

NEWTOWN COMMISSION ON AGING
Minutes
Regular Meeting
Monday, October 21, 2019

NEWTOWN SENIOR CENTER
CENTER FOR ACTIVE LIVING
MULTIPURPOSE ROOM B
3 SIMPSON STREET
NEWTOWN, CT 06470

5:00 PM

THESE MINUTES ARE SUBJECT BY THE APPROVAL OF THE COMMISSION ON AGING.

The Commission On Aging held a regular meeting on Monday, Monday, October 21, 2019 at 5:00 pm at the Newtown Municipal Center, Council Chambers, 3 Primrose Street, Newtown, CT.

CALL TO ORDER: Ms. Wiedemann called the meeting to order at 5:00 pm.

PRESENT: Anna Wiedemann, Anne Rothstein (5:06), John Boccuzzi, Ruby Ryles, Curt Symes, Claire Theune, Larry Passaro. Alternates: Joanne Albanesi, Cris Carvalho Fadus (5:13), Bob Edwards.

ABSENT: Barbara Bloom, LeReine Frampton.

ALSO PRESENT: Community Center Director Matt Ariniello, Department of Human Services Director Natalie Jackson, 2 public.

PUBLIC COMMENTS: Mary Maday asked for clarification on senior center report “P” and “F” Ms. Jackson said represents Paid and Free, but to ignore those categories for now as they work on the details of the report.

MINUTES: MS. ALBANESI MOVED TO APPROVE THE MINUTES OF THE SEPTEMBER 16, 2019 MEETING. SECOND BY MR. PASSARO. ALL IN FAVOR. (7-0) MOTION PASSES.

MS. ALBANESI MOVED TO APPROVE THE MINUTES OF THE OCTOBER 1, 2019 SPECIAL MEETING. SECOND BY MR. PASSARO. ALL IN FAVOR. (7-0) MOTION PASSES.

REPORTS

CHAIR REPORT: Ms. Wiedemann shared the chair report. (ATTACHMENT)
Ms. Wiedemann distributed sign-up sheets. Ms. Wiedemann said to update the COA brochure, Ms. Ryles to look into. Newtown Fund, asked if interested in donating to a family in Social

Services. Mr. Ariniello said there would be a giving tree, Mr. Ariniello to help coordinate. Ms. Ryles asked about the newsletter. Ms. Jackson to help coordinate.

Mr. Symes suggested that the COA have input on staffing and budget. Ms. Wiedemann said the COA can provide input regarding the gift fund, but not over the budget. Ms. Jackson can provide more information on staffing going forward. Mr. Symes requested an org chart. Ms. Jackson will write up and share the org chart. Mr. Edwards suggested the plan include a 7-day a week senior center. Mr. Ariniello said possibly incorporate programming with the Community Center. Mr. Boccuzzi suggested to put this on the agenda for the next meeting. Mr. Passaro said the objective is to have more memberships, more activities. Mr. Ariniello can provide info about hours at other community centers / senior centers.

TREASURER'S REPORT: Ms. Rothstein shared the Treasurer's Report. (ATTACHMENT)

MS. ALBANESI MOVED TO PAY COSTS FOR \$342.74 FOR PAYMENTS FOR VARIOUS ITEMS. Added the umbrella racks \$39.98, lawn signs \$125.00, craft cutting table \$177.76. SECOND BY MR. PASSARO. Mr. Symes asked if this includes a banner. Ms. Wiedemann said more discussion is needed, a sub-committee will meet to discuss. ALL IN FAVOR. (7-0) MOTION PASSES.

MR. EDWARDS MOVED TO SEND THE TREASURER'S REPORT TO AUDIT. SECOND BY MR. PASSARO. ALL IN FAVOR. (7-0) MOTION PASSES.

DIRECTOR OF HUMAN SERVICES REPORT: Ms. Jackson shared the Director of Human Services Report. (ATTACHMENT) Ms. Jackson talked about staffing, the position for senior center posted, part-time, 19 hours. \$11/hour. The position for care navigator was posted. Upcoming events include the annual bazaar, holiday party, for the holiday party Mr. Ariniello needs to work out catering and timing of catering. Ms. Jackson said she has established committees for the events. Ms. Jackson reviewed social services updates. Energy assistance started.

Ms. Albanesi asked about the \$10,000 reclassified to community center. Mr. Ariniello said it was paid back. Mr. Boccuzzi asked for an in-town and out-of-town membership. Ms. Jackson to provide. Mr. Edwards asked about expired membership notification for the Senior Center. Ms. Jackson to look into. Ms. Fadus suggested that instructors to remind attendees to sign in.

