

PARKS AND RECREATION STAFF

Amy E.W. Mangold Parks & Recreation Director

RECREATION STAFF

Rose Ann Reggiano Assistant Director of Recreation
Deborah Denzel Administrative Assistant
Donna Benson Secretary
Rita Pavia - Loomis Part - time Secretary

PARKS STAFF

Carl Samuelson Assistant Director of Parks
John Moore Parks Operations Supervisor
James Tani Parks Maintainer
Linda Bradley-Gillette Parks Maintainer
John Benvenuti Parks Maintainer
Amandio DosSantos Parks Maintainer
Joseph Freebairn Parks Maintainer
Luis Otero Parks Maintainer
Nelson Lopes Parks Maintainer
Willard Jacobs II Parks Maintainer
Thomas Pendergast Parks Maintainer
Kyle Leonardi Mechanic

PARKS & RECREATION COMMISSION

Edward Marks
Patrick Barczak
Thomas DiNicola
Maureen Crick Owen
Vincent Yanni, Jr.
Jan Brookes
Richard Boritz



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COMMUNITY SPORTS ORGANIZATIONS

NEWTOWN AMERICAN YOUTH FOOTBALL & CHEER
www.newtownyouthfootball.org
NEWTOWN BABE RUTH BASEBALL
www.newtownbaseball.com
NEWTOWN BABE RUTH SOFTBALL
www.newtownsoftball.org
NEWTOWN BRIDLE LANDS ASSOCIATION
www.nblact.com
NEWTOWN SOCCER CLUB
www.newtownsoccerclub.org
NEWTOWN TENNIS ASSOCIATION
www.ntaweb.com
NEWTOWN YOUTH BASKETBALL
www.newtownyouthbasketball.org
NEWTOWN YOUTH LACROSSE
www.newtownlax.com
WINTERSET SKI CLUB
www.wintersetskiclub.org
NEWTOWN YOUTH & FAMILY SERVICES...203-270-4335
NEWTOWN WOMEN'S SOFTBALL
Jackie Kulikowski.....203-426-0774
NEWTOWN MEN'S SUNDAY SOFTBALL LEAGUE
Richard McCulloch.....203-470-7036
fd313@aol.com
NEWTOWN HIKERS
Sally Cox.....203-426-9903
newtownhikers@gmail.com.....203-830-9032



MISSION STATEMENT

To create quality recreation and leisure opportunities strengthening the community through people, parks and programs.



POLICIES

RESIDENCY-DEFINED: A person whose primary residence, either as an owner or renter, is considered a Newtown resident. (No exceptions to this rule.) Proof of residency is required.

NON-RESIDENT POLICY

- ⇒ Non-resident registrations will be accepted at the beginning of registration, however there are limited spots.
- ⇒ Not all programs allow for non-resident participation.
- ⇒ Non-residents will be required to pay an additional \$10.00 per program.
- ⇒ Non-residents may participate in bus trips.

DO NOT WAIT UNTIL THE LAST MINUTE!!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be canceled. Coming in on the day the program begins won't resurrect it, so please register early.

REFUND POLICY

All programs are self-supporting and a commitment needs to be made to instructors and staff. Therefore, NO REFUNDS will be given after the start of a program EXCEPT for medical reasons, upon receipt of a physician's note. Communication to Parks and Recreation at onset of the condition is required. Refunds for cancellations made within one week prior to the start of a program are issued, but a \$10 processing fee will be charged.

CANCELATION POLICY

Programs held at the Newtown Schools follow the school schedule, therefore, if schools are closed or canceled Parks & Recreation programs at the schools will be canceled. Programs held at the Newtown Teen Center, Newtown Youth Academy or an off site location do not always follow the school schedule. In the event of inclement weather or other factors beyond our control, programs may need to be canceled. If program(s) are canceled make up sessions will be offered. If you cannot attend the makeup session no refunds will be given. Please sign up for our automatic cancellation notices on our website www.newtown-ct.gov or call our cancellation number 203-270-4340 and press 1.

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IMPORTANT NOTES

- ⇒ All Parks and Recreation programs are on a first-come, first served basis.
- ⇒ Parks and Recreation does not send confirmations. No news is good news! Please assume you are registered for the program(s) you have selected. You will be contacted only if there is a problem.
- ⇒ Parks and Recreation cannot be responsible for loss of mail or postal delays.
- ⇒ Program participants are reminded NOT TO PARK IN FIRE LANES, per order of the Fire Marshall. Fire lanes are those areas in front of each school which are painted yellow.
- ⇒ When participating in a program at the Teen Center please park in front of the Teen Center ONLY. Do not park in front of businesses.
- ⇒ Sign up to receive our recreation brochure and recreation cancellations at www.newtown-ct.gov. Scroll down page to red boxes on the left. Select "Subscribe to News". Follow instructions on page. Or call 203-270-4340 ext. 1 for cancellations or ext. 2 and leave a message.
- ⇒ The Newtown Parks & Recreation Commission meets the second Tuesday of each month. Public input is welcomed at these meetings.
- ⇒ If a participant displays unruly behavior, he / she will be asked to leave the program and NO refund will be given.

INCLUSION STATEMENT

In an effort to meet the recreational needs of all residents of Newtown, the Parks & Recreation Department has adopted a policy of inclusion. Although some facilities are not yet wheelchair accessible every attempt will be made to accommodate and encourage people with disabilities to participate in our programs. Please use comment section on the registration form detailing your circumstances.

For up to date changes in any program regarding weather, time or location. Please sign up for up to date minute information at www.newtown-ct.gov. Click on "subscribe to news" add your cell phone number and/or email address and check off "Recreation Cancellations"



"THE GARAGE" TEEN CENTER

Located on 53A Church Hill Road, Newtown, CT. "The Garage" Teen Center is open every Friday and Saturday night. Come on down and enjoy the fun or just hang out. Come and check out our air hockey table, pool table, and 2 foosball tables. We also have a claw machine for only 25 cents a play. You can also bring your ipod/iphones, ccd or dvds. Live band events are for High School students only! The Teen Center also provides music with a live DJ. Fee for special events, DJs or live Bands will vary from \$3.00 - \$7.00.

Check our website for upcoming events.

www.newtown-ct.gov

High School Nights - Grades 9 - 12 only

Hours 7:00 - 11:00 pm - Open Friday and Saturday nights unless designated for Middle School, 5/6 nights or birthday parties. High School students may be required to show proof of residency.

Middle School Nights - Grades 7 & 8 only

Hours 7:00 - 10:00 pm - Open every second Friday of the month, unless a band or birthday party is scheduled.

Reed Intermediate School Nights - Grades 5 & 6 only

Hours 7:00 - 9:30 pm - Open every third Friday of the month, unless a band or birthday party is scheduled.



HALLOWEEN PIZZA PARTY

Come dressed as your favorite character and get into the Halloween spirit...Boo! Enjoy some Halloween games and fun and end the party with a spooky Hay Ride. Register online by October 23rd. Please bring a bag of candy for Main Street.

