COMMISSION ON AGING REGULAR MEETING

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

The Commission on Aging held a regular meeting on Monday, July 15, 2019 in the Council Chamber of the Newtown Municipal Center, 3 Primrose Street, Newtown, CT

Call to order: Ms. Wiedemann called the meeting to order at 5:00pm

PRESENT: Anna Wiedemann, JoAnne Albanesi, Barbara Bloom, John Boccuzzi, Bob Edwards, Cris Fadus, LeReine Frampton, Anne Rothstein, Larry Passaro, Ruby Ryles, Curt Symes, Claire Theune,

ALSO PRESENT: Natalie Jackson, First Selectman Rosenthal, Matt Ariniello and three members of the public.

VOTER COMMENTS: none.

MINUTES: Ms. Frampton moved to add acceptance of July 8 special meeting minutes. Ms. Albanesi seconded. All in favor. Ms. Frampton moved to accept the minutes of the special meeting of July 8, 2019, noting the date on the minutes is incorrectly noted as June 8. Ms. Albanesi seconded. All in favor of the minutes as amended. Ms. Frampton moved to accept the meeting minutes of June 17, 2019. Ms. Albanesi seconded. All in favor.

REPORTS

CHAIR REPORT: Ms. Wiedimann distributed the monthly report (attached).

VICE CHAIR REPORT: none.

TREASURERS REPORT: Ms. Bloom reported on the Gift Fund (Report attached). The report does not include the donations from FONS. Once items are paid the balance will be closer to \$30,000. Ms. Frampton moved to file the audit. Mr. Symes seconded. All in favor.

DIRECTOR OF HUMAN SERVICES: (att.) Ms. Jackson expressed gratitude for generous donations received by both Senior Services and Social Services. Salvation Army Christmas in July was very successful, raising \$1,299.93. Social Services relocated in June to 28 Trades Lane. The move has been successful. Bringing the Human Services departments together will have a positive impact and allow needs to be met more efficiently and effectively. Once all settled in systems will be put in place to collect data in an effective way. Ms. Jackson thanked Anna Wiedemann and Larry Passaro for being instrumental in helping to continue operate the food bank from Town Hall South. The Survivor Care Navigator has been moved to the Resiliency Center due to grant funding ending for that position. The Center for Support and Wellness includes the Care Navigator as well as the Victim Care Navigator. There are 190 new Senior Center members. The lobby sign will be installed by the facilities manager. The mural has been

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Town Clerk of Newtown 12:46/M
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installed and looks beautiful in the lounge. The ribbon cutting is on target for July 19 including a general reception. Ms. Jackson asked commission members to help give tours. Some furniture has been delivered. First Selectman Rosenthal stated that the message is that we are one community. GE will be in attendance for the ribbon cutting, there will be speakers

SENIOR CENTER REPORTS: attached.

COMMITTEE REPORTS:

Funding Source for Seniors of Newtown: Ms. Ryles gave background on the Momentum Fund. This fund serves MA, NH and RI and is in CT this year, offering \$10,000. All project proposals must address healthy aging or issues important to seniors. Applications have to be submitted by September, results will be in October. Mr. Boccuzzi stated FONS will apply. Ms. Ryles feels there is a good chance FONS will be awarded the grant as this is the first year CT has participated and there won't be a lot of applications.

Grants: no update.

Resource Guide: Ms. Rothstein is editing with office address changes.

Livable Community Update: Mr. Boccuzzi presented information on the Steering Committee Report (att.). Many things are in progress, including the Homefit program, where people can review homes for safety. Mr. Boccuzzi spoke in favor of affordable housing, increasing tax benefits to the town and using some of the old buildings at Fairfield Hills. Meetings will continue with the school system. There are ongoing social events. Ms. Bloom said AARP will send a representative to talk to the commission about Homefit. FONS has not looked into accessory apartments but the goal is to allow seniors to age in place.

Fundraising/Planned Giving: Mr. Symes said the Frank Knott trust has been a financial support vehicle for the gift fund.

NEW BUSINESS

Discussion and possible action:

Purchase of multipurpose chairs for the new Senior Center: Ms. Weidemann secured three quotes for chairs. After discussion Ms. Frampton moved to approve the purchase of 60 chairs (no arms) and 15 chairs with arms. Ms. Bloom seconded. All in favor.

