children will learn the basic skills in fielding, throwing, hitting and base running. In addition, they will play games such as home run derby, last one standing and running bases. This is an easy introduction into t-ball where learning and skill development are our priorities.

ACTIVITY:

109805 A Saturdays, October 4 to November 8
10:00 - 10:45 am AGE: 3 - 6.99 FEE: \$90

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: F.A.S.T. Athletics, LLC



PRE-K MINI SPORTS

This program is a combination of warm-up games and sports such as soccer, kickball, wacky ball and Tball. It will ease children into learning the basics of all these great games as well as teaching them the importance of team work! Each class F.A.S.T. Athletics will have new and exciting games planned for the students.



ACTIVITY:

109806 A Saturdays, October 4 to November 8
11:00 - 11:45 am AGE: 3 - 6.99 FEE: \$90

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: F.A.S.T. Athletics, LLC

BASKETBALL CLINIC

Nighthawk Fall Basketball Clinics for Boys and Girls ages 8 to 14. Clinics will be run by Newtown HS Boys Varsity Coach Tim Tallcouch along with his assistants. What a great way to prepare for the upcoming basketball season by attending these four evening clinics. Coaches will instruct players on ballhandling, shooting, conditioning, rebounding, along with basic offensive and defensive theory.

ACTIVITY:

109630 A Mondays/Tuesdays, September 15 to September 23
6:00 - 8:00 pm AGE: 8 - 14.99 FEE: \$100

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Tim Tallcouch

SPORTS PROGRAMS

Field Hockey/Dagorhir/Baseball

GIRLS FIELD HOCKEY

This program is designed to introduce and expose athletes to the sport of field hockey. Instructional sessions will begin with basic skills. As participants develop confidence, more advanced skills will be introduced. There will be small-sided games to help teach offensive and defensive strategies. Besides field play, participants will be introduced to the position of goal keeping with equipment and techniques. Bring both sneakers and a water bottle.



Girls MUST provide own mouth guard and shin guards and goggles. Stick will be provided, however please feel free to bring your own stick. There will be 1 to 3 scrimmages. Instructor is Ellen Goyda

ACTIVITY:

109615 A Mondays, September 15 to October 27
3:30 - 5:00 pm AGE: 9 - 14.99 FEE: \$90

LOCATION: Treadwell Memorial Town Park, 47 Philo Curtis Road
INSTRUCTOR: Ellen Goyda

M.S. BASEBALL ACADEMY

This program is designed specifically for the Middle School aged baseball player to develop the skills necessary to perform at the next level. Players will learn hitting, fielding, and base running fundamentals from Newtown High School Baseball coaches and area high school/college coaches. Players will also receive position specific work and instruction, along with learning the importance of confidence in baseball.

ACTIVITY:

109616 A Sundays, September 14 to October 12
9:00 - 11:00 am AGE: 12 - 14.99 FEE: \$200

LOCATION: Newtown High School, 12 Berkshire Road
INSTRUCTOR: Matt Memoli

DAGORHIR

Foam swords, foam shields, foam spears and authentic medieval armor. Need we write anymore? Join us after school for some creative, live action role playing. Campers will get to battle one another with a selection of foam weapons, engaging in both fast-paced, intensive battle scenarios and elaborate character-based adventures. Bring extra water and all of your enthusiasm. Instructor Andrew Mangold will ensure that all rules for safety/playability are clearly expressed and obeyed. He will also provide historical and fantasy-based armor for campers to enjoy from his collection at www.mangoldleather.com.



ACTIVITY:

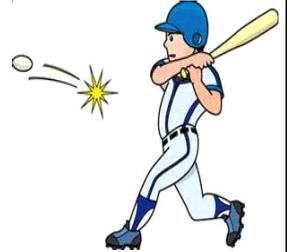
117615 A Mondays - Fridays, September 22 to September 26
3:30 - 5:00 pm AGE: 10 - 14.99 FEE: \$100
117615 B Mondays - Fridays, October 20 to October 24
3:30 - 5:00 pm AGE: 10 - 14.99 FEE: \$100

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Andrew Mangold



FALL BASEBALL CLINICS

Hitting, fielding, throwing, baserunning program for 6 to 10 yr old baseball players. Clinics will focus on learning the proper techniques of baseball supplementing fall season games and practices with more focused skills development. Each day players will be brought through a series of drills to improve their hitting, fielding and pitching technique. Players will also learn how to react during game situations. Ian is a full time baseball and softball instructor. He has been teaching for the past 16 years and is currently coaching High School and is the Head coach for the Wilton Post 86 American Legion ages 19-under (wood bat league). He played professionally in the Northern league for three years. He attended college at nationally ranked Georgia College and won a national championship for NCTC, where he was also an All-American. Ian teaches all facets of the game, hitting, pitching, catching and fielding. He also does college recruiting and college videos. He works with kids year round doing various camps and clinics.



ACTIVITY:

109620 A Tuesdays, September 9 to October 28
4:30 - 5:30 pm AGE: 6 - 10.99 FEE: \$190

LOCATION: Glander Fields, 28 Mile Hill Road South
INSTRUCTOR: Ian Thoessen



SPECIALTY PROGRAMS

Dress-A-Doll/Cooking/Book Club/Morning Glories/Computertots

DRESS-A-DOLL

Dress A Doll returns! In this popular class we create simple outfits and accessories for A.G. dolls, Barbies and stuffed animals. All supplies provided. Please bring doll to class.



ACTIVITY:

101504 A Wednesdays, October 15 to November 5
5:00 - 6:00 pm AGE: 7 - 11.99 FEE: \$90

LOCATION: Hawley School, 29 Church Hill Road

INSTRUCTOR: Paula Brinkman Hughes

HARRY POTTER COOKING CLASS

Let's make some of Harry's favorites-like chocolate-covered frogs, pumpkin pastries or rock cakes! Have some fun with fall ingredients-guaranteed not to give you Langlock! This is a nut-free class.

ACTIVITY:

102501 A Saturdays, November 22
10:00 am - 12:30 pm AGE: 9 - 13.99 FEE: \$40

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Sharon E. Martovich

HALLOWEEN PARTY

COOKING

We'll make fun and tasty treats for your Halloween Party using fresh fall produce and getting creative with it! This is a nut-free class.



ACTIVITY:

102502 A Saturday, October 25
10:00 am - 12:30 pm AGE: 8 - 13.99 FEE: \$40

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Sharon E. Martovich

NUTMEGS & NIBBLES BOOK CLUB

Meet weekly to read and discuss three Nutmeg 2015 Intermediate Nominee books over some after school snacks. A fun way to keep up your reading skills, while chatting with friends about great books. Copy of 3 books chosen by group and snacks provided.

ACTIVITY:

103501 A Wednesdays, September 17 to October 22
3:00 - 4:00 pm AGE: 8 - 12.99 FEE: \$105

LOCATION: Reed Intermediate School, 3 Trades Lane

INSTRUCTOR: Beth Murphy



MORNING GLORIES

Morning Glories parent-child classes offer open hearted support in parenting, respecting our differences while honoring the work we all do in raising our children with consciousness. Parents will be introduced to the principles of Waldorf early childhood education. Each activity is designed to help parents and children grow into their full capacities with love and respect. While the children play, the parents work with their hands, creating playthings and seasonal crafts. After playing, we share a wholesome snack together. During circle time, we sing songs, play finger games, and enjoy simple puppet plays.

ACTIVITY:

107301 A Wednesdays, September 10 to January 21
(No class November 26, December 24, December 31)

9:30 - 11:30 am AGE: 0 - 3.5 FEE: \$535

107301 B Thursdays, September 11 to January 22

(No class November 27, December 25, January 1)

9:30 - 11:30 am AGE: 0 - 3.5 FEE: \$535

LOCATION: Housatonic Waldorf School, 40 Dodgingtown Road

INSTRUCTOR: Beth Anesi

LEGO IN MOTION

Calling all Lego enthusiasts and builders to this program. We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. All new models to tinker with this session.

