NEWTOWN COMMISSION ON AGING

Regular Meeting
Monday, April 18, 2022
Newtown Municipal Building, 3 Primrose Street, Newtown, CT 06470
Called to order at 4:05pm

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

Present: Claire Theune, Larry Passaro, Tricia Gogliettino, Barbara Bloom, Judit Destefano,

LeReine Frampton

Present via Zoom: Anne Rothstein, Lia Levitt

Absent: Joanne Albanesi, Nicole Camporeale, Xiao Han, Bill Darrin

Also Present: - Director of Human services Natalie Jackson, Director of Nunnawauk Meadows

Mary Salley, Assistant Director of CH Booth Library Jennifer Nash, First Selectman Dan

Rosenthal and 4 members of the public

Public Comments – Assistant Director of CH Booth Library Jennifer Nash told members that on May 21 and 22, the Library Board of Trusties is hosting a scavenger hunt. It will be teams of 4 and it is a challenge through literature (Attachment A).

Minutes — L. Levitt moved to approve the minutes of the March 21, 2022 meeting. B. Bloom seconded, all in favor.

Chair Report – A. Rothstein reported that the AARP Livable Community grant has been submitted. She is also looking into several other grants that she will bring to the next meeting.

Vice Chair Report – No report

Director of Human Services – N. Jackson reviewed her report (Attachment B).

Treasurer's Report (attachment C) – <u>C. Theune moved to approve the Treasurer's report and send to audit. L. Frampton seconded, all in favor.</u>

First Selectman Dan Rosenthal - No report

OLD BUSINESS

Report on meal plan expenditures – No Report.

NEW BUSINESS

Request for funds for the COA to co-sponsor a lunch for May 9ths trivia contest at the Senior Center – A. Rothstein moved to increase the lunch balance from \$201 to \$1000 for use by the Director of Human Services for funding for food for the May 9th Trivia and other presentations as she sees fit. L. Levitt seconded, all in favor.

Senior Pottery Class, one more session to offer to more Senior Center members – N. Jackson explained that this will subsidize another pottery class and will only be available to seniors taking the class for the first time. L. Frampton moved to authorize \$300 for the Senior Pottery Class at the Community Center. L. Passaro seconded, all in favor.

A thank you dinner to Senior Center Crafters to ending the pop-ups this year with thousands earned for the Senior Center – A. Rothstein moved to approve \$250 for dinner for the Senior Center Crafters. L. Levitt seconded, all in favor.

L. Frampton moved to add the request of a second pool table to the agenda. L. Levitt seconded, all in favor. N. Jackson explained that the pool players have asked for a second table. They found an antique pool table for sale in Newtown for \$1800 with an additional \$500 delivery and installation charge. A. Rothstein moved to consider purchasing the pool table for sale in the Voices for \$1800 plus \$500 for delivery and set up, on the condition that someone knowledgeable looks at it and it is in good condition. L. Levitt seconded, all in favor.

Having no further business, the meeting was adjourned at 4:34pm.

Respectfully Submitted, Arlene Miles, Clerk

Attachments: CH Booth Library Scavenger Hunt, Report from Director of Human Services, Treasurers Report

Scavenger Hunt Fundraiser

Attachment A



Saturday, May 21 | 10:00 am-4:00 pm Sunday, May 22 | 1:00 pm-4:00 pm at the C.H. Booth Library

Test your literary knowledge and have fun on a one -hour scavenger hunt while supporting the library!

\$40 per adult team \$25 per child team (ages 6-11 with an adult) No more than 4 participants per team

Register and choose your time slot by calling the Reference Desk at (203) 426-4533 ext. 4649

Adult and child categories

Prizes will be awarded to the winning teams.

Registration is required

Sponsored by the C.H. Booth Library Board of Trustees



Attachment B

Department of Human Services

Supporting a high quality of life for the Newtown community through services, programs and information that promote mental, physical and social well-being.

Commission on Aging Report: April 18, 2022

Hello Members of the COA.

Though a little chilly, I hope all enjoyed sunny Easter and Passover celebrations over the past weekend. As we spring into spring there are several exciting things happening in Human Services, many thanks to our community and Town Department partnerships....