OLD BUSINESS:

Food Insecurity: This will be continued to be discussion as information is received.

Smart TV for lobby area: \$2,000 was approved for two TV's and brackets and two were purchased for \$1,600. There is a 65 inch for the fitness room and a 55 inch for the multipurpose room.

Possible screen for projector: no action needed.

Funds for ribbon cutting ceremony to share cost with Community Center: was approved at the last meeting.

Funds to move and tune piano donation: This item is tabled until there are more specifics on the piano.

Funds for landscaping: Landscaping is complete.

Senior Center signage: The Fairfield Hills Authority has approved the lamppost banners.

Ms. Jackson will be meeting with FAITH food pantry.

ADJOURNMENT: Having no further business a motion was made by Mr. Passaro to adjourn the regular meeting at 6:06pm. Motion was seconded by Ms. Frampton. All in favor.

Attachments: Chair report; COA/Senior Services Gift Fund; Dept. of Human Services report; Senior Center Reports; Newtown Age Friendly Livable Community Steering Cte. Report, July 10, 2019.

Respectfully submitted

Susan Marcinek, clerk pro-tem

CHAIR REPORT FOR JULY 15, 2019

We had a Special Meeting on Monday, July 8th. I will include the minutes from that meeting as well as our June meeting, and agenda at Monday's meeting. Please let me know if you are unable to attend.

The highlight from that meeting regarding the Senior Center Gift Fund are as follows:

- \$959 for a 42x96 sign to be installed in the reception area
- Up to, but not to exceed, \$2,000 for two smart TV's and installation brackets
- Tabled was discussion on chairs

The Ribbon Cutting Ceremony will take place next Friday, July 19, 2019 at 10:00am. As members of the COA, I emailed you all the invitation. Please RSVP to Matt Ariniello before July 16th if you plan on attending. I cannot even begin to express how excited I am that this is finally becoming a reality. Having been on the COA for the better part of 15 years, and having looked at numerous locations and architectural renderings, this is a dream realized for Newtown and our seniors.

Regarding Old Business on the agenda, here are updates:

- Food Insecurity we will continue this discussion as information is received.
- Smart TV's approved and will be purchased shortly
- Possible screen for projector we are okay with equipment we currently have, no action needed
- Funds for Ribbon Cutting ceremony approved last meeting
- Funds to move and tune piano tabled until we are in the space and have more specifics
- Funds for landscaping approved, landscaping completed. Funds will be transferred upon billing
- SC Signage approved at Special Meeting on 7/8. Lamppost Banners tabled until FFH Authority approves the type to be used

The weather will be exceedingly hot the next few days. Don't forget to reach out to neighbors and check on them and don't forget to stay hydrated yourselves! I speak for myself, but I know I'm not always so good at reminding myself!