ACTIVITY:

117505 A Mondays, November 24 to December 22
4:30 - 5:45 pm AGE: 5 - 7.99 FEE: \$99

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Computertots/Computer Explorers

MINECRAFT DESERT ISLAND SURVIVAL

Imagine playing the popular game Minecraft while learning! Students will access a proprietary MinecraftEdu mod created for this class to address all the 21st century skills: critical thinking, creativity, problem solving, decision making, collaboration, ICT literacy and more. Come hang with your friends as you mine, craft and build together to survive!

ACTIVITY:

117506 A Thursdays, November 6 to December 11
(No class November 27)

4:30 - 5:45 pm AGE: 7 - 11.99 FEE: \$99

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Computertots/Computer Explorers



SPECIALTY PROGRAMS

Art/Knitting

DRAWING MIXED MEDIA

Join Paint, Draw & More! as we enter our 20th year of teaching children art. We are proud to look back at our 19 years of success as pioneers in children's drawing classes. Paint, Draw & More offers fun classes that allow your child to express their creativity, while we teach them technical skills that help them blossom and build self-esteem through their artistic accomplishments. Our classes are fun, engaging and each project is developed with your child in mind. We teach young artists how to build an image vocabulary, and develop problem-solving skills through the medium of art. Whether your child continues in the arts or chooses another path, this creative development will enhance their intellectual growth and understanding of math, history and the sciences. Drawing fundamentals like shape, contour, design, color and medium are progressively used every week so your child can create new and varied works of art they can be proud of and excited to share.



ACTIVITY:

101601 A Wednesdays, September 17 to October 29
(No class September 24)
4:30 - 5:30 pm AGE: 5 - 8.99 FEE: \$116
101601 B Wednesdays, September 17 to October 29
(No class September 24)
5:30 - 6:30 pm AGE: 9 - 13.99 FEE: \$116
101601 C Wednesdays, November 5 to December 17
(No class November 26)
4:30 - 5:30 pm AGE: 5 - 8.99 FEE: \$116
101601 D Wednesdays, November 5 to December 17
(No class November 26)
5:30 - 6:30 pm AGE: 9 - 13.99 FEE: \$116

LOCATION: Newtown Middle School room D2, 11 Queen Street
INSTRUCTOR: Susan Jackson

BEGINNERS KNITTING CIRCLE

Learn to knit! This is a class for kids and teens who would like to learn the skill and hobby of knitting! No experience necessary. This is an eight week class where you learn all the basics and finish a cute, fashionable knitted project! Experienced knitting teacher will get you knitting in no time, in a fun and creative way. Learn casting on, knitting, purling, fringe and more. All materials including yarn and needles will be provided.

ACTIVITY:

117101 A Wednesdays, October 1 to November 19
5:30 - 6:30 pm AGE: 8 and up FEE: \$145

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

STEPPIN' UP KNITTING CLASS

If you are ready to take your knitting to the next level, this class is for you! Learn to read and follow a pattern, check a gauge, try different types of needles (including circular needles) and more making really cute projects! To start, students need to bring in US size 10 straight (long) needles and 150 yards of worsted weight yarn of their choice.

ACTIVITY:

117102 A Thursdays, October 2 to November 20
5:30 - 6:30 pm AGE: 8 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen



NATIVE CANADIAN ART

Learn to draw animals the Native American art way! There are many different Native artist communities throughout the Pacific Northwest. They have a love and respect for all animals and treasure their relationship with all living creatures. In this class, students will learn how to draw animals that live on the land, in the sea and in the sky using the symbolism and style of the Native artists. We'll discuss other forms of native art such as totem poles, boat carving and ceremonial masks. So come join us for a fun, magical journey as we draw bears, ravens and otters the Native artist way!

ACTIVITY:

101502 A Mondays, October 6 to November 10
5:45 - 6:45 pm AGE: 7 - 11.99 FEE: \$115

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Kristine Humber



ADULT BEGINNER KNITTING CIRCLE

Make time for yourself! Learn to knit! For adults who have always wanted to knit, but didn't know where to start, or who need to brush up on the basics. Learn to cast on, knit, purl and more, creating a fashionable scarf to start! (Knitting is a great hobby, that can be transported with you-knit at sports events, waiting rooms, using snippets of time!) Students need to bring in a skein of bulky-weight yarn (such as Lion Wool-Ease) of their choice, and US size 10.5 or larger needles to start.

ACTIVITY:

117103 A Wednesdays, October 1 to November 19
6:45 - 7:45 pm AGE: 18 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

ADULT INTERMEDIATE KNITTING CIRCLE

For those who can cast on and do garter stitch, but would like to build more skills. Several projects will be knitted starting with an "oh so cute" hat that can be made in sizes from children to adults, as well as a project "knitting in the round" on circular needles. Learn to read patterns, check gauge, master more difficult stitches (including cables) and more! Students need to bring in size 10 (long) straight needles and one skein (150 yards) of worsted weight yarn of their choice. Other materials needed will be discussed in class.

ACTIVITY:

117104 A Thursdays, October 2 to November 20
6:45 - 7:45 pm AGE: 18 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

SPECIALTY PROGRAMS

Dance

SALSA LEVEL I

Salsa, also referred to as Mambo, is an exciting and fun dance which anyone can learn! In this 4 week class, partner work and basic Salsa patterns with emphasis placed on leading and following. All dance steps taught will be repeated and reinforced allowing students to become familiar and comfortable with their newly acquired dance skills. Dance away stress, have fun and meet new people as we get you dancing in no time! Couples or singles welcome.



ACTIVITY:

104201 A Saturdays, October 18 to November 15
(No class November 1)

5:00 - 6:00 pm AGE: 18.99 and up FEE: \$60

LOCATION: Connecticut Dance, 477 Main Street, Monroe

104201 B Mondays, October 6 to November 24

7:00 - 8:00 pm AGE: 18.99 and up FEE: \$96

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: Deborah Linley

SALSA LEVEL II

A continuation of Level I, students will review and strengthen previously learned skills while advancing on to the next level of steps and turn patterns. Techniques of lead and follow will be reinforced and strengthened as we move into the next level of turn combinations and partner work. So whether you'd like to learn new skills or brush up on old ones, join us for an evening of fun and stress relief! Prerequisite: Level I or equivalent experience.

ACTIVITY:

104203 A Mondays, October 6 to November 24

8:00 - 9:00 pm AGE: 18 and up FEE: \$96

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: Deborah Linley

BEG BALLROOM LEVEL I

If you have little or no dancing experience, this course is for you. Course includes beginner level steps & combinations in Foxtrot, Waltz, Rumba, Cha-Cha, Merengue and time permitting, swing. Make-up classes are available any night during the week. Singles or couples welcome.



ACTIVITY:

104202 A Tuesdays, September 30 to November 18

7:00 - 8:00 pm AGE: 18 and up FEE: \$120

104202 B Wednesdays, October 1 to November 19

7:00 - 8:00 pm AGE: 18 and up FEE: \$120

104202 C Thursdays, October 2 to November 20

7:00 - 8:00 pm AGE: 18 and up FEE: \$120

104202 D Fridays, October 3 to November 21

7:00 - 8:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: Andrea Pessa Vitti

BEG BALLROOM LEVEL II

This course covers the next level of steps & combinations in dances from Level I in addition to Tango, Samba and more! Technique, lead and follow will be stressed. Prerequisite: Students should have a basic knowledge of most dances taught in Beginner Level I.

ACTIVITY:

104204 A Wednesdays, October 1 to November 19

8:00 - 9:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: Deborah Linley

INTERMEDIATE BALLROOM

All dances from Level I and II are covered as technique and quality of dancing begins to be the primary focus. Additional dances such as Quickstep and Argentine Tango are added. Both American and International Style dances will be taught. Prerequisite: Students need to have a working knowledge of dances taught in Beginner Level I and II.



ACTIVITY:

104205 A Tuesdays, September 30 to November 18

8:00 - 9:00 pm AGE: 18 and up FEE: \$120

104205 B Thursdays, October 2 to November 20

8:00 - 9:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: John Vitti

ADVANCED BALLROOM

This course covers Gold and Open Level steps in addition to learning more complex figures and combinations. Both American and International Style dances will be taught. Technique and quality of dancing is the primary focus. Prerequisite: Students should be proficient in most dances and steps taught in the Intermediate level class.

