#### NEWTOWN COMMISSION ON AGING

Minutes Regular Meeting Monday, May 20, 2019 MUNICIPAL CENTER

> 3 Primrose Street Newtown, CT Council Chamber 5:00 PM

#### THESE MINUTES ARE SUBJECT BY THE APPROVAL OF THE COMMISSION ON AGING.

The Commission On Aging held a regular meeting on Monday, May 20, 2019 at 5:00 pm at the Newtown Municipal Center, Council Chambers, 3 Primrose Street, Newtown, CT.

**CALL TO ORDER:** Ms. Wiedemann called the meeting to order at 5:00 pm, followed by a moment of silence for Mae Schmidle.

**PRESENT:** Anna Wiedemann, Barbara Bloom, John Boccuzzi, LeReine Frampton, Ruby Ryles, Curt Symes, Claire Theune, Larry Passaro, Joanne Albanesi. Alternate: Cris Fadus.

**ABSENT:** Ms. Rothstein.

**ALSO PRESENT:** First Selectman Dan Rosenthal, Director of Human Services Natalie Jackson, Community Center Director Matt Ariniello, Aquatics Director Kristen Rebelo, Selectman Maureen Crick Owen, Newtown Age Friendly Livable Community Ned Simpson, Cyrenius Booth Library Assistant Director Beryl Harrison, 6 public.

**PUBLIC COMMENTS:** *Mary Maday, 107 Haley Lane* – shared data point, at the last referendum, 2,867 people voted, of those, 1,653 were age 55 and older, approximately 57%. Less than 500 seniors have memberships at the senior center. Less than half of the Commission On Aging have memberships at the senior center, as advocates for seniors in the community, Ms. Maday encouraged the commissioners to be more visible, join the senior center, and make plans to attend the upcoming senior citizen dinner dance.

MINUTES: MS. FRAMPTON MOVED TO APPROVE THE MINUTES OF THE APRIL 15, 2019 MEETING. SECOND BY MS. ALBANESI. ALL IN FAVOR. (9-0) MOTION PASSES.

**Logo** – Mr. Ariniello said that plans are underway to create a new logo and will share designs with the Commission On Aging. First Selectman Rosenthal suggested to share designs in advance of meeting. Logo will be used in social media and print collateral. Mr. Passaro suggested copies of the newsletter be available at the senior center, it is also online. Ms. Ryles can provide printing costs. Mr. Boccuzzi asked to look into advertising possibilities to help with printing costs. Ms. Wiedemann cautioned on advertising commitments. Mr. Symes suggested to look into fundraising considerations before advertising.

**Senior Water Aerobics** – Ms. Wiedemann introduced Kristen Rebelo, the new Aquatics Director. Ms. Rebelo spoke about the senior aquatics program, low impact exercise classes, swim lessons, both group and private. (ATTACHMENT) Mr. Ariniello noted a donation from Danbury Hospital to train staff.

#### **REPORTS**

**CHAIR REPORT:** Ms. Wiedemann shared the chair report. (ATTACHMENT) Ms. Wiedemann encouraged participation for events, lunch coverage, and circulated sign-up sheets.

TREASURER'S REPORT: Ms. Bloom shared the Treasurer's Report. (ATTACHMENT) MR. PASSARO MOVED TO SEND THE TREASURER'S REPORT TO AUDIT. SECOND BY MR. SYMES. ALL IN FAVOR. (9-0) MOTION PASSES.

DIRECTOR OF HUMAN SERVICES REPORT: Ms. Wiedemann introduced Natalie Jackson, the new Director of Human Services. Ms. Jackson thanked everyone for welcoming her in her first two week and looks forward to meeting everyone, and working together. Ms. Jackson shared her report to the Commission On Aging. (ATTACHMENT) Mr. Boccuzzi noted the benefit of the fob system, maximized efforts by Ms. Wiedemann and Ms. Thomas, help to increase programming and trips. Mr. Symes added that the nature of senior centers usually contain pocket of interest, subgroups tend to comprise senior centers. Ms. Wiedemann suggested to look at programs that can be done outdoors. Mr. Ariniello agreed and said that he recently met with the conservation committee to further those efforts.