HUMAN SERVICES AID & PROGRAMS

Easter Baskets with WIN:

Woman Involved in Newtown (WIN) once again partnered with Human Services to provide Easter baskets to children in the community. Through DHS approximately 70 children received baskets. WIN also created baskets for families through the Community Center and the Children's Adventure Center. At the end of the Human Services distribution we had a handful of extra baskets. Newtown PD CIT Officer, Maryhelen McCarthy, delivered baskets to some of our homebound seniors and vulnerable residents that would not be with loved ones for the holiday.

Senior Earth Day:

The Friends of Newtown Seniors, Chore Services, is organizing a senior earth day for residents in need of assistance cleaning up their property this spring. Volunteers will come together to spruce up the yards of seniors unable to do the labor. Human Services worked with FONS to help screen requests for need. There are 10 seniors homes slated to receive this opportunity on Sunday, April 24th. FONS will host a coffee kick-off at the Senior Center.

Renters Rebate:

The 2022 program opened as of April 1st. CT State law provides a reimbursement program for renters who are 65+ or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible for this program. Renters' rebates can be up to \$900 for married couples and \$700 for single persons. The renters' rebate amount is based on a graduated income scale and the amount of rent and utility payments. Residents can call Human Services for more information and to complete an application.

SENIOR CENTER UPDATES:

Welcome Packet:

I will be bringing our new member welcome packet to share at our meeting. Materials include the newly finalized member handbook, meal program brochure, a monthly newsletter, the CT Form 5 (required for participation in the meal program), and the Senior Resource guide created by COA. The Friends of Newtown Seniors will also be including information about their organization. If COA members have suggestions for other materials that would be helpful and relevant to provide to members please let me know.

Spring Fling:

This Friday we'll be having our Spring Fling luncheon and dance in partnership with the Newtown Community Center and Parks & Recreation. This feels somewhat momentous as the Spring Fling of 2020 was the first large event that had to be cancelled due to COVID. There is reason to celebrate this spring! I hope some of the COA will be able to join the festivities.

New Programming:

We have some exciting new programming coming for May, including a self-defense series with the Newtown PD, a kickboxing class with a local martial arts studio, and a gardening program following the installation of our new raised beds courtesy of one of Newtown's Boy Scout's Eagle Project.

Happy Spring!

Respectfully submitted,

Natalie
Natalie Jackson, LCSW

Director, Newtown Human Services

People that were active between 03/21/2022 and 04/17/2022

Age Range as of 04/17/2022	Count	Percent
Ages 55-59	21	1.5%
Ages 60-64	92	6.5%
Ages 65-69	220	15.6%
Ages 70-74	277	19.7%
Ages 75-79	299	21.3%
Ages 80-84	225	16.0%
Ages Below 55	10	0.7%
Ages Over 85	262	18.6%
Unknown	3	0.2%
Totals	1409	100%
City/Town	Count	Percent
In Town	1186	84.3%
Out of Town	221	15.7%
Totals	1407	100%

Current Memberships

Resident	595
Non-Resident	87
Total	682
New Memberships 2/22/22-4/15/22	32
New Memberships for the year	257

Event Statistics from 03/21/2022 to 04/17/2022

Category	Duplicated	Unduplicated
F - Class/Workshop	163	77
F - Health/Fitness	534	98
F - Nutrition	119	53
F - Rec./Entertain	71	15
F - Social Activity/Event	84	40
F - Socializing	69	36
F - Special Events	65	38
F - Special Groups	45	22
Total Event Signins	1150	213