ACTIVITY:

104206 A Fridays, October 3 to November 21

8:00 - 9:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury

INSTRUCTOR: John Vitti



SPECIALTY PROGRAMS

Dance/Music

HUSTLE LEVEL I

Originated in the 70's, hustle is more popular than ever and is being danced all over the world. An exciting partner dance, it is perfect for clubs and parties. This class is designed for those with little or no prior hustle knowledge and will teach you 3 count basic timing & rhythm as well as techniques for lead and follow. In addition to the basic steps, you will learn turn patterns involving under-arm turn combinations, hesitations, cross body lead, single & double hand turns, cradles, inside turns and more!



ACTIVITY:

104401 A Fridays, October 3 to November 21
6:00 - 7:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury
INSTRUCTOR: Deb Linley

HUSTLE LEVEL II

A continuation of level I, students will advance on to the next level of steps and turn combinations including shadows, wraps, new yorker, grapevine and more! Level I or equivalent experience required.

ACTIVITY:

104402 A Fridays, October 3 to November 21
7:00 - 8:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, danbury
INSTRUCTOR: Deb Linley

HUSTLE LEVEL III

Bring your hustle up to the next level as we progress to learn more advanced turn combinations and lead and follow techniques. Students need to be comfortable with steps taught in Level I and II.



ACTIVITY:

104403 A Fridays, October 3 to November 21
7:00 - 8:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury
INSTRUCTOR: John Vitti

WEST COAST SWING LEV I

West Coast Swing is a fun and exciting dance which has roots in Lindy Hop. Becoming increasingly popular, it is different from other forms of swing as it is danced in a slot. West Coast Swing can be danced to many different types of music making it very versatile as well as fun!

ACTIVITY:

104404 A Mondays, September 29 to November 17
7:00 - 8:00 pm AGE: 18 and up FEE: \$120

LOCATION: Vitti's Dance Studio, 10 Precision Road, Danbury
INSTRUCTOR: John Vitti

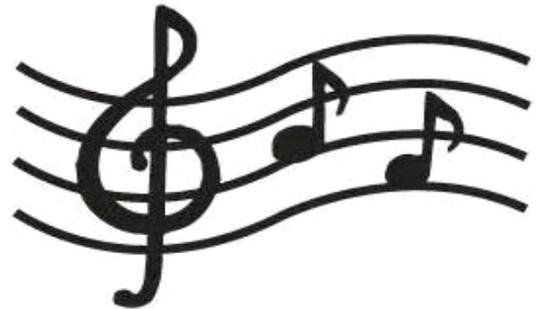
MUSIC PARENT & CHILD

Come and enjoy an after school music class with your child where you can join in song playing Xylophones, Recorders, Drumming, Dancing, Piano & Guitar Exploration and music theory games. Come and have fun with your child.

ACTIVITY:

106702 A Tuesdays, September 16 to October 21
4:00 - 5:00 pm AGE: 3 - 5.99 FEE: \$180
106702 B Fridays, September 19 to October 24
9:30 - 10:30 am AGE: 3 - 5.99 FEE: \$180

LOCATION: Suzuki Music School, 111 Church Hill Road
INSTRUCTOR: Helen Malyszka



A FAMILY MUSIC CLASS

A family experience-fun for both mom, babies & siblings. Enjoy a 45 minute high energy music class with songs, rhymes, rhythm, drumming, musical movement games. Piano and guitar exploration. All taught in a respectful, positive and fun environment come and enjoy!

ACTIVITY:

106703 A Fridays, September 26 to October 31
10:30 - 11:00 am AGE: .5 - 5.99 FEE: \$120

LOCATION: Suzuki Music School, 111 Church Hill Road
INSTRUCTOR: Helen Malyszka

SPECIALTY PROGRAMS

Theater/Reading/Songwriting & Recording/Rock Band/Guitar

THEATRE ON YOUR FEET

Join Broadway veteran, certified teacher and professional youth theatre facilitator Theresa Talluto and learn the art of improvisation, the building blocks of acting, and how to change imaginative thoughts into thoughtful scenes in Newtowns authentic youth theatre class.

You will act in scenes and participate in exercises and games used in professional theatre to sharpen your thinking, focus your listening and help you to think...On Your Feet! All levels of experience are welcome but no experience is necessary. It's fun. Come and amaze yourself!

ACTIVITY:

107603 A Thursdays, October 2 to November 20
6:30 - 8:00 pm AGE: 11 and up FEE: \$165

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Theresa Talluto



ROCKING RECORDING

Kids learn about the creative art of recording. As a group and team they choose a popular song and then record each instrumental and vocal part to create a finished song. Included with registration, each kid receives and gets to keep a new, portable TASCAM LR-10 digital recorder, an \$89.00 value. This component will be used for practicing and recording separate parts at the studio and at home. Some of these parts will then be combined and mixed together on out PRO TOOLS 10.1 Audio Recording Workstation. This is another new, fun and fabulous session not to be missed by anyone who plays an instrument or sings. Trinity College guitar instructor Grant Ossendryver teaches the class.

ACTIVITY:

106302 A Tuesdays, October 7 to October 28
4:45 - 5:45 pm AGE: 12 - 17.99 FEE: \$149
106302 B Tuesdays, November 4 to November 25
4:45 - 5:45 pm AGE: 12 - 17.99 FEE: \$149
106302 C Tuesdays, December 2 to December 23
4:45 - 5:45 pm AGE: 12 - 17.99 FEE: \$149

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: The Connecticut Music Studio

RAISING READERS

Ever wonder what you can do to help your child as a beginning reader/writer? If so, this class will help you navigate the many questions you have! Participants will learn some of the do's and don't's for beginning readers and writers. This class will discuss ways to help your child learn about letters and sounds. Time will be spent learning about hands on activities that will support your child as they begin to read. You will also learn how to pick books that will support your child's success. This class will focus on fun ways to develop the early literacy skills that will support a successful school experience. If you are a parent or caregiver of a pre school age child, this is the class for you!

ACTIVITY:

102301 A Tuesdays, September 9 to October 7
9:15 - 10:15 am AGE: 18 and up FEE: \$150
102301 B Wednesdays, September 10 to October 8
9:15 - 10:15 am AGE: 18 and up FEE: \$150

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Mimi Beardsley

ROCKING SONGWRITING

Kids learn about the art of songwriting. Together they write a song and then record the music with professional equipment into our Pro Tools 10.1 Audio Recording Workstation. Included with registration, each kid receives and gets to keep a new, portable TASCAM LR-10 digital recorder, an \$89.00 value. This component will be used for recording separate parts at the studio and at home. All parts will then be combined and mixed together in our PRO TOOLS system. This is a new fun and exciting session not to be missed by anyone who plays an instrument or sings. Trinity College guitar instructor Grant Ossendryver teaches the class.

ACTIVITY:

106301 A Tuesdays, October 7 to October 28
3:30 - 4:30 pm AGE: 12 - 17.99 FEE: \$149
106301 B Tuesdays, November 4 to November 25
3:30 - 4:30 pm AGE: 12 - 17.99 FEE: \$149
106301 C Tuesdays, December 2 to December 23
3:30 - 4:30 pm AGE: 12 - 17.99 FEE: \$149

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: The Connecticut Music Studio

ROCK BAND

Sessions strengthens the skills taught through private music lessons and teaches students how to apply that knowledge in a group experience. One hour a week, students meet with an instructor in pursuit of the shared passion to play, perform, create and succeed. The students rehearse, arrange and write songs all in professional studio session framework with headphones and technology. A brand new class to the Connecticut area that turbo-charges musicianship. Directed by Trinity College guitar instructor Grant Ossendryver.



ACTIVITY:

106303 A Tuesdays, October 7 to October 28
5:00 - 6:00 pm AGE: 12.99 - 17.99 FEE: \$119
106303 B Tuesdays, November 4 to November 25
5:00 - 6:00 pm AGE: 12.99 - 17.99 FEE: \$119
106303 C Tuesdays, December 2 to December 23
5:00 - 6:00 pm AGE: 12.99 - 17.99 FEE: \$119

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: The Connecticut Music Studio

GUITAR BLUES ENSEMBLE

Learn about Blues and the guitar all in a fun and interactive musical setting. Students learn about playing blues progressions, chords, scales, theory and improvisation. This fun and creative class is an exceptional learning experience for guitarists. Trinity College guitar instructor Grant Ossendryver teaches the class.