RESOURCE GUIDE: Ms. Rothstein thanked for everyone for feedback. Ms. Theune and Ms. Rothstein to check format. Send changes and corrections. Ms. Rothstein to provide quotes at the next meeting. (ATTACHMENT)

LIVABLE COMMUNITY UPDATE: Mr. Boccuzzi said chore services underway, looking for local vendors, met with other chore services, will put together and start advertising soon, communicate with Brush With Kindness, hope the people will start to ask for help, candidate forum tomorrow, League of Women Voters to moderate. Putting together Team Newtown for Masters Games and Nutmeg Games, have an open house at NYA at the end of November, info

forthcoming. Goal is to get people out and active. Ms. Jackson asked if it should go in the newsletter, yes, will share description of programs and breadth of activities for the newsletter. Ms. Fadus shared concerns of optics of giving out contractor names, but wanted clarification from town attorney, she will share with Mr. Boccuzzi. Ms. Fadus asked about granny pods, it is controlled in Brookfield. Ms. Wiedemann said it should be brought up to town departments.

Mr. Ariniello has applied for a grant for the water aerobics programs, looking for more funding opportunities.

NOMINATING COMMITTEE: Ms. Theune will present a list at the November meeting. Chair, Vice Chair, and Treasurer, let Ms. Theune know.

NEW BUSINESS

Senior Center needs

Ms. Wiedemann reviewed list of items totaling \$5,265.00 that is needed to be approved. (ATTACHMENT) MR. BOCCUZZI MOVED TO APPROVE \$5,265.00 FOR ITEMS LISTED. SECOND BY MS. ALBANESI. Dishwasher and sanitizer discussed, Ms. Wiedemann suggested more research is needed, Mr. Ariniello to look into. Some equipment may have been value engineered out, Mr. Edwards offered to bring back to Public Building & Site meeting. Ms. Jackson has invoices for piano delivery and tuning. Consideration is needed for location of tables, want to have two puzzles going at the same time. ALL IN FAVOR. (7-0) MOTION PASSES.

ADJOURNMENT: THERE BEING NO FURTHER BUSINESS, MS. ALBANESI MADE A MOTION TO ADJOURN AT TIME 6:10 PM. SECOND BY MR. PASSARO. ALL IN FAVOR. (7-0) MOTION PASSES.

Respectfully submitted,

June Sgobbo, Clerk

Attachments: Chair Report, Director of Human Services Report, Senior Center Reports, Treasurer's Report.

COA October 2019 Chair Report

The Senior Center has been busy. We are gearing up for our annual Bazaar, which will take place on Saturday, November 9th from 10:00am to 5:00pm. We will have wonderful craft items in both Multipurpose Rooms along with baked goods to be sold. We will also have the White Elephant room down the hall in the exercise room. If you are able to provide a wrapped baked good, you can drop it off on Friday or early Saturday. Any items you might have for the White Elephant sale are also appreciated. Many hands are needed to make this as successful as it has been in the past. We will be setting up the day before – starting at 9am. Please let me know if you are available to help in any way. We do have a committee, but many hands working together will make this a success!

I'll pass around coverage for lunch. A part time job has been posted, so our help will not be needed as frequently on the front desk. I'm sure though, that once Natalie has created a volunteer form, help will occasionally be needed at the front desk and other areas as opportunities present themselves.

I have updated our Sub-Committee spreadsheet. I'll pass that around too. We need to begin working on the By-laws, so that is a committee I added. This month the Nominating Committee will begin their task of looking for the executive board positions. If you are interested in any of the positions, let Claire Theune (chair) or any of the other committee members (LeReine and Larry) know. Names get shared at the November meeting, voting takes place at the December meeting and the new board is official as of January 7, 2020.

We will need to make a motion to change the Piano tuning to read Piano delivery and tuning and the amount then changes to \$795.

Barbara and I are working on the treasurer's report. We have reconciled all the expenditures thus far from the Gift Fund so we have a better understanding of what was spent as well as being able to approve what we can approve moving forward.

I am hoping everyone will have a chance to review the updated Resource Guide. I'd like to see it go to the printer in the next few weeks.

I will have copies of the minutes from the September 16 meeting as well as the October 1st Special Meeting, the agenda, my report and the Treasurer's report for Monday's meeting.