ACTIVITY:

114102 A Thursday, October 24
4:30 - 6:15 pm **AGE:** 0 - 8.99 **FEE:** \$1

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

HALLOWEEN PARTY- GRADES 5/6

Come join us on this spooky night of fun and get into the spirit of Halloween! Boo! Come dressed in costume as your favorite character or hero. Prizes will be given out. **MUST** register online or purchase a ticket in advance. Tickets will be available at the Parks and Recreation Office. There are only 100 tickets available. If tickets are still available, they will be on sale at Reed School during lunch on October 16th.

ACTIVITY:

114501 A Friday, October 25
7:00 - 9:30 pm **AGE:** 9 - 11.99 **FEE:** \$7

LOCATION: Teen Center, 53 A Church Hill Road

TEEN CENTER BOARD

The Teen Center is currently looking for Middle School / High School students who are interested in joining the Teen Center Board. This board will meet once a month at 7:30 pm to help develop, plan and promote events and activities for the Teen Center. Please call Newtown Parks and Recreation office 270-4340 if you are interested. Meetings held every second Friday of the month at the Teen Center.

TEEN CENTER BIRTHDAY PARTY

Come have your next birthday party at the Teen Center. Available for grades 5th to 12th. Access to pool tables, foosball table, air hockey table and video games.

FEES:

Rental Fee: \$150.00 per event

Refundable Deposit: \$100.00

Insurance: \$1.10 per person

Party MUST be scheduled at least two weeks in advance.

Available Friday or Saturday nights from 7:00 - 11:00 pm. NO Holidays!

Maximum 4 hours including set-up and clean up.



THANKSGIVING TURKEY SHOOT

Competing for the highest score in three rounds of shooting baskets. The winning team in each division will go home with a gift certificate for a turkey just in time for Thanksgiving dinner. A team consists of one adult and one child. (A smaller basket is used for the younger children 4 years and under). Proceeds from this event will benefit the Camp Scholarship Fund.

ACTIVITY:

114122 A Saturday, November 16
9:00 - 9:45 am **AGE:** 2 - 4.99 **FEE:** \$10
114122 B Saturday, November 16
9:00 - 9:45 am **AGE:** 5 - 6.99 **FEE:** \$10
114122 C Saturday, November 16
10:00 - 10:45 am **AGE:** 7 - 9.99 **FEE:** \$10
114122 D Saturday, November 16
10:00 - 10:45 am **AGE:** 10 - 13.99 **FEE:** \$10

LOCATION: Newtown Middle School, 11 Queen Street

BREAKFAST WITH SANTA

Ho, Ho, Ho...Santa is inviting you to breakfast. They will be serving bagels, doughnuts, milk, juice, coffee, tea, & hot chocolate. This year's holiday show promises to be fun for young and old alike. Each child will get to make a fun craft. Please bring a donation for Newtown's food pantry.



ACTIVITY:

114101 A Saturday, December 7
9:00 - 11:00 am **AGE:** All Ages **FEE:** \$0

LOCATION: Newtown Middle School, 11 Queen Street



NEWTOWN HIKERS-FALL 2013

From: Sally Cox, 203-426-9903 or 203-830-9032; or e-mail newtownhikers@gmail.com

*All fall hikers should meet in the lower parking lot of the Edmond Town Hall promptly at 9am. We try to car pool as much as possible. Check with the listed hike leader for hike details or changes.

Sept. 7 No scheduled hike; meet at ETH parking lot if you want to hike; call or send an e-mail if you would like to volunteer to lead a hike.

Sept. 14 Wadsworth Falls-Middletown, CT-easy-Nancy Ziegler, 203-732-2618

Sept. 21 Wonder Lake-Jim Steck-845-621-5559 or 914-806-4107

Sept. 28 Crescent Lake-Southington-Candace Yuen-203-262-8328

Oct. 5 Steep Rock-Washington-Tim Hanbury-203-888-3025

Oct. 12 Kettletown-Southbury-Miller & Brook Trails-Sally Cox- 203-426-9903 or 203-830-9032

Oct. 19 Bear Mt. State Park, NY-Perkins Tower-Jim Steck-845-621-5559 or 914-806-4107

Oct. 26 No scheduled hike-meet at ETH if you want to hike or call to volunteer to lead a hike

Nov. 2 Storm King Mtn., NY-challenging/rock scrambling-great views of the Hudson River-Nancy Ziegler-203-732-2618

Nov. 9 Huntington St. Park, Bethel/Redding-John Bocuzzi-203-364-0360

Nov. 16 Case Mtn., Manchester-Susan Gabriele- 860-474-5442/203-733-8546**Lunch @ Susan's

Nov. 23 Topstone Park, Redding-Irene Juthnas- 203-268-2254

Nov. 30 Thanksgiving Weekend-no scheduled hike-meet at ETH if you want to hike

Dec. 7 Fahnestock State Pk-near Cold Spring, NY-Roe Sembler-203-267-5567/203-268-1521

Dec. 14 Bennett Farm Pond Tr., Ridgefield-Mark Jones-203-894-9534 *End of season potluck Lunch; call to coordinate food;**winter schedule planning too!

Newtown Hikers is an open group welcoming anyone interested in hiking. There is no membership fee. Hikers participate at their own risk and are asked by the Newtown Park and Rec dept. to sign a release. Call hiker leaders for information about the hike, to meet at the hike location, or check on the weather. Hikes vary from easy to challenging. Bring lunch, snacks, and water. Sturdy sneakers or hiking boots are recommended for all hikes. Children are welcome if accompanied by an adult. Dogs are welcome but must be on leash at all times. Some trails do not allow dogs. Dress for the weather.



Kidsfit Programs

MOTHER'S MORNING OUT

Our Pre-school Readiness Program designed for your child to experience the magic of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs & parachute play, weather, group gym games, arts & crafts projects and a story. Appropriate transitions between activities allow your child to recognize and become familiar with the structure of the day and to look forward to the next activity. Don't Miss Out; this is a very popular class! Children must turn 2 by the start of the program; they DO NOT need to be potty trained. Please pack a snack and drink for your child each class.

ACTIVITY:

111801 A Wednesdays, October 2 to November 20
9:15 - 11:15 am AGE: 2 - 4.99 FEE: \$180
111801 B Fridays, October 4 to November 22
9:15 - 11:15 am AGE: 2 - 4.99 FEE: \$180

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Kidsfit



Martial Arts Programs

AIKIDO

For Aikido in the fall, we're going to have a flexible schedule so it will be 1-3 times per month Wednesdays 7:00 - 8:15 pm. Aikido is a gentle martial art that can be experienced and enjoyed by the whole family. The grace and power of Aikido comes from using the attackers force to throw him/her with minimal effort. The Aikido principles of balance, blending and non-resistance teach students to seek creative alternatives to conflict, both physical and verbal. By training in a supportive, non-competitive atmosphere, students will learn and experience: Useful physical skills such as rolling and falling safely: Creative conflict resolution, body awareness and practical self-defense skills: Enhanced coordination of mind and body: Improved balance and coordination: Increased self-confidence and self-discipline, while having fun along the way. In a world increasingly filled with stress and conflict, the lessons of Aikido are useful tools for both children and adults. We are associated with Berkshire Hills Aikido in Great Barrington, MA. Adults and children 13 years and older are invited to experience this special art form. For more information please call (203)-364-1380.

