

NEWTOWN COMMISSION ON AGING
Regular Meeting
Monday, February 28, 2022
Newtown Municipal Building, 3 Primrose Street, Newtown, CT 06470
Called to order at 3:00pm

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

Present: Clair Theune, Nicole Comporeal, Joanne Albanese, Larry Passaro, Tricia Gogliettino, Judit Destefano, Bill Darrin, Barbara Bloom

Present via Zoom: Anne Rothstein, Xiao Han, Lia Levitte

Absent: LeReine Frampton

Also Present: Director of Human Services Natalie Jackson, First Selectman Dan Rosenthal, Jennifer Nash Assistant Director of CH Booth Library

B. Bloom moved to add to the agenda discussion and possible action, making the Senior Center crafters boutiques year round by putting them on-line. L. Passaro seconded, all in favor.

Public Comments – Assistant Director of CH Booth Library Jennifer Nash shared a few upcoming events with the commission (attachment A). One is a Memory Café which will be held the first Monday of the month and Caregiver Success which will be held Thursday March 10 both in person and on-line.

Minutes – B. Bloom moved to approve the minutes of the January 24, 2022 meeting. J. Albanesi seconded, all in favor.

Chair Report – No report

Vice Chair Report – No report

Director of Human Services – Reviewed her report (attachment B). N. Jackson explained that they did get an award from DOT for a 10 passenger bus and hoped to have it by spring but they are not anticipating delivery for 12 to 15 months.

Treasurer's Report (attachment C)– L. Passaro explained that the supplies for the ceramic class was \$25 more than expected. B. Bloom moved to approve an additional \$25 for ceramic class supplies. J. Albanesi seconded, all in favor.

B. Bloom moved to approve the Treasurer's report for audit. A. Rothstein seconded, all in favor.

First Selectman Dan Rosenthal – First Selectman Rosenthal reported that there are requests for ARP funds that are being considered for a larger Senior bus that would be shared with the

Community Center as well, door openers for heavy the doors and address the long standing wifi issue in the building.

OLD BUSINESS

Follow-up on Handicapped Adaptions for Senior Center – N. Jackson reported that they put them on the request list for ARP. They also discussed doing railing, what they have discovered is that the placement is more important than what they put up.

Follow-up on Discussion of Handicap access at Senior Center – N. Jackson reported that the price tag is much larger than they anticipated so they are going to add it to the ARP funding, not from the gift fund.

NEW BUSINESS

COA Contribution to Meal Plan – N. Jackson explained that they are going to start with the lunch program starting in March 2 times a week. There are some seniors experience hardships and can't pay the \$3. It would look very similar to other Social Service programs and the process would be completely confidential. After discussion it was decided to use the previously approved funds for Senior lunches to subsize the lunches. A. Rothstein moved to use the \$201.87 in the lunch balance to subsidize seniors who need meal assistance. L. Passaro seconded, all in favor.

Livable Community – A. Rothstein explained that John Boccuzzi from FONs would like FONs and COA to join together to submit a grant due March 22. A. Rothstein will work with J. Bocuzzi to figure out what they are going ask for.

Making the Senior Center Crafters Boutiques Year Round by Putting Them On-Line – L. Frampton has asked to consider making the senior craft project to be year round. The Women's Club of Newtown sells their ornaments on-line which may be good for the senior crafters as well to make it available year round. It was discussed that L. Frampton will schedule a discussion with the crafters through N. Jackson.

Member Comments – Judit Destefano and Bill Darrin introduced themselves. They are both new members.

Having no further business, the meeting was adjourned at 3:48pm.