SENIOR CENTER REPORTS: Ms. Wiedemann distributed the Senior Center reports. (ATTACHMENT) Ms. Bloom noted an increase in attendance at the senior center. First Selectman Rosenthal is pleased with turnaround at the senior center, volunteers, more organic, suggestions welcome, he put forth the challenge for the Commission On Aging, coordinating with Ms. Jackson, to take the opportunity to push efforts beyond the senior center and reach out to the senior community as a whole. As a group, he suggested to shift focus away from the senior center, and focus on the broad issues affecting seniors in Newtown. Ms. Frampton is continuing presentations to the senior community. Ms. Wiedemann appreciated the efforts of the library to reach out to the senior community and will add Ms. Harrison to future agenda. Mr. Passaro noted inquiries about the pool and accessibility for people from out of town. Mr. Symes suggested members of the Commission On Aging be onsite at the senior center. Mr. Boccuzzi said it is important to look broadly at big issues like transportation. Ms. Ryles said the Commission On Aging can take more of a deep dive with food insecure issues and will share statistics with the commission.

#### **COMMITTEE REPORTS**

**GRANTS COMMITTEE:** Ms. Bloom needs a volunteer to attend a brief 10-minute presentation with the grant review panel for the ceramics grant, June 13 at 10:45, Ms. Wiedemann to reach out to Ms. Rothstein. Mr. Ariniello will share architect's placement for mosaic.

**RESOURCE GUIDE:** Ms. Wiedemann said nothing printed yet, will share with Ms. Jackson to develop an intro.

#### LIVABLE COMMUNITY UPDATE:

Ms. Bloom announced a fundraiser to benefit the new senior center, at the Little Theater, June 2, at 1:00 refreshments, 2:00 play. There will be a shredding day fundraiser, sponsored by Newtown Savings Bank, at the Main Street location, June 15, 9-12, \$5 for seniors, \$10 general public. Mr. Boccuzzi said volunteer fair was a success. Ms. Bloom suggested a workshop for aging in place, schedule for August or September. Mr. Symes suggested to look into youth volunteer collaborations, Mr. Ariniello is looking at similar youth efforts.

**FUNDRAISING / PLANNED GIVING:** Mr. Symes shared his report on Senior Center-Community Center Fundraising and Planned Giving Considerations. (ATTACHMENT)

#### **NEW BUSINESS**

#### **Create sub-committees for:**

- 1. Assisting Seniors in finding local part time jobs
- 2. Develop local listing where discounts are offered for Seniors
- 3. Assist with the move to the new Senior Center

Mr. Passaro would like to set up a team to survey the local merchants, senior discounts. Ms. Wiedemann to reach out to the Chamber of Commerce, also with the Chamber of Commerce, and Rotary, coordinate job possibilities. Ms. Wiedemann said the move will be scheduled and she will provide notification of date.

# Discuss using Gift Fund towards purchase of furniture and equipment needs in new Senior Center

Mr. Symes said any items needed will be discussed at the fundraising meeting this Friday.

#### **OLD BUSINESS**

Insert to be mailed for the COA and the Community Center. It will be mailed to everyone getting their tax bill. This represents 34,000 homes. Total cost would be \$2,146. COA share would be \$1,075. Ms. Wiedemann said that this was covered at the last meeting.

Prior to adjournment, Ms. Beryl announced that there will be an ice cream social at the Booth Library at 2:00 on Thursday, May 23.

**ADJOURNMENT:** THERE BEING NO FURTHER BUSINESS, MR. PASSARO MADE A MOTION TO ADJOURN AT TIME PM. SECOND BY MS. BLOOM. ALL IN FAVOR. (9-0) MOTION PASSES.