Enjoy the weekend, Anna

COA/SENIOR SERVICES GIFT FUND

| BALANCE | 45,027.86 | 45,677.81 | 45,577.81 45,135.81 | 45,785.76 | 47,845.51 47,645.51 48,022.51 | 47,822.51 47,847.51 48,085.51 | 48,735.46 | 49,243.14 59,243.14 | 59,093.14 60,093.14 | 60,110.14 60,504.14 60,554.14 |
|---|-------------------|--|--|---|--|--|---|--|--|---|
| FRANK KNOTTS NEW TRUST FUND SENIOR CENTER GRANT | | 649.95 | | 649.95 | 377.00 | | 649.95 | 507.68 | | 394.00 |
| C/R | | | | | 2,059.75 | 25.00 238.00 | | 10,000.00 | 1,000.00 | 17.00 |
| C/D | | | (100.00) (442.00) | | (200.00) | (200.00) | | uipment) T-52. | (150.00) | ottsTrust |
| RECEIPTS/DISBURSEMENTS | Beginning Balance | 7/18/2018 Qrtly Distribution- Knotts Trust | 9/13/2018 Ck #33354- Newtown Labor Day Parade 9/30/2018 Aug P-Card-Holiday Inn- (13 People) | 10/18/2018 Qrtly Distribution- Knotts Trust | 11/16/2018 Annual Bazaar- Receipts T-28167 (earmarked for Bazaar volunteers) 11/28/2018 Oct P-Card-Michael's At The Grove -Dep for Holiday Par 11/29/2018 Dist. Deficiency payment for 2017(Knotts Trust) | 12/6/2018 Ck #34393- John Hemberger- Holiday Party 12/6/18 12/11/2018 Tree from Bazaar T-31040 12/11/2018 Raffle Holiday Party T-31041 | 1/24/2019 Qrtly Distribution-Knotts Trust | 4/23/2019 Qrtly Distribution- Knotts Trust 4/23/2019 Donation- Archdeacon Family Foundation(Audio Visual Equipment) T-52. 10,000.00 | 5/9/2019 Ck #36116- Diversified Printing Solutions- Mesh Banner 5/17/2019 Donation- Lions Club T-57153 | 6/11/2019 Donation- Annmarie Macey donation T-60563 6/11/2019 Distribution deficiency payment for Tax Year 12/31/18- KnottsTrust 6/28/2019 Donation- for B.Wadleigh T-63848 |
| DATE | 7/1/18 | 7/18/2018 | 9/13/2018 9/30/2018 | 10/18/2018 | 11/16/2018 11/28/2018 11/29/2018 | 12/6/2018 12/11/2018 12/11/2018 | 1/24/2019 | 4/23/2019 4/23/2019 | 5/9/2019 5/17/2019 | 6/11/2019 6/11/2019 6/28/2019 |

60,554.14

3,228.53

(1,092.00) 13,389.75

Department of Human Services: COA Report

Submitted By: Natalie Jackson, Director

July 15, 2019

This is sure to be a busy and exciting week as we relocate our Senior Center of many decades on Riverside Drive to our new home in the Fairfield Hills campus. While I did not have the opportunity to be a part of the many years of planning to get us to this point, I cannot tell you how honored I am to be a part of the present, as your vision and all of hard work comes to fruition. I look forward to celebrating with you on Friday as we cut the ribbon and officially move into our new home—The Newtown Senior Center, Center for Active Living at 8 Simpson Street.

June and the first half of July have been busy at the Senior Center with activities and trips, and managing the packing and logistics of the move. With the work of Justin Alterio we debuted our new format of the newsletter. We look forward to continuing to fine tune the format and adding photos of our members in action for the upcoming fall edition. I plan to further assess how our delivery process is working for members and ways to expand the reach of our newsletter into the community.

A few areas I am excited to provide update to you include:

- 1. The Department of Human Services has been very fortunate to receive several generous recent donations including:
 - Recent donations to the Senior Center have included two outdoor benches for the walkway leading to the
 entry of the new Center by two residents and \$2500 from The Friends of Newtown Seniors (FONS) toward
 efforts to furnish our new Senior Center, plus \$1000 to hang the beautiful mural created in 2018 with an
 accompanying plaque.
 - Social Services has received the following donations to our Gift Fund: \$500 from the Moms Club of Newtown and \$265 from Sunny Brook Farm raised at their recent jump-a-thon event.
 - This past Saturday the Salvation Army deployed forces around the community to ring bells for Christmas in July. Based on the shift I was at with my two little helper elves (thanks to Mia and Alexander Jackson) I expect the total raised will be very impressive!

It is through donations such as these that Human Services can continue to assist individuals and families at times of need and that our new Senior Center will be an inviting place, drawing seniors for an activity, an educational program, or just to come and relax and socialize. The generosity of Newtown's residents and supporters is truly heartwarming.

- 2. As shared last month on June 20th the Department moved Social Services to Fairfield Hills to share a building with the Center for Support and Wellness (CSW). The three areas now under the new Department of Human Services, including Social Services, Support and Wellness, and Senior Services will be located in the Fairfield Hills Campus by the end of this week. It is also important to note that as of July 1 the position of the Survivor Care Navigator, funded through the VOCA grant, has moved from the CSW to the Resiliency Center. I know these strategic moves will improve our ability to effectively and efficiently meet needs across all spheres of the new Department and will have a positive impact for residents engaging with us. Following the completion of our moves I will be continuing to solidify the structure and staffing of the Department and then getting information into the community. I look forward to completing plans for materials for distribution and joining with the Chamber of Commerce for a fall provider fair at NYA.
- 3. I am working to establish news processes to collect data of those served through Human Services. In the coming months I look forward to identifying ways to reach deeper into the senior community to identify needs and creating

systems to document the requests to Social Services to meet basic needs. I would like to thank Anna and Larry for all the time they have given to keep our Food Pantry running from Town Hall South, following Social Services' move to Fairfield Hills. Maintaining the Pantry when not on site brings challenges and we would not have been able to do so seamlessly without Anna's efforts to staff volunteers and Larry so often being the adult volunteer with our high school students providing the back up. The time and support of all of the volunteers to the Senior Center and Social Services is so appreciated!

