

PARKS AND RECREATION STAFF

Amy E.W. Mangold Parks & Recreation Director

RECREATION STAFF

RoseAnn Reggiano Assistant Director of Recreation
Deborah Denzel Administrative Assistant
Donna Benson Secretary
Rita Pavia Clerk

PARKS STAFF

Carl Samuelson Assistant Director of Parks
Santiago Soto Field Operations Supervisor
John Moore Parks Operations Supervisor
Jack Honan Parks Maintainer
James Tani Parks Maintainer
Linda Bradley-Gillette Parks Maintainer
John Benvenuti Parks Maintainer
Amando Dos Santo Parks Maintainer
Richard Paloian Parks Maintainer
Joseph Freebairn Parks Maintainer
Luis Otero Parks Maintainer
Peter Sponheimer Mechanic
Robert Fritzinger Parks Maintainer

PARKS & RECREATION COMMISSION

Edward Marks
Patrick Barczak
Peggy Jo Yochum
Thomas DiNicola
Maureen Crick Owen
Vincent Yanni, Jr



COMMUNITY SPORTS ORGANIZATIONS

NEWTOWN AMERICAN YOUTH FOOTBALL
www.newtownyouthfootball.org
NEWTOWN BABE RUTH BASEBALL
Ken Roche.....731-1364
kenr111@gmail.com
NEWTOWN BABE RUTH SOFTBALL
splaak@hotmail.com
Stacey Laaksonen.....270-8999
NEWTOWN BRIDLE LANDS ASSOCIATION
.....426-6334
www.nblact.com
NEWTOWN HIKERS
Ester Nichols.....788-1398
NEWTOWN MEN'S SUNDAY SOFTBALL LEAGUE
Mike Lancaster.....203-313-1563
lancaster_michael@yahoo.com
NEWTOWN MEN'S WEEKNIGHT SOFTBALL LEAGUE
Chris Dennis.....770-1824
NEWTOWN SOCCER CLUB
www.newtownsoccerclub.org
NEWTOWN TENNIS ASSOCIATION
Hugh Lavery.....426-2740
www.ntaweb.com
NEWTOWN WOMEN'S SOFTBALL
Jackie Kulikowski.....426-0774
NEWTOWN YOUTH BASKETBALL
Jack Shpunt.....426-1935
www.newtownyouthbasketball.org
NEWTOWN YOUTH LACROSSE
Bobby Marusi.....914-325-2390
newtown-lax@yahoo.com
NEWTOWN YOUTH & FAMILY SERVICES...270-4335
WINTERSET SKI CLUB
Thomas Donnelly.....426-7707
www.wintersetskiclub.org

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POLICIES

RESIDENCY-DEFINED: A person whose primary residence, either as an owner or renter, is considered a Newtown resident. (No exceptions to this rule.) Proof of residency is required.

NON-RESIDENT POLICY

- ⇒ Non-resident registrations will be accepted no earlier than (7) business days prior to the start of a program, provided there is availability.
- ⇒ Non-residents will be admitted on a restricted basis and only after Newtown residents have had sufficient time to register.
- ⇒ Not all programs allow for non-resident participation.
- ⇒ Non-residents will be required to pay an additional \$10.00 per program.
- ⇒ Non-residents may participate in bus trips.

DO NOT WAIT UNTIL THE LAST MINUTE!!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be canceled. Coming in on the day the program begins won't resurrect it, so please register early.

REFUND POLICY

All programs are self-supporting and a commitment needs to be made to instructors and staff. Therefore, NO REFUNDS will be given after the start of a program EXCEPT for medical reasons, upon receipt of a physician's note. Communication to Parks and Recreation at onset of the condition is required. Refunds for cancellations made within one week prior to the start of a program are issued, but a \$10 processing fee will be charged.

CANCELATION POLICY

Programs held at the Newtown Schools follow the school schedule, therefore, if schools are closed or canceled Parks & Recreation programs at the schools will be canceled. Programs held at the Newtown Teen Center, Newtown Youth Academy or an off site location do not always follow the school schedule. In the event of inclement weather or other factors beyond our control, programs may need to be canceled. Please sign up for our automatic cancellation notices on our website or call our cancellation number 270-4340 and press 1.

IMPORTANT NOTES

- ⇒ All Parks and Recreation programs are on a first-come, first served basis.
- ⇒ Parks and Recreation does not send confirmations. No news is good news! Please assume you are registered for the program(s) you have selected. You will be contacted only if there is a problem.
- ⇒ Parks and Recreation cannot be responsible for loss of mail or postal delays.
- ⇒ Program participants are reminded NOT TO PARK IN FIRE LANES, per order of the Fire Marshall. Fire lanes are those areas in front of each school which are painted yellow.
- ⇒ When participating in a program at the Teen Center please park in front of the Teen Center ONLY. Do not park in front of businesses.
- ⇒ Get up to the minute program or cancellation information or leave a message at 270-4340, after hours and on weekends.
- ⇒ The Newtown Parks & Recreation Commission meets the second Tuesday of each month. Public input is welcomed at these meetings.
- ⇒ If a participant displays unruly behavior, he / she will be asked to leave the program and NO refund will be given.

INCLUSION STATEMENT

In an effort to meet the recreational needs of all residents of Newtown, the Parks & Recreation Department has adopted a policy of inclusion. Although some facilities are not yet wheelchair accessible every attempt will be made to accommodate and encourage people with disabilities to participate in our programs. Please use comment section on the registration form detailing your circumstances.

NEWTOWN YOUTH ACADEMY

All programs that are held at the Newtown Youth Academy, you must register two weeks before the program starts.



SPECIAL EVENTS/TRIPS

BREAKFAST WITH SANTA

Ho, Ho, Ho... Santa & Mrs. Claus are inviting you to breakfast. They will be serving bagels, doughnuts, milk, juice, coffee, tea, & hot chocolate. This year's holiday show promises to be fun for young and old alike. Each child will get to make a fun craft and build a Holiday Bear.



ACTIVITY:

114101 A Saturday, December 5
9:00 - 11:00 am **AGE:** All Ages
FEE: Donation for the food pantry

LOCATION: Newtown Middle School Cafe

17TH ANNUAL

THANKSGIVING TURKEY SHOOT



DATE: Saturday, November 14th

FEE: \$ 10.00 per team

LOCATION: Reed gym

TEAM CONSISTS OF ONE ADULT & ONE CHILD

Competing for the highest score in three rounds of shooting baskets. The winning team in each division will go home with a turkey just in time for Thanksgiving dinner. A team consists of one adult and one child. (A smaller basket is used for the younger children 5 years and under). Proceeds from this event will benefit the Camp Scholarship Fund.

ACTIVITY:

114122 A	5 years & under	9:00-9:45 am
114122 B	6-8 years old	9:00-9:45 am
114122 C	9-12 years old	10:00-10:45 am
114122 D	13 and over	10:00-10:45 am

HALLOWEEN PIZZA PARTY

Come dressed as your favorite character and get into the Halloween spirit...Boo! Enjoy some Halloween games and Fun and end the party with a spooky Hey Ride. Register online by October 26th.



ACTIVITY:

114102 A Thursday, October 29
4:00 - 5:30 pm **AGE:** 0 - 8.99
FEE: \$1 & bag of candy for Main Street

LOCATION: Dickinson Memorial Town Park, Elm Drive

RADIO CITY X-MAS SHOW

Don't let the price fool you, we were able to purchase half-price orchestra tickets and pass the savings onto you. We'll be leaving from Brookfield Town Hall at 8:15 am for an 11:00 am matinee performance. There will be plenty of time after the show for shopping, sightseeing, and lunch/dinner, leaving NYS at 5:00 pm. Fee includes ticket and coach bus transportation. Please register early to avoid disappointment.

ACTIVITY:

114125 A Mondays, December 7
8:15 am - 7:00 pm **AGE:** All Ages **FEE:** \$100

LOCATION: off site

HALLOWEEN PARTY- GRADE 5/6

Come join us on this spooky night of fun and get into the spirit of Halloween! Boo! Come dressed in costume as your favorite character or hero. Prizes will be given out. **MUST** register online or purchase a ticket in advance. Tickets will be available at the Parks and Rec. Office. There are only 100 spaces available. If spaces are still available, tickets will be on sale at Reed School during lunch on October 15th.



ACTIVITY:

114501 A Friday, October 23
7:00 - 9:30 pm **GRADE:** 5 & 6 **FEE:** \$7

LOCATION: Teen Center



AQUATICS

RECREATION SWIM TEAM

ACTIVITY:

110601 A	6 year old Girls	110601 B	6 year old Boys
110601 C	7 - 8 year old Girls	110601 D	7 - 8 year old Boys
110601 E	9 - 10 year old Girls	110601 F	9 - 10 year old Boys
110601 G	11 - 12 year old Girls	110601 H	11 - 12 year old Boys
110601 I	13 & older Girls	110601 J	13 & older Boys

Must be appropriate age by November 1st, 2009

REGISTER EARLY!

Due to construction space is limited! Maximum swimmers is 175. This will be enforced!

FEE: \$250.00

LOCATION: Newtown High School Pool

DATE: Season starts Monday, October 5th and runs through 1st week of March (practice times will split between age groups)

EVALUATIONS:	8 & under	Monday, September 28th	5:00 - 6:30 pm
	9 & 10 years old	Tuesday, September 29th	5:00 - 6:30 pm
	11 & over	Wednesday, September 30th	5:00 - 6:30 pm
	Make ups	Thursday, October 1st	5:00 - 6:30 pm

TIME/PRACTICES: There will be a 1 hour practice scheduled between 5:00 & 7:00 pm Monday to Friday depending on age. A practice schedule will be forth coming.

PARENT MEETING: Wednesday, September 24th, 7:00 pm in the High School Lecture Hall. Please try your best to attend.

The Newtown Torpedos are gearing up for the 2009/2010 Yankee League swimming season. Stroke and turn techniques will be refined to ready our swimmers for competition. The season will begin with our first meet in early November and will culminate with league championships in early March. Due to the combination of overwhelming enrollment, limited pool space/time, and safety concerns, swimmers **MUST** meet the following requirements:

- Swimmers age 8 and under **MUST** be able to swim a minimum of 25 yards (1 length of pool) freestyle without stopping and using rotary breathing.
- Swimmers 9 and over **MUST** be able to complete a minimum of 50 yards freestyle (2 lengths of the pool) without stopping and using rotary breathing.
- Swimmers will be evaluated the first week of practice.
- Swimmers are required to compete in at least three meets during the season.