Respectfully submitted,

June Sgobbo, Clerk

Attachments: Flyer, Chair Report, Treasurer's Report, Senior Center Reports.



# Learn all about our FREE... Aquafit Classes for OUR members!

### **Aquacize Classes**

Mondays, Wednesdays, Fridays at 9:00am and Tuesdays, Thursdays at 6:00pm

Aquacize is a beginner to intermediate level water fitness class and is low impact to moderate pace. This water exercise class includes warm-up, aerobic training, and cool down, along with strength, toning and flexibility in shallow water. We will provide all equipment needed for the class. Stretching, muscle toning, and aerobic exercises are done with the use of fitness equipment. The class helps you strengthen your lungs, tone your muscles, and improve your spring in the water. Workouts during the class are low-intensity and allow for changes for all levels. This class is perfect for the beginner who likes the low-impact nature of water fitness programs.

## Aquacize II Classes

Tuesdays, Thursdays at 9:00am and Mondays, Wednesdays at 6:00pm

Aquacize II is a medium to advanced level water fitness class that works at a higher pace. This program offers mid-to-high cardio aerobic workouts in shallow water. It consists of stretching, running, ab and muscle toning. We do not advise this class for starters or those with physical ailments. If you're looking for a shallow water workout in a group setting, try one of these fun classes!



## Hinges and Twinges Water Fitness Classes

Mondays, Wednesdays, Fridays at 11:00am

The Hinges and Twinges program utilizes the water to help ambulatory adults improve or maintain muscular joint mobility through movements. Taught at a low intensity level, this program is geared towards beginner exercisers or active older adults. Hinges and twinges is also the perfect class for those with joint or arthritic pain. Through a variety of exercises, the class will help participants improve range of motion, reduce stiffness in joints, and diminish arthritis pain.



# **Deep Water Exercise Classes**

Mondays, Wednesdays at 7:00pm

This deep water exercise class provides an overall workout using all muscle groups. In deep water, the class incorporates a balanced workout that includes warm-up, aerobic training and cool down. These classes practice various strength, toning and flexibility stretching. Due to the natural resistance of the water, the muscles will strengthen faster than one land with similar exercises. We strongly suggest participants have confidence in deep water, as we hold all deep-water exercise classes in the deep well of the pool. Intensity level and equipment used during the classes vary by instructor. Various flotation devices are sometimes incorporated to aid in the exercises.

#### COMMISSION ON AGING CHAIR REPORT, MAY 20, 2019

Join me in welcoming Natalie Jackson, new Director of Human Services! I hope by now that many of you had had an opportunity to stop by and introduce yourselves. If you haven't yet, you will have a chance to meet her on Monday.

With the passing of Mae Schmidle, the next Alternate to move up is Larry. Larry accepted and now there remains an opening on the Alternate's for an Unaffiliated or Democrat. Thank you Larry. Please also welcome Cris Fadus, the newest Alternate to join the COA.

I would like to say THANK YOU to Ruby Ryles for the most amazing newsletter to date! The layout, the pictures, the content – a totally professional look. I know this took a lot of time. We certainly appreciate your time AND talent! Lots of very positive feedback!

Thank you to Natalie Jackson, Jen Cebry, Judy Thomas and Vicki Boccuzzi for a wonderful Mother's Day Tea. And thank you to Dan Rosenthal for always willing to be our Bingo caller. I think Natalie is going to be able to hold her own in that department too!