ACTIVITY:

113101 A Wednesdays, September 11 to September 25
7:00 - 8:15 pm AGE: 13 and up FEE: \$50

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: William Toomey

SPORTS PROGRAMS

Horseback Riding/Jump Rope

INTRO HUNT SEAT HORSEBACK RIDING

Hunt seat is terminology used in the United States and Canada to refer to a style of forward seat riding commonly found at American horse shows. Along with Dressage, it is one of the two classic forms of English riding. Hunt seat is also the generic term used to describe any form of forward seat riding, including that seen in show jumping and eventing.

ACTIVITY:

109102 A Saturdays, October 5 to October 26
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 B Saturdays, November 2 to November 23
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 C Saturdays, December 7 to December 28
9:30 - 10:00 am AGE: 5 - 9.99 FEE: \$175
109102 E Saturdays, October 5 to October 26
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 F Saturdays, November 2 to November 23
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 G Saturdays, December 7 to December 28
3:00 - 3:30 pm AGE: 10 - 12.99 FEE: \$175
109102 I Tuesdays, October 1 to October 22
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 J Tuesdays, October 29 to November 19
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 K Tuesdays, November 26 to December 17
5:00 - 5:30 pm AGE: 13 - 18.99 FEE: \$175
109102 M Wednesdays, October 2 to October 23
6:30 - 7:00 pm AGE: 18 and up FEE: \$175
109102 N Wednesdays, October 30 to November 20
6:30 - 7:00 pm AGE: 18 and up FEE: \$175
109102 O Wednesdays, November 27 to December 18
6:30 - 7:00 pm AGE: 18 and up FEE: \$175

LOCATION: Fox Ridge Farm, 37-39 Aunt Park Lane

INSTRUCTOR: Fox Ridge Farm

JUMP ROPE

Jump Rope is a sport that quickly improves fitness levels, builds self-esteem and most importantly demonstrates that exercise can be enjoyable. It can be done alone or in a group, and practiced at home. Jumping rope is inexpensive, easy to learn for both boys and girls, and one of the few sports that siblings of various ages can participate in together. New jumpers will learn basic single rope tricks, speed jumping, Double Dutch and long rope skills. Returning jumpers will expand skills with higher level tricks and participate in a "Group Routine". Prerequisite: Jumpers should be able to jump at least ten times in a row steadily without a miss. Please come to every class prepared to jump: Sneakers, shorts or sweatpants, t-shirt and a water bottle. Jump ropes will be provided.



ACTIVITY:

109508 A Mondays, September 30 to December 9
6:30 - 7:30 pm AGE: 7 - 13.99 FEE: \$45

LOCATION: Reed Intermediate School, 3 Trades Lane

INSTRUCTOR: Felicia DelGiudice

SPORTS PROGRAMS

Tennis

TENNIS CLINICS

Beginner: Player is introduced to the forehand, backhand, serve and volley with drills, fun games and game situations. Advanced Beginner: Player has had introduction to grips and strokes, starts to make contact with ball on a regular basis. Low Intermediate: Player is starting to keep the ball in play, learning to serve, can volley and learning court positioning. Intermediate: Player can keep the ball in play, can hit with some spin, can serve, volley and rally consistently. Tiny Tots: (ages 3-4) Newtown's Pro, Jacob Kreimer, designed and developed Tiny Tots, a program that has proven to be effective in developing motor coordination, the fundamentals of tennis and the love of the game for children. Advanced Juniors: For the intermediate/advanced junior player to develop skills with drills and conditioning. Learning singles and doubles strategy in game situations similar to real match play while learning the rules of the game and fine tuning their strokes. Raquets are available for sale through instructors (or bring own raquet). Non-residents: Additional \$10.00 per program. Rain make-ups only: end of session. Program Co-Directors Dave Kardas & Greg Sansonetti, members of the USPTR and USTA, have specialized in recreational tennis programming in Fairfield County for thirteen years. Dave and Greg bring a combined 30+ worth of tennis teaching experience.

ACTIVITY:

Beg/Adv Beginner

109110 A Saturdays, September 21 to October 19
8:30 - 9:30 am AGE: 18 and up FEE: \$109

Low Int/Intermediate

109110 B Saturdays, September 21 to October 19
9:30 - 10:30 am AGE: 18 and up FEE: \$109

Beg/Adv Beginner

109110 C Tuesdays, September 17 to October 15
9:30 - 10:30 am AGE: 18 and up FEE: \$109

Low Int/Intermediate

109110 D Tuesdays, September 17 to October 15
10:30 am - 12:00 pm AGE: 18 and up FEE: \$159

Beg/Adv Beginner

109110 E Saturdays, September 21 to October 19
10:30 am - 12:00 pm AGE: 6 - 8.99 FEE: \$149

Beg/Adv Beginner

109110 F Saturdays, September 21 to October 19
10:30 am - 12:00 pm AGE: 9 - 11.99 FEE: \$149

Low Int/Intermediate

109110 G Saturdays, September 21 to October 19
10:30 am - 12:00 pm AGE: 9 - 11.99 FEE: \$149

Beg/Adv Beginner

109110 H Saturdays, September 21 to October 19
12:00 - 1:30 pm AGE: 11 - 13.99 FEE: \$149

Advanced Juniors

109110 I Saturdays, September 21 to October 19
12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$149

Low Int/Intermediate

109110 J Saturdays, September 21 to October 19
12:00 - 1:30 pm AGE: 11 - 13.99 FEE: \$149

Low Int/Intermediate

109110 K Saturdays, September 21 to October 19
12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$149

Beg/Adv Beginner

109110 L Saturdays, September 21 to October 19
1:30 - 3:00 pm AGE: 6 - 8.99 FEE: \$149

Beg/Adv Beginner

109110 M Saturdays, September 21 to October 19
1:30 - 3:00 pm AGE: 9 - 11.99 FEE: \$149

Beg/Adv Beginner

109110 N Saturdays, September 21 to October 19
1:30 - 3:00 pm AGE: 11 - 13.99 FEE: \$149

Beg/Adv Beginner

109110 O Saturdays, September 21 to October 19
1:30 - 3:00 pm AGE: 14 - 17.99 FEE: \$149

Beg/Adv Beginner

109110 P Tuesdays, September 17 to October 15
4:00 - 5:00 pm AGE: 10 - 13.99 FEE: \$99

Low Int/Intermediate

109110 Q Tuesdays, September 17 to October 15
4:00 - 5:00 pm AGE: 10 - 13.99 FEE: \$99

Beg/Adv Beginner

109110 R Tuesdays, September 17 to October 15
(No class September 25)
5:00 - 6:00 pm AGE: 6 - 9.99 FEE: \$99

Low Int/Intermediate

109110 S Tuesdays, September 17 to October 15
5:00 - 6:00 pm AGE: 9 - 12.99 FEE: \$99

Tiny Tots

109110 T Saturdays, September 21 to October 19
9:45 - 10:30 am AGE: 4 - 5.99 FEE: \$89

Beginner

109111 A Sundays, November 10 to January 19
2:00 - 3:00 pm AGE: 6 - 8.99 FEE: \$280

Advanced Beginner

109111 B Sundays, November 10 to January 19
3:00 - 4:00 pm AGE: 6 - 8.99 FEE: \$280

Advanced Beginner

109111 C Sundays, November 10 to January 19
4:00 - 5:00 pm AGE: 9 - 11.99 FEE: \$340

Advanced Beginner

109111 D Sundays, November 10 to January 19
5:00 - 6:00 pm AGE: 11 - 14.99 FEE: \$340

Low Intermediate

109111 E Sundays, November 10 to January 19
6:00 - 7:00 pm AGE: 9 - 11.99 FEE: \$340

Beg/Adv Beginner

109111 F Tuesdays, November 5 to January 21
9:30 - 10:30 am AGE: 18 and up FEE: \$340

Low Int/Intermediate

109111 G Tuesdays, November 5 to January 21
10:30 am - 12:00 pm AGE: 18 and up FEE: \$485

Low Int/Intermediate

109111 H Tuesdays, November 5 to January 21
12:00 - 1:00 pm AGE: 18 and up FEE: \$340

Low Int/Intermediate

109111 I Tuesdays, November 5 to January 21
4:00 - 5:30 pm AGE: 13 - 17.99 FEE: \$485

Beginner

109111 J Tuesdays, November 5 to January 21
5:30 - 6:30 pm AGE: 9 - 11.99 FEE: \$340

Low Int/Intermediate

109111 K Tuesdays, November 5 to January 21
6:30 - 7:30 pm AGE: 9 - 11.99 FEE: \$340

Low Int/Intermediate

109111 L Wednesdays, November 6 to January 22
9:30 - 11:00 am AGE: 18 and up FEE: \$485

Low Int/Intermediate

109111 M Wednesdays, November 6 to January 22
11:00 am - 12:00 pm AGE: 18 and up FEE: \$340



SPORTS PROGRAMS

Tennis/Basketball/F.I.T./Flag Football

Tennis Clinics (continued)

Advanced Beginner

109111 N Wednesdays, November 6 to January 22
4:00 - 5:00 pm AGE: 11 - 14.99 FEE: \$340

Tiny Tots

109111 O Wednesdays, November 6 to January 22
5:00 - 5:30 pm AGE: 4 - 5.99 FEE: \$175

Beginner

109111 P Wednesdays, November 6 to January 22
5:30 - 6:30 pm AGE: 6 - 8.99 FEE: \$280

Low Int/Intermediate

109111 Q Wednesdays, November 6 to January 22
6:30 - 7:30 pm AGE: 11 - 14.99 FEE: \$340

Intermediate

109111 R Wednesdays, November 6 to January 22
7:30 - 9:00 pm AGE: 18 and up FEE: \$485

Tiny Tots

109111 S Thursdays, November 7 to January 23
4:15 - 5:00 pm AGE: 4 - 5.99 FEE: \$260

Beginner

109111 T Thursdays, November 7 to January 23
5:00 - 6:00 pm AGE: 6 - 8.99 FEE: \$280

Advanced Beginner

109111 U Thursdays, November 7 to January 23
6:00 - 7:00 pm AGE: 9 - 11.99 FEE: \$340

Beginner/Adv Beginner

109111 V Fridays, November 8 to January 17
4:00 - 5:00 pm AGE: 13 - 17.99 FEE: \$340

Advanced Beginner

109111 W Fridays, November 8 to January 17
5:00 - 6:00 pm AGE: 6 - 8.99 FEE: \$280

Tiny Tots

109111 X Saturdays, November 9 to January 18
9:00 - 9:30 am AGE: 4 - 5.99 FEE: \$175

Low Int/Intermediate

109111 Y Saturdays, November 9 to January 18
9:30 - 11:00 am AGE: 18 and up FEE: \$485

Advanced Beginner

109111 Z Saturdays, November 9 to January 18
11:00 am - 12:00 pm AGE: 6 - 8.99 FEE: \$280

Advanced Juniors

109112 A Saturdays, November 9 to January 18
12:00 - 1:30 pm AGE: 14 - 17.99 FEE: \$485

Beginner

109112 B Saturdays, November 9 to January 18
1:30 - 2:30 pm AGE: 6 - 8.99 FEE: \$280

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive

INSTRUCTOR: Greg Sansonetti



MEN'S OVER 35 DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

109203 A Saturdays, September 7 to June 21
7:00 - 9:00 am AGE: 35 and up FEE: \$0

LOCATION: Newtown Middle School, 11 Queen Street

ADULT DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

109204 A Fridays, September 6 to June 20
7:00 - 9:00 pm AGE: 18 and up FEE: \$0

LOCATION: Newtown Middle School, 11 Queen Street

F.I.T (FEMALES IN TRAINING)

This is an experiential learning program for girls ages 7 - 11 that combines training for a 3.1 mile run/walk (5K) even with life changing, self esteem, enhancing, uplifting warm-ups and work outs that encourage emotional, social, mental, spiritual and physical development. Any questions or inquires please call coach Liz Raftery at (203) 364-0059. Race on Saturday, December 7th.



ACTIVITY:

109511 A Tuesdays/Thursdays, September 24 to December 10
(No class October 31, November 26, November 28)
4:15 - 5:15 pm AGE: 7 - 11.99 FEE: \$150

LOCATION: Hawley School, 29 Church Hill Road

INSTRUCTOR: Elizabeth Raftery

FLAG FOOTBALL

It's fast paced, fun and total football action! Come and be a part of our Flag Football League! Participants will learn about football by playing games. No experience necessary! Each participant will bring a water bottle and plenty of enthusiasm. Your gonna love it! Drop your children off and go enjoy dinner while they work hard and love flag football!



ACTIVITY:

109606 A Fridays, September 13 to November 1
(No class September 27, October 18)
6:30 - 8:45 pm AGE: 6 - 13.99 FEE: \$150

LOCATION: Newtown Youth Academy, 4 Primrose Street

109606 B Fridays, November 8 to December 13
6:30 - 8:45 pm AGE: 6 - 13.99 FEE: \$150

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Jeffrey Tolson

SPORTS PROGRAMS

Golf/Basketball/Soccer

WOMEN ONLY GOLF LESSONS

Come to Golf Quest to help improve driving, irons, and putting with a professional.

ACTIVITY:

109402 A Thursdays, September 12 to October 3
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$130
109402 B Wednesdays, October 9 to October 30
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$130
109402 C Tuesdays, November 5 to November 26
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$130
109402 D Mondays, December 2 to December 23
6:00 - 7:00 pm AGE: 15.99 and up FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road
INSTRUCTOR: Golf Quest

ADULT NOVICE GOLF LESSONS

Each lesson concentrates on different aspect of the game. Work on your swing, improve your driving and putting with a Golf Quest professional. Class size is limited for more individual attention.

ACTIVITY:

109403 A Wednesdays, September 11 to October 2
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$130
109403 B Thursdays, October 10 to October 31
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$130
109403 C Mondays, November 4 to November 25
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$130
109403 D Thursdays, December 5 to December 26
6:00 - 7:00 pm AGE: 16.99 and up FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road
INSTRUCTOR: Golf Quest

JUNIOR GOLF LESSONS

Come to Golf Quest to help improve your driving, irons and putting with a professional. You will receive four lessons from a Golf Quest golf pro, with each lesson concentrating on a different aspect of the game.