THIS IS NOT SWIMMING LESSONS!!!



FREE - OPEN SWIM

NEWTOWN RESIDENTS ONLY

Schedule subject to change due to construction.

Schedule:

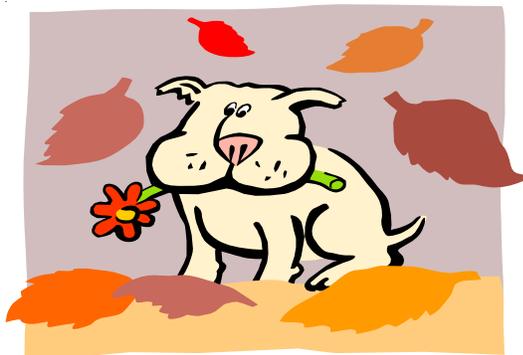
Mondays, Wednesdays and Thursdays	7:15 - 9:30 pm
Tuesdays and Thursdays	6:15 - 7:15 am
Saturdays	10:00 am - 1:00 pm

ACTIVITY:

110101 A September 28 to March 15

AGE: All Ages **FEE:** Free

LOCATION: Newtown High School, Route 34



FUN FOR ALL AGES

LEARN TO SKATE TOT 1

The Tot 1 program is for 3.5 to 5 years old, where they will learn the proper method for falling down and standing up, marching, gliding, balancing, swizzles and backward wiggles in four consecutive levels. Instructors incorporate creative play and interactive learning games to teach these skills. Helmets and mittens are required. (Bike helmets are ok.) If needed helmets will be provided, but quantities are limited. Max class is 8, register early.

LEARN TO SKATE TOT 2

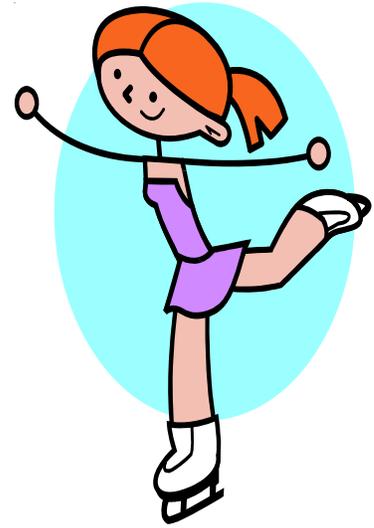
For the pre-school skater who passed Tot 1. Skaters will learn a two-foot jump, forward swizzles and a 2-foot glide.

LEARN TO SKATE 1

The Basics program is for children 6 years and older. Beginning with the New Skater level, the program consists of consecutive levels, which allow a beginner to gain discipline, confidence, and knowledge of basic skating skills, which are needed to advance to the higher levels of figure skating and hockey. As much as possible, students will be grouped according to age and ability. Max class is 8, register early.

ACTIVITY:

109201 A	Wednesdays, September 16 to October 28 4:00 - 4:35 pm	AGE: 6 and up	Skate 1 FEE: \$127
109201 B	Wednesdays, September 16 to October 28 4:35 - 5:10 pm	AGE: 6 and up	Skate 1 FEE: \$127
109201 C	Wednesdays, November 4 to December 23 4:00 - 4:35 pm	AGE: 6 and up	Skate 1 FEE: \$143
109201 D	Wednesdays, November 4 to December 23 4:35 - 5:10 pm	AGE: 6 and up	Skate 1 FEE: \$143
109201 E	Wednesdays, September 16 to October 28 5:10 - 5:45 pm	AGE: 6 and up	Skate 1 FEE: \$127
109201 F	Wednesdays, November 4 to December 23 5:10 - 5:45 pm	AGE: 6 and up	Skate 1 FEE: \$143
109801 A	Wednesdays, September 16 to October 28 4:00 - 4:35 pm	AGE: 3.5 -5.99	Tot 1 FEE: \$127
109801 B	Wednesdays, September 16 to October 28 4:35 - 5:10 pm	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
109801 C	Wednesdays, November 4 to December 23 4:00 - 4:35 pm	AGE: 3.5 -5.99	Tot 1 FEE: \$143
109801 D	Wednesdays, November 4 to December 23 4:35 - 5:10 pm	AGE: 3.5 -5.99	Tot 1 FEE: \$143
109801 E	Thursdays, September 17 to October 29 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
109801 F	Thursdays, November 5 to December 10 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$111
109801 G	Fridays, September 18 to October 30 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
109801 H	Fridays, November 6 to December 18 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
109802 A	Thursdays, September 17 to October 29 10:00 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127
109802 B	Thursdays, November 5 to December 10 10:00 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$111
109802 C	Fridays, September 18 to October 30 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127
109802 D	Fridays, November 6 to December 18 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127



LOCATION: Danbury Ice Arena, One Independence Way

INSTRUCTOR: Danbury Ice Arena



FUN FOR ALL AGES

INTRO TO HUNT SEAT HORSEBACK RIDING

Hunt seat is terminology used in the United States and Canada to refer to a style of forward seat riding commonly found at American horse shows. Along with Dressage, it is one of the two classic forms of English riding. Hunt seat is also the generic term used to describe any form of forward seat riding, including that seen in show jumping and eventing.

ACTIVITY:

109102 A Saturdays, September 5 to September 26
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

109102 B Saturdays, October 3 to October 24
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

109102 C Saturdays, November 7 to November 28
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

109102 D Saturdays, December 5 to December 26
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

109102 E Saturdays, September 5 to September 26
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

109102 F Saturdays, October 3 to October 24
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

109102 G Saturdays, November 7 to November 28
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

109102 H Saturdays, December 5 to December 26
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

109102 I Tuesdays, September 8 to September 29
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

109102 J Tuesdays, October 6 to October 27
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

109102 K Tuesdays, November 3 to November 24
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

109102 L Tuesdays, December 1 to December 22
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

109102 M Wednesdays, September 9 to September 30
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

109102 N Wednesdays, October 7 to October 28
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

109102 O Wednesdays, November 4 to November 25
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

109102 P Wednesdays, December 2 to December 23
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

209102 A Saturdays, January 2 to January 23
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

209102 B Saturdays, February 6 to February 27
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

209102 C Saturdays, March 6 to March 27
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$160

209102 D Saturdays, January 2 to January 23
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

209102 E Saturdays, February 6 to February 27
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

209102 F Saturdays, March 6 to March 27
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$160

209102 G Tuesdays, January 5 to January 26
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$161

209102 H Tuesdays, February 2 to February 23
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

209102 I Tuesdays, March 2 to March 23
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$160

209102 J Wednesdays, January 6 to January 27
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

209102 K Wednesdays, February 3 to February 24
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

209102 L Wednesdays, March 3 to March 24
6:30 - 7:00 pm AGE: 18 and up FEE: \$160

LOCATION: Fox Ridge Farm, 37-39 Aunt Park Lane

INSTRUCTOR: Fox Ridge Farm

NEWTOWN HIKERS FALL SCHEDULE

All hikes (unless stated otherwise) will start at 9:00 am from the lower rear parking lot of the Newtown Town Hall - Route 25 - Main Street - Newtown, CT. Always check with the listed leader of each hike for hike details, weather cancellations and or schedule changes. Newtown Hikers is an open group welcoming anyone interested in hiking and the outdoors. There is no membership fee. To receive the hiking schedules all year, send email request to ester@pilgrim555@charter.net, pick up a copy at the Newtown Recreation Department, or send \$3.00 with your name and address to: Ester Nichols, 14 Pilgrim Lane, Sandy Hook, CT 06482 for a mailing. Hikers participate at their own risk and must sign a release for the Newtown Parks and Recreation Department. If you want to meet the group at a different point, please call the listed leader. Also, call the leader if the weather is doubtful. All hikes are moderate and last 3 to 5 hours plus driving time unless otherwise stated. Children are welcome accompanied by adults. Bring lunch and beverages. Sturdy shoes or boots are recommended. Dress for the weather. For further information call Ester Nichols, 203-788-1398 or pilgrim555@charter.net, or the Parks and Recreation Department of Newtown at 203-270-4340.

September 5th	Four Lakes - Oxford - Easy - Leader Tim Hanbury 203-888-3025
September 12th	East Rock Park - New Haven - Easy hike, leader Ray Falk - 203-520-3793
September 19th	Centennial State Trail - Moderate hike - Leader Carol & Hugh Fullman - 270-1747
September 26th	Westmoreland Sanctuary/Bedford, NY/Leader Jim Steck - 845-621-5559
October 3rd	Peterson Park, Wolcott - Leader Pat Callan - 264-2153
October 10th	#6 Reservoir, Hartford/Moderate/Leader Ildiko Gramling/203-263-0086
October 17th	Lower Paugussett Blue Trail - Indian Wells End Strenuous - Leader Sally Cox 203-426-9903
October 24th	Storm King Mt., NY - Rocky - All day hike - optional dinner out - Leader Nancy Ziegler - 203-732-2618
October 31st	Lovers Leap State Park - New Milford - Medium Leader Tim Hanbury - 888-3025
November 7th	Zoar Lake at Purchase Brook, Southbury - Easy Leader Evelyn Schonberg - 203-426-0425
November 14th	Meeker Swamp/Washington/Moderate/Leader Mike Cianciolo/203-830-9434
November 21st	Sleeping Giant - Hamden - Medium - Leader - Sawsan Ali - 203-426-8911
November 28th	Webb Mt Discovery Zone/Monroe/Easy/Leader Rita Qubick/203-268-4119
December 5th	Pier Point St Park/Ridgefield/Leader Minnie Ingdarda 203-801-8343
December 12th	Richter Park - Danbury - Leader Eloise Muller 203-740-8957 - Short hike followed by Pot Luck luncheon at Susan Gabriele - 203-775-8236. Call Susan for food coordination.



FUN FOR ALL AGES

BEGINNERS KNITTING CIRCLE

Learn to knit class, no knitting experience required. Learn casting on, knitting purling, and more! Create a knitted scarf for a winter wear! All materials provided. Learn all the basics to get you started on a fun, creative hobby!



ACTIVITY:

117101 A Wednesdays, September 30 to November 18
5:15 - 6:15 pm AGE: 8 and up FEE: \$145

LOCATION: Newtown Middle School Classroom

INSTRUCTOR: Nicole Christensen

INTRO TO ROCK CLIMBING

Learn the basics of this cool and exciting sport. We put a priority on SAFETY, ADVENTURE & FUN! All equipment and training provided; easy to challenging. If you can climb a tree, you've already got what it takes!



