

NEWTOWN COMMISSION ON AGING
Regular Meeting
Monday, June 20, 2022
Newtown Municipal Building, 3 Primrose Street, Newtown, CT 06470
Called to order at 4:02pm

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

Present: Barbara Bloom, Claire Theune, Larry Passaro, Bill Darrin, Tricia Gogliettino, Xiao Han (4:07), Anne Rothstein (4:13)

Present via google meets: Lia Levitte, Nicole Camporeale

Absent: Judit Destefano, Jamie Geraci

Also Present: Director of Human Services Natalie Jackson and two members of the public

Public Comment – None

Minutes – L. Frampton moved to approve the minutes of the May 16, 2022 meeting. C. Theune seconded, all in favor.

L. Frampton moved to add to the agenda, discussion and possible action, A table at the Arts Festival. T. Gogliettino seconded, all in favor.

Chair Report – A. Rothstein shared a pamphlet and annual report produced by FONS. She thanked L. Frampton for the lunches she has provided and will be providing and also thanked the volunteers that assisted her. A special shout out to Suzette LeBlanc from the Health Department, who in the course of her work assuring we meet health standards.

Director of Human Services – N. Jackosn reviewed her report (att.).

Treasurer's Report – L. Frampton moved to send the Treasurer's report (att.) to audit. C. Theune seconded, all in favor.

OLD BUSINESS

Update on Bingo Set – L. Frampton moved to authorize up to \$150 for a bingo set and a score card. L. Passaro seconded, all in favor.

Virtual meetings will be available until further notice – A. Rothstein has spoke with the Frist Selectman regarding virtual meetings. He is encouraging everyone to come to the meetings when possible but if they cannot attend in person, they can attend remotely.

Table at Arts Festival – L. Frampton moved to participate in the Arts Festival, Claire seconded, all in favor. L. Passaro explained that there is confusion that Friends of Newtown Seniors (FONS) is part of the commission on aging. He expressed concern that sharing a table at the

Arts Festival will foster that confusion. B. Bloom explained that these are three separate entities all advocating for seniors.

L. Frampton amended her motion that the COA and Senior Center should have their own table next to FONS. L. Passaro seconded motion passes 7 Yes (Han, Frampton, Gogliettino, Levitt, Passaro, Rothstein, Theune) to 2 No (Bloom, Camporeale). The commission stressed the importance of working together for the seniors but not blurring the town/nonprofit line. They appreciate all that FONS does.

Member Comments – None

Having no further business, the meeting was adjourned at 4:36pm.

Respectfully Submitted,
Arlene Miles, Clerk



Department of Human Services

Supporting a high quality of life for the Newtown community through services, programs and information that promote mental, physical and social well-being.

Commission on Aging Report: June 20, 2022

Its membership time at the Senior Center. We have begun our membership campaign for the 23/24 year. We already have 49 first time members registered for the 23/24 year! This year members receive the new handbook along with information about the Senior Center and local resources in a welcome packet.

I'm happy to report our Center is bustling- programs and classes are full and tours are selling out. We are looking forward to a busy summer. A few upcoming highlights include: local therapist, Robert Schmidt coming to talk about his recent book and *Finding Happiness Through Resilience*, AARP returning to the Center for their Smart Driver course for the first time since COVID, and a summer party at Dickenson Park in partnership with Parks & Recreation.

Our meal program is experiencing a brief hiccup. The Newtown Senior Center and Whitsons Culinary Group meal program was a huge success for May, but has ended in June. Unfortunately, Whitsons who was contracted to serve Newtown through the BOE did not receive the contract for the coming year. We are looking forward to connecting with the new meal provider and hope the program will restart with their partnership in the fall. In the interim we have had and will continue to have some special lunches brought to us by the Community Center and the Better Day Café. The Senior Center will also host several lunches for members over the summer months.

Human Services support to residents in need continues to be at a heightened level. With assistance from community partners and neighboring agencies we continue efforts to meet those needs and connect households to longer term supports where needed. The Department continues to process Renters Rebate applications. CT State law provides a reimbursement program for renters who are 65+ or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible. This program runs through October.

Respectfully submitted,

Natalie

Natalie Jackson, LCSW

Director, Newtown Human Services

Event Occurrences from 05/12/2022 to 06/17/2022

Category	Event	# of Events	Hours Scheduled	Unduplicated
F - Class/Workshop				
	Art Class	5	10	11
	Knitting	6	6	20
	Memoir Writing	1	1	5
	Pottery Class	3	6	11
	Spanish	5	5	10
	Technology with Zack	6	12	9
	Total	26	40	55
F - Health Screenings				
	Blood Pressure	2	4	15
	Total	2	4	15
F - Health/Fitness				
	Broadway Burn	4	4	26
	Chair Pilates	6	6	26
	Chair Yoga	6	6	38
	Deep Stretch	4	4	17
	Flex, Fit & Tone	4	4	29
	Floor Yoga	11	11	24
	Line/Country Dancing	4	4	14
	Move and Groove	6	6	17
	Parkinson Exercise Class	1	1	0
	Tai Chi	3	3	17
	Talking Group: Fairfield Hills	1	1	10
	Zumba	4	4	18
	Total	54	54	116
F - Nutrition				
	Daily Lunch	7	7	46
	Total	7	7	46
F - Off Site Excursions				
	Tours	2	9	22
	Total	2	9	22
F - Rec./Entertain				
	Billiards	26	124	15
	Total	26	124	15
F - Social Activity/Event				
	Crafts	16	32	6
	Lunch and Learn	6	6	35
	Ping Pong	4	4	1
	Poker	5	15	8
	Special Event	1	3	33
	Total	32	60	69
F - Socializing				
	Socializing & Just Visiting	27	243	53
	Total	27	243	53
F - Special Events				
	Speaker	13	13	81
	Speaker AM	2	3	7
	Total	15	16	82
F - Special Groups				
	Coffee & Conversation with Fii	1	1	24
	Parkinson Support Group	1	1	7
	Silver Tones	3	6	8
	Womens Discussion Group Cl	4	4	15
	Total	9	12	45
F - Volunteer Opportunities				
	Garden Brigade	3	3	5
	Total	3	3	5
P - Social Activity/Event				
	Mens Breakfast	1	2	0
	Total	1	2	0
Grand Totals		204	574	252