ACTIVITY:

106304 A Tuesdays, October 7 to October 28
6:15 - 7:15 pm AGE: 12.99 - 17.99 FEE: \$149
106304 B Tuesdays, November 4 to November 25
6:15 - 7:15 pm AGE: 12 - 17.99 FEE: \$149
106304 C Tuesdays, December 2 to December 23
6:15 - 7:15 pm AGE: 12.99 - 17.99 FEE: \$149

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: The Connecticut Music Studio

SPECIALTY PROGRAMS

Yoga/Bellydancing/Essential Oils

RESTORATIVE YOGA

The guiding principle of restorative yoga is that support creates release. Every pose is a variation on that theme, and the aim of each pose is the same: relaxation. The most obvious feature of a restorative yoga class is the array of props: blankets, bolsters and blocks support the body to release muscular tension. Equally important, though less obvious is an environment that allows you to let go of mental stress.



ACTIVITY:

108200 A Saturdays, October 4
10:00 - 11:15 am AGE: 18 and up FEE: \$30
108200 B Saturdays, December 20
10:00 - 11:15 am AGE: 18 and up FEE: \$30

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

KUNDALINI YOGA

Kundalini Yoga is known as the Yoga of Awareness. It is the oldest form of yoga, and is considered a science for the soul. Kundalini Yoga is one of the most powerful ways to energize and revitalize all the systems of your body, including glandular, nervous and circulatory systems. Most people think of yoga simply as stretching and postures to release stress and promote relaxation. Kundalini Yoga combines these but also uses breath and meditation, often in sequential and aerobic exercises, to promote complete super-health, a union of your body, mind and spirit. Come practice if your ready to awaken your subtle sensory system and higher awareness. Learn to harness your true potential, a highly conscious and spiritual-human being. These classes have a gentle approach for aligning mind and body and open the heart. Suitable for beginners and experienced yogi's alike. Beginner's encouraged, men welcome.

ACTIVITY:

108201 A Saturdays, September 6 to October 11
8:30 - 9:30 am AGE: 18 and up FEE: \$92

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

CELESTIAL BELLYDANCING

All Women are invited to join in and unlocking the mystery and secrets of this ancient feminine dance. Bellydance will guide you in exploring your sensual, powerful and beautiful self and will enable you to embrace the amazing women living within yourself! The movements are simple and gentle on your body, while they tone and build strength and health (by aligning your pelvis and back correctly and building your core strength). Beautiful movements, divinely inspired music, colorful coin belts and silk scarves (both provided) combine to create a class that will leave you feeling as if you have gone on a vacation to an exotic world.



ACTIVITY:

108202 A Wednesdays, October 1 to November 19
7:45 - 8:45 pm AGE: 18 and up FEE: \$140

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

MYSTICAL BELLYDANCE

In this 6 week course, dancers with budding abilities are invited to continue their belly dance journey, embrace themselves and honor the sacred feminine. Together we will explore and create dances inspired by our lives, feelings and the four elements of earth, air, water and fire. As we breathe, affirm, dream and dance we will heal, understand, celebrate and be whole through our dancing. Prerequisite (Goddess Bellydance or previous dance experience)

ACTIVITY:

108203 A Mondays, September 29 to November 17
8:30 - 9:30 pm AGE: 18 and up FEE: \$140

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

INTRO TO ESSENTIAL OILS

This will be a 4 week series that will explore various aspects of using certified pure therapeutic grade essential oils for a variety of benefits. Week 1: Introduction & Medicine Cabinet Makeover Learn the basics of what essential oils are, how to use them safely, and how you can incorporate them into your medicine cabinet to optimize your health and that of your family. Week 2: Healthy From the Inside Out-Detox and Renew Explore how taking a gentle, daily approach to cleansing can jump start your body for a more active, healthy lifestyle. Week 3: Green Cleaning & Personal Care The antimicrobial properties of essential oils make them an excellent (and aromatic) alternative to traditional chemical-laden products. Week 4: Emotional Healing (Wonderful Pre-holiday gift to yourself) Essential oils are widely used for their physical health benefits, but few have understood the scope of their healing capabilities. Discover essential oils as the powerful emotional healers that they are.

ACTIVITY:

108212 A Wednesdays, October 22 to November 12
6:00 - 7:30 pm AGE: 18 and up FEE: \$105

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

FAMILY YOGA

Yoga connects and empowers families and communities through creative expression, embodied play and co-authored culture. Artfully designed to engage all ages, this fun class blends the consciousness of yoga with the celebration of circus, reconnecting us all to the "Human Art of Play."

ACTIVITY:

108205 A Saturdays, September 27
10:00 - 11:00 am AGE: 18 and up FEE: \$30
108205 B Saturdays, December 20
10:00 - 11:00 am AGE: 7.99 and up FEE: \$30

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



SPECIALTY PROGRAMS

Yoga/Falling Into Dreams/Ukulele/Homeschooling/Sacred Dance

HATHA YOGA/SPIRITUAL LAWS

The Seven Spiritual Laws of Yoga was developed by Drs. Deepak Chopra and David Simon. This practice integrates 5,000 year old Vedic wisdom with modern yogic interpretations, creating a daily yoga practice to help you unite body, mind and spirit. Based on Deepak Chopra and David Simon's book The Seven Spiritual Laws of Yoga, this beautiful practice blends meditation, pranayama, yoga philosophy, sun salutations and asana development to bring you into alignment with the magnificent rhythms of the cosmos.

ACTIVITY:

108206 A Saturdays, October 25 to December 6
10:00 - 11:00 am AGE: 18 and up FEE: \$105

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

FALLING INTO DREAMS

In falling into Dreams, a dream workshop with Certified Dream Therapist Tzvia Gover participants will learn to recall and understand the wisdom and messages of their dreams. Falling asleep, dreams of falling or dreams of teeth falling out...when the seasons change and the leaves begin to drop it's a great time to turn inward and connect with or re-connect with your dreams. In this workshop participants will practice simple, fun ways to discover the meaning of their dreams, learn about dreams from psychological, scientific and mystical perspectives, acquire tools to help them improve dream recall and invite guidance from their dreams and more.

ACTIVITY:

108207 A Sundays, October 26
4:00 - 6:00 pm AGE: 18 and up FEE: \$55

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

RELAXING UKULELE FOR ADULTS

Come and have fun while relaxing and learning this fun and easy to learn instrument that is experiencing a surge in popularity. The classes will cover basic chords, simple strums and lots of great songs that can be played with two or three chords. Even if you've never picked up the uke before, you will be well on your way by the end of this first 6 week session. Ukulele and book included.



ACTIVITY:

108208 A Tuesdays, October 7 to November 11
7:30 - 8:10 pm AGE: 18 and up FEE: \$195

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



RELAXING UKULELE II

In this 6 week session, participants will expand on their knowledge of basic chords and strumming while adding more to their repertoire. Groups will be supported and encouraged to sing and play as a group. Seasonal songs will be taught in this session. You'll quickly develop the chops you need to make your ukulele do what it does best - make people smile.

ACTIVITY:

108209 A Tuesdays, October 7 to November 11
8:20 - 9:00 pm AGE: 18 and up FEE: \$160

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

THE HAPPY UKULELE

The ukulele is a perfect instrument for kids! It is perfect for small hands, it's light and affordable not to mention it is a sweet sounding instrument; it's surprisingly actually hard to make bad sounds on it. When you see a ukulele being played you can't help but smile! And when music is played and sung with a group it makes it all the more rewarding. In this 8 week class, your child will quickly learn the basics of playing the ukulele and a variety of songs in a joyous & supportive environment. Includes ukulele & book.

ACTIVITY:

108503 A Thursdays, October 16 to December 11
(No class November 27)
4:45 - 5:40 pm AGE: 6 - 10.99 FEE: \$180

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

SPIRIT OF HOMESCHOOLING

In this introductory workshop we will discuss and reinforce the notion that producing life-long passionate learners should be the highest goal of any educational program, and is most easily accessible through homeschooling. Additionally, we will discuss several other benefits of homeschooling, the diverse methods of homeschooling, and the social life of homeschoolers.