I will be passing around three sign-up sheets — one is for Lunch Coverage (going to the middle of July) and the other is for the Senior Dinner Dance on May 31st at 5:00pm at NHS, Pricing items for the Senior Center Tag Sale and helping to staff the tag sale on Saturday, June 22nd and Sunday, June 23rd. 9am-3pm. The third sign-up sheets is an expanded sub-committee list. I have attached a copy of all three sheets and will have copies at our meeting on Monday. I have added NEWTOWN/SANDY HOOK SENIOR DISCOUNTS (Larry made this suggestion — I have on the clipboard a list of Senior Discounts, but he'd like to reach out and create a list of local discounts). JOBS FOR SENIORS (Larry also suggested this and will work on gathering information for this and can use help) and lastly FUNDRAISING/PLANNED GIVING (Curt will send out something to everyone for discussion on Monday). If you are not on a sub-committee, this will give you a chance to choose something to help with. I also added a column entitled SUPPORT NAME, in the hopes folks who regularly attend, may consider helping.

Our immediate need is for Lunch Coverage next week is Tuesday, May 21st, Wednesday, May 22nd. Let me know if you can help.

Happy weekend, Anna

# BY-LAWS COMMISSION ON AGING TOWN OF NEWTOWN, CONNECTICUT

#### OCTOBER 17, 2016

#### PREAMBLE

We believe that elderly persons residing in Newtown are important contributors to the Town's quality of life. We believe that a town, like a family, benefits greatly from the contributions of three generations of experience, insight, opinion and wisdom. To advance, protect and preserve these beliefs and benefits, we do hereby adopt these By-laws for the successful endeavors of the Town of Newtown's Commission on Aging and the elderly residents of Newtown.

#### ARTICLE I - PURPOSE

The purpose of the Commission on Aging (hereinafter referred to as the Commission) is to:

- A. Research and identify the needs of the elderly population in Newtown
- B. Develop and coordinate programs and recommend for hiring, staff to meet those needs.
- C. Make applications for grants to State and Federal governmental agencies and private sources to help finance such efforts provided approval for such applications is given in advance by the Board of Selectman and the Legislative Council, pursuant to the current Town Charter in effect.
  - D. Prepare written opinions on the merits of programs for which grants are proposed.
- E. Act as agent for other federal, state and town boards, commissions, agencies or local private groups to carry out programs for the elderly and aging in Newtown as from time to time are specifically authorized by such boards, commissions, agencies and groups.
  - F. Create such Advisory, Standing or Ad-Hoc Committees as are necessary.
- G. Conduct such other activities as shall advance the needs, increase involvement and enhance the quality of life of the elderly & aging persons' residing in the Town of Newtown.

In exercising its powers and carrying out its duties the Commission shall place primary (but not necessarily exclusive) emphasis on the needs of persons sixty (60) years of age or older.

#### ARTICLE II - MEMBERS OF THE COMMISSION

#### Section 1 - Membership

- A. The Commission shall consist of nine Regular (9) members who shall serve for a (3) year term, beginning January 7th, provided such beginning date is consistent with the Town Charter. Membership terms shall begin and end on the dates specified on the Certificate of Appointment cards issued to each member by the Town of Newtown.
- B. The Commission shall have three (3) Alternate members appointed for two (2) year terms beginning January 7th. Membership terms shall begin and end on the dates specified on the Certificate of Appointment cards issued to each member by the Town of Newtown. No more than two (2) Alternate members may be of the same political party.
- 1. The purpose of Alternates is to acquaint them with the work of the Commission and train them to fill vacancies of Regular members.
- 2. The Alternate members may vote, on a rotating basis, only in the absence of Regular members.
- C. Ex-officio members of the Commission shall be the Director of Senior Services, the Director of Social Services and/or the Municipal Agent for the Elderly.

#### Section 2 - Duties

- A. The Commission shall establish and determine the general policies and guidelines for the endeavors and projects of the organization. The Commission shall act as a board, regularly convened, together with the Advisory, Standing or Ad Hoc Committees, and may adopt such rules and regulations for the conduct of their meetings as are deemed proper and which are not inconsistent with these By-laws. Members of the Commission shall be empowered, on selection by the Commission, to chair all Advisory, Standing or Ad-Hoc Committees, which may be set up to carry out established projects.
- B. Upon agreement of the Commission, members who fail to fulfill Commission obligations shall be advised in writing that their names will be referred to the Board of Selectmen for any action they deem necessary as provided in the Newtown Charter.