ACTIVITY:

109603 A Thursdays, September 12 to October 3
4:30 - 5:30 pm AGE: 6.99 - 14.99 FEE: \$130
109603 B Wednesdays, October 9 to October 30
4:30 - 5:30 pm AGE: 6.99 - 14.99 FEE: \$130
109603 C Mondays, November 4 to November 25
4:30 - 5:30 pm AGE: 6.99 - 14.99 FEE: \$130
109603 D Thursdays, December 5 to December 26
4:30 - 5:30 pm AGE: 6.99 - 14.99 FEE: \$130

LOCATION: Golf Quest, 1 Sand Cut Road
INSTRUCTOR: Golf Quest



GOLF STRENGTH & CONDITIONING

Golfers will be taken through a battery of flexibility and mobility exercises as well as core strengthening exercises. The emphasis will be on low back health, core stability and power production.

ACTIVITY:

109301 A Mondays, November 4 to December 9
7:00 - 8:00 pm AGE: 12 and up FEE: \$149

LOCATION: Newtown Youth Academy, 4 Primrose Street
INSTRUCTOR: Newtown Youth Academy Instructor

SKILLS, DRILLS & THRILLS

It will help to prepare you for the winter basketball season. Run like a preseason training camp for girls who want to continue to improve their game before the winter basketball season starts. Working with players on specific skills, fundamentals and techniques. Coaching and instruction from local coaches and high school players. Scott Larsen will be the league director.



ACTIVITY:

109617 A Fridays, September 20 to October 25
5:30 - 8:30 pm AGE: 8 - 14.99 FEE: \$70

LOCATION: Hawley School, 29 Church Hill Road
INSTRUCTOR: Scott Larsen

HOOPSTERS

Hoopsters is an adaptive basketball program designed for children of all abilities. Our goal is to have fun and learn some basketball skills. This is a judgment free zone where children can be comfortable and play at their own pace. Some parent participation may be necessary.

ACTIVITY:

118103 A Saturdays, December 7 to March 15
9:00 - 11:00 am AGE: 6 and up FEE: \$35

LOCATION: Hawley School, 29 Church Hill Road
INSTRUCTOR: Kenny & Mario

SPECIAL NEEDS SOCCER

This is a non-competitive instructional soccer program. Come learn the game and have some fun! Sponsored by the Newtown Soccer Club.



ACTIVITY:

118804 A Saturdays, September 14 to November 2
9:00 - 10:00 am AGE: 4 and up FEE: \$0

LOCATION: Fairfield Hills, 2 Trades Lane
INSTRUCTOR: Newtown Soccer Club



SPORTS PROGRAMS

Field Hockey/T-ball/Mini Sports/Soccer

GIRLS FIELD HOCKEY

This program is designed to introduce and expose athletes to the sport of field hockey. Instructional sessions will begin with basic skills. As participants develop confidence, more advanced skills will be introduced. There will be small-sided games to help teach offensive and defensive strategies. Besides field play, participants will be introduced to the position of goal keeping with equipment and techniques. Bring both sneakers, cleats and a water bottle. Girls MUST provide own mouth guard, shin guards and goggles. Stick will be provided, however please feel free to bring your own stick. There will be 1 to 3 scrimmages. Instructor is Ellen Goyda



ACTIVITY:

109615 A Mondays, September 16 to October 28
3:30 - 5:00 pm AGE: 9 - 14.99 FEE: \$90

LOCATION: Treadwell Memorial Town Park, 47 Philo Curtis Road
INSTRUCTOR: Ellen Goyda

PRE-K T-BALL

Let's take a walk through the fundamentals of America's favorite pastime. The children will learn the basic skills in fielding, throwing, hitting and base running. In addition, they will play games such as home run derby, last one standing and running bases. This is an easy introduction into t-ball where learning and skill development are our priorities.

ACTIVITY:

109805 A Saturdays, September 28 to October 26
9:00 - 9:45 am AGE: 3 - 5.99 FEE: \$80

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive
INSTRUCTOR: F.A.S.T. Athletics, LLC

PRE-K MINI SPORTS

This program is a combination of warm-up games and sports such as soccer, kickball, wacky ball and basketball. It will ease children into learning the basics of all these great games as well as teaching them the importance of team work! Each class F.A.S.T. Athletics will have new and exciting games planned for the students.

ACTIVITY:

109806 A Saturdays, September 28 to October 26
10:00 - 10:45 am AGE: 3 - 5.99 FEE: \$80

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive
INSTRUCTOR: F.A.S.T. Athletics, LLC



SOCCER PLAY ADVENTURE

Join your child as they learn how to grow physically and mentally through this exciting new program. Our professionally trained staff will instruct your child to balance, throw, jump, kick, catch and perform many other movements in an environment that will help their growth and physical development in later years. Follow them through their adventure lands where every week it changes from farm to space, jungle to zoo! Read through your story book and continue the fun at home, each child will receive a book in which to read, follow and learn from in and out of class. Finally, finish with a party! The last class will be 'party style' to celebrate your child's journey.

ACTIVITY:

109501 A Wednesdays, October 2 to November 13
1:30 - 2:15 pm AGE: 3 - 6.99 FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road
INSTRUCTOR: UK International Soccer

MINIKICKERS

Newtown Parks & Recreation is proud to offer Challenger Sports newly rebranded MiniKickers Program in association with the Challenger Soccer Academy. MiniKickers is an exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and team work. Our professional, licensed British coaches will ensure your child has a positive soccer experience. The Minikickers curriculum has been devised by soccer experts, child development professionals and experienced coaches. Weekly half hour soccer classes for a period of 4 weeks. Join us today and become a part of our team cubs and team lions as you learn new skills, have fun and of course learn the song and dance to the Minikickers theme song.



ACTIVITY:

109514 A Wednesdays, September 25 to October 9
11:45 am - 12:15 pm AGE: 2 - 3.99 FEE: \$75
109514 B Wednesdays, September 25 to October 9
12:30 - 1:00 pm AGE: 4 - 5.99 FEE: \$75
109514 C Wednesdays, October 16 to November 6
11:45 am - 12:15 pm AGE: 2 - 3.99 FEE: \$75
109514 D Wednesdays, October 16 to November 6
12:30 - 1:00 pm AGE: 4 - 5.99 FEE: \$75

LOCATION: Dickinson Memorial Town Park, 50 Elm Drive
INSTRUCTOR: Challenger Sports

OVER 30 CO-ED DROP-IN SOCCER

Come out and kick it around! What a great way to get some exercise. This is a laid back game, not a league. All skills welcome. For more information contact Brian Aumueller at bsa@mereogroup.com or call Parks and Recreation office at 203-270-4340. Open to Newtown Residents only!

ACTIVITY:

109205 A Saturdays, September 7 to June 28
7:00 - 8:30 am AGE: 30 and up FEE: \$125
109205 B Tuesdays, September 10 to June 24
9:00 - 10:30 am AGE: 30 and up FEE: \$125

LOCATION: Newtown Youth Academy, 4 Primrose Street

SPECIALTY PROGRAMS

Project Love/Art/Dress-A-Doll/Babysitting

PROJECT LOVE

Having started last year, this project aims to get kids in the spirit of giving. We are continuing towards the goal of creating 134 pieces of heart themed art in various styles and sizes. Everything we make will be framed and offered to the residents of Nunnawauk Meadows in Newtown.