See you at the ribbon cutting!

- Natalie

| i I | A | В | С | D | E | F |
|----------|--|--------------------------------|--------------|--------------|------------------|--------|
| 1 1 | | nces from 06/15/2019 to 07/1 | _ | L L | <u> </u> | |
| | Filters: | 1000 110111 00/10/2010 10 0//1 | VIAVIO | | | |
| 3 | i interes. | Site(s): | All | | | |
| 4 | | Dite(s). | VII | | | |
| | Cotogog | Event | # of Example | Harra Cabadu | ا اسطریسائی مغیر | No Fob |
| | Category | | # OI Evenus | Hours Schedu | Officated | NO FOD |
| | F - Class/Works | | | 4 | <u></u> | |
| 7 | *************************************** | Ambulance Corps | 1 | 1 | 7 | 2 |
| 8 | | Art in the Atrium | 4 | 8 | 7 | |
| 9 | | French Lessons | 4 | 1 | 0 | |
| 10 | | Knitting | 4 | 8 | 17 | |
| 11 | | sewing/quilting | 4 | 12 | 4 | |
| 12 | | SPANISH | 2 | 2 | 9 | |
| 13 | | Tech Troubleshooting | 4 | 4 | 3 | |
| 14 | | Total | 20 | 36 | 44 | |
| | F - Health Scree | | | | | |
| 16 | | Blood Pressure | 1 | 1 | 4 | |
| 17 | THAT WAS A STATE OF THE STATE O | Total | 1 | 1 | 4 | |
| 18 F | F - Health/Fitnes | SS | | | | |
| 19 | | Chair Pilates | 4 | 4 | 16 | - |
| 20 | | Chair Yoga | 7 | 7 | 26 | |
| 21 | | Fitness Fury | 8: | 8 | 34. | |
| 22 | | Flex & Fit | 5 | 5 | 32 | |
| 23 | | LINE/COÚNTRY DANCING | 4 | 4 | 22 | |
| 24 | | Morning Meditation | 4 | 4 | 10 | |
| 25 | | Qi Gong | 4 | 4 | 5 | |
| 26 | | Strength training | 3 | 3 | 7 | |
| 27 | | Tai Chi | 4 | 4 | 7 | |
| 28 | | video exercise 2 | 9 | 9 | 14 | |
| 29 | | Yoga | 7 | 7 | 28 | |
| 30 | | Zumba | 4 | 4 | 25 | |
| 31 | | Total | 63 | 63 | 111 | |
| | - Rec./Entertai | | 00 | 00 | 111 | |
| 33 | | | 1 | 1 | 9 | |
| | | Bingo | | | | |
| 34 35 | | Canasta Keno | 3 | 9 | 3 | |
| | | | 2 | | 2 0 | |
| 36 | | Mandala Adult Coloring | 1 | 1 | | |
| 37 | | Wii Bowling | 1 | 1 | 0 | |
| 38 | | Total | 8 | 14 | 12 | |
| | - Social Activity | | 1. | | 2.0 | |
| 40 | | Cards | 14 | 97 | 12 | 1 |
| 41 | | Catch Phrase | 2 | 2 | 9 | |
| 42 | | Chess | 3 | 3 | 2 | |
| 43 | | Chess Cancelled today | 1 | 1 | 1 | |
| 44 | | Craft | 9 | 18 | 7 | |
| 45 | | Essex Steam Train Tour | 1 | 9 | 8 | 4 |
| 46 | | unch and Learn | 2 | 16 | 39 | 11 |
| 47 | | Mystic Museum Tour | 1 | 8 | 4 | 3 |
| 48 | | Password | 1 | 1 | 7 | |
| 49 | | Poker | 4 | 12 | 5 | |
| 50 | | Puzzles | 19 | -89 | 6 | |
| 51 | | Total | 57 | 78 | 75 | |