Enjoy the weekend, Anna

COA Gift Fund Treasurer's Report October 2019

1/24/2019	Qrtly Distribution-Knotts Trust			649.95	48,735.46
4/23/2019	Qrtly Distribution- Knotts Trust			507.68	49,243.14
4/23/2019	Donation- Archdeacon Family Foundation(Audio Visual Equipment) T-52854		10,000.00		59,243.14
5/9/2019	Ck #36116- Diversified Printing Solutions- Mesh Banner-Partial	(150.00)			59,093.14
5/17/2019	Donation- Lions Club T-57153		1,000.00		60,093.14
6/11/2019	Donation- Annmarie Macey donation T-60563		17.00		60,110.14
6/11/2019	Distribution deficiency payment for Tax Year 12/31/18- KnottsTrust			394.00	60,504.14
6/28/2019	Donation- for B.Wadleigh T-63848		50.00		60,554.14
6/30/2019	June P-Card- BARCO- Bench in Memory of John Aurelia	(1,442.83)			59,111.31
7/1/19	Beginning Balance				59,111.31
7/11/2019	Donation- Friends of Seniors T-4575		2,500.00		61,611.31
7/25/2019	Qtrly Distribution - Knotts Trust T-5765			507.68	62,118.99
8/21/2019	July P-Card- Best Buy-Samsung TV(2)	(1,604.96)			60,514.03
8/21/2019	July P-Card-The Sign Shoppe- Senior Center Main Lobby sign	(600.00)			59,914.03
8/21/2019	July P-Card- Belnick Retail- Senior Center chairs	(2,201.07)			57,712.96
8/30/2019	Ck #37514- Kinga Walsh- Reim for food for Ribbon Cutting	(512.00) *			57,200.96
9/26/2019	Ck #37808- Cris Carvalho Fadus- reim for Ping Pong Table	(175.00)			57,025.96
10/4/2019	Reclass to Community Center for AV equipment purchased	(10,000.00)			47,025.96
	* Only \$500.00 was approved by COA				
\$15,000	Furniture				
\$5,000	Shrubs & Plants				
\$1,713	Lobby Signage				
\$21,755	Total still due to be deducted			Leaving	\$25,270
What we need	to approve				
\$139	Missing oven rack				
\$384	4 round tables				
\$795	Piano delivery and piano tuning				
\$1,199	Commercial Freezer				
\$94	Commercial sheet pans				
\$186	3 long tables				
\$324	4 square tables				
\$300	microphone and speaker				
\$600	Conference table for Lounge area				
\$944.00	Chairs for conference table to match Lounge area				
\$300.00	Chairs for sewing room				
\$5,265.00					
\$39.98	Two umbrella rack stands				
\$140	Bazaar Lawn Signs				
\$177.76	Craft Cutting Table				
\$5,622.74				Leaving	\$19,647.26

Department of Human Services: COA Report

October 21, 2019

Fall is upon us, and it is an exciting and busy time for the Department of Human Services! I am happy to report that the staffing plan for the Department has been finalized and we are now in the midst of further building our team. With new staff adding to the experience we are fortunate to have, I am confident that the new Department of Human Services will expand the reach and effectiveness of our senior and social services programs. As the staffing of the Department becomes solidified, I look forward to turning efforts toward building our volunteer core. The value of volunteers has been extremely apparent as we've had so many COA and FONS members step in to help cover the Senior Center and Food Pantry through this transition.

In the coming months I look forward to:

- The updated version of the **Senior Resource Guide** going to print. What a wonderful and needed initiative taken on by COA
- The **Annual Bazaar** on Saturday, November 9th. I am looking forward to joining our Bazaar Committee in what I know will be a successful event and fundraiser for our Center
- This year's **Holiday Party** on Friday, December 13th. Together the Senior Center and FONS will host a celebration of the holidays and our seniors
- Continued progress of **settling into our new Senior Center** at 8 Simpson. With COA and our roundtable event feedback we are continuing to work through our priorities and suggestions. I am most looking forward to our coat racks arriving and being able to order new tables.... *more space = more programs = we need more tables!*

Social Services Updates:

Government Assistance Programs:

- Renter's Rebate: this program closed on October 1st. We completed 73 applications for Newtown seniors. Last year we completed 81 applications so need remained fairly consistent from 2018.
- Energy Assistance: we began taking applications on September 16th. To date we have completed 55 applications. Last year Newtown submitted 261 applications between September and May.

Habitat/Brushed with Kindness Program: We continue to participate in the Brushed for Kindness program but to date have not had one completed application for assistance submitted to us. We will look to additional ways to promote this program in community as it is a valuable resource. This month I provided one resident with an application.

Holiday happenings: we are in the throes of preparing for the holidays. We are completing registrations for Thanksgiving Baskets, filled through sponsors to Woman in Newtown, and Holiday Baskets, filled through sponsors to the Newtown Fund. I am honored to be a part of these amazing traditions in Newtown.

See you at the Bazaar—don't forget to bring your tote for shopping and cash or check to purchase your treasures and baked goods!

