

NEWTOWN COMMISSION ON AGING
Regular Meeting
Monday, April 17, 2023
Newtown Senior Center
8 Primrose Street, Newtown, CT 06470
Called to order at 4:00pm

THESE MINUTES ARE SUBJECT TO APPROVAL BY THE COMMISSION ON AGING

Present: Claire Theune, Bill Darrin, Nicole Camporeale, Ziao Han, Barbara Bloom, Micheal Stern, LeReine Frampton, Patricia Bailey

Present via zoom: Anne Rothstein, Lia Levitt, Judit DeStefano

Absent: Tricia Gogliettino

Also Present: Director of Human Services Natalie Jackson, Director of Nunnawauk Meadows Mary Salley, 5 members of the public and 1 member of the press

Public Comment: Margaret Posteraro, 14 Watkins Drive - At the last meeting she asked for the bi-laws but she has not received them. She is interested in the work the COA does. The website isn't clear, and she would like to know more about what they do.

Minutes: B. Darrin moved to approve the minutes of the 3/20/23 meeting. B. Bloom seconded, all in favor.

Chair Report: A. Rothstein and J. DeStefano will co-chair a group that will look at ideas for next year's AARP grant. Making sure there is Town collaboration is key.

Director of Human Services: N. Jackson reviewed her report (Attachment A). There was discussion about including 3 or 5 classes per week with membership and charging for additional classes. N. Jackson will be looking at the possibility of Gift Cards as well. B. Bloom asked if the Friendship Tours were happening. N. Jackson said they are but she doesn't have specifics. She will have more information at the next meeting.

Treasurer's Report (Attachment B): B. Darrin moved to send the Treasurer's report to audit. B. Bloom seconded, all in favor.

Members Comments: B. Bloom asked about the Senior Center meeting scheduled for 5/20/23. A. Rothstein explained that they are going to have to reschedule it to June because New Milford can't make it.

Having no further business, the meeting was adjourned at 4:36pm.

Respectfully Submitted,
Arlene Miles, Clerk

Attachment: Report from Director of Human Services, Treasurer's report



Attachment A

Department of Human Services

Supporting a high quality of life for the Newtown community through services, programs and information that promote mental, physical and social well-being.

Commission on Aging Report: April 17, 2023

Updates for the Newtown Senior Center

The Newtown Senior Center is thrilled to share breaking news with the COA.... next month we will be moving to online registrations for our classes and all events. With increasing membership and programming this will streamline the registration process and allow members to have more control over their event calendar. Through the database we already use, My Senior Center, we have the capacity for members to create their own logins and manage their calendar. We will be setting up helpdesk stations throughout the month to help members sign up and get used to the program. The staff have been in system getting used to the functions and we all agree it's extremely user friendly. And of course staff will continue to be able to help members at the front desk while at the Center and by phone for reservations.

After research of our surrounding areas and much consideration we are also looking to make some changes to the fee schedule in the coming FY. While we are still in the planning phase we are moving toward a nominal fee for our Health & Wellness classes. Residents will receive several classes a week included in their membership, with additional classes then being \$3.00. Out of town members will pay the fee per class. For this FY no changes to the \$20 resident, \$25 nonresident annual membership fee will be made. We are working with Finance Department and the software company to work out the many details involved and we certainly would appreciate any feedback from the COA regarding this proposed direction. Including a fee as area Centers do will allow us to add several more classes and increase instructor rates, while freeing more funds to increase the diversity of programming and events throughout the Center.

Please save the date for the return of the Senior Spring Fling—May 19th at the Newtown High School. We are thrilled to once again be gearing up for this great event in partnership with Parks & Recreation!

Social Service Programs & Updates

Human Services is working with our partners under the VOCA (Victims of Crime Act) grant to prepare for the upcoming audit in May. VOCA funding allows the Town, BOE, and partner agencies, RCN and the SHNF to provide many of the 12/14 specific services to the community. While this coming year will be the last year the Town is seeking this grant services through Human Services and the schools will continue. In February the Resiliency Center of Newtown (RCN) announced that "after a decade after opening to help address the impacts of the worst community tragedy Newtown has ever faced, the Resiliency Center of Newtown (RCN) will conclude its mission of service to the Newtown community effective June 30. Financial support for those most impacted by the events of 12/14 will remain available through The Sandy Hook School Support Fund". The full article can be found in The Bee: <https://www.newtownbee.com/02222023/resiliency-center-concluding-its-mission-closing-june-30/>. Human Services will be looking to provide any support needed to RCN and its clients during this transition.

The Renter's Rebate program is now open. Applications for this reimbursement program for Connecticut renters who are elderly or totally disabled, may be completed with our Department through October 1st.