ACTIVITY:

122202 A Saturday, September 19
10:00 am - 2:00 pm AGE: 10 and up FEE: \$75
122202 B Saturday, October 10
10:00 - 2:00 pm AGE: 10 and up FEE: \$75

LOCATION: off site

INSTRUCTOR: Gary Markowski

ADAPTIVE RECREATION

SPECIAL NEEDS SOCCER

This is a non-competitive instructional soccer program. Come learn the game and have some fun! Sandy Hook Gym will be rain back up. Instructor: Brady Eggleston



ACTIVITY:

118804 A Sundays, September 20 to November 8
9:00 - 10:00 am AGE: 4 and up FEE: \$50

LOCATION: Sandy Hook School Field

INSTRUCTOR: Brady Eggleston

SPECIAL NEEDS YAZZ FOR KIDS

Kids love to dance and they love yoga! In Yazz we do both! We start with a jazz warm-up and combination and the stretch and relax with yoga to fun music! Bare feet welcome! Ages 3-5 yrs.

ACTIVITY:

118802 A Saturdays, October 17 to December 12
10:30 - 11:30 am AGE: 3 - 5.99 FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

FALL TENNIS LESSONS

All players are required to bring: One unopened USTA approved can of tennis balls. Class sizes are limited, please register early.



ACTIVITY:

109103 A Tuesdays, October 6 to October 27
3:00 - 3:30 pm AGE: 5 - 6.99 FEE: \$51
109103 B Tuesdays, October 6 to October 27
3:30 - 4:30 pm AGE: 7 - 11.99 FEE: \$61
109103 C Tuesdays, October 6 to October 27
4:30 - 5:00 pm AGE: 5 - 6.99 FEE: \$51
109103 D Tuesdays, October 6 to October 27
5:00 - 6:00 pm AGE: 8 - 15.99 FEE: \$61
109103 E Thursdays, October 8 to October 29
3:00 - 3:30 pm AGE: 5 - 6.99 FEE: \$51
109103 F Thursdays, October 8 to October 29
3:30 - 4:30 pm AGE: 7 - 11.99 FEE: \$61
109103 G Thursdays, October 8 to October 29
4:30 - 5:00 pm AGE: 5 - 6.99 FEE: \$51
109103 H Thursdays, October 8 to October 29
5:00 - 6:00 pm AGE: 12 and up FEE: \$61

Match Play

109104 A Tuesdays, October 6 to October 27
9:30 - 11:00 am AGE: 18 and up FEE: \$97
109104 B Thursdays, October 8 to October 29
9:30 - 11:00 am AGE: 18 and up FEE: \$97

LOCATION: Dickinson Memorial Town Park, Elm Drive

INSTRUCTOR: Suzanne Gardner



FAIRFIELD COUNTY TENNIS

TENNIS CLINICS

This class will be broken up by age and playing level. Participants will be introduced to the forehand, backhand, volley, and serve. Children/Teens will learn basic singles strategy, footwork, and etiquette. Fairfield County Tennis is pleased to announce that Pro Jacob Kreimer has joined our Newtown teaching staff. Former ESPN tennis analyst and hitting partner for world's No. 1 Martina Navratilova and Ivan Lendl, Jacob will teach clinics for both adults and juniors in Newtown. For more information or to register for the clinics, visit www.newtown-ct.gov. For questions, please call Fairfield County Tennis at 203-640-1724.



ACTIVITY:

Adult Beg/Adv Beg

109110 A Saturdays, September 12 to October 17
9:00 - 10:30 am AGE: 18 and up FEE: \$149

Jr Beg/Adv Beg

109110 B Saturdays, September 12 to October 17
10:30 am - 12:00 pm AGE: 6 - 11.99 FEE: \$139

Beg/Adv Beg/Inter/Adv Inter

109110 C Saturdays, September 12 to October 17
12:00 - 1:30 pm AGE: 11 - 17.99 FEE: \$139

Beg/Adv Beg

109110 D Mondays, September 14 to October 19
9:30 - 10:30 am AGE: 18 and up FEE: \$119

Low Inter/Inter

109110 E Mondays, September 14 to October 19
10:30 am - 12:00 pm AGE: 18 and up FEE: \$149

LOCATION: Dickinson Memorial Town Park, Elm Drive

INSTRUCTOR: Fairfield County Tennis

ACTIVITY:

Adv Beg

109111 A Sundays, November 8 to January 17
3:00 - 4:00 pm AGE: 6 - 9.99 FEE: \$635

Beg/Adv Beg

109111 B Sundays, November 8 to January 17
4:00 - 5:00 pm AGE: 6 - 9.99 FEE: \$250

Tourney Training 2

109111 C Sundays, November 8 to January 17
5:00 - 6:00 pm AGE: 12 - 16.99 FEE: \$320

Beg/Low Inter

109111 D Sundays, November 8 to January 17
6:00 - 7:00 pm AGE: 10 - 12.99 FEE: \$320

Adults

109111 E Tuesdays, November 10 to January 19
9:30 - 11:00 am AGE: 18 and up FEE: \$480

Adults/Adv Beg

109111 F Tuesdays, November 10 to January 19
11:00 - 12:30 am AGE: 18 and up FEE: \$480

Pee Wees

109111 G Tuesdays, November 10 to January 19
12:30 - 1:30 pm AGE: 4 - 5.99 FEE: \$320

Tourney Training 2

109111 H Tuesdays, November 10 to January 19
2:30 - 4:00 pm AGE: 13 - 17.99 FEE: \$480

Tourney Training 1

109111 I Tuesdays, November 10 to January 19
4:00 - 5:30 pm AGE: 13 - 17.99 FEE: \$480

Adv/ Beg

109111 J Tuesdays, November 10 to January 19
5:30 - 6:30 pm AGE: 6 - 9.99 FEE: \$250

Adv Beg

109111 K Tuesdays, November 10 to January 19
6:30 - 7:30 pm AGE: 6 - 9.99 FEE: \$320

Adult Low Inter

109111 L Tuesdays, November 10 to January 19
7:30 - 8:30 pm AGE: 18 and up FEE: \$320

Adult 2.5

109111 M Wednesdays, November 11 to January 20
9:30 - 11:00 am AGE: 18 and up FEE: \$480

Adult/Adv Beg

109111 N Wednesdays, November 11 to January 20
11:00 am - 12:00 pm AGE: 18 and up FEE: \$320

Pee Wees

109111 O Wednesdays, November 11 to January 20
12:00 - 1:00 pm AGE: 4 - 5.99 FEE: \$320

Tourney Training 2

109111 P Wednesdays, November 11 to January 20
2:30 - 4:00 pm AGE: 13 - 17.99 FEE: \$480

Beg/Adv Beg

109111 Q Wednesdays, November 11 to January 20
4:00 - 5:00 pm AGE: 6 - 9.99 FEE: \$320

Tourney Training 1

109111 R Wednesdays, November 11 to January 20
5:00 - 6:30 pm AGE: 13 - 17.99 FEE: \$480

Beg/Adv Beg

109111 S Wednesdays, November 11 to January 20
6:30 - 7:30 pm AGE: 10 - 12.99 FEE: \$320

Adult

109111 T Wednesdays, November 11 to January 20
7:30 - 8:30 pm AGE: 18 and up FEE: \$320

Pee Wees

109111 U Fridays, November 13 to January 29
2:30 - 3:00 pm AGE: 3 - 4.99 FEE: \$160

Beg/Adv Beg

109111 V Fridays, November 13 to January 29
3:00 - 4:00 pm AGE: 10 - 13.99 FEE: \$320

Beg/Adv Beg

109111 W Fridays, November 13 to January 29
4:00 - 5:00 pm AGE: 6 - 9.99 FEE: \$250

Beg/Adv Beg

109111 X Fridays, November 13 to January 29
5:00 - 6:00 pm AGE: 6 - 9.99 FEE: \$250

Pee Wees

109111 Y Saturdays, November 14 to January 23
9:00 - 9:30 am AGE: 4 - 5.99 FEE: \$160

Adult 3.0-3.5

109111 Z Saturdays, November 14 to January 23
9:30 - 10:30 am AGE: 18 and up FEE: \$320

Tourney Training 2

109112 A Saturdays, November 14 to January 23
10:30 - 11:30 am AGE: 12 - 16.99 FEE: \$320

Tourney Training 1

109112 B Saturdays, November 14 to January 23
11:30 am - 1:00 pm AGE: 13 - 17.99 FEE: \$480

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Fairfield County Tennis



PRESCHOOL PROGRAMS

HAPPY PIANO

Studies show that piano lessons in the preschool years help in later academics, especially math, science, and engineering. But for our Happy Piano students, the attraction is the fun and excitement they get from playing the piano. From the very first day, students play on keyboards sized just right for small fingers. Music theory is introduced through games and activities. For question on any of The Happy Piano classes, please check the website at www.happypiano.com or e-mail nancy@thehappypiano.com



ACTIVITY:

106501 A Wednesdays, September 23 to December 9
(No class November 25)
4:00 - 4:30 pm AGE: 3 - 6.99 FEE: \$180

LOCATION: Newtown Middle School , Queen Street
INSTRUCTOR: Happy Piano Instructor



YAZZ FOR KIDS (YOGA & JAZZ)

Kids love to dance and they love yoga! In Yazz we do both! We start with a jazz warm-up and combination and the stretch and relax with yoga to fun music! Bare feet welcome! Ages 3-5 yrs.

ACTIVITY:

108503 A Thursdays, October 15 to December 10
11:00 am - 12:00 pm AGE: 3 - 5.99 FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

MOMMY & ME CREATIVE DANCE TOGETHER

Let's all Dance together! This class will be fun for both Mom and child; you will learn some dance moves while having fun together getting exercise! For ages 2yrs - 4 yrs.



ACTIVITY:

108702 A Thursdays, October 15 to December 10
9:45 - 10:30 am AGE: 2 - 4.99 FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

KARATE-TINY TIGERS

Karate Tang Soo do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but is not mandatory.