#### ARTICLE III - OFFICERS AND CLERK

#### Section 1 - Officers

The officers of the Commission shall be a Chairman, a Vice Chairman, a Treasurer and a Parliamentarian.

#### Section 2 - Election

- A. A Nominating Committee of three (3) members shall be appointed by the Commission at its Regular meeting in October to draw up a slate of officers for the ensuing year, commencing January 7th. In the case of a vacancy or resignation of a Regular or Alternate member on the Commission, the Nominating Committee shall recommend for approval, with majority approval from the Commission, a nominee to the Board of Selectmen who will then act according to the provisions in the Town Charter. The Nominating Committee remains in effect for one year.
- B. The slate of officers shall be presented to the full Commission at its regular meeting in November. Other nominations for officers may be made from the floor by any member at the November regular meeting. The Commission shall elect it's officers for the ensuing year at it's regular meeting in December.
  - C. Each officer shall be elected for a term of one year.

#### Section 3 - Duties

- A. Chairman: The Chairman shall preside at all meetings; and cause to be called Regular meetings of the Commission. The Chairman or any two other members may call a Special meeting.
- B. Vice-Chairman: The Vice Chairman shall be invested with the powers and responsibilities of the Chairman during the absence or inability of the Chairman to perform his/her duties as set forth in the By-laws. The Vice-Chairman shall coordinate all Advisory, Standing or Ad-Hoc Committees.
- C. The Treasurer: shall present the annual budget to the Commission, and will also prepare a monthly statement of income and expenditures. In the absence of the Chairman or Vice Chairman, shall call the meeting to order. The treasurer together with the Executive Committee and the Director of Social Services, the Treasurer will prepare an annual budget for the Commission for approval.
- D. Parliamentarian: The Parliamentarian shall be well versed in Parliamentary procedure and shall attend all meetings of the Commission to assist with the proper conduct of meetings in concurrence with the By-Laws.
- E. Clerk: The Clerk shall be hired by the Commission with funds furnished by the Town of Newtown. Such person shall make certain the list of dates for the Regular

meetings for the ensuing year, are filed with the Town Clerk in accordance with FOIA (Freedom of Information Act) Regulations. The Clerk shall keep minutes of meetings and records, serve all notices for the Commission, and keep the Commission's official roll and ask for a roll call when required.

#### ARTICLE IV - MEETINGS

#### Section 1 - Annual Meeting

There shall be an Annual Meeting, in December, open to all residents of Newtown. At the Annual Meeting, the Commission shall:

- A. Open the floor to the public to discuss the goals and purposes of the Commission for the ensuing year.
  - B. Put forth an agenda for the January meeting.
  - C. Review accomplishments for the preceding year.
  - D. Adopt long and short range programs and goals for the coming year.
  - E. Adopt/review by laws each December.

#### Section 2 - Regular Meetings

Regular Meetings of the Commission shall be held on the third Monday of each month unless otherwise designated by the Commission. The Clerk will present the Regular Meeting dates, in January, for the entire year and file with the Town Clerk in January.

#### Section 3 - Special Meetings

Special meetings of the Commission may be called at any time at the discretion of the Chairman or by petition of at least two (2) Regular members of the Commission. The subject of the meeting shall be stated in the notice and no other business shall be considered at the meeting.

#### Section 4 - Quorum

At any meeting of the Commission a quorum shall consist of five (5) members of the Commission.

#### Section 5 - Voting

A quorum of those present and voting shall be required to carry a motion.

#### ARTICLE V - AMENDMENTS

These By-laws may be amended at any meeting of the Commission provided that legal notice of intention to amend them, together with the proposed amendment(s), shall be presented at the regular meeting at least one (1) month prior to voting. Passage of amendments requires an affirmative vote of five (5) Commission members.