ACTIVITY:

101501 A Saturdays, November 2 to November 16
10:00 - 11:00 am AGE: 7 - 11.99 FEE: \$75

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Paula Brinkman Hughes

SELF PORTRAIT WORKSHOP

In this class, kids will literally take a closer look at themselves. We'll see the work of three famous artists and borrow their style to create unique self-portraits.

ACTIVITY:

101502 A Saturdays, November 23 to December 14
(no class 11/30)
10:00 - 11:00 am

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Paula Brinkman Hughes

DRESS-A-DOLL

Bring your American Girls, Barbies, or stuffed animals to this class. We will create simple outfits and accessories without a sewing machine. All supplies provided. Minimal fuss, maximum fun!



ACTIVITY:

101504 A Saturdays, October 5 to October 26
10:00 - 11:00 am AGE: 7 - 11.99 FEE: \$100

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Paula Brinkman Hughes

BABYSITTER SAFETY 101

This course is for youths age 10 to 13 years of age. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Course is 4 hours, bring snack. CD book, handouts and Babysitter Safety Certificate of completion included.

ACTIVITY:

121601 A Mondays, October 21 to October 28
3:45 - 5:45 pm AGE: 10 - 13.99 FEE: \$65
121601 B Thursdays, October 10 to October 17
3:45 - 5:45 pm AGE: 10 - 13.99 FEE: \$65

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: CPR O'Heart

BABYSITTER SAFETY 102

This course is for youth's 13 to 16 years of age with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Prerequisite is Babysitter Safety 101 within the past 360 days. Building on the entry level skills, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to be awarded an American Heart Association 2 year certification. Course is 2.5 hours. This class is to be completed in one session. Includes CD-book, handouts and Rescue Shield breathing barrier device.



ACTIVITY:

121602 A Monday, October 7
3:45 - 5:45 pm AGE: 13 - 16.99 FEE: \$65
121602 B Thursday, October 24
3:45 - 5:45 pm AGE: 13 - 16.99 FEE: \$65

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: CPR O'Heart

PAINT, DRAW & MORE

This program teaches children to draw what they see, to enhance their drawings with their own ideas and concepts and to use different materials in creative ways. Students learn to draw in a non-competitive, nurturing and fun environment. This art program helps children build self-esteem through personal drawing success, and enhances hand-eye coordination as well as an understanding of spatial and color relationships. The instructor brings projects, materials and other drawing aids and leads a structured, yet creative art lesson.



ACTIVITY:

101601 A Wednesdays, September 25 to October 30
4:15 - 5:15 pm AGE: 5 - 8.99 FEE: \$116
101601 B Wednesdays, September 25 to October 30
5:15 - 6:15 pm AGE: 9 - 13.99 FEE: \$116
101601 C Wednesdays, November 6 to December 18
(No class November 27)
4:15 - 5:15 pm AGE: 5 - 8.99 FEE: \$116
101601 D Wednesdays, November 6 to December 18
(No class November 27)
5:15 - 6:15 pm AGE: 9 - 13.99 FEE: \$116

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Susan Jackson



SPECIALTY PROGRAMS

Dance

SALSA LEVEL I

Salsa, also referred to as Mambo, is an exciting and fun dance which anyone can learn! In this class, we will cover basic shines and partner work with emphasis placed on leading and following. All new dance steps taught will be repeated and reinforced allowing students to become familiar and comfortable with their newly acquired dance skills. Come and learn Salsa in a warm & positive teaching atmosphere which will have you dancing in no time!



ACTIVITY:

104201 A Mondays, October 7 to November 25
7:00 - 8:00 pm AGE: 18.99 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Deborah Linley

SALSA LEVEL II

A continuation of Level I, students will review and strengthen previously learned skills while advancing on to the next level of shines and turn patterns. Techniques of lead and follow will be reinforced and strengthened as we move into the next level of turn combinations and partner work. So whether you'd like to learn new skills or brush up on old ones, join us for an evening of fun and stress relief! Prerequisite: Level I or equivalent experience.

ACTIVITY:

104203 A Mondays, October 7 to November 25
8:00 - 9:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Deborah Linley

BEG BALLROOM LEV I

If you have little or no dancing experience, this course is for you. Course includes beginner level steps & combinations in Foxtrot, Waltz, Rumba, Cha-Cha, Merengue and time permitting, swing. Make-up classes are available any night during the week.

ACTIVITY:

104202 A Tuesdays, October 1 to November 19
7:00 - 8:00 pm AGE: 18 and up FEE: \$80
104202 B Wednesdays, October 2 to November 20
7:00 - 8:00 pm AGE: 18 and up FEE: \$80
104202 C Thursdays, October 3 to November 21
7:00 - 8:00 pm AGE: 18 and up FEE: \$80
104202 D Fridays, October 4 to November 22
7:00 - 8:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Andrea Pessa Vitti



BEG BALLROOM LEVEL II

This course covers the next level of steps & combinations in dances from Level I in addition to Tango, Samba and more! Technique, lead and follow will be stressed. Prerequisite: Students should have a basic knowledge of most dances taught in Beginner Level I.

ACTIVITY:

104204 A Wednesdays, October 2 to November 20
8:00 - 9:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Deborah Linley

INTERMEDIATE BALLROOM

All dances from Level I and II are covered as technique and quality of dancing begins to be the primary focus. Additional dances such as Quickstep and Argentine Tango are added. Both American and International Style dances will be taught. Prerequisite: Students need to have a working knowledge of dances taught in Beginner Level I and II.

ACTIVITY:

104205 A Tuesdays, October 1 to November 19
8:00 - 9:00 pm AGE: 18 and up FEE: \$80
104205 B Thursdays, October 3 to November 21
8:00 - 9:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: John Vitti

ADVANCED BALLROOM

This course covers Gold and Open Level steps in addition to learning more complex figures and combinations. Both American and International Style dances will be taught. Technique and quality of dancing is the primary focus. Prerequisite: Students should be proficient in most dances and steps taught in the Intermediate level class.

ACTIVITY:

104206 A Fridays, October 4 to November 22
8:00 - 9:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: John Vitti



SPECIALTY PROGRAMS

Dance

HUSTLE LEVEL I

Originated in the 70's, hustle is more popular than ever and is being danced all over the world. An exciting partner dance, it is perfect for clubs and parties. This class is designed for those with little or no prior hustle knowledge and will teach you 3 count basic timing & rhythm as well as techniques for lead and follow. In addition to the basic steps, you will learn turn patterns involving under-arm turn combinations, hesitations, cross body lead, single & double hand turns, cradles, inside turns and more!



ACTIVITY:

104401 A Wednesdays, October 2 to November 20
6:00 - 7:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Deborah Linley

HUSTLE LEVEL II

A continuation of Level I, students will advance on to the next level of steps and turn combinations including shadows, wraps, new yorker, grapevine and more! Level I or equivalent experience required.

ACTIVITY:

104402 A Fridays, October 4 to November 22
7:00 - 8:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: Deborah Linley

HUSTLE LEVEL III

Bring your hustle up to the next level as we progress to learn more advanced turn combinations and lead and follow techniques. Students need to be comfortable with steps taught in Level I and II.