| | Α | В | С | D | E | F |
|----|------------------|----------------------------|-----|--|-----|----|
| 52 | F - Socializing | | | | | |
| 53 | | .Socializing/Just Visiting | 21 | 189 | 65 | |
| 54 | | Total | 21 | 189 | 65 | |
| 55 | F - Special Groւ | | | u venaturus vena | | |
| 56 | | Hot Topics | 4 | 4 | 11 | |
| 57 | | Womens Discussion Group C | 5 | 5 | 16 | |
| 58 | | Total | 9 | 9 | 24 | |
| 59 | F - Volunteer Op | pportunities | | | | |
| 60 | | Inter-generaional programs | 1 | 13 | 1 | |
| 61 | | Total | 1 | 13 | 1 | |
| 62 | P - Nutrition | | | | | |
| 63 | | Lunch | 16 | 16 | 23 | |
| 64 | | Total | 16 | 16 | 23 | |
| 65 | P - Special Ever | nts | | | | |
| 66 | | Godspeed opera | 1 | 18 | 7 | 2 |
| 67 | | AARP | | 4 | | 25 |
| 68 | | Total | 1 | 18 | 7 | |
| 69 | | | | | | |
| 70 | | Grand Totals | 197 | 437 | 200 | 48 |

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| | Α | В | С | D |
|----|--|------------------------------------|-------------|--------|
| 1 | People that were ac | tive between 06/15/20 [,] | 19 and 07/1 | 5/2019 |
| 2 | Filters: | 112 | | |
| 3 | ////////////////////////////////////// | Age: | >=0 | |
| 4 | univer- | Site(s): | All | |
| 5 | | | | |
| 6 | Age Range | Count | Percent | |
| 7 | Ages 55-59 | 2 | 1.0% | |
| 8 | Ages 60-64 | 14 | 6.9% | |
| 9 | Ages 65-69 | 37 | 18.3% | |
| 10 | Ages 70-74 | 51 | 25.2% | |
| 11 | Ages 75-79 | 35 | 17.3% | |
| 12 | Ages 80-84 | 29 | 14.4% | |
| 13 | Ages Below 55 | 1 | 0.5% | |
| 14 | Ages Over 85 | 33 | 16.3% | |
| 15 | Totals | 202 | 100% | |

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| | Α | В | С | D | E | F | |
|----|--|------------|--------------|---------|---|---------|--|
| 1 | 1 Event Statistics from 06/15/2019 to 07/15/2019 | | | | | | |
| 2 | Filters: | | | | | | |
| 3 | | Age: | >=0 | | | | |
| 4 | | Site(s): | All | | | | |
| 5 | | | | | | | |
| 6 | Category | Duplicated | Unduplicated | Hours | | | |
| 7 | F - Class/Workshop | 88 | 44 | 163 | | | |
| 8 | F - Health Screenings | 4 | 4 | 4 | | | |
| 9 | F - Health/Fitness | 624 | 111 | 620,5 | | | |
| 3 | F - Rec./Entertain | 15 | 12 | 23 | | | |
| 11 | F - Social Activity/Event | 191 | 75 | 812 | | | |
| 12 | F - Socializing | 166 | 65 | 1413.77 | | | |
| | F - Special Groups | 66 | 24 | 66 | | | |
| | F - Volunteer Opportunities | 1 | 1 | 13.5 | | | |
| 15 | P - Nutrition | 99 | 23 | 99 | | | |
| 16 | P - Special Events | 7 | 7 | 126 | | | |
| 17 | Total Event Signins | 1261 | 200 | 3340.77 | | | |
| 18 | Total Swipes | 900 | 208 | | | | |
| 19 | | | | | | | |
| 20 | | | | | | | |
| 21 | | | | | | | |
| 22 | | | | | | | |
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| 27 | | | | | | | |
| 28 | | | | | | | |
| 29 | | | | | | | |
| 30 | | | | /A-TARK | | | |
| 31 | | | | | | Column1 | |
| 32 | | | | | | | |