#### ARTICLE VI - PARLIMENTARY AUTHORITY

Roberts Rules of Order, Newly Revised, shall govern this Commission in all cases wherein they do not conflict with these By-laws.

#### ARTICLE VII - PROFESSIONAL EMPLOYEES

Professional employees who are hired by the Commission, in concurrence with the Board of Selectmen to serve the elderly and aging of Newtown, shall be responsible to the Commission and to the Board of Selectmen. In conjunction with meeting with their Ad-Hoc Committees, they shall report on activities relating to their specified job descriptions at each regular meeting of the Commission. They are responsible for contacting a Commission member concerning current status or problems relative to their position.

#### ARTICLE VIII - GIFT FUND ACCOUNT

Pursuant or Ordinance #52, funds available to the Commission on Aging, from a specific gift or bequest, shall be placed in the custody of the Treasurer of the Town of Newtown. which shall be known as the Commission on Aging Fund and shall be kept separate and distinct from all other Town accounts. Gifts or bequests shall be identified for a specific use. Disbursements from the Newtown Commission on Aging Fund shall be made on order of the Commission on Aging only and upon a majority vote of the Commission on Aging members, but not less than 4 (four) members, if specified for a special use, in accordance with the terms of the specific gift or bequest. All checks drawn on the fund shall be signed by the Chairman and Treasurer of the Commission on Aging and counter signed by the Treasurer of the Town of Newtown. (This Ordinance took effect January 21, 1995)

····		COA/SENIOR SERVICES GIFT FUND				<u> </u>	······································
DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	NEW SENIOR CENTER	GRANT	BALANCE
7/1/18	Beginning Balance						45,027.8
				<u> </u>			
7/18/2018	Ortly Distribution- Knotts Trust			649.95			45,677.8
	Ck #33354- Newtown Labor Day Parade	(100.00)					45,577.81
9/30/2018	Aug P-Card-Holiday Inn- (13 People)	(442.00)					45,135.81
10/18/2018	Ortly Distribution- Knotts Trust			649.95			45,785.76
11/16/2018	Annual Bazaar- Receipts T-28167		2,059.75				47,845.51
11/28/2018	(earmarked for Bazaar volunteers) Oct P-Card-Michael's At The Grove -Dep for Holiday Party	(200.00)					47,645.51
11/29/2018	Dist. Deficiency payment for 2017(Knotts Trust)	(200.00)		377.00			48,022.51
	Ck #34393- John Hemberger- Holiday Party 12/6/18	(200.00)					47,822.51
	Tree from Bazaar T-31040		25.00 238.00				47,847.51 48,085.51
12/11/2018	Raffle Holiday Party T-31041		230.00				46,065.5
1/24/2019	Qrtly Distribution-Knotts Trust			649.95			48,735.46
4/23/2019	Qrtly Distribution- Knotts Trust			507.68			49,243.14
4/23/2019	Donation- Archdeacon Family Foundation(Audio Visual Equ	ipment) T-52854	10,000.00				59,243.14
5/9/2019	Ck #36116- Diversified Printing Solutions- Mesh Banner-Pa	(150.00)					59,093.14
				000170			
		(1,092.00)	12,322.75	2,834.53			59,093.1

#### Department of Human Services: COA Report

Submitted By: Natalie Jackson, Director

May 17, 2019

First and foremost, to the members of COA: I would like to thank you for the warm welcome to your community, from those of you whom I have had the opportunity to meet thus far. I look forward to the opportunity to meet the rest of the Commission on Monday. I am thrilled to be here in Newtown and am eager to begin building relationships and partnering with you to serve Newtown's seniors.