Submitted by:

Natalie

Natalie Jackson, Director

People that were active between 09/20/2019 and 10/20/2019
Filters:

Age Range	Count
Ages 55-59	11
Ages 60-64	31
Ages 65-69	63
Ages 70-74	84
Ages 75-79	82
Ages 80-84	38
Ages Below 55	5
Ages Over 85	67
Unknown	3
Totals	384

TOTAL MEMBERS AS OF 10/21/2019: 862

Event Statistics from 09/20/2019 to 10/20/2019

Category	Duplicated	Unduplicated	
F - Class/Workshop	150	57	
F - Health Screenings	21	19	
F - Health/Fitness	914	173	
F - Rec./Entertain	65	21	
F - Social Activity/Event	368	108	
F - Socializing	250	81	
F - Special Events	11	11	
F - Special Groups	87	40	
P - Class/Workshop	6	6	
P - Health/Fitness	15	15	
P - Nutrition	246	119	
P - Social Activity/Event	16	16	
P - Trips	4	4	
Total Event Signins	2153	380	

Event Occurrences from 09/20/2019 to 10/20/2019

Category	Event	# of Events	Unduplicated	NO FOB
F - Class/Workshop	Ambulance Corps	1	10	
	Art in the Atrium	4	10	
	Knitting	5	22	
	SPANISH	4	14	
	Tech Troubleshooting	4	8	
	Total	18	57	
F - Health Screenings	Blood Pressure	2	8	2
	Flu Shot Clinics Oct 8th	1	11	9
	Total	3	19	11
F - Health/Fitness	Broadway Burn	3	28	
	Chair Pilates	4	32	
	Chair Yoga	8	51	
	Fitness Fury	9	50	
	Flex & Fit	3	27	
	LINE/COUNTRY DANCING	4	30	
	Morning Meditation	4	9	
	Qi Gong/Tai Chi	5	24	
	Strength training	4	14	
	video exercise 2	5	11	
	Walking Club	5	5	
	Yoga	9	56	
	Zumba	4	25	
	Total	67	173	
F - Rec./Entertain	Canasta	5	1	3
	Mah Jong	4	12	
	POOL	23	8	
	Total	32	21	3
F - Social Activity/Event	Birthday celebration	1	8	
	Cards	18	20	
	Catch Phrase	4	11	
	Coffee with the first selectr	1	8	
	Craft	8	14	
	Fedelco Guide dog	1	9	13
	Lunch and Learn	4	66	71
	Newtown Police Officer	1	3	
	Poker	4	6	
	Puzzles	20	11	
	Quilting/Sewing	3	4	
	Total	65	108	84
F - Socializing	.Socializing/Just Visiting	21	81	
	Total	21	81	
F - Special Events	Movie	1	11	
	Total	1	11	
F - Special Groups	Book club	1	5	
	COA Round table	1	5	
	Hot Topics	4	15	
	Men Breakfast Club	1	6	
	Parkinson Support Group	1	2	
	Social Services	1	2	
	Womens Discussion Group	4	17	
	Total	13	40	
P - Class/Workshop	AARP DRIVING COURSE	1	6	7
	Total	1	6	
P - Health/Fitness	Broadway Burn	1	15	
	Total	1	15	
P - Nutrition	Lunch	17	57	
	Total	17	57	
P - Social Activity/Event	Thimble Island Tour	1	16	
	Total	1	16	
P - Trips	Lyman Allyn Tour	1	4	3
	Total	1	4	
Grand Totals		241	380	108

Senior Resources Guide

**A Guide to connect seniors, their
families, and caregivers to helpful
local resources.**

**Newtown Commission on Aging
October 2019**

Using This Guide

This guide is an alphabetical listing of resources useful to senior residents and their families. It is intended as a quick reference to the phone numbers, websites, and other information. The Guide focuses on locally available resources, does not include all services, and is intended to lead to other helpful resources.

DISCLAIMER

Newtown Commission on Aging (COA) volunteers, with the help of Senior Services, the Police Department and other town personnel, have gathered this information from many sources. This guide and the information presented here is subject to interpretation and may change at any time.

The programs, organizations, and agencies listed in this guide may be fee-based, and listing does not imply endorsement or recommendation. To provide suggestions for guide improvements please see back cover.

Developed and printed by the:
Newtown COA
Newtown Senior Center Staff
Municipal Agent for the Elderly
Newtown Police Department
TRIAD representative

Revised October 2019
Newtown Commission on Aging
Town of Newtown, Connecticut

Message from the First Selectman

Dear Senior Resident and Family,

I am pleased to provide our *Senior Resources Guide* to help you and your family find local resources helpful to seniors.

This guide was developed by volunteers of the Newtown Commission on Aging with the help of staff at the Town's Senior Center, the Municipal Agent for the Elderly, and representatives from the Newtown Police Department and TRIAD.

As such, I believe it represents one of the best things about Newtown: people from all walks of life- residents, volunteers, town staff, police officers, civic groups, and others - collaborating to make our community a wonderful place to live.

I hope you find the guide useful. If you have suggestions for future improvements, please see the inside back cover.

Dan Rosenthal
First Selectman

Message from the Chair of the Commission on Aging

The Commission on Aging (COA) was created in 1979 through an ordinance adopted by Newtown's Legislative Council. Its purpose is to:

- study the needs of Newtown's Senior residents and coordinate programs for them;
- make applications for grants, along with the Director of Senior Services, to governmental agencies and prepare opinions on the merits of programs for which grants are proposed; and,
- act as an agent for other Federal, State or town boards, commissions, agencies or local private groups to carry out programs for Newtown Seniors as authorized by such entities.