ACTIVITY:

113501 A Tuesdays, September 15 to November 3
5:00 - 5:30 pm AGE: 3 - 4.99 FEE: \$65

LOCATION: Hawley Gym, Church hill Road
INSTRUCTOR: Mike Porco

HAPPY PIANO ADVANCED

The Happy Piano is back with more music theory, new songs, and new games for returning students. This class is for students who have taken Happy Piano classes before. Students will pick up where they left off with lessons. For question on any of The Happy Piano classes, please check the website at www.happypiano.com or e-mail nancy@thehappypiano.com



ACTIVITY:

106502 A Wednesdays, September 23 to December 9
(No class November 25)
4:30 - 5:00 pm AGE: 3 - 6.99 FEE: \$195

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Happy Piano Instructor



PRESCHOOL & YOUTH PROGRAMS

KIDSFIT PROGRAMS

ALL KIDSFIT PROGRAMS ARE AT THE TEEN CENTER, CHURCH HILL ROAD

READY TO READ

This hour-long class prepares your child for the joys of reading. A new twist for ages 3 - 5 years old. We will help your children learn to read by teaching them how to "listen to language". Before children can understand printed words, they need to hear and manipulate letter sounds. We will teach this valuable story time and promote rader readiness with games and activities. One such activity includes making pizza to the story, "The Little Red Hen (Makes a Pizza)"

ACTIVITY:

111804 A Mondays, September 14 to November 16
9:15 - 10:15 am AGE: 3 - 5.99 FEE: \$180
111804 B Mondays, September 14 to November 16
1:00 - 2:00 pm AGE: 3 - 5.99 FEE: \$180

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

NEW! SUPER HERO TRAINING

A new non-competitive, athletic skills development class for boys. Focusing on body management, throwing, kicking, dodging, running and catching. Designed to enhance your child's self esteem and increase his athletic ability, coordination, core-body strength and confidence. Guaranteed to be 45 minutes of fun!

ACTIVITY:

111805 A Tuesdays, September 15 to November 17
1:00 - 1:45 pm AGE: 3 - 4.99 FEE: \$150

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

CREATIVE MOVEMENT FOR MOM & ME

This 45 minute class meets weekly for children & their Moms, to explore perceptual motor themes through circle time, rhythm equipment, tumbling apparatus and parachute. Continue bonding with your child as you help him or her move, develop confidence and encourage his or her creative spirit. A fun way to improve their motor skills, coordination and socialization while meeting other Moms in the neighborhood.

ACTIVITY:

111809 A Tuesdays, September 15 to November 3
9:15 - 10:00 am AGE: 3 - 4.99 FEE: \$110
111809 B Tuesdays, September 15 to November 3
10:30 - 11:15 am AGE: 1 - 2.99 FEE: \$110

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

NEW! BUDDING ARTISTS

Let one of Newtown's own, Artist Paula Hughes bring out the creativity and imagination in your child as they draw, paint, stamp, collage, stencil, and sculpt fruits and veggies this fall.

ACTIVITY:

111803 A Thursdays, September 17 to November 19
9:15 - 10:00 am AGE: 4 - 6.99 FEE: \$180
111803 B Saturdays, September 19 to November 21
10:00 - 10:45 am AGE: 4 - 6.99 FEE: \$180

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

MOTHER'S MORNING OUT

Our Pre-school Readiness Program designed for your child to experience the magic of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs & parachute play, weather, group gym games, arts & crafts projects and a story. Appropriate transitions between activities allow your child to recognize and become familiar with the structure of the day and to look forward to the next activity. Don't Miss Out; this is a very popular class! Children must turn 2 by the start of the program; they DO NOT need to be potty trained. Please pack a snack and drink for your child each class.

ACTIVITY:

111801 A Wednesdays, September 16 to November 18
9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$180
111801 B Fridays, September 18 to November 20
9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$180
111801 C Fridays, September 18 to November 20
11:45 am - 1:45 pm AGE: 2 - 5.99 FEE: \$180

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

LITTLE MISS BALLERINA

Aspiring ballerinas will experience the joy of movement in this Pre-ballet class. We will introduce the style and language of ballet while teaching the concepts of position, poise and gracefulness. Young ballerinas will develop coordination, rhythm, body awareness in this fun-filled class. Miss Judy brings 15 years of dance experience and is excited to bring out the imagination in your child. Ballet slippers and pink leotards are recommended.

ACTIVITY:

111802 A Thursdays, September 17 to October 15
3:15 - 4:00 pm AGE: 4 - 6.99 FEE: \$70
111802 B Thursdays, October 22 to November 19
4:30 - 5:30 pm AGE: 4 - 6.99 FEE: \$70

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Kidsfit

CREATIVE MUSIC AND MOVEMENT

This class will explore your child's personality & imagination through song, dance & vibrant expression with guitar, scarves, ribbon twirls and other exciting instruments and games. Including traditional and original music. The class will explore music with Eurhythmics technique- music with storytelling through movement. Join Francine Wheeler with her guitar and sense the many wonderful ways a child can experience music.

ACTIVITY:

111810 A Thursdays, September 17 to November 19
10:30 - 11:15 am AGE: 3 - 5.99 FEE: \$180

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Kidsfit



YOUTH PROGRAMS

ALICE IN WONDERLAND

18 weeks of acting fun for young children. We will rehearse and perform the play, "Alice in Wonderland." The play will be adapted by the instructor and the students to meet the needs of the young actors involved. Through improvisation and theatre games, we will create a unique and magical show combining acting, music, movement, and some singing. This experience will encourage creativity, nurture self-esteem, and build confidence. A final performance will be shown on the last day of class for family and friends.

ACTIVITY:

107502 A Wednesdays, September 16 to February 3
(No class November 25, December 23, December 30)
4:15 - 5:45 pm AGE: 5 - 7.99 FEE: \$350
107502 B Thursdays, September 17 to February 4
(No class November 26, December 24, December 31)
4:15 - 5:45 pm AGE: 8 - 10.99 FEE: \$350

LOCATION: Reed School Cafe

INSTRUCTOR: Twyla Kessler MFA from NYU Tisch School of the Arts

KARATE- LITTLE DRAGONS

Karate Tang Soo do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but is not mandatory.



ACTIVITY:

113502 A Tuesdays, September 15 to November 3
5:45 - 6:15 pm AGE: 5 - 6.99 FEE: \$65

LOCATION: Hawley Gym, Church hill Road

INSTRUCTOR: Mike Porco

KARATE 7- 12 YEARS OLD

Karate Tang Soo do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but is not mandatory.



ACTIVITY:

113603 A Tuesdays, September 15 to November 3
6:30 - 7:15 pm AGE: 7 - 12.99 FEE: \$70

LOCATION: Hawley Gym, Church hill Road

INSTRUCTOR: Mike Porco

SENSE-A-TIONAL SCIENCE

Stimulate your senses and explore the world around you as Science charges you up! Have your hair raising experience with our Van Da Graph machine. Learn the science behind making Cotton Candy. Color your world with a Technicolor Blender. Find out why you can't taste without smell. Feel the gooey polymer called "Slime" and test its power of elasticity. Listen closely as you travel with sound and see things before your very eyes. This session is sure to excite and intensify how you experience the world around you through your senses.

ACTIVITY:

119502 A Thursdays, October 1 to October 29
4:30 - 5:30 pm AGE: 5 - 7.99 FEE: \$95

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Mad Science

ELEMENTARY DANCE CLASS

A 60 minute combination class of Ballet, Tap, Jazz and Creative Movement for children ages 5-8. Each class is taught using developmentally and age appropriate skills, props and educational concepts to help keep classes fun! Class meets once per week.



ACTIVITY:

104501 A Mondays, October 19 to December 7
4:30 - 5:30 pm AGE: 5 - 8.99 FEE: \$102

LOCATION: Newtown Middle School Gym B, Queen Street

INSTRUCTOR: Fit to Be

ELEMENTARY DANCE PROGRAM

A 60 minute combination class of Ballet, Tap, Jazz and Creative Movement for children ages 5-8. Each class is taught using developmentally and age appropriate skills, props and educational concepts to help keep classes fun! Class meets once per week. There will be additional costs for recital. Child does not have to participate. Recital date is April 30th.

ACTIVITY:

204501 A Mondays, January 11 to April 30
(No class January 18, February 15)
4:30 - 5:30 pm AGE: 5 - 8.99 FEE: \$180

LOCATION: Newtown Middle School Gym B, Queen Street

INSTRUCTOR: Fit to Be

F.I.T (FEMALES IN TRAINING)

This is an experiential learning program for girls ages 8 - 11 that combines training for a 3.1 mile run/walk (5K) even with life changing, self esteem, enhancing, uplifting warm-ups and work outs the encourage emotional, social, mental, spiritual and physical development. Any questions or inquiries please call coach Liz Raftery at (203) 364-0059.



ACTIVITY:

109511 A Mondays/Thursdays, September 21 to December 7
4:00 - 5:00 pm AGE: 7 - 11.99 FEE: \$140

LOCATION: Hawley School, Church hill Road

INSTRUCTOR: Elizabeth Raftery

SLEUTHS ON THE SCENE

Suspects, schematics, and sleuths... oh my! Connect the dots using science to help solve a crime in this hands-on investigation at the science of sleuthing. The children will use the Scene Solver to reconstruct the scene of a crime. Using their Whodunit Kit, they can practice the skills of recall and observation-they are provided with character descriptions to reconstruct the face of the suspect! Provided answer keys give them feedback on their skills.

ACTIVITY:

119501 A Thursdays, October 1 to October 29
5:45 - 6:45 pm AGE: 7 - 11.99 FEE: \$95

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Mad Science

YOUTH PROGRAMS

MULTI-SPORT

This program is designed to introduce children to the basics of a sport and competition. In addition to enhancing and learning skilled in soccer, floor hockey, baseball, basketball, flag football, kickball, and more, they will also learn about self-esteem, team work and the value of hard work. Consultations with specialists in education helped design this program that stimulate and motivate children to learn.



ACTIVITY:

109607 A Tuesdays, October 6 to December 1
(No class November 17)
4:35 - 5:45 pm AGE: 5 - 9.99 FEE: \$160
209607 A Tuesdays, January 5 to March 2
(No class February 16)
4:35 - 5:45 pm AGE: 5 - 9.99 FEE: \$160

LOCATION: Middle Gate School Gym
INSTRUCTOR: Erica Belden

8 - 10 YR FITNESS

Learn the basics of strength training from an expert. All games and activities will encourage fun and overall fitness.



ACTIVITY:

108501 A Tuesdays/Thursdays, September 15 to October 22
3:00 - 4:00 pm AGE: 8 - 10.99 FEE: \$135
108501 B Tuesdays/Thursdays, October 27 to December 10
3:00 - 4:00 pm AGE: 8 - 10.99 FEE: \$135
108501 C Tuesdays/Thursdays, September 15 to December 10
3:00 - 4:00 pm AGE: 8 - 10.99 FEE: \$255

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss

COOKING CLASS

Students create healthy, seasonal meals, while learning about fresh herbs, nutrition & culinary terms. Students receive aprons, chef's hats, utensils, diplomas & recipe cards. Adjustments made for food allergies. Teacher: Sharon Martovich, "Kids in the Kitchen."