In just over a week into my new role! have spent these early days meeting folks and starting to learn the systems and services in place. In this short time I have been most impressed by the positive energy and the excitement for the future. In the last several months we have gained 89 new members to the Senior Center and increased programming, which members have reportedly been enjoying. As we look toward moving into our new Senior Center home in the coming months, I look forward to learning more about which services and activities our seniors most engage, and which new programs that they hope to see in our future. As I continue efforts to get up to speed, in my work on behalf of our community's seniors, my initial priorities also include:

- Continuing to prepare for and navigate the logistics of the move to the new SC
- Assessing the staffing plan for the SC
- Establishing plans for reaching out to and engaging the larger senior population

The last several months have been productive for our social service programs as well. Program statistics include:

- Energy Assistance Applications 2018/2019: 182. 62% of applications were completed by senior/disabled residents (110 applications). Applications will be accepted through May 31. The last day for fuel delivery was April 1.
- Food pantry: 34 families visit weekly. 86% are senior/disabled (23)
- Operation Fuel applications December 2018-Present: 13 applications, \$5750.51
- Salvation Army fund requests October 1, 2018-Present: 35 applications (8 senior/disabled), \$12,027.28.
- Renters Rebate 2018: 81 applications
- Renters Rebate 2019: 22 applications (April 1, 2019-present)
- Camp scholarships: 4 awards as of May 16, 2019

Additionally, the Postal Food Drive, which occurred on May 4<sup>th</sup>, was quite a success. The event stocked the food pantry with over 75 town recycling bins full of food. As I work to incorporate social services within the new Department of Human Services my initial priorities in this area include:

- Assessing the staffing plan for social services to strengthen service delivery and meet needs of all residents accessing services
- Identifying plan to relocate social services, in timing with the relocation of Community Center and Parks and
   Recreation staff

Through my onboarding I will look especially to you all for your insights, perspectives and wisdom. I am excited to be joining you as we continue moving forward, with the future ahead of us bright.

Have a wonderful weekend. I look forward to seeing you on Monday evening!

- Natalie

	А	В	С	D	E	F
1		ces from 04/16/2019 to 05/14/2019				
2	Filters:					
3		Site(s):	All			
4			*			
5	Category	Event	# of Events	Hours Scheduled	Unduplicated	No Fob
6	Classes/Worksho					
7		Ambulance Corp	1	1	1	-
8		Art in the Atrium	5	10	6	
9		French Lessons	3	3	9	
10		Italian Lessons	1	1	3	
11		Knitting	4	8	14	
12		sewing/quilting	2	6	4	
13		SPANISH	5	5	15	
14		Tech Troubleshooting	7	7	3	
15		Total	28	41	46	
16	Health Screening	S				
17		Blood Pressure	2	2	5	
18		Total	2	2	5	
19	Health/Fitness					
20		Chair Pilates	5	5	16	
21		Chair Yoga		8	26	
22		Fitness Fury	7	7	27	
23		Flex & Fit	4	4	27	
24		LINE/COUNTRY DANCING	3	3	14	
25		Morning Meditation	5	5	8	
26		Qì Gong	3	3	6	
27		Strength training	4	4	13	
28		Tai Chi	3	. 3	8	
29		video exercise 2	6	6	9	
30		Yoga	.8.	: :8	31	
31		Zumba	4	4	20	
32		Total	60	60	108	
	Nutrition					
34		Lunch	17	17	23	
35		Total	17	17	23	
36	Off Site Excursion	ns				

	А	В	С	D	E	F
37		Lunch Bunch	2	8	9	**-
38		New Britain Museum	1	6	4 8	
39		The Capital Tour	1	7	8	
40		Total	4	21	21	
41	Recreation/Enter	tainment				
42		Keno	1	1	3	
43		Total	1	1	3	
	Social Activity/Ev					
45		Cards	20	140	10	
46		Catch Phrase	2	2	5	
47		Craft	7	14	8	
48		Mark Twain House	1	-6	7	
49		Mothers Day Lunch	1	3	30	12
50		Password	2	2	5	
51		Poker	5	15	3	2
52		Puzzles	12	-60	5	
53		Quilting/Sewing	1	4	1	
54		Writing Program	. 1	. 1	2	
55		Total	52	115	53	
56	Socializing					
57		Socializing/Just Visiting	20	160	29	
58		Total	20	160	29	
	Special Events					
60		Movie	1	1	3	
61		SPEAKER	5 <b>6</b>	16	21	4
62		Total	6	17	22	
	Special Groups					
64		Book club	1	. 1	5	
65		Hot Topics	5	5	14	
66		Men Breakfast Club	1.   ,	: : 1	3	
67		Womens Discussion Group Chicken	4	4	10	
68		Total	11	11	26	
69	Volunteer Oppor					
70		Inter-generaional programs	3	39	2	4
71		Total	3	39	2	
72						