Respectfully Submitted,
Arlene Miles, Clerk

Attachments: Memory Café, Caregiver Success, Report from Director of Human Services and Treasurers Report

Join us at the
C.H. Booth Library for a

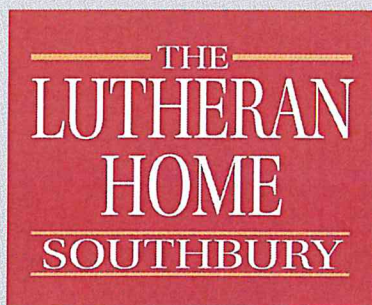
Attachment A

Memory Café

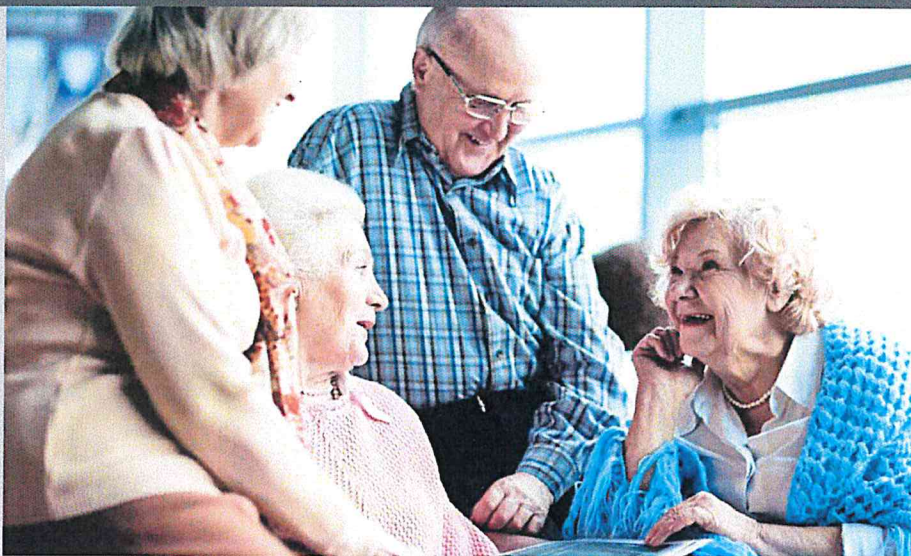
Monday, April 4 from 2:00-3:00 PM



Relax | Chat | Connect



This program is co-sponsored by
The Lutheran Home of Southbury
and Friends of Newtown Seniors.



A Memory Café is a welcoming place for people with changes in their memory and their care-partner(s) to come together.

Meet old friends and make new ones.
Join us at the library on the first Monday
of the month, to connect with others over
refreshments and a simple activity.

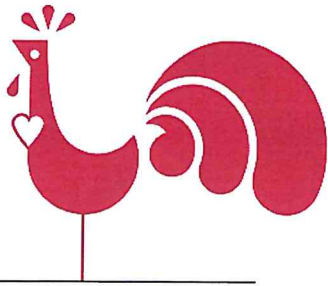
To register: visit the events calendar
at www.chboothlibrary.org or
call 203-426-4533.



C.H.
BOOTH
LIBRARY

C. H. Booth Library

25 Main Street
Newtown, CT 06470 | 203-426-4533
chboothlibrary.org



C.H.
BOOTH
LIBRARY

“Caregiver Success” with Ann (Nancy) Rhodes, APRN-BC

**Thursday, March 10 at
6:30 pm Online or in the
Gathering Room**

Drop in or join online to learn tips, tools, and information that will help you care for yourself and others. Presented by local author and nurse, Ann (Nancy) Rhodes, APRN-BC.

Ann (Nancy) Rhodes has 40 years of experience working in home care and running a house calls company. She learned that there are many things we do not know about getting older and many ways to avoid a medical crisis.

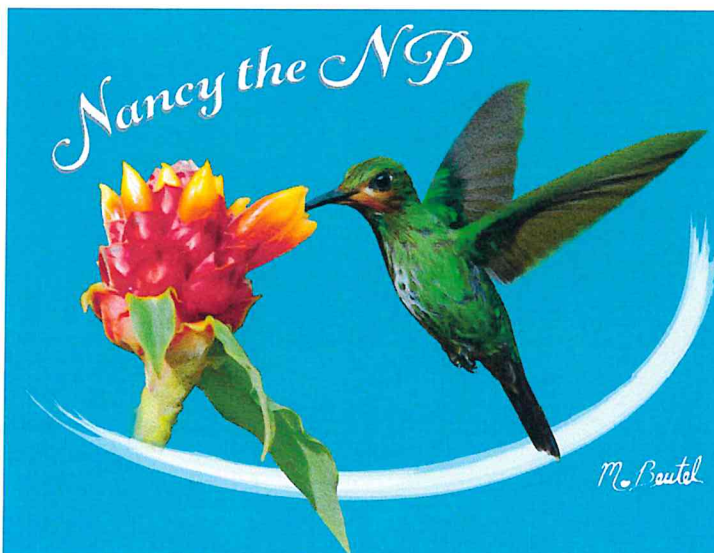
Nancy gathered her knowledge to write a book full of practical tips and tools that will help you be informed and age well.