ACTIVITY:

104403 A Fridays, October 4 to November 22
7:00 - 8:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: John Vitti



WEST COAST SWING LEVEL I

West Coast Swing is a fun and exciting dance which has roots in Lindy Hop. Becoming increasingly popular, it is different from other forms of swing as it is danced in a slot. West Coast Swing can be danced to many different types of music making it very versatile as well as fun!



ACTIVITY:

104404 A Mondays, September 30 to November 18
7:00 - 8:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: John Vitti

WEST COAST SWING LEVEL II

A continuation of Level I, come learn turns and partnering moves to bring your West Coast Swing up to the next level. Prerequisite: Level I or equivalent experience.

ACTIVITY:

104405 A Mondays, September 30 to November 18
8:00 - 9:00 pm AGE: 18 and up FEE: \$80

LOCATION: Vitti's Dance Studio, 10 Precision Road

INSTRUCTOR: John Vitti

ELEMENTARY DANCE

CLASS

A 60 minute entry level combination class of Ballet, Tap, Jazz for children ages 5 to 9. Each class is taught using developmentally and age appropriate skills, props and educational concepts to help keep classes fun! Class meets once per week. Suggested attire: Pink leotards, pink tights, pink ballet shoes and black tap shoes. Note: All tap shoes must have elastic close or Velcro. Ribbons ties are unacceptable!



ACTIVITY:

104501 A Mondays, October 7 to December 9
4:45 - 5:45 pm AGE: 5 - 9.99 FEE: \$143

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Fit to Be



SPECIALTY PROGRAMS

Knitting/Computertots

BEGINNERS KNITTING CIRCLE

Come and learn to knit! This is a class for kids who would like to learn the skill and hobby of knitting! No experience necessary. This is an 8 week class where you learn all the basics and finish a knitted project! Experienced knitting teacher will get you knitting in no time, in a fun and creative way. Learn casting on, knitting, purling, fringe and more. In this class we will make a fun, fashionable knitted scarf. All materials including yarn and needles will be provided.



ACTIVITY:

117101 A Wednesdays, October 2 to December 4
(No class October 30, November 27)
5:30 - 6:30 pm AGE: 8 and up FEE: \$145

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

STEPPIN' UP KNITTING CLASS

For the knitter who has mastered the beginner class (or can cast on and do garter stitch independently). If you are ready to take your knitting to the next level, this class is for you! We will learn to read and follow a pattern, check a gauge, try different types of needles (including circular needles) and more! We will knit some cute projects! To start, students need to bring in US size 10 straight (long) needles and 150 yards of worsted weight yarn of their choice. Other materials needed will be discussed in class.

ACTIVITY:

117102 A Thursdays, October 3 to December 5
(No class October 31, November 28)
5:30 - 6:30 pm AGE: 8 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

ADULT BEGINNER KNITTING CIRCLE

Make time for yourself! Learn to knit! For adults who have always wanted to knit, but didn't know where to start, or who need to brush up on the basics. Learn to cast on, knit, purl and more, creating a fashionable scarf to start! (Knitting is a great hobby, that can be transported with you-knit at sports events, waiting rooms, using snippets of time!) Students need to bring in a skein of bulky-weight yarn of their choice, and US size 10.5 or larger needles.



ACTIVITY:

117103 A Wednesdays, October 2 to December 4
(No class October 30, November 27)
6:45 - 7:45 pm AGE: 18 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

ADULT INTERMEDIATE KNITTING CIRCLE

For those who can cast on and do garter stitch, but would like to build more skills. For this class, we will make a "oh so cute" cap that can be made in sizes from children to adults to start, as well as a project "knitting in the round" on circular needles. Learn to read and follow a pattern, check gauge, master more difficult stitches and more! Students need to bring in size 10 (long) straight needles and one skein (150 yards) of worsted weight yarn of their choice. Other materials needed will be discussed in class.

ACTIVITY:

117104 A Thursdays, October 3 to December 5
(No class October 31, November 28)
6:45 - 7:45 pm AGE: 18 and up FEE: \$125

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Nicole Christensen

LEGO ROBOTICS

Designed by the MIT Media Lab, Lego WeDo Robotics introduces young children to the world of construction and computer programming. Building with colorful Lego bricks, electric motors and sensors, the robots are brought to life in a simple drop and drag computer programming environment.

ACTIVITY:

117504 A Thursdays, November 14 to December 19
(No class November 28)
4:30 - 5:45 pm AGE: 7 - 12.99 FEE: \$97

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Computertots/Computer Explorers

LEGO IN MOTION

Calling all Lego enthusiasts and builders to this program. We put fun in motion as students learn how to use wheels and axles, motors, kinetic energy and balance to create numerous contraptions which will be powered with motors and battery packs. All new models to tinker with this year.

ACTIVITY:

117505 A Wednesdays, November 13 to December 18
(No class November 27)
4:30 - 5:45 pm AGE: 5 - 7.99 FEE: \$97

LOCATION: Newtown Middle School, 11 Queen Street
INSTRUCTOR: Computertots/Computer Explorers



SPECIALTY PROGRAMS

Cooking/Theatre/Music/Puppet Making

FALL COOKING CLASS

Students will use seasonal ingredients to create healthy dishes, while learning cooking techniques and experimenting to find their favorite combinations. We'll make some favorite fall dishes a little healthier and make some holiday dishes. Class is nut-free and we accommodate other food allergies.



ACTIVITY:

102501 A Wednesdays, September 25 to October 23
4:00 - 5:15 pm AGE: 8 - 12.99 FEE: \$125

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Sharon E. Martovich

THEATRE ON YOUR FEET

Whether you love being Center Stage, Backstage, or anywhere in between, THIS is your class. Theatre on Your Feet is now welcoming new members! Experience the fun of Improvisation, play theatre games, learn real theatre technique and create YOUR OWN original work. Join Broadway veteran, certified Teacher and Professional Youth Theatre facilitator Theresa Talluto and be a part of Newtown's original, authentic Youth Theatre company!

ACTIVITY:

107603 A Thursdays, October 3 to December 5
(No class October 31, November 28)
6:15 - 7:45 pm AGE: 11 and up FEE: \$150

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Theresa Talluto

THEATRE ON YOUR FEET JR COMPANY

All the joy and benefits of Theatre On Your Feet, for the younger set: an introduction to improvisation, theatre games that stretch your creativity, plus real instruction in theatre technique. Great for everyone, especially those who have so much to offer but sometimes feel shy. You already have everything you need, so simply bring a smile, and be prepared to laugh alot.



ACTIVITY:

107503 A Tuesdays, October 1 to December 3
(No class October 29, November 26)
5:00 - 6:30 pm AGE: 8 - 10.99 FEE: \$150

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Theresa Talluto

BROADWAY BOYS & BABES

Experience a bit of Broadway in your own backyard! Children will sing popular songs from Broadway plays and learn simple lines as they step onto the stage for the first time. A mini production will be held for parents and caregivers at the end of the session.

