

NEWTOWN COMMISSION ON AGING
Regular Meeting
Monday, January 23, 2023
Newtown Senior Center, 8 Primrose Street, Newtown, CT 06470
Called to order at 4:05pm

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

Present: Anne Rothstein, Bill Darrin, LeReine Frampton, Nicole Comporeal, Judit Destefano, Barbara Bloom, Ziao Han (4:11)

Present via Zoom: Clair Theune, Lia Levitte

Absent: Tricia Gogliettino, Jamie Geraci

Also Present: Director of Human Services Natalie Jackson, Director of Nunnawauk Meadows Marry Salley and one member of the Press (via zoom)

Public Comments – None

Minutes – B. Darrin moved to approve the minutes of the December 19, 2022 meeting. L. Frampton seconded, all in favor.

Chair Report – A. Rothstein reported that there is a \$25,000 AARP grant that is due in March. She will get together with N. Jackson and send a summary of what they are asking for. Then see what members are interested and the town is interested in applying for.

Director of Human Services – N. Jackson reviewed her report (Attachment A).

Treasurer's Report (Attachment B) - B. Darrin moved to send the Treasurer's report to audit. B. Bloom seconded, all in favor.

OLD BUSINESS

Nominating Committee – C. Theune reported that the nominating committee slate of officers is Anne Rothstein for Chair, Barbara Bloom for Vice Chair and LeReine Frampton for Treasurer. Having no further nominations, B. Darrin moved that the slate of officers be accepted as proposed by the nominating committee. N. Camporeale seconded, all in favor.

Member comments – None

Having no further business, the meeting was adjourned at 4:37pm.

Respectfully Submitted,
Arlene Miles, Clerk



Attachment A

Department of Human Services

Supporting a high quality of life for the Newtown community through services, programs and information that promote mental, physical and social well-being.

Commission on Aging Report: January 23, 2023

Hello Members of the COA,

I wanted to thank all who attended our gathering to remember our COA member and Senior Center friend, Larry Passaro on Saturday, January 14th. I think it was a beautiful tribute to Larry and that Senior Center members, COA members, and friends appreciated this time to gather together. Special thank you to Anne Rothstein, LeReine Frampton, and Anna Wiedemann for all you did to make the event so special.

There are 3 areas I'd like to update the Commission on this month:

1. Senior Center Meal Program:

In January we introduced a new meal provider, Nick's Catering. Nick's is a Newtown favorite and offers us the ability to serve outstanding, quality food. The initial response to the menu has been very positive. We are waiting for the new MOU to be voted on at the 1/27/23 WCAAA Board meeting. This MOU would replace Nick's with Whitsons, the previous provider no longer in Newtown. With the new MOU in place we will be able to restart the congregate meal program with grant subsidy, keeping the cost to members to only \$5 per meal. For January the Senior Center has subsidized the meal cost so that meals would not have to wait until the end of January WCAAA meeting. Meals will be offered Mondays, Tuesdays, and Wednesdays. Allowing Thursdays and Fridays to be open for special events and Lunch and Learn presentations. Senior Center staff will be picking up the food, managing lunch check-in, and serving.

2. ARP Funds:

The Department of Human Services has been very fortunate to receive some of the American Rescue Plan Funds to assist in three areas:

- Housing Stabilization
- ALICE Enrichment Funds
- Tutoring Services

The Town established ARP committee was very supportive of DHS's requests to utilize some of the ARP funds to address some of the longer-term impacts of COVID 19 around financial hardship and the academic and social emotional health of our youth. As funds are dispersed I will continue to provide updates to the COA on their use and impact.

3. Senior Center Membership:

We are currently half way through the 2022/2023 membership year at the Center. I am including this area in my report today as I find the increasing number of new, first time members to be impressive and a testament to growth of the Center. At this mid-point we have 609 members, 194 of whom are first-timers!

Wishing you all a Happy 2023!