The COA places primary emphasis on the needs of persons 55 years or older. The Commissioners both sponsor and conduct a number of senior related activities such as surveys, outreach and community events. We have made our presence known to other boards and commissions as well as the various 55 and over residential homes.

We look forward to welcoming you all to the Senior Center on Simpson Street adjacent to the Community Center. We will have more space, a greatly expanded program of inviting and exciting activities and additional opportunities for socializing with friends.

I am proud to serve on the COA, with an outstanding board and invite you to attend one of our monthly meetings which take place the third Monday of each month at the Senior Center.

Best regards,

Anna Wiedemann
COA Chair

Message from the Director of Human Services

As Director of Human Services, I serve residents over the age of 60 and disabled residents over the age of 18 by disseminating information about available resources and providing assistance with applications for State and Federal programs.

These programs include: Medicare Part D for prescriptions; Medicare Savings Plan (QMB), Medicaid, Long-Term Medical Care/Home Care; and the Supplemental Nutrition Assistance Program (SNAP).

In addition, I administer the following programs: Connecticut Energy Assistance, Operation Fuel, Emergency Food Assistance, and Renters Rebate for the elderly (over age 60) and disabled over the age of 18.

I also direct The Newtown Senior Center, open to adults age 55 and over or disabled individuals. We are the focal point for senior services and link seniors and their families to resources offered through the Center and at other agencies.

There's a lot happening here! Our programming is designed to appeal to a wide variety of interests. You can take classes, join groups, exercise, listen to speakers, take advantage of seminars, health screenings, enjoy a day or overnight trip, attend special events and parties or simply socialize and make new friends.

Read about our activities and special events in local newspapers, become a member and receive our newsletter or just stop by. We look forward to meeting you.

Alphabetical Directory of Services

ABUSE/SUBSTANCE ABUSE/RECOVERY ISSUES

Alcoholics Anonymous

www.ct-aa.org

A fellowship of men and women dealing with alcohol addiction. Newspapers post regular meetings. (866) 783-7712

Al Anon

Supports people affected by other people's drinking. (800) 344-2666

Narcotics Anonymous

www.na.org (818) 773-9999

Nonprofit fellowship of men and women dealing with drug problems

Recovery Now

www.coasttocoastreferral.com (800) 281-4731

A 24/7 drug and alcohol referral line.

Substance Abuse and Mental Health Services Administration (800) 662-4357

www.samhsa.gov

Women's Center of Greater Danbury (203) 731-5200

www.womenscenterofgreaterdanbury.org

See also "Caregiver Support"

ADULT DAY CARE

CT Association of Adult Day Care Centers (860) 828-8653

www.canpfa.org

InfoLine , Crisis Resources, now United Way of CT 211 **Dial 211**

Call 24/7 to learn about resources in your area

Alphabetical Directory of Services

Almost Home, Danbury	(203) 743-6456
www.almosthomeadc.org	
Old Glory Days, Sandy Hook	203) 648-5983
www.glorydaysllc.com	
Newtown Senior Center	(203) 270-4310

ADVOCACY

Social Services www.newtown-ct.gov Commission on Aging, Newtown www.newtown-ct.gov Senior Services	 (203) 270-4330 (203) 270-4310 (860) 845-2224
---	--

AGEWELLCT.ORG

www.AgeWellCT.org
Multi-town website, up-to date resources,
news, events, senior center info

(860) 828-2828

ALZHEIMER'S DISEASE

Alzheimer's Association, CT Chapter.

www.alz.org/ct

Local (New Milford) Help Line (24/7)

Newtown meetings: 2nd Tuesday of the
month

(800) 272-3900

(203) 364-3107

*See "CAREGIVERS"
and "HOUSING"*

ASSISTED-LIVING FACILITIES

AUDIOLOGY (HEARING)

Programs that evaluate hearing loss and help
those with hearing impairments that cannot
be improved by medical or surgical means.

- **Easter Seals**
- **Easter Seals Center for Better**

(800) 874-7687

(203) 754-5141



Alphabetical Directory of Services

- Hearing, Waterbury (203) 679-6909
- Masonic Healthcare Center (888) 679-9997
- Help Line

BEREAVEMENT SUPPORT

Healing Hearts Center for Grieving Children & Families - Danbury (203) 792-4422
Support programs for loss of spouse, child, or general loss, meets regularly

CCAREGIVER SUPPORT, Companions, Visitors

See also "Adult Day Care"

Alzheimer's State Respite Program (800) 994-9422
Provides services to assist caregivers so they can take needed vacations, etc.