ACTIVITY:

108210 A Sunday, October 5
6:00 - 8:30 pm AGE: 18 and up FEE: \$35

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

NIGHT OF SACRED DANCE

Since the dawn of time, women have gathered together to rejoice and celebrate with dance as their tool, and we continue this tradition. Together we will awaken our spirits, revitalize our energy and enjoy the movements of sacred bellydance. The evening includes gentle guidance in bellydance, enchanting music, the art of Henna & storytelling. Dress beautifully and come with an open heart. No previous dance experience required.

ACTIVITY:

108211 A Saturday, November 15
7:30 - 9:00 pm AGE: 18 and up FEE: \$40

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

SPECIALTY PROGRAMS

MBSR/Yoga/Past Life Regression

MBSR PROGRAM

Do you want to live a more engaged and balanced life? There is a way of being and doing that allows you to live life more fully through the practice of mindfulness. Mindfulness is a human quality, a way of learning to pay wise attention to what is happening in the present moment, with non-judgemental awareness. Mindfulness Based Stress Reduction (MBSR) developed by Jon Kabat-Zinn, Ph.D., at the University of Massachusetts Medical Center is an evidence based, structured complementary medicine and wellness program that uses mindfulness as a way of learning to tap into your inner resources, empowering you to respond rather than react to stress, pain and illness.

ACTIVITY:

108204 A Monday, September 29
6:15 - 7:45 pm AGE: 18 and up FEE: \$0
108204 B Mondays, October 6 to November 24
6:15 - 8:15 pm AGE: 18 and up FEE: \$315
108204 C Saturday, November 15
11:00 am - 5:00 pm AGE: 18 and up FEE: \$315

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts

TEEN MBSR

Teens are experiencing greater levels of stress than ever before. They often find themselves trying to juggle competing demands including academic life, extracurricular activities, peer relationships, family relationships and technology, which often leads to a feeling of overwhelm, anxiety and irritability. This course is designed to help high school age teens see their lives with greater clarity, creativity, kindness and compassion. It includes training in mindfulness through the practices of sitting and walking meditation and gentle yoga and movement. Teens will learn: Identifying stress is in your body and mind. How mindfulness can help with teen stress. Experience mindfulness practices including: Learning how to use mindfulness to improve your homework, using mindfulness skills to focus and live in the present moment, manage your daily to-do list, gain insight into reducing your worries, improve your self-esteem, acquire new skills to approach stressors that come into your life.

ACTIVITY:

108301 A Monday, September 29
5:00 - 6:00 pm AGE: 15 - 19.99 FEE: \$0
108301 B Mondays, October 6 to November 24
4:30 - 6:00 pm AGE: 15 - 19.99 FEE: \$195

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts

TEEN YOGA

Teen yoga will build physical and mental strength through flowing sequences, balancing poses, breathing exercises and group challenges. Students will learn therapeutic yoga techniques for dealing with anxiety, depression, back pain, digestive issues and more. Class will end with massage and guided meditation for deep relaxation.



ACTIVITY:

108302 A Tuesdays, October 14 to December 2
3:45 - 4:30 pm AGE: 13 and up FEE: \$140

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts

PAST LIFE REGRESSION

Who were you in a past life? Where did you live? Were you a man or women? More importantly, what ailments, issues or stressors did you bring from a previous life into this one? If we were able to remember previous life lessons and learn from them, we would not have to repeat the same mistakes in this life. Join us for a group hypnosis, in which you will be guided into a completely relaxed state. From this place of pure peace, you will be able to revisit a past life, explore it and bring back the lesson to be learned to promote healing in this life. You will be guided to past life facilitator Ronna Brier M.A.

ACTIVITY:

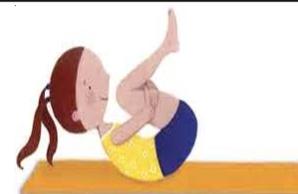
108215 A Sundays, November 23
6:30 - 8:30 pm AGE: 18 and up FEE: \$85

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts

STRETCH & GLOW

YOGA

This class introduces more challenging yoga poses and yoga games in a playful and supportive atmosphere. We will focus on balance, coordination and flexibility as we practice holding poses for a longer period of time. Children will learn breathing exercises that can help them maintain focus and self-control during their busy school days. Class will end with massage and guided meditation for deep relaxation.



ACTIVITY:

108602 A Tuesdays, October 14 to December 2
4:45 - 5:30 pm AGE: 6 - 10.99 FEE: \$140

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts

TWEEN YOGA

This class introduces the practice of flowing smoothly through our yoga poses to build focus, concentration and determination. A greater focus on proper alignment, arm balances and strengthening poses will help children appreciate and understand their growing bodies. Breathing exercises and relaxation techniques will help children cope with stress in their everyday lives. We will incorporate cooperative yoga games and challenges to encourage teamwork and keep yoga fun!

ACTIVITY:

108603 A Tuesdays, October 14 to December 2
3:45 - 4:30 pm AGE: 10 - 13.99 FEE: \$140

LOCATION: Sound Center Arts, 31 Hawleyville Road
INSTRUCTOR: Sound Center Arts



SPECIALTY PROGRAMS

Yoga/Ballet Workout

STORY TIME YOGA

Children's stories and songs come to life as we read and sing about animals and other nature elements that relate to yoga poses. Children and caregivers will be invited to try each pose and then we will continue on with our song or story. This is a fun and relaxed environment, perfect for introducing the youngest yogis to the joys of reading, singing and yoga!

ACTIVITY:

108701 A Thursdays, October 16 to November 20
9:30 - 10:15 am AGE: 1 - 5.99 FEE: \$160

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



STRETCH & GLOW YOGA

This class introduces yoga in a way that is playful, imaginative and just right for preschool/Kindergarten! The children's busy imaginations will lead us on exciting yoga adventures. We will visit the jungle to learn Lion Pose, travel to the Arctic for Polar Bear Pose or spend a day at the beach learning Fish and Crab pose. We will focus on crossing the midline, building core strength, improving balance and releasing energy!

ACTIVITY:

108801 A Tuesdays, October 14 to November 18
2:00 - 2:45 pm AGE: 3 - 6.99 FEE: \$116

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

CORE YOGA

The Graceful Planet offers a 10-class card, which enables you to take any of the following on-going classes, (class schedules are subject to change, classes are one hour except as noted) Develop strength and balance in this yoga class, suitable for all levels.



ACTIVITY:

108405 A Mondays, September 22 to November 24
9:30 - 10:30 am AGE: 13 and up FEE: \$150
108405 B Wednesdays, October 1 to November 26
9:30 - 10:30 am AGE: 13 and up FEE: \$150

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

YOGA & PILATES

The Graceful Planet offers a 10-class card, which enables you to take any of the following on-going classes, (class schedules are subject to change, classes are one hour except as noted) This is a great workout! We play with all the toys-weights, bands and balls! Suitable for all levels.

ACTIVITY:

108406 A Saturdays, September 27 to November 29
8:30 - 10:00 am AGE: 13 and up FEE: \$150

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

HATHA YOGA

The Graceful Planet offers a 10-class card, which enables you to take any of the following on-going classes, (class schedules are subject to change, classes are one hour except as noted) Center and balance in this restorative class, suitable for beginners and all levels.

ACTIVITY:

108407 A Thursdays, September 25 to December 4
9:00 - 10:00 am AGE: 13 and up FEE: \$150

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

BALLET BARRE WORKOUT

Lengthen and strengthen with this ballet barre workout! No previous experience is necessary, for adults and teens.

ACTIVITY:

108408 A Tuesdays, September 23 to November 25
7:15 - 8:15 pm AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

SPECIALTY PROGRAMS

Science/Babysitting/Chess/Guitar

LITTLE SCIENTISTS

Little Scientists is an exciting hands on, minds on, inquiry based science program. Little Scientists has created over 450 science lessons that allow children in Pre-K through 5th grade to explore many exciting science topics. Our programs include 45 minute classes that incorporate multiple experiments during each class, with a project that the student creates and takes home. Each class also includes a home/school component that provides parents the opportunity to follow what their children have learned. For additional information, please visit our web-site at www.Little-Scientists.com.