People that were active between 05/12/2022 and 06/17/2022

Age Range as of 06/17/2022	Count	Percent
Ages 55-59	23	1.6%
Ages 60-64	91	6.3%
Ages 65-69	230	16.0%
Ages 70-74	288	20.1%
Ages 75-79	306	21.3%
Ages 80-84	232	16.2%
Ages Below 55	8	0.6%
Ages Over 85	247	17.2%
Unknown	11	0.8%
Totals	1436	100%
City/Town	Count	Percent
In Town	1200	83.7%
Out of Town	234	16.3%
Totals	1434	100%

New Memberships for 2022-2023 **49**

Non-resident	25
Resident	124
Total Current Members	149

Event Statistics from 05/12/2022 to 06/17/2022

Category	Duplicated	Unduplicated
F - Class/Workshop	169	58
F - Health Screenings	22	15
F - Health/Fitness	718	120
F - Nutrition	119	47
F - Off Site Excursions	27	25
F - Rec./Entertain	115	15
F - Social Activity/Event	198	70
F - Socializing	125	53
F - Special Events	189	85
F - Special Groups	82	45
F - Volunteer Opportunities	8	5
Total Event Signins	1772	252

COA/SENIOR SERVICES GIFT FUND

DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	BALANCE
7/1/21	Beginning Balance				39,338.65
7/26/2021	Ctrly Distribution- Knots Trust- 200-16				40,044.40
7/30/2021	CK #45928- Anna Wiedemann-Reim for Gift Card for Zach Macey & Ice Cream	(121.38)		705.75	39,923.02
8/11/2021	Donation for Suicide Prevention- Archdeacon Family Foundation		525.00		40,448.02
8/18/2021	Donation from J. Albanesi for flowers for Dan & Anna Wiedemann event- 200-31		200.00		40,648.02
9/2/2021	CK #46532- Anna Wiedemann- Reim for thank you dinner for crafters	(279.49)			40,368.53
9/16/2021	CK #46747- John Voket-Grandparent Sock Hop	(150.00)			40,218.53
9/22/2021	Bazaar- Donation 220-15		218.50		40,437.03
9/28/2021	Aug P-Card- Caraluzzi's- Flowers for Anna Wiedemann event	(200.00)			40,237.03
10/20/2021	Bazaar-Donation 220-18		200.00		40,437.03
10/29/2021	Ctrly Distribution Knots Trust- 200-91			705.75	41,142.78
10/31/2021	Sept- P-Card- Amazon- Speaker refreshments-L. Passaro	(29.12)			41,113.66
11/4/2021	CK #47332- Planters Choice- Red Maple Tree- for recognition for those who died from suicide	(567.00)			40,546.66
11/9/2021	Bazaar- Donation 220-19		190.00		40,736.66
11/24/2021	Bazaar- Donation 220-22		579.00		41,315.66
11/30/2021	Oct- P-Cards- The RD Store- Dishes for Senior Center	(676.62)			40,639.04
12/11/2021	CK #47661- Anna Wiedemann- Reim for Bob Sharpe Plaque				40,623.09
12/16/2021	Donation-Bazaar 220-23	(15.95)	1,159.75		41,782.84
12/16/2021	Donation- Archdeacon Family Foundation 220-24		5,000.00		46,782.84
12/31/2021	Ctrly Distribution- End of Year - Knots Fund 200-153A			185.80	46,968.64
1/25/2022	Ctrly Distribution- Knots Trust 200-172			767.00	47,735.64
2/10/2022	CK #48513- Newtown Community Center- Senior Pottery Class	(250.00)			47,485.64
2/18/2022	Jan P-Card- Frames for artwork for Senior Center	(1,095.06)			46,390.58
2/18/2022	Jan P-Card- Large Screen TV & wall mount	(2,260.96)			44,129.62
2/22/2022	Donation- Bazaar		652.50		44,782.12
3/31/2022	Feb P-Card- My Place- Senior Lunch for Valentines Day	(466.97)			44,315.15
3/31/2022	Donations-Bazaar		155.00		44,470.15
4/20/2022	Donations- Bazaar				44,580.15
4/28/2022	CK #49526- Ralph Corbo- Pool Table	(2,500.00)	110.00		42,080.15
4/29/2022	Ctrly Distribution Knots Trust 200-287			767.00	42,847.15
5/5/2022	CK #49633- Newtown Community Center- Pottery Class	(300.00)			42,547.15
5/20/2022	April P-Card- Stop & Shop- Refreshments for speaker at Senior Center	(26.15)			42,521.00
5/20/2022	April P-Card- The Villa- Thank you dinner for Senior Center Crafters	(234.44)			42,286.56
Less unspent approvals					
Bingo Game					75.00
Speaker lunches & Snacks					973.85
					<u>\$ 41,472.15</u>