Respectfully submitted,

Natalie

Natalie Jackson, LCSW
Director, Newtown Human Services

People that were active between 03/17/2023 and 04/14/2023

Filters:

Age Range as of 04/14/2023	Count	Percent
Ages 55-59	4	1.4%
Ages 60-64	19	6.7%
Ages 65-69	48	16.9%
Ages 70-74	82	28.9%
Ages 75-79	61	21.5%
Ages 80-84	39	13.7%
Ages Below 55	2	0.7%
Ages Over 85	29	10.2%
Totals	284	100%
City/Town	Count	Percent
In Town	210	73.9%
Out of Town	74	26.1%
Totals	284	100%

Curent Members

Resident	593
Non Resident	119
Total	712

New Members Since July 2022	260
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Event Statistics from 03/17/2023 to 04/14/2023

Category	Duplicated	Unduplicated	Hours	Tickets
F - Class/Workshop	105	47	142	0
F - Health/Fitness	840	169	840	0
F - Nutrition	179	41	179	0
F - Rec./Entertain	120	26	551	0
F - Social Activity/Event	267	108	502.75	0
F - Socializing	162	37	1445.52	0
F - Special Events	85	34	85	0
F - Special Groups	77	37	86	0
P - Class/Workshop	1	1	13	0
P - Health Screenings	4	4	8	0
P - Health/Fitness	14	12	12	0
P - Trips	20	14	82.75	0
Total Event Signins	1874	284	3947.02	0

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Filters:

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Ages 70-74	82	28.9%
Ages 75-79	61	21.5%
Ages 80-84	39	13.7%
Ages Below 55	2	0.7%
Ages Over 85	29	10.2%
Totals	284	100%
City/Town	Count	Percent
In Town	210	73.9%
Out of Town	74	26.1%
Totals	284	100%

Event Occurrences from 03/17/2023 to 04/14/2023

Filters:

Site(s): All

Category	Event	# of Event	Hours	Sch Unduplicated
F - Class/Workshop				
	AARP Refr	1	4	3
	Art Class	4	8	11
	Knitting	4	4	19
	Sewing Cre	1	2	0
	Spanish	4	4	11
	Technology	4	6	2
	Total	18	28	45
F - Health/Fitness				
	Broadway I	4	4	30
	Chair Pilate	4	4	25
	Chair Yoga	3	3	34
	Deep Stret	2	2	19
	Flex Fit & T	4	4	36
	Floor Yoga	8	8	37
	Line/Count	4	4	28
	Modified E:	1	1	3
	Move and C	3	3	23
	Tai Chi	2	2	27
	The History	1	1	11
	Zumba	4	4	31
	Total	40	40	152
F - Nutrition				
	Daily Luncl	10	10	37
	Total	10	10	37
F - Rec./Entertain				
	Billards Tor	1	3.916667	8
	Billiards	20	100	16
	Corn Hole	2	2	9
	Ping Pong	2	4	0
	Total	25	109.9167	22
F - Social Activity/Event				
	Cards	16	96	4
	Lunch and	4	4	33
	Matts Balln	4	4	14
	Poker	4	12	9
	Special Ev	4	6.75	49
	Total	32	122.75	85
F - Socializing				
	Socializing	21	184.8333	37
	Total	21	184.8333	37
F - Special Events				
	Speaker	6	6	29
	Total	6	6	29
F - Special Groups				
	Coffee & C	1	1	18
	Current Ev	1	1	3

Parkinson :	1	1	1
Silver Tone	2	3.5	7
Womens C	4	4	15
Total	9	10.5	36
P - Class/Workshop			
Crafting Cr	1	13	0
Total	1	13	0
P - Health Screenings			
Blood Pres	1	2	3
Total	1	2	3
P - Health/Fitness			
Walking W	1	0.75	7
Wellness V	1	1	5
Total	2	1.75	10
P - Trips			
Tours	3	13.16667	10
Total	3	13.16667	10
Grand Tot	168	541.9167	284

Attachment B

COA/SENIOR SERVICES GIFT FUND

DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	BALANCE
7/1/22	Beginning Balance				42,131.47
7/21/22	Lions Bleeker- Pizza for Presentation Program by Zack & Larry	(170.74)			41,960.73
7/25/22	July P-Card- Holy Cow- Ice Cream for Trivia with Zack & Larry	(56.35)			41,904.38
7/25/22	July P-Card- Amazon- Replacement bingo cards	(44.97)			41,859.41
7/25/22	July P-Card- Amazon- Bingo set & display Board	(92.05)			41,767.36
8/2/2022	Qlity Distribution Knotts Trust 200-12			767.00	42,534.36
10/7/2022	Ck #51758- Newtown Comm. Center- Senior Pottery Class	(225.00)			42,309.36
10/28/2022	Qlity Distribution Knotts Trust 200-77			767.00	43,076.36
10/31/2022	Deficiency payment for Knotts Trust 12/31/21 200-85			650.10	43,726.46
12/23/2022	Donation- Bazaar 220-15				44,355.46
12/31/2022	Nov P-Card- Lion's Bleeker- Pizza Lunch-Senior Center	(45.52)	1,229.00		44,909.94
1/12/2023	Ck #52986- Bee Publishing-craft fair ads	(121.60)			44,788.34
1/18/2023	Donation- In memory of Larry Passaro- 220-15A				45,788.34
1/30/2023	Qlity Distribution Knotts Trust 200-160		1,000.00		46,788.34
1/31/2023	Dec P-Card- Restaurant Depot- Food for Holiday party	(250.00)		590.00	46,128.34
1/31/2023	Dec P-Card- Lions Bleeker-Lunches for craft boutique volunteers	(51.61)			46,076.73
1/31/2023	Donation- In memory of Larry Passaro- 220-22		100.00		46,176.73
3/23/2023	Feb P-Card- Uline- Art Tables and chair dolly **	(863.82)			45,312.91
3/31/2023	Donation- Bazaar 220-40		526.00		45,838.91

** over amount approved.