ACTIVITY:

102501 A Tuesdays,
November 3 to December 8
(No class November 17, November 24)
4:15 - 5:30 pm AGE: 6 - 11.99 FEE: \$95

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Sharon E. Martovich

LEGO FUNGINEERING

Young budding enginners love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, leavers and wheels are introduced through a series of activity-card LEGO building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this Fall.

ACTIVITY:

117506 A Tuesdays, November 10 to December 8
4:00 - 5:30 pm AGE: 5 - 8.99 FEE: \$105

LOCATION: Newtown Middle School Cafe, Queen Street
INSTRUCTOR: Computertots/Compu

CHARMING CHILDREN AGES 5-11

Manners make life better! This class is designed to guide young teens through every day life with fun role playing scenarios to understand respectful behavior and etiquette!

ACTIVITY:

105501 A Thursdays, September 24 to October 22
4:00 - 5:00 pm AGE: 5 - 11.99 FEE: \$75

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

PRACTICE MAKES POLISHED CLASSES

There will be ladylike ways reviewed-being gracious and graceful; proper sitting techniques; cleanliness and pride with hygiene; discussion on perfume, make-up and nail polish.

ACTIVITY:

Etiquette just for GIRLS!

105602 A Thursdays, September 24
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

Etiquette just for BOYS!

105602 B Thursdays, October 1
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

The Model American

105602 C Thursdays, October 8
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

Charming Correspondence

105602 D Thursdays, October 15
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

Holiday Etiquette

105602 E Thursdays, October 22
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

All classes

105602 F Thursdays, September 24 to October 22
5:00 - 6:15 pm AGE: 5 - 11.99 FEE: \$90

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

YOUTH AND TEEN PROGRAMS

SPECIAL EFFECTS FILMMAKING

Lights! Camera! Action! Our young filmmakers will develop a story and learn to use Special Effects to film it. They will work as a team as they write, shoot and edit their movie. The final day will end with the World Premiere for family and friends. Students are encouraged to bring their own camera digital tape and tripod if they already own one. This is preparatory course for the Filmmakers Ink Summer Intensive. More info on www.Filmmakers-Ink.com. Enrollment will be limited. Please Register Early!

ACTIVITY:

117310 A Thursdays, October 29 to December 10
(No class November 26)
4:45 - 5:55 pm AGE: 8 - 10.99 FEE: \$105
117310 B Thursdays, October 29 to December 10
(No class November 26)
6:00 - 7:10 pm AGE: 11 - 13.99 FEE: \$105

LOCATION: Hawley School, Church hill Road

INSTRUCTOR: Filmmakers Ink

PAINT, DRAW & MORE

This program teaches children to draw what they see, to enhance their drawings with their own ideas and concepts and to use different materials in creative ways. Students learn to draw in a non-competitive, nurturing and fun environment. This art program helps children build self-esteem through personal drawing success, and enhances hand-eye coordination as well as an understanding of spatial and color relationships. The instructor brings projects, materials and other drawing aids and leads a structured, yet creative art lesson.



ACTIVITY:

101601 A Wednesdays, September 16 to October 21
4:00 - 5:00 pm AGE: 5 - 8.99 FEE: \$105
LOCATION: Newtown Middle School, Queen Street
101601 B Wednesdays, September 16 to October 21
5:00 - 6:00 pm AGE: 9 - 13.99 FEE: \$105
LOCATION: Newtown Middle School, Queen Street

101601 C Wednesdays, November 4 to December 9
4:00 - 5:00 pm AGE: 5 - 8.99 FEE: \$105
LOCATION: Hawley School, Church hill Road

101601 D Wednesdays, November 4 to December 9
5:00 - 6:00 pm AGE: 9 - 13.99 FEE: \$105
LOCATION: Hawley School, Church hill Road

INSTRUCTOR: Susan Jackson

INTERMEDIATE JUMP ROPE/TEAM

Single rope and Double Dutch skills.

ACTIVITY:

109509 A Mondays/Wednesdays, September 14 to December 11
(No class September 28, November 25)
6:30 - 7:30 pm AGE: 7 and up FEE: \$30

LOCATION: Middle Gate School Gym

INSTRUCTOR: Pamela Patterson

CHARMING TEENS AGES 12-14

Manners make life better! This class is designed to guide young teens through every day life with fun role playing scenarios to understand respectful behavior and etiquette!

ACTIVITY:

105601 A Thursdays, September 24 to October 22
3:00 - 4:00 pm AGE: 12 - 14.99 FEE: \$75

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Nicole Dragone

JUDO

Join our Newtown Judo Team! Judo is an excellent self-defense with no kicking and no punching. Judo consist of standing throws and complex grappling techniques used both offensively and defensively, as well as falling techniques for safety. It is a vigorous competitive sport which requires both physical and mental endurance. Judo is practiced by people of all ages, and is the only official competitive martial art that is sponsored by the Olympic Games (since 1964). The practice of Judo builds strength and aerobic fitness while improving self-discipline, concentration, self-awareness, balance and coordination. We are a member of the United States Judo Association. With over 14 years of teaching experience, we look forward to sharing our love of the sport with you. For more information call: (203) 270-9468. Students should come at 5:00pm to get ready. The lessons start at 5:15pm.



ACTIVITY:

113601 A Thursdays, October 1 to December 10
(No class November 26)
5:00 - 6:15 pm AGE: 7 - 19.99 FEE: \$149

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Christine Rinaldi

BABYSITTING CLASS

Participants will learn the basic principles of First Aid and Rescue Breathing. Diapering techniques, safe play, child development, responsibilities and roles of safe babysitting. Course is presented in an entertaining and interactive manner. Each student receives a text and supplemental information. Certification is issued upon completion.



ACTIVITY:

121601 A Mondays, October 19 to October 26
3:45 - 6:45 pm AGE: 10 - 15.99 FEE: \$55
121601 B Thursdays, November 5 to November 12
3:45 - 6:45 pm AGE: 10 - 15.99 FEE: \$55

LOCATION: Newtown Middle School Cafe, Queen Street

INSTRUCTOR: CPR O'Heart

YOUTH AND TEEN PROGRAMS

FLAG FOOTBALL

Come and enjoy the most positive, fun flag football league going. Each participant will learn everything they need to know about football by PLAYING the game! Each participant should bring a water bottle and plenty of enthusiasm.



ACTIVITY:

109606 A Fridays, September 18 to October 23

6:30 - 9:00 pm AGE: 7 - 13.99 FEE: \$149

109606 B Fridays, November 6 to December 18

6:30 - 9:00 pm AGE: 7 - 13.99 FEE: \$149

LOCATION: Newtown Youth Academy,

INSTRUCTOR: Jeffrey Tolson

NEWTOWN YOUTH WRESTLING

Come and join the wrestling team (OTT- Over The Top). As part of the Connecticut Youth Wrestling League, we will compete each week against area teams. To ready ourselves, we will train several days per week in Folk Style wrestling, conditioning and learning the ins and outs of this great sport. Benefits for on and off the mat.

ACTIVITY:

109513 A Mondays/Wednesdays/Thursdays, October 19 to

February 11

7:00 - 8:30 pm

AGE: 5 - 14.99 FEE: \$225

LOCATION: Newtown High School, Route 34

INSTRUCTOR: Steve Ford

GIRLS FIELD HOCKEY

This program is designed to introduce and expose athletes to the sport of field hockey. Instructional sessions will begin with basic skills. As participants develop confidence, more advanced skills will be introduced. There will be small-sided games to help teach offensive and defensive strategies. Besides field play, participants will be introduced to the position of goal keeping with equipment and techniques. Bring both sneakers and cleats and a water bottle. Girls MUST provide own mouth guard and shin guards and goggles. Stick will be provided, however please feel free to bring your own stick. There will be 1 to 3 scrimmages.



ACTIVITY:

109615 A Mondays, September 14 to December 7

4:00 - 5:00 pm

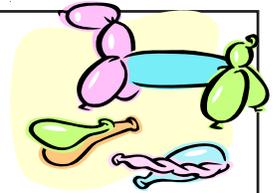
AGE: 9 - 14.99 FEE: \$80

LOCATION: Newtown Youth Academy

INSTRUCTOR: Pam Gleason

BALLOON ANIMALS 101

Danny will start off by teaching all of the basics in the art of balloon twisting - inflating the balloons, tying the knot, and the basic twists. Then students will learn some simple single balloon animals and progress to beautiful balloon creations using two, three or more balloons! To end the class, students will get to have a balloon jam, where they can practice what they have just learned, and share ideas with the other classmates. Each student will be supplied with their own pump to keep and a supply of professional quality twisting balloons to take home and practice with, after class is done!



ACTIVITY:

117601 A Saturday, October 3

10:00 - 11:30 am

AGE: 6 - 14.99 FEE: \$45

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Dan Trombetta

JUNIOR GOLF LESSONS

Come to Golf Quest to help improve your driving, irons and putting with a professional. You will receive four lessons from a Golf Quest golf pro, with each lesson concentrating on a different aspect of the game.



ACTIVITY:

109603 A Wednesdays, September 16 to October 7

4:30 - 5:30 pm

AGE: 6.99 - 14.99 FEE: \$115

109603 B Thursdays, October 15 to November 5

4:30 - 5:30 pm

AGE: 6.99 - 14.99 FEE: \$115

109603 C Mondays, November 9 to November 30

4:30 - 5:30 pm

AGE: 6.99 - 14.99 FEE: \$115

109603 D Tuesdays, December 8 to December 29

4:30 - 5:30 pm

AGE: 6.99 - 14.99 FEE: \$115

LOCATION: Golf Quest, Brookfield

INSTRUCTOR: Golf Quest

BASEBALL HITTING CLINIC

This clinic is designed for baseball players who want to continue working on their swings during the off season. This program is designed to get young hitters into solid work habits to develop proper hitting fundamentals and mechanics. Instruction will focus on balance and bat speed. Each player's swing will be broken down into parts and analyzed. Players will participate in various hitting drills and stations take live batting practice. Players will receive: 9 hours of quality instruction, personal DVD showing child's progress week to week, personal print out of strengths and areas that need improvement.