It is called "Caregiver Success".

Nancy also realized people learn by watching, so she started a YouTube channel in April 2019. To view Nancy's YouTube channel visit:

<https://www.youtube.com/channel/UCPXeEk-bi4BT58oPPurCLzw>

**To register, visit the events calendar at
www.chboothlibrary.org or scan the QR code below.**





Attachment B

Department of Human Services

Supporting a high quality of life for the Newtown community through services, programs and information that promote mental, physical and social well-being.

Commission on Aging Report: February 28, 2022

Hello Members of the COA,

THANK YOU, thank you COA for your support of the Senior Center and senior activities over the last month. The senior pottery class at the Community Center, subsidized by COA, has begun and is being thoroughly enjoyed by 13 members. The class filled in one day of enrollment opening. With the COA's support the Senior Center's new upgrades include the new 85 inch TV mounted in the multipurpose room and the beautiful framed scenes from around Newtown being hung down the hallways. Finally, on February 11th, 40 members enjoyed the Valentines *Party Hearty* with live entertainment and a delicious meal, which was funded through the Commission. It's been really nice to be able to offer new programming and brighten up the Center during these cold winter days. In March we are looking forward to continuing the winter fun at the Senior Center with our Mardi Gras and St. Patrick's Day parties!

We are thrilled to see so many members in the facility each day, enjoying classes and events. New members continue to join us. To date we have 639 members, which includes 225 first time memberships and 33 memberships just last month! With the coming of the warmer weather we are looking forward to bringing tours back. There are 3 tours planned for April, May and June. The destinations include the Clock Museum, a Thimble Island Cruise, and a lighthouse cruise. We expect that the new 10-passenger bus, awarded through the DOT 5310 grant, will be here in time to kick off the return of our day tours. The transportation committee looks forward to sharing the results of the survey and discussing next steps at the March COA meeting.

This coming month we will be restarting the meal program with Whitsons. We expect the grant funding will be in place for April so in March Human Services will be subsidizing the cost of the meals. Meals will be provided Tuesdays and Thursdays for the month of March, at a minimal cost of \$3 per meal for members. At today's meeting I would like to explore the possibility of COA helping to cover the cost of meals should there be a senior experiencing financial hardship, making the meal cost prohibitive of them participating. Like with all financial assistance granted through Human Services need will be validated and aid will be provided confidentially.

Respectfully submitted,

Natalie

Natalie Jackson, LCSW
Director, Newtown Human Services

People that were active between 01/24/2022 and 02/24/2022
Filters:

Age Range as of 02/24/2022	Count	Percent
Ages 55-59	23	1.7%
Ages 60-64	86	6.3%
Ages 65-69	222	16.1%
Ages 70-74	272	19.8%
Ages 75-79	288	20.9%
Ages 80-84	216	15.7%
Ages Below 55	10	0.7%
Ages Over 85	257	18.7%
Unknown	3	0.2%
Totals	1377	100%

Curent Membership

Resident	554
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Non-resident	85
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TOTAL	639
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Renewal	414
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New Memberships	225
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Event Occurrences from 01/24/2022 to 02/24/2022