ACTIVITY:

119501 A Wednesdays, September 24 to October 29
3:45 - 4:30 pm AGE: 3 - 6.99 FEE: \$163
119501 B Wednesdays, September 24 to October 29
4:45 - 5:30 pm AGE: 5 - 10.99 FEE: \$163

LOCATION: Newtown Middle School room A12, 11 Queen Street

INSTRUCTOR: Mad Science

SENSE-SATIONAL SCIENCE

Our STEM focused after school classes will stimulate your senses. Explore the world around you as science charges you up. Have a hair-raising experience with our Van De Graf machine. Learn the science behind making cotton candy. Color your world with a technicolor blender. Find out why you can't taste without smell. Listen closely as you travel with sound and see things before your very eyes. This session is sure to excite and intensify how you experience the world around you through your senses.

ACTIVITY:

119502 A Tuesdays, September 30 to November 18
(No class November 4)
3:45 - 4:45 pm AGE: 6 - 10.99 FEE: \$125

LOCATION: Hawley School, 29 Church Hill Road

INSTRUCTOR: Mad Science

BABYSITTER SAFETY 101

This course is for youths age 10 to 13 years of age. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Course is 4 hours, bring snack. CD book, handouts and Babysitter Safety Certificate of completion included.

ACTIVITY:

121601 A Mondays, October 20 to October 27
3:45 - 5:45 pm AGE: 10 - 13.99 FEE: \$65
121601 B Wednesdays, October 22 to October 29
3:45 - 5:45 pm AGE: 10 - 13.99 FEE: \$65

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: CPR O'Heart

BABYSITTER SAFETY 102

This course is for youth's 13 to 16 years of age with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Prerequisite is Babysitter Safety 101 within the past 360 days. Building on the entry level skills, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to be awarded an American Heart Association 2 year certification. Course is 2.5 hours. This class is to be completed in one session. Includes CD-book, handouts and Rescue Shield breathing barrier device. You may bring a snack and drink.

ACTIVITY:

121602 A Mondays, November 10
3:45 - 6:45 pm AGE: 13 - 16.99 FEE: \$65
121602 B Wednesdays, November 12
3:45 - 6:45 pm AGE: 13 - 16.99 FEE: \$65

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: CPR O'Heart

CHESS (BEGINNING)

Welcome to the wonderful game of chess. This class is for beginners. On our first day we introduce all moves and give students basic offensive strategy. On day two we include counter-moves, defense and thinking three and four step ahead. By the end of our second day all children will be playing their first games! On day three we give each student a series of "what if" situations, introduce playing with a clock and playing new people via computer chess Days 4 and 5 consist of almost all game-playing, with a handicapped tournament at the end of each day. Stronger students will have to work within tighter time limits, so the games can be competitive.

ACTIVITY:

149501 A Mondays, October 6 to November 10
4:30 - 5:30 pm AGE: 5 - 15.99 FEE: \$90

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Kids Corner

GUITAR (BEGINNING)

Learn to play the world's most versatile instrument. Guitar is used in almost every music genre, and brings an "audience" whether in a large group, a duet or playing solo. learn chords, learn technique and learn the basics of reading a score. This class arms the beginner to have musical knowledge and have fun. At least one day is devoted to collaboration and harmonies, letting a second student fill while student A harmonizes.

ACTIVITY:

149502 A Mondays, October 6 to November 10
6:00 - 7:00 pm AGE: 5 - 15.99 FEE: \$150
149502 B Tuesdays, October 7 to November 11
6:00 - 7:00 pm AGE: 5 - 15.99 FEE: \$150

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Kids Corner



SPECIALTY PROGRAMS

Dance/Mother's Morning Out

TINY TUTU'S

Themed weekly dance classes - tap, ballet and tumbling. Angelian Ballerina, Teddy Bear week, Dress up Day, Broadway babes, Disney Spectacular, Special Surprises, Bring a Friend Day, Princess Tea Party. Each participant will receive a LMDA back/pack nappy sack. Participant will need leotard tights, tap and ballet shoes.



ACTIVITY:

- 104701 A Tuesdays, September 23 to November 11
9:30 - 10:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 B Tuesdays, September 23 to November 11
10:30 - 11:30 am **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 C Wednesdays, September 24 to November 12
9:30 - 10:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 D Wednesdays, September 24 to November 12
10:30 - 11:30 am **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 E Wednesdays, September 24 to November 12
12:30 - 1:30 pm **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 F Wednesdays, September 24 to November 12
1:30 - 2:30 pm **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 G Thursdays, September 25 to November 13
12:30 - 1:30 pm **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 H Thursdays, September 25 to November 13
1:30 - 2:30 pm **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 I Saturdays, September 27 to November 15
8:30 - 9:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 J Saturdays, September 27 to November 15
9:30 - 10:30 am **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 K Tuesdays, November 18 to January 13
(No class November 25)
9:30 - 10:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 L Tuesdays, November 18 to January 13
(No class November 25)
10:30 - 11:30 am **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 M Wednesdays, November 19 to January 14
(No class November 26)
9:30 - 10:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 N Wednesdays, November 19 to January 14
(No class November 26)
10:30 - 11:30 am **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 O Wednesdays, November 19 to January 14
(No class November 26)
12:30 - 1:30 pm **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 P Wednesdays, November 19 to January 14
(No class November 26)
1:30 - 2:30 pm **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 Q Thursdays, November 20 to January 15
(No class November 27)
12:30 - 1:30 pm **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 R Thursdays, November 20 to January 15
(No class November 27)
1:30 - 2:30 pm **AGE:** 4 - 5.99 **FEE:** \$125
- 104701 S Saturdays, November 22 to January 17
(No class November 29)
8:30 - 9:30 am **AGE:** 2.5 - 3.5 **FEE:** \$125
- 104701 T Saturdays, November 22 to January 17
(No class November 29)
9:30 - 10:30 am **AGE:** 4 - 5.99 **FEE:** \$125

LOCATION: Lisa Mennilli Dance Academy, 153 South Main Street

INSTRUCTOR: Lisa Mennilli

ELEMENTARY DANCE CLASS

A 60 minute entry level combination class of Ballet, Tap, Jazz for children ages 5 to 10. Each class is taught using developmentally and age appropriate skills, props and educational concepts to help keep classes fun! Class meets once per week. Suggested attire: Pink leotards, pink tights, pink ballet shoes and black tap shoes. Note: All tap shoes must have elastic close or Velcro. Ribbons ties are unacceptable!



ACTIVITY:

- 104501 A Mondays, September 29 to December 8
(No class October 13)
4:45 - 5:45 pm **AGE:** 5 - 10.99 **FEE:** \$143

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Fit to Be

MOTHER'S MORNING OUT

This pre-school readiness program is designed for children age 2-4 (without parent/caregiver) to experience the joy of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. Atypical class includes circle time, songs and parachute play, weather, group gym games, an arts and craft project and story. Appropriate transitions between activities allow children to recognize and become familiar with the structure of the day and to look forward to the next activity. As part of our group gym time, we are incorporating SPARK, a research-based, nationally recognized Physical Activity program for pre-k children. Children must turn two by the start of the program and do not need to be potty trained. Please pack a snack and a drink for your child each class.

ACTIVITY:

- 111801 A Tuesdays, September 23 to November 11
9:15 - 11:15 am **AGE:** 2 - 4.99 **FEE:** \$190
- 111801 B Fridays, September 26 to November 14
9:15 - 11:15 am **AGE:** 2 - 4.99 **FEE:** \$190
- 111801 C Tuesdays, November 18 to December 9
9:15 - 11:15 am **AGE:** 2 - 5.99 **FEE:** \$95
- 111801 D Fridays, November 21 to December 19
(No class November 28)
9:15 - 11:15 am **AGE:** 2 - 5.99 **FEE:** \$95

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Kidsfit



Dog Training

CANINE TRAINING BEHAVIOR SERVICES

DOG AGILITY TRAINING

In this class, dogs and handlers will become familiar with the various obstacles in an agility course, including the tunnel, dog walk, weave poles, tires, A-frame and jumps. Completion of Household Obedience Level 1 (or comparable class) is required. Dogs MUST be able to sit, down, stay and come on command.