Connecticut Statewide Respite Care Program (800) 994-9422
www.ct.gov/aging

National Family Caregiver Support Program (800) 994-9422
Provides services to family caregivers caring for a loved one

CARE SERVICES – IN HOME, CABLE Community Bulletin Boards Newtown Senior Center Information Display (203) 304-4050
Check display at Senior Center for additional information on these and other types of resources.

Cable Networks Community Bulletin

Senior Resources Guide - 3



Alphabetical Directory of Services

Boards and town programming: Charter
Spectrum 192 and Frontier Vantage
channel 6088. www.ctv192.com

C.H.O.I.C.E.S. PROGRAM

Connecticut program for health insurance
assistance, outreach, information and
referral, counseling, eligibility screening.
www.ct.gov/agingservices/cwp

(800) 994-9422

(203) 757-5449

COMMISSION ON AGING, NEWTOWN

www.newtown-ct.gov

CONTINUING EDUCATION

See "Education"

(203) 438-7339

D **DIABETES** - Diabetes Club of Danbury

DEMENTIA

*See "ALZHEIMER'S
DISEASE" or call*

(800) 272- 3900

DEPRESSION

(203) 270-4612

**Newtown Center for Support and
Wellness**

<http://newtowncsw.org>

Newtown Youth and Family Services

(203) 270-4335

www.newtownyouthandfamilyservices.org

(203) 731-5200

DIVORCE

Women's Center of Greater Danbury

(203) 270-4335

www.womenscenterofgreaterdanbury.org

Newtown Youth and Family Services

Alphabetical Directory of Services

www.newtownyouthandfamilyservices.org

DRIVING

AARP Safe Driver Program (203) 744-9457

Department of Motor Vehicles (888) 687-2277

Driving Assessment Services (800) 842-8222

www.associatedneurologists.com

Assessment offered for a fee. (203) 748-2551

DRUG STORES

See "PHARMACIES"

EDUCATION, CONTINUING EDUCATION, NEWTOWN

(203) 426-1787

www.newtowncontinuinged.org

(through Newtown High School)

25% senior discount except bus trips

ELDER ABUSE UNIT / MEDICAID FRAUD UNIT

(860) 258-5986

Office of the Chief's State Attorney

Newtown Youth and Family Services

(203) 270-4335

www.newtownyouthandfamilyservices.org

ELDER CARE & FACILITIES

See information display at Newtown
Senior Center and at the Municipal Agent
for the Elderly's office.

Alphabetical Directory of Services

Elders Hotline, Consumer Law Project (800) 296-1467

ELDER LAW

Elder Law Resource Booklet available
at: www.ctappleseed.org

Elder Law Information available at
www.elderlawanswers.com

Elder Law Attorneys information
available at: www.naela.org

EMERGENCY ASSISTANCE

For all police, fire, and ambulance
emergencies

Dial 911

Police, routine calls

(203) 426-5841

Fire/Ambulance – routine calls

(203) 270-4200

ENERGY/UTILITY ASSISTANCE

See “FUEL”

FINANCIAL ASSISTANCE

- Consumer Credit Counseling (800) 431-8157
- Service Rent Rebate Program (203) 270- 4330
- Newtown Social Services (203) 270-4320
- Senior Tax Abatement (866) 275-7821
- Social Security Office (Danbury) (203) 270-4330
- Social Services Department,
Newtown

FOOD PANTRY

See also

- Newtown Social Services “Nutrition/Meals”
- FAITH Food Pantry (message) (203) 270-4330
- Salvation Army Food Pantry (203) 837-0816
- Connecticut Food Bank Mobile
Pantry (203) 426-5604

Alphabetical Directory of Services

(203) 741-9751

FUEL PROGRAMS

Contact Newtown Social Services

(203) 270-4330

GERIATRIC ASSESSMENT

**Danbury Hospital Geriatric Health Center,
Southbury**

(203) 262-4240

(860) 666-6951

**U.S. Department of Veterans Affairs,
Newington**

"GUIDE TO NEWTOWN" (publication)
Useful information about town services,
government, businesses, and residents,
also available weekly as "Senior News."
Both published by *The Newtown Bee*.

(203) 426-3141

HART [SweetHART] BUS

See
"TRANSPORTATION"

HEALING

(203) 270-4612

**Newtown Center for Support and
Wellness**

Mental/wellness resources
<http://newtowncsw.org>

HEALTH SERVICES

See "MEDICAL"

HOME CARE

Connecticut Home Care Program for Elders

See also
"CAREGIVERS"
(800) 445-5394

HOSPICE

Senior Resources Guide - 7



Alphabetical Directory of Services

Regional Hospice and Home Care of Western CT, Danbury (203) 702-7400
www.regionalhospicect.org
Provides an in-home care program of palliative and supportive services for the terminally ill.