ACTIVITY:

109616 A Sundays, September 13 to October 18

9:30 - 11:00 am

AGE: 8 - 13.99 FEE: \$150

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Matt Memoli

YOUTH AND TEEN PROGRAMS

"THE GARAGE" TEEN CENTER

Newtown residents only! Located on Church Hill Road, Newtown, CT. "The Garage" Teen Center is open every Friday and Saturday night. Come on down and enjoy the fun or just hang out. Come and check out our air hockey table, 2 pool tables, and foosball table. We also have 2 video games and a claw machine for only 25 cents a play. You can also bring down your cd or dvds to play on our cd player or TV. Live bands events are for High School students only! The Teen Center also provides music with a live Dj. Fee for special events, DJs or live Bands will vary from \$3.00 - \$7.00.

Check our website for upcoming events.

www.newtown-ct.gov

High School Nights - Grades 9 - 12 only

Hours 7:00 - 11:00 pm - Open Friday and Saturday nights unless designated for Middle School, 5/6 nights or birthday parties. High School students may be required to show proof of residency.

Middle School Nights - Grades 7 & 8 only

Hours 7:00 - 10:00 pm - Open every second Friday of the month, unless a band or birthday party is scheduled.

Reed Intermediate School Nights - Grades 5 & 6 only

Hours 7:00 - 9:30 pm - Open every third Friday of the month, unless a band or birthday party is scheduled.



THE LITTLE PRINCE

18 weeks of acting fun for young children. We will rehearse and perform the play, "The Little Prince." The story will be adapted by the instructor and the students to fit the needs of the young actors involved. Through improvisation and theatre games, we will create the magical world of the Little Prince and express the uniqueness of the characters he encounters. The actors will improve on their acting, movement, and character building skills. This experience will spark creativity, nurture self-esteem, and build confidence and create a bond with their fellow cast members. A final performance will be shown on the last day of class for family and friends.

ACTIVITY:

107503 A Wednesdays, September 16 to February 3
(No class November 25, December 23, December 30)
6:00 - 7:30 pm **AGE:** 10 - 13.99 **FEE:** \$350

LOCATION: Reed Cafe

INSTRUCTOR: Twyla Kessler, MFA from NY University Tisch School of the Arts

TEEN CENTER BOARD

The Teen Center is currently looking for Middle School / High School students who are interested in joining the Teen Center Board. This board will meet once a month at 7:30 pm to help develop, plan and promote events and activities for the Teen Center. Please call Newtown Parks and Recreation office 270-4340 if you are interested. Meetings held every second Friday of the month at the Teen Center.

TEEN CENTER BIRTHDAY PARTY

Newtown residents only! Come have your next birthday party at the Teen Center. Available for grades 5th to 12th. Access to pool tables, foosball table, air hockey table and video games.

FEES:

Rental Fee: \$125.00 per event

Refundable Deposit: \$100.00

Insurance: \$1.10 per person

Party MUST be scheduled at least two weeks in advance.

Available Friday or Saturday nights from 7:00 - 11:00 pm. NO Holidays!
Maximum 4 hours including set-up and clean up.



ROMEO AND JULIET

36 weeks of acting fun for children who want to perform Shakespeare. First, we will learn about William Shakespeare, his life, and the Elizabethan period. Then through improvisation and theatre games we will create a breath-taking performance of "Romeo and Juliet" using Shakespeare's words and putting our own original modern flare to it. Every actor will play both major and minor roles. Working on this play will sharpen each actor's ability in acting, movement, dance, stage combat, playwriting, and mask making. This experience will encourage creativity and originality, nurture self-esteem, build confidence, and create a bond between fellow cast members. A final performance will be shown on the last evening of class for family and friends.



ACTIVITY:

107504 A Thursdays, September 17 to June 17
(No class November 26, December 24, December 31, April 22)
6:00 - 7:30 pm **AGE:** 10 - 13.99 **FEE:** \$650

LOCATION: Reed Cafe

INSTRUCTOR: Twyla Kessler, MFA from NY University Tisch School of the Arts

WEBSITE: www.newtown-ct.gov
PHONE NUMBER: (203) 270-4340



YOUTH AND TEEN PROGRAMS

INTRO TO 2-D ANIMATION

From Anime, to Disney, to the Cartoon Network, we see traditional 2-D animation everywhere. The animators who create our favorite animated films all possess the fundamental skills to bring believable characters to life. In this fun class, students will use the tools of professional animators, as well as learn the principals of animating and designing their own unique characters. Finally, students will construct a story in which their characters will come to life. At the end of this course each student will receive a CD of their imaginary creations. Students also have the option of purchasing the professional animation tools to continue their animation experience at home.



ACTIVITY:

117610 A Wednesdays, September 23 to November 11
(No class November 25)
5:30 - 6:45 pm **AGE:** 12 - 18.99 **FEE:** \$155

LOCATION: Newtown Middle School , Queen Street
INSTRUCTOR: Daniel Beck



AIKIDO

Aikido is a gentle martial art that can be experienced and enjoyed by the whole family. The grace and power of Aikido comes from using the attackers force to throw him/her with minimal effort. The Aikido principles of balance, blending and non-resistance teach students to seek creative alternatives to conflict, both physical and verbal. By training in a supportive, non-competitive atmosphere, students will learn and experience: Useful physical skills such as rolling and falling safely: Creative conflict resolution, body awareness and practical self-defense skills: Enhanced coordination of mind and body: Improved balance and coordination: Increased self-confidence and self-discipline, while having fun along the way. In a world increasingly filled with stress and conflict, the lessons of Aikido are useful tools for both children and adults. We are associated with Berkshire Hills Aikido in Great Barrington, MA. Adults and children 8 years and older are invited to experience this special art form. For more information please call (203)364-1380.

ACTIVITY:

113101 A Thursdays, September 10 to December 17
(No class November 26)
7:00 - 8:00 pm **AGE:** 12 and up **FEE:** \$115
213101 A Thursdays, January 14 to April 8
7:00 - 8:00 pm **AGE:** 12 and up **FEE:** \$115

LOCATION: Middle Gate School Gym
INSTRUCTOR: Barbara Toomey

H. S. STRENGTH & CONDITIONING

This highly popular program is back for its fourth year. This year all training will be at The Fitness Loft featuring all of the latest equipment available.

ACTIVITY:

108301 A Tuesdays/Thursdays, September 15 to October 22
5:00 - 6:00 pm **AGE:** 14 - 17.99 **FEE:** \$135
108301 B Tuesdays/Thursdays, October 27 to December 10
5:00 - 6:00 pm **AGE:** 14 - 17.99 **FEE:** \$135
108301 C Tuesdays/Thursdays, September 15 to December 10
5:00 - 6:00 pm **AGE:** 14 - 17.99 **FEE:** \$255

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss

M.S. FITNESS

Strength training and recreational fitness.

ACTIVITY:

108601 A Tuesdays/Thursdays, September 15 to October 22
4:00 - 5:00 pm **AGE:** 11 - 14.99 **FEE:** \$135
108601 B Tuesdays/Thursdays, October 27 to December 10
4:00 - 5:00 pm **AGE:** 11 - 14.99 **FEE:** \$135
108601 C Tuesdays/Thursdays, September 15 to December 10
4:00 - 5:00 pm **AGE:** 11 - 14.99 **FEE:** \$255

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss

VIDEO GAME

ANIMATION

Students will be using the software program 'Scratch' developed by MIT Media Institute to create animation, music videos, Pac-man like video games and more. Creations from this class along with a copy of this software will be sent home so they can continue to have fun!



ACTIVITY:

117505 A Fridays, November 6 to December 11
4:00 - 5:30 pm **AGE:** 8 - 15.99 **FEE:** \$105

LOCATION: Newtown Middle School , Queen Street
INSTRUCTOR: Computertots/Computer Explorers

CO-ED SOCCER LEAGUE

Full field on the turf at NYA! Open to high school girls and boys, ages 13-17. Come join the fast-paced, round-robin action of indoor soccer action at NYA. Bring water, shin guards and your great attitude. All games, all fun, all soccer! Games will be officiated and champions will be crowned!!

ACTIVITY:

109404 A Fridays, September 18 to October 23
9:00 - 11:00 pm **AGE:** 13 - 17.99 **FEE:** \$119
109404 B Fridays, November 6 to December 18
9:00 - 11:00 pm **AGE:** 13 - 17.99 **FEE:** \$119

LOCATION: Newtown Youth Academy,
INSTRUCTOR: Jeffrey Tolson

TEEN AND ADULT PROGRAMS

ZUMBA ADULTS & TEENS!

ZUMBA is a fusion of Latin and International music - dance themes that create a dynamic, exciting, effective fitness program! It combines high energy and motivating music with unique moves and combinations that sculpt and tone your body. Zumba is aerobic interval training that combines fast and slow rhythms to improve aerobic capacity, strength, flexibility, balance and coordination, while maximizing caloric output, fat burning and total body conditioning.

ACTIVITY:

108403 A Mondays, November 2 to December 21
7:30 - 8:30 pm AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

BASIC YOGA AND PILATES

Cost \$120 for 8 week class card, on-going registration, class cards are good for any yoga or Pilate's class and expire in 3 months. This class will focus on learning core postures and the vocabulary of Yoga and Pilates. We will start where you are providing modifications and use of props to help you feel comfortable in any Yoga or Pilate's class. This class is taught by Kat Barton, who co-directs The Graceful Planet and is trained in Pilates and is a 500hr. Professional Level Kripalu Yoga Teacher.

ACTIVITY:

108406 A Thursdays, September 17 to December 17
11:00 am - 12:00 pm AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

VINYASA YOGA

Cost \$120 for 8 week class card, on-going registration, class cards are good for any yoga or Pilate's class and expire in 3 months. Vinyasa Yoga is a Yoga flow class that keeps the body moving through the postures. It is both an invigorating practice and a relaxing one. The class is appropriate for all levels and is with our certified Yoga teacher, Kate Perchuck.



ACTIVITY:

108404 A Mondays, September 14 to December 14
9:30 - 10:30 am AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

GRACEFUL PLANET YOGA

Cost \$120 for 8 week class card, on-going registration, class cards are good for any yoga or Pilate's class and expire in 3 months. Hatha Yoga is a basic yoga class incorporating the breath with movement. This class is appropriate for all levels and is wonderful way to relax and unwind with Liz Tevolini.



ACTIVITY:

108407 A Mondays, September 14 to December 14
6:00 - 7:00 pm AGE: 13 and up FEE: \$120
108407 B Wednesdays, September 16 to December 16
9:30 - 10:30 am AGE: 13 and up FEE: \$95
108407 C Fridays, September 18 to December 18
9:30 - 10:30 am AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

MINDFUL PILATES

Cost \$120 for 8 week class card, on-going registration, class cards are good for any yoga or Pilate's class and expire in 3 months. This mind body workout focuses on building core strength and flexibility. We will explore mindful practices in this class, enhancing the experience, Pilates is a great way to tone the entire body and build strength. We will use light weights, work our abs, and the entire body! Come discover your Inner Strength! Class is taught by Kat Barton.