	A	В	С	D	E	F
1	Event Statistics from 04/16/2	2019 to 05/14/	2019			
2	Filters:					
3		Age:	>=0			
4		Site(s):	All			
5						
6	Category	Duplicated	Unduplicated	Hours	No Fob	Total
7	Classes/Workshops	118	46	169		
8	Health Screenings	5	5	5	3	
9	Health/Fitness	507	108	507	- 2	
10	Nutrition	110	23	110	10	
11	Off Site Excursions	22	21	115.75		
12	Recreation/Entertainment	3	3	3		
13	Social Activity/Event	153	53	448		
14	Socializing	104	29	884		
15	Special Events	30	22	118.83	12	
16	Special Groups	70	26	70		
17	Volunteer Opportunities	2	2	27		
18	Total Event Signins	1124	183	2457.58		
19	Total Swipes	867	192		27	219

		*					
	-						
	A	В	С	D	E	F	G
1		active between 04	/16/2019 and 05/ <sup>-</sup>	14/2019			
2	Filters:						
3		Age:	>=0				
4		Site(s):	All				
5		Seniors:	Include Seni	ors with no	activity in t	he date rar	ige
6							
7	Age Range	Count	Percent				
8	Ages 55-59	6	1.3%				
9	Ages 60-64	27	5.9%	ĺ			
10	Ages 65-69	76	16.7%				
11	Ages 70-74	109	24.0%				
12	Ages 75-79	78	17.1%				
13	Ages 80-84	72	15.8%				
14	Ages Below 55	5	1.1%				
15	Ages Over 85	82	18.0%				
16	Unknown	1	0.2%				
17	Totals	456	100%				

10.00

#### Senior Center-Community Center Fundraising & Planned Giving Considerations

Based upon past experiences (circa 2012-2014) in discussing both near term Fundraising and long term Planned Giving Programs with the former First Selectperson, Finance Director, Legislative Council, Board of Finance and Town Attorney, the following considerations were either identified or brought forward:

- 1. Near term fundraising is optimal for immediate, well defined needs and short-comings
- 2. Discrete, hundreds and thousands of dollars donations are reasonably achievable over the 1st months
- 3. Some highly motivated big ticket (\$5,000 to \$10,000 to ?) donations are also achievable early on
- 4. Longer term Planned Giving Programs require significant work, resource and advertising/marketing, as well as, initial Donors standing up and doing Testimonials
- 5. An initial Giving Assessment and Target Audience needs to be identified early on in order to set realistic goals

Now, in terms of Funding Needs there are some decisions to be made:

- 1. Funding Cash, Stock, Goods, Services
- 2. Plan for Receiving, Handling and Disposal of Gifts & Donations
- 3. Recognition yea or nay
- 4. Anonymity
- 5. Attribution Donor Wall, Small Plaques, etc.

Finally, a Subcommittee & (clear, simple, understandable and defensible) Guidelines to address consistency and decision making regarding Donations & Gifts is required.

Also, an initial list of critically needed items should be assembled (ASAP) with a more comprehensive list to follow and updated/evolving over time.

Submitted by Curt Symes COA Commissioner (2011-2020) & past Chair (2012-2017) Appointed Member of 1st Senior/Community Centers Advisory Group (2013-2015) Professional Senior Advisor, Advocate & Consultant