ACTIVITY:

100011 A Thursdays, September 11 to October 16
7:30 - 8:15 pm AGE: 14 and up FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

DOG OBEDIENCE LEVEL 1

This class is designed for dogs 4 months of age and older with no formal training. All elements of basic canine training will be covered including sit, down, stand, stay, recall and heel. Common household problems, jumping, chewing, and good manners will be addressed. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctps.pdf." & bring to the 1st class

ACTIVITY:

100015 A Thursdays, September 11 to October 16
6:30 - 7:15 pm AGE: 14 and up FEE: \$175

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

ADVANCED CANINE GOOD CITIZEN

The Advanced Canine Good Citizen (CGCA) title is part of the AKC's Community Canine Program, and is designed to evaluate a dog's real world skills in a natural, community setting. Dogs MUST have an AKC number and proof of the Canine Good Citizen (CGC) award/title on record at AKC. Details can be found at www.akc.org. Testing for the CGCA is included in the fee.

ACTIVITY:

100012 A Thursdays, September 11 to October 16
5:45 - 6:30 pm AGE: 14 and up FEE: \$140

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

DOG OBEDIENCE LEVEL 2

This class is for the graduate of the S.T.A.R. Puppy or level 1 class. Consistency and reliability will be significantly improved through distraction training and attention training. Emphasis is on off-leash work, hand signals and progression toward advanced obedience, Canine Good Citizen, or therapy dog certification.

ACTIVITY:

100017 A Thursdays, September 11 to October 16
7:30 - 8:15 pm AGE: 14 and up FEE: \$130

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

ADVANCED OBEDIENCE/RALLY "O"

Rally and advanced obedience offer dogs and their handlers an experience that is fun and energizing. The class focuses on Rally signs, Rally exercises, and the attention skills that dogs need for performance events. This class includes off-leash heeling, drop on recall, hand signals and obstacle training. Successful completion of Household Obedience Level 2 is required.

ACTIVITY:

100013 A Thursdays, September 11 to October 16
5:45 - 6:30 pm AGE: 14 and up FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

A.K.C. S.T.A.R PUPPY PROGRAM

S.T.A.R. stands for "Socialization," "Training," "Activity," and a "responsible" owner - all things a puppy needs to have a good life. Life skills will be taught to new pups, including basic commands. Proper socialization, interactions, and responsible dog ownership will also be addressed. This class is open to all pups up to one year of age.

ACTIVITY:

100016 A Thursdays, September 11 to October 16
6:30 - 7:15 pm AGE: 14 and up FEE: \$175

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

CANINE GOOD CITIZEN PROGRAM

This course prepares students for the CGC tests/titles and testing by various therapy dog groups. Therapy certification is required by most health-care facilities and schools for visiting dogs and handlers. Open to all dogs that have completed Household Obedience Level 1. CGC Stresses good manners in the presence of people and other dogs. Testing for the CGC is included in the fee. NOTE: Therapy dog groups will not certify dogs less than one year of age.

ACTIVITY:

100014 A Thursdays, September 11 to October 16
7:30 - 8:15 pm AGE: 14 and up FEE: \$160

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services



Martial Arts Programs

AIKIDO

For Aikido in the fall, we're going to have a flexible schedule so it will be 1-3 times per month Monday and occasional Wednesdays 7:00 - 8:15 pm. Aikido is a gentle martial art that can be experienced and enjoyed by the whole family. The grace and power of Aikido comes from using the attackers force to throw him/her with minimal effort. The Aikido principles of balance, blending and non-resistance teach students to seek creative alternatives to conflict, both physical and verbal. By training in a supportive, non-competitive atmosphere, students will learn and experience: Useful physical skills such as rolling and falling safely: Creative conflict resolution, body awareness and practical self-defense skills: Enhanced coordination of mind and body: Improved balance and coordination: Increased self-confidence and self-discipline, while having fun along the way. In a world increasingly filled with stress and conflict, the lessons of Aikido are useful tools for both children and adults. We are associated with Berkshire Hills Aikido in Great Barrington, MA. Adults and children 13 years and older are invited to experience this special art form. For more information please call (203)-364-1380. Please note there will be two days off, instructor will let you know.

ACTIVITY:

113101 A Mondays, September 15 to December 8
7:00 - 8:15 pm AGE: 13 and up FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: William Toomey

WOMEN'S SELF DEFENSE

This class is perfect for all women, especially useful for college students, and high school seniors and juniors. Self-defense, anti-bullying and rape prevention class. Master Mike Porco, 4th degree black belt and instructor at Porco's Karate Academy will help you learn effective and simple methods to ward off an attacker if you find yourself confronted by violence. Course includes practical self defense. Students will work with each other to build awareness and practice some practical ways to defend themselves. Wear loose comfortable clothing and shoes. Excellent program for preparing girls for their independent lifestyle.

ACTIVITY:

113201 A Mondays, September 15 to September 29
6:00 - 7:00 pm AGE: 13 and up FEE: \$65
113201 B Tuesdays, September 16 to September 30
6:00 - 7:00 pm AGE: 13 and up FEE: \$65

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy



ADULT KARATE

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control and balance. Emphasis in life values of: respect, honor, discipline and loyalty. Course includes practical hands on self-defense as well. As you participate, you will build self-esteem and confidence. Uniform is included for first time students only.

ACTIVITY:

113202 A Mondays, September 8 to November 24
8:00 - 8:45 pm AGE: 13 and up FEE: \$150

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy

KARATE- LITTLE DRAGONS

Karate Tang Soo do is a non-contact ancient martial art based on principles that build: responsibility, discipline, listening, respect and courtesy to all. Uniform is included for first time students only.

ACTIVITY:

113502 A Tuesdays, September 9 to November 25
5:15 - 5:45 pm AGE: 4 - 6.99 FEE: \$150

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy

KARATE 7- 12 YEARS OLD

Karate Tang Soo do is a non-contact ancient martial art based on principles that build: responsibility, discipline, listening, respect and courtesy to all. Uniform is included for first time students only.

ACTIVITY:

113603 A Tuesdays, September 9 to November 25
6:00 - 6:45 pm AGE: 7 - 12.99 FEE: \$150

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy



LITTLE DRAGONS KARATE

Karate Tang Soo do is a non-contact ancient martial art based on principles that build: responsibility, discipline, listening, respect and courtesy to all. Uniform can be purchased at Porco's Karate Academy, but is not mandatory.

ACTIVITY:

113604 A Saturdays, September 6 to September 27
9:45 - 10:30 am AGE: 5 - 6.99 FEE: \$50
113604 B Saturdays, October 4 to October 25
9:45 - 10:30 am AGE: 4 - 6.99 FEE: \$50

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy

YOUTH KARATE

Karate Tang Soo do is a non-contact ancient martial art based on principles that build: responsibility, discipline, listening, respect and courtesy to all. Uniform can be purchased at Porco's Karate Academy, but is not mandatory.

ACTIVITY:

113605 A Saturdays, September 6 to September 27
10:45 - 11:30 am AGE: 7 - 12.99 FEE: \$50
113605 B Saturdays, October 4 to October 25
10:45 - 11:30 am AGE: 7 - 12.99 FEE: \$50

LOCATION: Porco's Karate Academy, 113 Church Hill Road

INSTRUCTOR: Porco's Karate Academy

FALL SWIM LESSONS

Location: Newtown High School Pool

Level I

Introduction to Water Skills: Enter and exit water safely; Open eyes underwater, pick up submerged objects; Swim on front and back using arm and leg actions; Submerge mouth, nose and eyes; Float on front and back; Follow basic water safety rules; Exhale underwater through mouth and nose; Explore arm and hand movements; Use a life jacket. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110801A Saturdays, October 11 to December 6
(No class November 29)
11:00 - 11:30 am AGE: 3 and up FEE: \$125
110801 B Thursdays, October 16 to December 11
(No class November 27)
6:00 - 6:30 pm AGE: 3 and up FEE: \$125

Level II

Fundamental Aquatic Skills: Enter water by stepping or jumping from the side; Open eyes underwater, pick up a submerged object; Roll over from front to back, back to front; Swim on side; Exit water safely using ladder or side; Float on front and back; Tread water using arm and leg motions; Move in the water while wearing a life jacket; Submerge entire head; Perform front and back glide; Perform front and back crawl; Perform reaching assist. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110802 A Saturdays, October 11 to December 6
(No class November 29)
11:30 am - 12:00 pm AGE: 3 and up FEE: \$125
110802 B Thursdays, October 16 to December 11
(No class November 27)
6:30 - 7:00 pm AGE: 3 and up FEE: \$125