Newtown Age Friendly Livable Community

Steering Committee Report to the COA July 10, 2019

Work Group Reports

| Status | Work Group |
|---|---|
| Hold | A. Create a Newtown seniors distribution list (email and postal addresses) |
| Katherine S | On Hold pending new Dir Human Services |
| | We will not be part of CC/SC insert in Town tax mailing |
| | Possibility for fall COA/Sr Center/FONS mailing |
| In Process | B. Conduct a study of current transportation services – |
| Ned S | WestCOG Transportation plan is now final. No response to our letter of concerns. |
| | Danbury Commuter Train link to Newtown was added to the final version |
| | Proposal to pilot TransLoc deviated route bus service pilot under preliminary |
| | discussion. Many unanswered questions |
| | Bee article describes the many facets of the transportation challenge |
| Hold | E. Investigate the RUOK system to check in on seniors |
| HOIG | On Hold pending new Dir Human Services |
| In process | H. Conduct First Responder training for dementia |
| In process Tracy B | Working on follow-up |
| l Hacy B | Newtown Ambulance to make Alzheimer Presentation at Senior Center |
| | CT Legislative act on Alzheimer's and Dementia training for primary care and emergency services |
| In process | I. Chore services available. |
| John B | John B has applied for a \$15,000 grant to support Chore Services Not awarded to us |
| 00,111, 12 | Looking for volunteer leadership to define and establish a Newtown program |
| In process | AB. Senior Resources button on Newtown web site (Communications Domain) |
| Steve R | Continue to seek expansion, a home page link icon, and additional links |
| | Requested click (usage) statics |
| In process | AARP Home Fit – Educate residents and contractors |
| Barbara B | Reviewed at May COA. Agreed to have AARP present to COA in the Fall |
| | Schedule a major community presentation for Fall. Goal is to reach 500 Newtown residents. |
| | Specifics of this will be defined based on COA presentation and response. |
| Monitor | AC. Explore affordable housing models (Housing Domain) |
| John B & | Efforts underway thru EDC – Confidential |
| Gary M | CT Housing Partnership Grants. Cochran Hall and expanding Nunnawauk in play |
| | Dakota Partners, a developer submitted a proposal |
| | FFH 5 Year Planning Committee had a non-binding vote that housing would only be |
| *************************************** | above commercial facilities. Steering Comm pushing for housing as re-use of buildings |
| Monitor | K. Housatonic Habitat for Humanity (HHH) Brush with Kindness |
| | New Director Human Services has met with HHH. |
| Ongoing | C. Hold regular meetings between School System and Seniors |
| Ongoing | J. Social Events - FONS |
| Close | G. Submitted program ideas to the COA New Senior Center Program Sub Committee |
| Revisit in | F. Senior/Volunteer column in The Bee and Voices |
| the future | Not able to match capabilities with The Bee requirements |
| | Fa. Town event calendar using The Bee web site – spin-off project |
| | (Town will not take it on. Non-profit Council not ready to address this) |
| | The Bee does not see a role for FONS |

Newtown Age Friendly Livable Community

| Status | Work Group |
|-----------------------|--|
| Revisit in | AA. Mini Medical Campus at Fairfield Hills (Community & Health Domain) |
| the future | Supported in FFH Plan Review Comm community survey responses |
| Revisit in the future | D. Bring Habitat for Humanity housing project to Newtown |

Other Steering Committee Discussions

Coming up on a year's experience. Assessing what has worked, what hasn't produced results, and where to go in the future.

Senior Group Roles

- NAFLC Steering Committee: Monitor and facilitate work on NAFLC goals & objectives. Communicate/coordinate with other Town initiatives. Tactical in nature
- FONS: Source for volunteers, activity sponsorship, communications vehicle, and senior advocacy
- CoA: Senior Center programs, senior services, senior advocacy, agent for Federal, State or Town boards, commissions, authorities or agencies. Currently addressing: New Senior Center opening, operations and programs, Elder abuse and Senior food insecurity

Members:

Ned Simpson, Tracy Brady, Barbara Bloom,, Bill Brimmer, John Boccuzzi, Pat Llodra, Natalie Jackson, Gary MacRae, Steve Rosenblatt, Curt Symes and Anna Wiedemann

Future Meetings

1st and 3rd Wednesdays of each month. Room 3 Municipal Center