Category	Event	# of Event Hours Scheduled		Unduplicated	Zoom
F - Class/Workshop					
	Art Class	5	10	9	NA
	Computers	5	5	3	NA
	Knitting	4	4	15	NA
	Pottery Class	4	8	12	NA
	Spanish	5	5	6	NA
	Total	23	32	34	
F - Health Screenings					
	Blood Pressure	1	2	7	
	Total	1	2	7	
F - Health/Fitness					
	Broadway Burn	4	4	19	4
	Chair Pilates	5	5	15	1
	Chair Yoga	5	5	31	3
	Deep Stretch	5	5	11	2
	Flex, Fit & Tone	5	5	24	1
	Floor Yoga	9	9	15	not reported
	Line/Country Dancing	5	5	18	NA
	Move and Groove	5	5	14	NA
	Tai Chi	4	4	17	not reported
	Zumba	4	4	20	3
	Total	51	51	88	
F - Rec./Entertain					
	Billiards	23	23	11	NA
	Total	23	23	11	
F - Social Activity/Event					
	Crafts	15	30	5	NA
	Lunch and Learn	4	4	52	1
	Ping Pong	4	4	2	NA
	Poker	5	15	8	NA
	Special Event	1	3	26	NA
	Valentines for troops	1	1	8	NA
	Total	30	57	77	
F - Socializing					
	Socializing & Just Visiting	24	216	24	NA
	Total	24	216	24	
F - Special Events					
	Speaker	8	8	45	NA
	Speaker AM	1	3	8	NA
	Total	9	11	47	
F - Special Groups					
	Coffee & Conversation	1	1	14	NA
	Womens Discussion Group	4	52	12	NA
	Total	5	53	22	
P - Social Activity/Event					
	Mens Breakfast	1	2	2	NA
	Total	1	2	2	
Grand Totals		167	447	201	

Event Statistics from 01/24/2022 to 02/24/2022

Category	Duplicated	Unduplicated
F - Class/Workshop	120	37
F - Health Screenings	7	7
F - Health/Fitness	621	93
F - Rec./Entertain	113	11
F - Social Activity/Event	204	80
F - Socializing	96	24
F - Special Events	108	55
F - Special Groups	41	23
P - Social Activity/Event	2	2
Total Event Signins	1312	201

Attachment C

COA/SENIOR SERVICES GIFT FUND

RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	BALANCE
Beginning Balance				39,338.65
Qtrly Distribution- Knotts Trust- 200-16				
Ck #45928- Anna Wiedemann-Reim for Gift Card for Zach Macey & Ice Cream	(121.38)		705.75	40,044.40
Donation for Suicide Prevention- Archdeacon Family Foundation		525.00		39,923.02
Donation from J. Albanesi for flowers for Dan & Anna Wiedemann event- 200-31		200.00		40,448.02
Ck #46532- Anna Wiedemann- Reim for thank you dinner for crafters	(279.49)			40,648.02
Ck #46747-John Voket-Grandparent Sock Hop	(150.00)			40,368.53
Bazaar -Donation 220-15		218.50		40,218.53
Aug P-Card- Caraluzzi's- Flowers for Anna Wiedemann event	(200.00)			40,437.03
Bazaar-Donation 220-18		200.00		40,237.03
Qtrly Distribution Knotts Trust- 200-91			705.75	40,437.03
Sept- P-Card- Amazon- Speaker refreshments-L. Passaro	(29.12)			41,142.78
Ck #47332- Planters Choice- Red Maple Tree- for recognition for those who died from suicide	(567.00)			41,113.66
Bazaar- Donation 220-19		190.00		40,546.66
Bazaar- Donation 220-22		579.00		40,736.66
Oct- P-Cards- The RD Store- Dishes for Senior Center	(676.62)			41,315.66
Ck #47661- Anna Wiedemann- Reim for Bob Sharpe Plaque	(15.95)			40,639.04
Donation-Bazaar 220-23		1,159.75		40,623.09
Donation- Archdeacon Family Foundation 220-24		5,000.00		41,782.84
Qtrly Distribution- End of Year - Knotts Fund 200-153A			185.80	46,782.84
Qtrly Distribution- Knotts Trust 200-172			767.00	46,968.64
Ck #48513- Newtown Community Center- Senior Pottery Class*	(250.00)			47,735.64
Jan P-Card- Frames for artwork for Senior Center	(1,095.06)			47,485.64
Jan P-Card- Large Screen TV & wall mount	(2,260.96)			46,390.58
Donation- Bazaar		652.50		44,129.62
* COA approved \$225.00 for Pottery class				44,782.12
Less unspent Approvals				(201.87)
Sr lunch balance				(500.00)
Valentines Day lunch				\$
Available balance				44,080.25