Level III

Stroke Development: Jump into deep water from the side; Bob with the head fully submerged; Perform survival float; Butterfly-kick and body motion; Use Check-Call-Care in an emergency; Dive from kneeling or standing position; Use rotary breathing in horizontal position; Change from horizontal position to vertical position on front and back; Perform HELP and Huddle positions; Submerge and retrieve and object; Perform front and back glide; Perform front and back crawl; Perform a reaching assist. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110803 A Saturdays, October 11 to December 6
(No class November 29)
12:00 - 12:30 pm AGE: 3 and up FEE: \$125
110803 B Thursdays, October 16 to December 11
(No class November 27)
7:00 - 7:30 pm AGE: 3 and up FEE: \$125

Level IV

Stroke Improvement: Perform shallow dive or dive from stride position; Perform open turns on front and back using any stroke; Use safe diving rules; Perform a throwing assist; Swim underwater; Tread water using sculling arm motions and kick; Perform compact jump into water from height while wearing a life jacket; Care for conscious choking victim; Perform front and back crawl, swim on side using scissors-like kick, breaststroke, butterfly, and elementary backstroke. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110804 A Saturdays, October 11 to December 6
(No class November 29)
12:30 - 1:00 pm AGE: 3 and up FEE: \$125
110804 B Thursdays, October 16 to December 11
(No class November 27)
7:30 - 8:00 pm AGE: 3 and up FEE: \$125

Level V

Stroke Refinement: Further coordination and refinement of stroke. Tread water with two different kicks; Learned survival swimming; Perform rescue breathing; Perform standing dive, pike surface dive, shallow dive, glide two body lengths and begin any front stroke, front flip turn, breaststroke, backstroke flip turn, elementary backstroke, tuck surface dive, front and back crawl, side stroke. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110805 A Saturdays, October 11 to December 6
(No class November 29)
12:30 - 1:00 pm AGE: 3 and up FEE: \$125
110805 B Thursdays, October 16 to December 11
(No class November 27)
7:30 - 8:00 pm AGE: 3 and up FEE: \$125

Level VI

Swimming and Skill Proficiency: Refines the strokes so students swim with ease, efficiency, power and smoothness over greater distances. Level VI is designed with menu options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options are Personal Water Safety; Fitness Swimmer; Lifeguard Readiness and Fundamentals of Diving. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110806 A Saturdays, October 11 to December 6
(No class November 29)
12:30 - 1:00 pm AGE: 3 and up FEE: \$125
110806 B Thursdays, October 16 to December 11
(No class November 27)
7:30 - 8:00 pm AGE: 3 and up FEE: \$125



RECREATION SWIM TEAM

ACTIVITY:

110601 A	6 year old Girls	110601 B	6 year old Boys
110601 C	7 - 8 year old Girls	110601 D	7 - 8 year old Boys
110601 E	9 - 10 year old Girls	110601 F	9 - 10 year old Boys
110601 G	11 - 12 year old Girls	110601 H	11 - 12 year old Boys
110601 I	13 & older Girls	110601 J	13 & older Boys



Must be appropriate age by November 1st, 2014

Registration deadline is October 3rd.

FEE: \$325.00

LOCATION: Newtown High School Pool

DATE: Season starts week of October 1st and runs through 1st week of March (practice times will be split between age groups)

EVALUATIONS: Evaluation dates/times for new swimmers will be announced.

TIME/PRACTICES: Practices can be scheduled any weeknight between the hours of 5:00 and 7:15. The time is split up amongst three practice groups.

Swimmers will be assigned to a practice group based on age group and ability. **Swimmers must practice with the team in order to compete with the team.**

Swimmers must meet on going practice of 2 times per week for entire season. This will go in effect after completion of the fall sports season in November.

Swimmers must participate in four complete meets during the regular season in order to be eligible to compete in the post season events. Swimmers that

have competed with a high school boys team are ineligible to compete with the team in Yankee League meets.

PARENT MEETING: Tuesday, September 23rd, 7:00 pm in the High School Lecture Hall. Please try your best to attend.

The Newtown Torpedos are gearing up for the 2014/2015 Yankee League swimming season. Stroke and turn techniques will be refined to ready our swimmers for competition. The season will begin with our first meet in early November and will culminate with league championships in early March. **In order to compete with the team swimmers must take part in team practices.** Due to the combination of overwhelming enrollment, limited pool space/time, and safety concerns, swimmers

MUST meet the following requirements:

- Swimmers age 8 and under **MUST** be able to swim a minimum of 25 yards (1 length of pool) freestyle without stopping and using rotary breathing.
- Swimmers 9 and over **MUST** be able to complete a minimum of 50 yards freestyle (2 lengths of the pool) without stopping and using rotary breathing.
- Swimmers will be evaluated the first week of practice.
- Swimmers are required to compete in at least four meets during the season.

THIS IS NOT SWIMMING LESSONS!!!

OPEN SWIM

NEWTOWN RESIDENTS ONLY

The pool will be open from 10/6/14 to 5/21/15

Schedule:

Mondays and Wednesdays	7:15 - 9:15pm
Tuesdays and Thursdays	6:00 - 7:00 am
Saturdays	1:00 - 5:00 pm

No open swim when there are swim meets or during school vacations.

Please sign up for our e blast for updated notices regarding pool usage. All swimmers/visitors must be out of the high School by 7:00 am on Tuesday and Thursday mornings. Please do not linger in the locker rooms. On Monday and Wednesday evenings by 9:30 pm.

Please note:

Due to High School functions or rescheduled events which are out of Parks and Recreation control, open swim could be canceled with little notice.

PASS MEMBERSHIP

FAMILY	\$75.00
SINGLE	\$30.00
SENIOR	FREE
5PASS	\$15.00



PARKS INFORMATION



DICKINSON MEMORIAL PARK - 50 Elm Drive and Brushy Hill Road, Newtown

This park is open from 8 am until sundown. Dickinson Park has five tennis courts, softball field, basketball court, two playground areas, FUNSPACE II creative area, a skate park, a pavilion and picnicking facilities, complete with charcoal grills. A park permit is required on any vehicle entering the park.



TREADWELL MEMORIAL PARK - 47 Philo Curtis Road, Sandy Hook

This park is open from 8 am until sundown. Amenities include four tennis courts, a ball wall, basketball court, two playground areas, two pavilions, multi-purpose baseball/softball field, a regulation size artificial turf soccer field and a multi-purpose artificial turf field. Treadwell Park also boasts a swimming pool complex, featuring an eight lane, 25 yard pool, with a diving "L" and a wading pool. Locker facilities are available.



ORCHARD HILL NATURE CENTER - 20 Huntingtown Road, Newtown

Combining unusual historic and natural assets, this park is located on Huntingtown Road. Its historical assets include two mills and dams, which date back to the 19th century. Its natural assets include rare beauty, and a remarkable diversity of habitats which provide a home to an unusually large number of species of plants and animals. There are several trails on which to hike, with ample parking.



LAKE LILLINONAH PARK/BOAT LAUNCH - 196 Hanover Road, Newtown

Offering a total scenic package, this park is located at the end of Hanover Road in Newtown, on Lake Lillinonah. In addition to a beautiful view of the lake, there are picnic tables, charcoal grills and the boat launch. There are portable bathroom facilities and parking. NO SWIMMING is allowed at this park, as boats pose too much danger. A park permit is required on any vehicle entering the park.



EICHLER'S COVE MARINA & BEACH - 11 Old Bridge Road, Sandy Hook

Located at 11 Old Bridge Road in the southeastern corner of Newtown. Offering a marina, boat launch, beach, picnic area, and spectacular view. Eichler's Cove is the only public access to Lake Zoar for Newtown residents. A park permit is required on any vehicle entering the park.



NEWTON PARK & BARK - Off Leash Dog Park 21 Old farm Road, Newtown

A tired dog is a good dog

Park is a little over an acre with a SplashPad, Agility Course, small dog area and plenty of room for your canine buddy to run, play and socialize. All dogs must be licensed.