Respectfully submitted,

Natalie

Natalie Jackson, LCSW

Director, Newtown Human Services

People that were active between 12/20/22 a

1/20/2023

Age Range as of 10/17/2022	Count	Percent
Ages 55-59	2	0.8%
Ages 60-64	18	6.9%
Ages 65-69	34	13.0%
Ages 70-74	77	29.4%
Ages 75-79	54	20.6%
Ages 80-84	48	18.3%
Ages Over 85	29	11.1%
Totals	262	100%
City/Town	Count	Percent
In Town	207	79.0%
Out of Town	55	21.0%
Totals	262	100%

Curent Members

Resident	513
Non Resident	96
Total	609

New Members Since July 2022

194

Event Statistics from 12/20/2022 to 01/20/2023

Category	Duplicated	Unduplicated
F - Class/Workshop	75	34
F - Health/Fitness	719	133
F - Nutrition	110	47
F - Rec./Entertain	78	11
F - Social Activity/Event	196	92
F - Socializing	83	25
F - Special Events	54	25
F - Special Groups	19	15
F - Trips	19	19
Total Event Signins	1353	236

Event Occurrences from 12/20/2022 to 01/20/2023

Filters:

Category	Event	# of Event Hours Scheduled		Unduplicated
F - Class/Workshop				
	Art Class	5	10	8
	Knitting	5	5	15
	Spanish	4	4	9
	Technology with Zack	4	6	3
	Total	18	25	34
F - Health Screenings				
	Blood Pressure	2	4.833333333	0
	Total	2	4.833333333	0
F - Health/Fitness				
	American Heart Assoc. V	2	2.333333333	0
	Broadway Burn	5	5	27
	Chair Pilates	4	4	18
	Chair Yoga	4	4	37
	Deep Stretch	2	2	18
	Flex, Fit & Tone	4	4	30
	Floor Yoga	8	12	30
	Line/Country Dancing	4	4	29
	Move and Groove	4	4	13
	Tai Chi	1	1	13
	Walking Video	1	1	0
	Zumba	1	1	17
	Total	40	44.33333333	121
F - Nutrition				
	Daily Lunch	7	7	44
	Total	7	7	44
F - Rec./Entertain				
	Billiards	19	95	11
	Bridge Group	2	4	0
	Total	21	99	11
F - Social Activity/Event				
	Cards	12	73	5
	Crafts	6	12	2
	Lunch and Learn	2	2	26
	Poker	5	15	7
	Special Event	5	11.75	50
	Total	30	113.75	71
F - Socializing				
	Socializing & Just Visitin	23	195.8833333	25
	Total	23	195.8833333	25
F - Special Events				
	Speaker	4	4	21
	Speaker AM	5	6.75	11
	Total	9	10.75	24
F - Special Groups				
	Parkinson Support Group	1	1	2
	Silver Tones	2	4	4

	Womens Discussion Grc	1	1	9
	Total	4	6	15
F - Trips				
	Tours	1	6.16666667	11
	Total	1	6.16666667	11
	Grand Totals	155	512.716667	236

Attachment B

COA/SENIOR SERVICES GIFT FUND

DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	BALANCE
7/1/22	Beginning Balance				42,131.47
7/21/22	Lions Bleeker- Pizza for Presentation Program by Zack & Larry	(170.74)			41,960.73
7/25/22	July P-Card- Holy Cow- Ice Cream for Trivia with Zack & Larry	(56.35)			41,904.38
7/25/22	July P-Card- Amazon- Replacement bingo cards	(44.97)			41,859.41
7/25/22	July P-Card- Amazon- Bingo set & display Board	(92.05)			41,767.36
8/2/2022	Qtrly Distribution Knotts Trust 200-12			767.00	42,534.36
10/7/2022	Ck #51758- Newtown Comm. Center- Senior Pottery Class	(225.00)			42,309.36
10/28/2022	Qtrly Distribution Knotts Trust 200-77			767.00	43,076.36
10/31/2022	Deficiency payment for Knotts Trust 12/31/21 200-85			650.10	43,726.46
12/23/2022	Donation- Bazaar 220-15				44,955.46
12/31/2022	Nov P-Card- Lion's Bleeker- Pizza Lunch-Senior Center	(45.52)	1,229.00		44,909.94
1/12/2023	Ck #52986- Bee Publishing-craft fair ads				44,788.34
1/18/2023	Donation- In memory of Larry Passaro- 220-15A	(121.60)	1,000.00		45,788.34