ACTIVITY:

108405 A Tuesdays, September 15 to December 15
9:30 - 10:30 am AGE: 13 and up FEE: \$120
108405 B Thursdays, September 17 to December 17
9:30 - 10:30 am AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

SNOW SPORTS CONDITIONING

Get those muscles ready for ski/snowboard season. Work on core, flexibility and strength. Condition yourself to prevent injury and have the endurance to keep up with your friends and family. Six week program beginning September 22nd through October 29th. Instructor Angie Taylor, Certified Personal Trainer and Professional Ski Instructor.

ACTIVITY:

108214 A Tuesdays, September 22 to October 27
7:00 - 8:00 pm AGE: 12 and up FEE: \$90
108214 B Thursdays, September 24 to October 29
7:00 - 8:00 pm AGE: 12 and up FEE: \$90
108214 C Tuesdays/Thursdays, September 22 to October 29
7:00 - 8:00 pm AGE: 12 and up FEE: \$179

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Angie Taylor



TEEN AND ADULT PROGRAMS

WOMEN ONLY GOLF LESSONS

Come to Golf Quest to help improve driving, irons, and putting with a professional.



ACTIVITY:

109402 A Thursdays, September 17 to October 8
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$115
109402 B Wednesdays, October 14 to November 4
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$115
109402 C Tuesdays, November 10 to December 1
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$115
109402 D Mondays, December 7 to December 28
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$115

LOCATION: Golf Quest, Brookfield

INSTRUCTOR: Golf Quest

WOMEN'S SELF DEFENSE

What would you do when faced by an attacker? Master Mike Porco, 4th degree black belt and instructor at Porco's Karate Academy will help you learn effective and simple methods to ward off an attacker if you find yourself confronted by violence. Students will work with each other to build awareness and practice some practical ways to defend themselves. Wear loose comfortable clothing and shoes.



ACTIVITY:

113201 A Fridays, September 25 to October 9
7:30 - 8:30 pm AGE: 13 and up FEE: \$40

LOCATION: Porco's Karate Academy, Church Hill Road

INSTRUCTOR: Mike Porco

ADULT NOVICE GOLF LESSONS

Each lesson concentrates on different aspect of the game. Work on your swing, improve your driving and putting with a Golf Quest professional. Class size is limited for more individual attention.



ACTIVITY:

109403 A Wednesdays, September 16 to October 7
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$115
109403 B Thursdays, October 15 to November 5
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$115
109403 C Mondays, November 9 to November 30
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$115
109403 D Tuesdays, December 8 to December 29
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$115

LOCATION: Golf Quest, Brookfield

INSTRUCTOR: Golf Quest

ADULT KARATE

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control and balance. Emphasis on movement, coordination, timing, concentration and conditioning. As you participate, you will build self esteem and confidence. Uniform can be purchased at Porco's Karate, but is not mandatory.

ACTIVITY:

113202 A Mondays, September 14 to November 2
8:00 - 8:45 pm AGE: 13 and up FEE: \$65
113202 B Wednesdays, September 16 to November 4
8:00 - 8:45 pm AGE: 13 and up FEE: \$65

LOCATION: Porco's Karate Academy, Church Hill Road

INSTRUCTOR: Mike Porco

ZUMBA

Best deal in town to enjoy the latest fitness craze! Dance your way to a more fit you.

ACTIVITY:

108211 A Sundays, September 13 to October 25
9:00 - 10:00 am AGE: 13 and up FEE: \$115
108211 B Tuesdays, September 15 to October 27
6:30 - 7:30 pm AGE: 13 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Fitness Loft staff

YOGA & PILATES

Cost \$120 for 8 week class card, on-going registration, class cards are good for any yoga or Pilate's class and expire in 3 months. This hour and a half class is the best of everything. We will work on our core strength, and lower body, we then incorporate the ball into our workout developing upper body strength and balance. We utilize bands and weights in our conditioning and then stretch it all out with Kripalu Yoga and relaxation. This class is taught by Kat Barton, who co-directs The Graceful Planet and is trained in Pilates and is a 500hr. Professional Level Kripalu Yoga Teacher.



ACTIVITY:

108203 A Saturdays, September 19 to December 19
8:30 - 10:00 am AGE: 12 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet



CANINE GOOD CITIZEN/RALLY ADVANCED OBEDIENCE

This course prepares students for the CGC/ Rally Advanced Obedience. Open to all dogs who have completed the Family Manners Skills class. CGC stresses good manners in the presence of people and other dogs. Testing for the CGC is included in the fee. The Rally class is for dogs who know the basic obedience commands such as sit, down, stay, come and heel. This Class focuses on the foundation skills needed to succeed in everyday life.



Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class

PROGRAM

ACTIVITY:

100014 A Thursdays, September 10 to October 15
7:30 - 8:15 pm **AGE:** 14 and up **FEE:** \$150

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed

A.K.C. S.T.A.R PUPPY PROGRAM

This exciting new program is designed to get new puppies and owners off to a good start. The AKC Puppy S.T.A.R program is an incentive program for responsible dog owners who have taken the time to train and socialize their dogs. S.T.A.R is an acronym for "Socialization", "Training", "Activity", and a "Responsible" owner, all the things a puppy needs to have a good life. Life skills will be taught to new pups and include the basic commands such as "sit", "down", "stay", "coming when called", proper socialization and interactions as well as responsible dog ownership. A certified CGC(Canine Good Citizen) Evaluator will teach this course. This class is open to all pups up to one year of age. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to 1st class



ACTIVITY:

100016 A Thursdays, September 10 to October 15
6:30 - 7:15 pm **AGE:** 14 and up **FEE:** \$175

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed



DOG OBEDIENCE LEVEL 1

This class is designed for dogs 4 months of age and older with no formal training. All elements of basic canine training will be covered including the sit, down, stay, recall, heel, jumping, chewing and good manners will be addressed. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to 1st class



ACTIVITY:

100015 A Thursdays, September 10 to October 15
7:30 - 8:15 pm **AGE:** 14 and up **FEE:** \$175

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed

DOG OBEDIENCE LEVEL 2

This class is for the graduates of the Level 1 class. This class will further enhance the relationship between the pet and owner. Consistency and reliability will be significantly improved through distraction and attention training. Introduction to off-lead stays and recalls will be introduced. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class

ACTIVITY:

100017 A Thursdays, September 10 to October 15
6:30 - 7:15 pm **AGE:** 14 and up **FEE:** \$130

LOCATION: Teen Center, Church hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed



ADULT PROGRAMS

YOGA WITH TRISH

Stretch, strengthen and tone. Increase stamina, flexibility, and balance. Relax! Work with the yoga postures and begin to unite body, breath and mind to enhance your life. This course is open to all. Main emphasis will be on the physical aspects of yoga with some study of breath work and a short meditation at the end of each class. Please wear comfortable clothing and bring a non-slip mat.



ACTIVITY:

108402 A Mondays, September 14 to October 12
9:00 - 10:00 am AGE: 18 and up FEE: \$60
108402 B Mondays, October 19 to November 16
9:00 - 10:00 am AGE: 18 and up FEE: \$60
108402 C Mondays, November 23 to December 21
9:00 - 10:00 am AGE: 18 and up FEE: \$60
108402 D Wednesdays, September 16 to October 14
9:00 - 10:00 am AGE: 18 and up FEE: \$60
108402 E Wednesdays, October 21 to November 18
9:00 - 10:00 am AGE: 18 and up FEE: \$60
108402 F Wednesdays, November 25 to December 23
9:00 - 10:00 am AGE: 18 and up FEE: \$60

LOCATION: Santosha Center for Yoga Health, 27Hawleyville Road

INSTRUCTOR: Patricia McDonald

MENS OVER 35 DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

109203 A Saturdays, September 5 to June 12
7:00 - 9:00 am AGE: 35 and up FEE: \$0

LOCATION: Reed Intermediate School,

ADULT DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required. Last night will be on June 6th. Gym not available on September 26th, November 14th, January 30th and March 27th.

ACTIVITY:

109204 A Fridays, September 4 to June 11
7:00 - 9:00 pm AGE: 18 and up FEE: \$0

LOCATION: Newtown Middle School, Queen Street

ADULT ROCK CLIMBING

Learn the basics of this cool and exciting sport. We put a priority on SAFETY, ADVENTURE & FUN! All equipment and training provided; easy to challenging. If you can climb a tree, you've already got what it takes!



ACTIVITY:

122203 A Sunday, October 18
10:00 am - 2:00 pm AGE: 18 and up FEE: \$75

LOCATION: off site,

INSTRUCTOR: Gary Markowski

ADULT CO-ED DROP-IN

SOCCER

Come out and kick it around! What a great way to get some exercise. This is a laid back game, not a league. All skills welcome. For mor information call Marlena Smith at (914)-760-9307 or e-mail marlaynas@yahoo.com. Open to Newtown Residents only! Proof of residency may be required. Saturdays, from 7:00am to 8:45am, Middle School Gym A. Until 3/21/08 then beginning 3/28 at Newtown Youth Academy Tuesdays 9 - 10:30 pm and Thursdays 10:00 - 11:00 pm at the Newtown Youth Academy. <http://www.geocities.com/newtowncoedsoccer/naps.html>



ACTIVITY:

109205 A Saturdays, September 12 to March 27
7:00 - 9:00 am AGE: 18 and up FEE: \$0

LOCATION: Newtown Middle School, Queen Street

HERO'S MMA TRAINING

This will be the first of many sessions geared toward the complete Competitor. This session will be stand-up.



ACTIVITY:

113204 A Mondays - Thursdays, October 19 to February 11
8:30 - 9:30 pm AGE: 18 and up FEE: \$150

LOCATION: Newtown High School, Route 34

INSTRUCTOR: Steve Ford



ADULT PROGRAMS

ADVENTURE FITNESS TEAM TRAINING

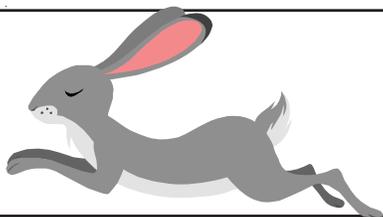
Adventure Fitness Team Training. A new challenging workout every week. Are you up to the challenge? 8 week program with extreme challenges each week. Workouts are 60-90 minutes. Trail Run, Extreme Boot Camp, Athletic Boot Camp, Circuit Training, Kettle Ball and Core, Athletic Boot Camp & Trail Run, Circuit Training and Extreme Boot Camp. Go to www.thefitnessloft.org for more info on locations and times.