HOUSING

ASSISTED LIVING, ALZHEIMER'S, RESPITE/SHORT TERM, SKILLED NURSING

Bethel Health Care Center (203) 830-4180
Maplewood at Newtown (203) 364-5466
Newtown Rehabilitation & Health Care Center; (203) 426-5847
The Commons (assisted living)
River Glen Health Care Center, Southbury, (203) 264-9600

COMMUNITIES (generally age 55 plus)

- Liberty at Newtown (203) 364-0253
- Newtown Woods (203) 364-9900
- Regency at Newtown (203) 364-9900
- Walnut Tree Village, Sandy Hook

Nunnawauk Meadows for seniors and disabled (203) 426-5000
<http://nunnawaukmeadows.com>

/INDEPENDENT LIVING FOR SENIORS

Western Connecticut Area Agency on Aging (203) 757-5449

Alphabetical Directory of Services

wcaaa.org

(800) 994-9422

Manages and provides comprehensive services for seniors and their caregivers to help them maintain their independence.

LEGAL INFORMATION AND SERVICES

Consumer Law Project for Elders Hotline

(800) 296-1467

Connecticut Legal Services Statewide

(800) 453-3320

*See also "ELDER
LAW"*

LIBRARY, NEWTOWN, Cyrenius H. Booth

(203) 426-4533

**LONG-TERM CARE OMBUDSMAN
PROGRAM**

(860) 424-5238

MEAL SERVICES/NUTRITION

*See
"NUTRITION/MEALS"
"FOOD PANTRY"*

MEDICAID

Fraud Unit

(860) 258-5986

Participating Doctors/Dentists

(866) 420-2924

MEDICAL/HEALTH SERVICES

Kevin's Community Center

(203) 426-0496

25 Commerce Blvd., Newtown

www.kevinscommunitycenter.org

A free medical clinic for eligible adult residents of the
Newtown Health District

Visiting Nurse Association,

Senior Resources Guide - 9



Alphabetical Directory of Services

Newtown	(203) 270-4377
Bethel	(203) 792-0864
 MEDICARE	 (800) 633-4227
 Western Connecticut Area Agency on Aging wcaaa.org	 (203) 757-5449 (800) 994-9422
 MONEY MATTERS	 See "FINANCIAL ASSISTANCE"

NURSING HOMES

See also "HOUSING"

Bethel Health Care	(203) 830-4180
Newtown Rehabilitation & Health Care Center	(203) 426-5847
River Glen Health Care Center, Southbury	(203) 264-9600
For additional information	Call 211
Contact WCAAA for a housing directory	(800) 994-9422

NUTRITION/MEALS

See also "FOOD PANTRY"

Newtown Senior Center Nutritious hot meals served Monday – Thursday at 12 p.m. <i>For reservations call ahead.</i>	(203) 270-4310
 Newtown Meals on Wheels www.newtownmealsonwheels.org	 (203) 426-6340



Alphabetical Directory of Services

Delivers hot nutritious meals to
housebound members of the community (203) 270-1960

**Supplemental Nutrition Assistance
Program (SNAP)** (877) 874-1612
www.connect.ct.gov

PARKINSON'S DISEASE

Parkinson Council (610) 668-4292
<http://theparkinsoncouncil.org>

Parkinson's Foundation (800) 473-4636
<http://www.parkinson.org>

Parkinson's Support Group, meets
monthly, Southbury (203) 262-0263

PHARMACIES (may request a discount if no insurance)

CVS Pharmacy: drive-through prescription (203) 426-2595
drop off and pick up, delivery to Newtown

Main Street RX: free delivery anywhere in (855) 505-6779
CT; may request walk-up to your car

Stop & Shop Pharmacy: in-store pharmacy (203) 270-0827

Walgreen's Pharmacy: drive-through drop (203) 270-4658
off and pick up, delivery 2 days/week

**24-hour Pharmacy: Walgreen's, 75 Main
St., Danbury,** drive-through (203) 791-0405

PROTECTIVE SERVICES FOR ELDERLY

Statewide Toll Free # (888) 385-4225

Danbury Area Social Services (203) 207-8900

RECREATION

Alphabetical Directory of Services

Edmond Town Hall Theater (203) 426-2475
www.edmondtownhall.org

Proscenium theater offering \$3 movies, concerts, comedy, and other entertainment.

Newtown Youth Academy Sports and Fitness www.nyasportsfitness.com (203) 426-0088

Parks & Recreation Department, Newtown (203) 270-4340

Senior Center, Newtown (203) 270-4310
8 Simpson Street

REHABILITATION

Medical Equipment Closet, Newtown VNA (203) 270-4377
Used equipment available for use at no charge for Newtown residents

IN-HOME CARE/SERVICES, RESPITE CARE See "CAREGIVERS"

RELIGIOUS ORGANIZATIONS

- **Baha'i Faith of Newtown** (203) 241-5525
- **Christ the King Lutheran Church** (203) 426-6300
- **Church of Jesus Christ of Latter Day Saints** (203) 270-7684
- **Community Orthodox Presbyterian Church** (203) 270-3730
- **Congregation Adath Israel** (203) 426-5188
- **Connections Church** (203) 405-3212
- **Faith Baptist Church** (203) 364-1448