Event Occurrences from 03/21/2022 to 04/17/2022

Category F - Class/Workshop	Event	# of Events	Hours Scheduled	Unduplicated	Zoom
a contraction and an arranged at 12	Art Class	4	8	12	NA
	Computers	4	4		NA
	Knitting	3	3		NA
	Spanish	4	4		NA
	Speaker	7	7		NA
	Total	22	26	70	NO
F - Health/Fitness		~~	20	70	
	Broadway Burn	3	3	21	2
	Chair Pilates	3	3		not reported
	Chair Yoga	4	4	33	3
	Deep Stretch	3	3	12	0
	Flex Fit Tone	3	3		not reported
	Floor Yoga	7	7	21	3
	Line/Country Dancing	4	4	14	
	Move and Groove	4	4	19	
	Parkinson Exercise Class	1	1		NA
	Tai Chi	4	4		
	Zumba	3	3	18	not reported
	Total	39	39	96	2
F - Nutrition		33	39	30	
	Daily Lunch	7	42	48	NΙΛ
	Total	7	42	48	INA
F - Rec./Entertain		•	42	40	
	Billiards	19	19	15	NΙΛ
	Total	19	19	15	INA
F - Social Activity/Event		13	13	15	
, , , , , , , , , , , , , , , , , , , ,	Crafts	11	22	Ω	NA
	Lunch and Learn	2	2	19	
	Ping Pong	6	6		NA NA
	Poker	4	12		NA
	Total	23	42	36	110
F - Socializing		20	72	30	
	Socializing & Just Visiting	19	171	36	NΛ
	Total	19	171	36	NA.
F - Special Events		10	17.1	30	
	Speaker	4	4	29 1	NΔ
	Speaker AM	2	4	12	
	Total	6	8	35	NA.
F - Special Groups		Ū	· ·	33	
	Coffee & Conversation	1	1	10 1	NΔ
	Parkinson Support Group	1	1	10 1	
	Silver Tones	į	1	41	
	Womens Discussion Group	4	52	12 1	
	Total	7	55	22	N A
P - Social Activity/Event		•	33	22	
	Mens Breakfast	2	4	1 0	JΔ
	Total	2	4	0	N/A
		-	4	Ü	
	Grand Totals	144	406	213	

Attachment C

COA/SENIOR SERVICES GIFT FUND

	C/D	C/R TRUST FUND	BALANCE 39,338.65
	(121.38)	705.75	40,044.40 39,923.02
8/11/2021 Donation for Suicide Prevention- Archdeacon Family Foundation 8/18/2021 Donation from J. Albanesi for flowers for Dan & Anna Wiedemann event- 200-31		525.00 200.00	40,448.02 40,648.02
9/2/2021 Ck #46532- Anna Wiedemann- Reim for thank you dinner for crafters 9/16/2021 Ck #46747-John Voket-Grandparent Sock Hop 9/22/2021 Bazaar -Donation 220-15	(279.49) (150.00)) 10 10	40,368.53 40,218.53
	(200.00)	218.50	40,437.03 40,237.03
10/20/2021 Bazaar-Donation 220-18 10/29/2021 Qtrly Distribution Knotts Trust- 200-91 10/31/2021 Sept- P-Card- Amazon- Speaker refreshments-L. Passaro	(29.12)	200.00 705.75	40,437.03 41,142.78 41,113.66
11/4/2021 Ck #47332- Planters Choice- Red Maple Tree- suicide prevention 11/9/2021 Bazaar- Donation 220-19 11/24/2021 Razaar- Donation 220 22	(567.00)	190.00	40,546.66 40,736.66
	(676.62)	5/9.00	41,315.66 40,639.04
12/1/2021 Ck #47661- Anna Wiedemann- Reim for Bob Sharpe Plaque 12/16/2021 Donation-Bazaar 220-23 12/16/2021 Donation- Archdeacon Family Foundation 220-24	(15.95)	1,159.75 5,000.00	40,623.09 41,782.84 46,782.84
1/25/2022 Qtrly Distribution- Knotts Trust 200-172		767.00	40,968.64
2/10/2022 Ck #48513- Newtown Community Center, Senior Botton, Close			
	(250.00) (1,095.06) (2,260.96)	652.50	47,485.64 46,390.58 44,129.62 44,782.12
3/31/2022 Feb P-Card- My Place- Senior Lunch for Valentines Day 3/31/2022 Donations-Bazaar	(466.97)	155.00	44,315.15 44,470.15
less unspent approvals:			

less unspent approvals:

Sr lunch balance

\$ 44,268.28