ACTIVITY:

108206 A Mondays, September 14 to October 26
9:30 - 10:30 am AGE: 18 and up FEE: \$135

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Fitness Loft Staff



FAST, FURIOUS & FIT

An unmatched workout experience designed to enhance physical performance and fitness. Includes plyometric drills, speed and agility movement and strength training to improve endurance, coordination, balance, core stabilization and muscle definition.

ACTIVITY:

108213 A Wednesdays, September 23 to October 28
6:00 - 7:00 pm AGE: 18 and up FEE: \$90
108213 B Mondays/Wednesdays, September 21 to October 28
6:00 - 7:00 pm AGE: 18 and up FEE: \$90

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Mark Fletter, PTA/ATC - L

SMALL GROUP TRAINING- WEIGHT LOSS

Learn the proper way to exercise and increase your chances of losing weight and staying fit. Class will focus on maintaining increased heart rate and total body strength with the use of body weight, dumbbells, physio balls and stability challenges.

ACTIVITY:

108215 A Mondays/Wednesdays/Fridays, September 21 to October 30
6:30 - 7:30 am AGE: 18 and up FEE: \$299
108215 B Mondays/Wednesdays/Saturdays, September 21 to October 31
10:30 - 11:30 am AGE: 18 and up FEE: \$299
108215 C Tuesdays, September 22 to October 27
6:30 - 7:30 pm AGE: 18 and up FEE: \$90

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Rebecca A. Atkinson, Exercise Physiologist

VALENTINE'S DAY YOGA

Share with that special someone on this very special day a combined yoga practice. Have fun assisting your partner while you move together through gentle yoga postures. Join hands, arms, and breath, feeling truly connected as never before. This class is taught in a fun, light and caring atmosphere and is open to all. Yoga mat and partner are required. Wear comfortable clothing.



ACTIVITY:

208212 A Sunday, February 14
10:30 am - 12:00 pm AGE: 18 and up FEE: \$45

LOCATION: Club NewFit, Commerce Road

INSTRUCTOR: Missy Gregson

BALLROOM DANCING

Instructor Nonnie Low has been dancing for over twenty years with numerous competitions to her credit. Take this opportunity to learn from an experienced dancer and steal the show at that next event. Learn the Fox Trot, The Waltz and more...Cha Cha Cha.



ACTIVITY:

104202 A Wednesdays, September 9 to September 30
7:00 - 8:00 pm AGE: 18 and up FEE: \$50
104202 B Wednesdays, October 7 to October 28
7:00 - 8:00 pm AGE: 18 and up FEE: \$50

LOCATION: Newtown Middle School Cafe

INSTRUCTOR: Nonnie Low

INTRO TO YOGA

Recommended by the health community, yoga has proven to be a benefit to one's physical health and mental wellness. More than just exercise, discover yoga's rewards of new found energy, mental clarity, renewed zest enthusiasm while building a stronger more flexible body.



ACTIVITY:

108210 A Tuesdays, September 15 to October 20
9:00 - 10:00 am AGE: 18 and up FEE: \$99
108210 B Tuesdays, September 15 to October 20
7:15 - 8:15 pm AGE: 18 and up FEE: \$99

LOCATION: Club NewFit, Commerce Road

INSTRUCTOR: Missy Gregson

ADULT PROGRAMS

BABY STROLLER CLASSES

A total fitness program for new moms that they can do with their babies. Classes are taught by specially trained instructors. Please get doctor's permission before starting this or any other exercise.



ACTIVITY:

108101 A Mondays/Wednesdays, September 14 to October 21
9:30 - 10:30 am AGE: 18 and up FEE: \$125

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Fitness Loft staff

MORNING BOOT CAMP

Why spend time shut indoors, sweating on that treadmill while staring at the world outside when you could be outside getting fit, losing weight, and having fun?



ACTIVITY:

108201 A Tuesdays, September 15 to October 27
9:30 - 10:30 am AGE: 18 and up FEE: \$115

LOCATION: Dickinson Memorial Town Park, Elm Drive

INSTRUCTOR: Mary Ann Fisher

PILATES FUSION

Mat Pilates combined with energy and tempo strengthen your whole body from the core out!



ACTIVITY:

108202 A Mondays, September 21 to November 23
7:00 - 8:00 pm AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Brandi Shelton

HOT YOGA

A dynamic, energetic flow yoga utilizing intense heat to enhance circulation, flexibility and cleansing.

ACTIVITY:

108205 A Fridays, September 18 to November 20
10:30 - 11:30 am AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Cody Foss

LOW IMPACT CARDIO

This low-impact, high-intensity workout is for those looking for a workout that's tough on the heart, but easy on the joints.

ACTIVITY:

108208 A Wednesdays, September 16 to November 18
4:30 - 5:30 pm AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Maryann Fisher

YAZZ (YOGA & JAZZ) FOR ADULTS

We will start with jazz warm-up and learn a combination and then move to a yoga stretch and relaxation. An eclectic blend of dance and yoga to contemporary tunes. This class will focus on increasing flexibility, strength and fun!

ACTIVITY:

108204 A Mondays, October 19 to December 21
9:30 - 10:30 am AGE: 18 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet Staff



LECTURE SERIES

The Fitness Loft is sponsoring a series of lectures by local professionals providing information on some of the most common issues facing athletes and non athletes alike.

ACTIVITY:

108212 A Saturday, October 3
10:30 - 11:30 am AGE: 18 and up FEE: \$0
108212 B Saturday, October 31
10:30 - 11:30 am AGE: 18 and up FEE: \$0
108212 C Saturday, November 21
10:30 - 11:30 am AGE: 18 and up FEE: \$0

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Fitness Loft staff

COMPUTER PROGRAMS

WORD LEVEL 1

Learn the basic skills needed to use this program. Copy, cut, paste, save, insert tables and more will be covered.

ACTIVITY:

115101 A Mondays, October 5 to October 12
6:30 - 8:00 pm AGE: 12 and up FEE: \$75

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

WORD LEVEL 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers. Import graphics and pre-created text, create and format tables and more. A working knowledge of MS Word is required. A course manual and disk are included.

ACTIVITY:

115102 A Mondays, October 19 to November 2
6:30 - 8:00 pm AGE: 12 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

EXCEL LEVEL 1

Learn to do spreadsheets, charts and more. Class will teach use of simple formula's charting, fill commands, nomenclature and more.

ACTIVITY:

115103 A Tuesdays, October 6 to October 13
6:30 - 8:00 pm AGE: 12 and up FEE: \$70

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

EXCEL LEVEL 2

Working with a fictitious company, students will learn how to work databases and lists, use logical, financial and data functions, format worksheets, insert, move and modify objects, link worksheets with 3-D references, use excel on the web, use and customize templates. Manual and disk included.

ACTIVITY:

115108 A Tuesdays, October 20 to November 3
6:30 - 8:00 pm AGE: 15 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

EXCEL LEVEL 3

Working with records and ranges sorting, outlying and filtering lists; Importing and exporting data. Using data analysis tools. Protecting and sharing workbooks with comments. Manual and disks included. If all materials/explanations are covering in two classes, the third class may not be needed.

ACTIVITY:

115107 A Tuesdays, November 10 to November 24
6:30 - 8:00 pm AGE: 12 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

ACCESS LEVEL 1

This course will center on learning the basic features of Access. Manual and disk included. If all materials are finished within 2 days, the third class might not be necessary.

ACTIVITY:

115104 A Thursdays, October 8 to October 22
6:30 - 8:00 pm AGE: 14 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

ACCESS LEVEL 2

For those of who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types and more. Manual and disk included. If all material/explanations are covered within 2 classes, the third class may not be needed.

ACTIVITY:

115105 A Thursdays, October 29 to November 12
6:30 - 8:00 pm AGE: 12 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

COMPUTER CLASSES

This course is designed for individuals with no computer skills who wish to learn the basics of windows operating system and the use of a word processor, spreadsheet and database. MS works will be used in the course to teach word processing, spreadsheets and database use.

ACTIVITY:

115109 A Wednesdays, October 28 to December 2
6:30 - 8:30 pm AGE: 12 and up FEE: \$190

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

POWERPOINT LEVEL 1

The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills. Manual and disk included. The class may finish in two days if all the material/explanations are covered; the need for the third day won't be necessary.

ACTIVITY:

115110 A Wednesdays, October 7 to October 21
6:30 - 8:00 pm AGE: 12 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer



PARKS INFORMATION



DICKINSON MEMORIAL PARK - Elm Drive and Brushy Hill Road, Newtown

This park is open to Newtown residents from 8 am until sundown. Dickinson Park has five tennis courts, softball field, basketball court, two playground areas, FUNSPACE creative area, a pavilion and picnicking facilities, complete with charcoal grills. A park permit is required on any vehicle entering the park.



TREADWELL MEMORIAL PARK - Philo Curtis Road, Sandy Hook

This park is open from 8 am until sundown. Amenities include four tennis courts, a ball wall, basketball court, two playground areas, two pavilions, multi-purpose baseball/softball field, a regulation size soccer field and a multi-purpose artificial turf field. Treadwell Park also boasts a swimming pool complex, featuring an eight lane, 25 yard pool, with a diving "L" and a wading pool. Locker facilities are available.



ORCHARD HILL NATURE CENTER - Huntingtown Road, Newtown

Combining unusual historic and natural assets, this park is located on Huntingtown Road. Its historical assets include two mills and dams, which date back to the 19th century. Its natural assets include rare beauty, and a remarkable diversity of habitats which provide a home to an unusually large number of species of plants and animals. There are several trails on which to hike, with ample parking.



LAKE LILLINONAH PARK/BOAT LAUNCH - Hanover Road, Newtown

Offering a total scenic package, this park is located at the end of Hanover Road in Newtown, on Lake Lillinonah. In addition to a beautiful view of the lake, there are picnic tables, charcoal grills and the boat launch. There are portable bathroom facilities and parking. **NO SWIMMING** is allowed at this park, as boats pose too much danger. Open to Newtown residents only. Cars must display a current park permit in order to enter the park.



EICHLER'S COVE MARINA

Located at 11 Old Bridge Road in the southeastern corner of Newtown. Offering a marina, boat launch, beach, picnic area, and spectacular view. Eichler's Cove is the only public access to Lake Zoar for Newtown residents.