Alphabetical Directory of Services

- **Grace Family Church** (203) 270-1005
- **Newtown Bible Church** (203) 426-6484
- **Newtown Christian Church** (203) 426-6189
- **Newtown Congregational Church** (203) 426-9024
- **Newtown United Methodist Church** (203) 426-9998
- **Saint Rose of Lima Roman Catholic Church** (203) 426-1014
- **Trinity Episcopal Church** (203) 426-9070
- **Walnut Hill Community Church** (203) 796-7373

SECURITY/SAFETY

- Home Helpers by Direct Link**
- In-Home Emergency Monitoring** (203) 364-1160
- Lifeline Medical Alert Service** (800) 543-3546
(800) 372-4103

NEWTOWN POLICE (203) 426-5841

Senior Services Department, Newtown (203) 270-4310

SEXUALLY TRANSMITTED DISEASES (203) 797-8330
Danbury Community Health Center

Social Services Department, NEWTOWN (203) 203-4330

TAX SERVICES/INFORMATION

Newtown Tax Collector (203) 270-4320

Tax Helpline (federal, IRS) (800) 829-1040

Alphabetical Directory of Services

TRANSPORTATION

SweetHART Bus Service, reservations

Transportation for persons 60+ or persons with disabilities. \$1 each way when paying cash, doctors' appointments, shopping, etc.

Companions can ride with you on bus.

Call for reservations.

(203) 748-2511

Information Line

(203) 744-2034

Call for pickup after appointment

(203) 836-4399

FISH of Newtown

(800) 794-0034

Volunteers transport patients to medical appointments free of charge. Call one day ahead.

American Cancer Society

(203) 563-0740

Volunteers offer some free rides to medical appointments

AMTRAK Reduced Fare Program

(800) 872-7245

15 % discount for seniors 62+ and disabled

Metro-North Discount Programs

(800) 638-7646

50 % discount for seniors 65+ and disabled persons traveling off-peak

VETERANS

American Legion the George A. Powell Sr.

(203) 426-7728

Post 202

www.ctlegion.org

Alphabetical Directory of Services

Crisis Line 24/7, confidential support services	(866) 633-4259
Department of Veteran Affairs (U.S.) www.va.gov	(877) 222-8387
Veteran's Benefit Support www.veteransbenefitsupport.org	(800) 591-7782
Post 308 Charles Howard Peck Sr. & Jr. /Eric G Blantin Post www.vfw.org	(203) 426-9316
VA Hospital – West Haven www.connecticut.va.gov	(203) 932-5711
VA Center – Danbury Outpatient, general internal medical care www.connecticut.va.gov	(203) 790-4000
VA Patient Advocate VA.gov	(203) 932-5711
VISION CENTER , The Lions Club	(800) 676-5715
VISITING NURSE ASSOCIATION (VNA), Newtown Bethel Provides multiple community health services including health screenings, medical equipment loan closet, thrift shop, etc.	(203) 270-4377 (203) 792-0864
VOLUNTEER OPPORTUNITIES	
• The Cyrenius H. Booth Library	(203) 426-4533

Alphabetical Directory of Services

- **FISH of Newtown** (800) 794-0034
- **Friends of Newtown Seniors** (203) 430-0633
- **Meals on Wheels** (203) 426-6340
(203) 270-1960
- **Newtown High School Career Center** (203) 426-7679
- **Newtown Senior Center** (203) 270-4310

HANDY WEBSITES AND PHONE NUMBERS

Agewellct	www.AgeWellCT.org
Infoline	Dial 211
Connecticut Statewide information referral/crisis intervention service (24/7)	https://www.211.org
National Council on Aging	www.ncoa.org
National Institute on Aging	www.nia.nih.gov
Newtown Senior Center & Director of Human Services	(203) 270-4310
Newtown Health Department	(203) 270-4291
Visiting Nurse Association, Newtown. Services include: Loan Closet; Thrift Shop	(203) 270-4377
Western Connecticut Area Agency on Aging Comprehensive services to maintain seniors in the community.	(203) 757-5449 (800) 994-9422 wcaaa.org
All emergencies www.smart911.com Create a safety profile online	Dial 911
PhysicanOne Urgent Care (open 7 days)	(203) 270-9000
Code Red (registration)	www.newtown-ct.gov
Ambulance, routine calls	(203) 270-4380
Police, routine calls	(203) 426-5841
Fire, routine calls	(203) 426-5841
Danbury Hospital	(203) 739-7000
New Milford Hospital	(860) 210-5000

**We welcome suggested improvements to future
editions of this guide.**

**Please send your ideas to
Newtown Commission on Aging
3 Primrose Street
Newtown, CT 06470**

**© October 2019
Newtown Commission on Aging**