ACTIVITY:

125802 A Tuesdays, October 1 to November 19
10:30 - 11:15 am AGE: 2 - 6.99 FEE: \$200

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Wendy Mitchell

CULTURAL MOVEMENT & MUSIC

Take a trip around the world and learn about different cultures through music, puppets and folk tales. Miss Wendy will share a different country each week and take children on a journey in song and music. Students will hear the sound the rain stick makes in the jungles of Africa, learn the clop clop rhythm of the zebra's hooves, play castanets in Spain, bang on cymbals and gongs in China and much more. Come learn how much fun different cultures can be!

ACTIVITY:

125801 A Tuesdays, October 1 to November 19
9:30 - 10:15 am AGE: 2 - 6.99 FEE: \$200

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Wendy Mitchell

PUPPET MAKING

Explore a world of imagination with Miss Wendy Puppet making classes. Children will have the opportunity to make stick puppets, sock puppets, paper mache puppets and more. Students will sketch and develop their character first and use various materials such as felt, beads, pipe cleaners and textured fabrics to create one of a kind puppets. At the end of the session they will perform a mini play with their new creations.

ACTIVITY:

125803 A Wednesdays, October 2 to November 20
5:00 - 5:45 pm AGE: 7 - 11.99 FEE: \$220

LOCATION: Newtown Middle School, 11 Queen Street

INSTRUCTOR: Wendy Mitchell

AFTER SCHOOL BROADWAY WORKSHOP

The Broadway workshop will provide an after school program for students in grades K - 6. Students will be engaged in acting workshops where they will learn to develop a character and increase their confidence when performing. Students will also be engaged in group vocal classes and group dance classes. At the end of the six week program students will perform a workshop performance of what they have accomplished. Students in this after school program can register for a six week session or multiple sessions at a discounted rate. Program will run continuous from September through June every six weeks. Students will receive a t-shirt and possible bus transportation to facility. Students will need comfortable clothing, dance shoes and hair ties.

ACTIVITY:

107601 A Mondays - Fridays, September 30 to November 8
4:00 - 6:00 pm AGE: 5 - 11.99 FEE: \$450
107601 B Mondays - Fridays, November 11 to December 20
4:00 - 6:00 pm AGE: 5 - 11.99 FEE: \$450

LOCATION: Sabrina's Encore Productions, 153 South Main Street

INSTRUCTOR: Sabrina Post



SOUND CENTER ARTS PROGRAMS

GODDESS BELLYDANCING

All women are invited to join in and unlocking the mystery and secrets of this ancient Feminine Dance. Bellydance will guide you in exploring your sensual, powerful and beautiful self and will enable you to embrace the amazing woman living within yourself! The movements are simple and gentle on your body, while they tone and build strength and health (by aligning your pelvis and back correctly, and building your core strength). Beautiful movements, divinely inspired music, colorful coin belts and silk scarves (both provided) combine to create a class that will leave you feeling as if you have gone on a vacation to an exotic world.



ACTIVITY:

108202 A Wednesdays, September 25 to October 30
8:15 - 9:15 pm AGE: 18 and up FEE: \$120

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

MYSTICAL BELLYDANCE

In this 6 week course, dancers with budding abilities are invited to continue their belly dance journey, embrace themselves and honor the sacred feminine. Together we will explore and create dances inspired by our lives, feelings and the four elements of earth, air, water and fire. As we breathe, affirm, dream and dance we will heal, understand, celebrate and be whole through our dancing. Prerequisite (Goddess Bellydance or previous dance experience)

ACTIVITY:

108203 A Mondays, September 23 to October 28
8:30 - 9:30 pm AGE: 18 and up FEE: \$122

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

MBSR PROGRAM (Mindful Based Stress Reduction)

Do you want to live a more engaged and balanced life? There is a way of being and doing that allows you to live life more fully through the practice of mindfulness. Mindfulness is a human quality, a way of learning to pay wise attention to what is happening in the present moment, with non-judgemental awareness. Mindfulness Based Stress Reduction (MBSR) developed by Jon Kabat-Zinn, Ph.D., at the University of Massachusetts Medical Center is an evidence based, structured complementary medicine and wellness program that uses mindfulness as a way of learning to tap into your inner resources, empowering you to respond rather than react to stress, pain and illness. Free Introduction Session Monday, September 23rd, 2013. 6:30 - 8:00 pm. Saturday retreat, November 9th, 2013 12:00 - 5:00 pm.

ACTIVITY:

108204 A Mondays, September 30 to November 18
6:30 - 8:30 pm AGE: 18 and up FEE: \$320

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

AWAKENING TO YOUR LIGHT BODY

In this six week experimental course, we will be exploring different ways to bring awareness & connect to our subtle energy body and the unified field around us. You will learn to use toning (use your voice as a tuning fork), simple guided meditations, crystals and stones and other accessible techniques to help you raise your vibration and more! Each class will incorporate an energy healing for the collective group. After all, we are awakening at our own pace. Let us honor and be present during this beautiful transformation. No singing experience necessary.

ACTIVITY:

108205 A Tuesdays, September 24 to October 29
7:30 - 8:15 pm AGE: 18 and up FEE: \$152

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

PSYCHIC DEVELOPMENT FOR BEGINNERS

In this 6 week class, you will learn to see auras, spirits and the universal energy surrounding us all. You will be introduced to channeling energy with intuitive drawing, accessing the realms of the past & future and connecting with your spirit guides. You will also learn to increase the ability to access your higher expanded self on demand and use your intuition/psychic senses in your everyday life.



ACTIVITY:

108206 A Thursdays, September 26 to October 31
7:00 - 7:45 pm AGE: 18 and up FEE: \$152

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

LISTENING TO DREAMS

Wouldn't it be nice if you could improve your physical and emotional health while you sleep? When you learn to listen to and understand your dreams you can! From ancient Greeks who made pilgrimages to dream temples to 21st century women and men who turn to psychotherapy, people have long looked to dreams for guidance and honored their healing potential. Listening to Dreams workshops are open to anyone who has a desire to learn more about dreams and dreamwork. Participants are encouraged to bring a dream or dreams they would like to work with, however, people who do not yet recall their dreams can also benefit from these workshops.

ACTIVITY:

108207 A Saturday, September 28
10:00 am - 3:00 pm AGE: 18 and up FEE: \$90
108207 B Saturday/Sunday, September 28 to September 29
10:00 am - 3:00 pm AGE: 18 and up FEE: \$145

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



SOUND CENTER ARTS PROGRAMS

RELAXING UKULELE FOR ADULTS

What a better way to start your holiday season. Come and join us in this class designed for the absolute adult beginner who wants the experience of learning to play a new instrument alongside a group in a calm & supportive environment. In these 6 weeks, you will learn the basics of ukulele playing, simple songs and even to accompany yourself singing. Be prepared to lead your festive gatherings in song! Beginners only. (ukulele and book included)



ACTIVITY:

108208 A Tuesdays, November 12 to December 17
7:30 - 8:30 pm AGE: 18 and up FEE: \$225

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

MINDFUL MOTHERING

In this new group class specifically for new mom and their babies we invite you into the sacred circle of motherhood where you will experience the unconditional support of a group journeying together as mothers. Together we will delight in our babies, explore the instincts of mothering and question commonly held cultural beliefs. Specific topics include parent baby attachment and bonding, baby feeding and baby wearing, marital bliss with baby, building confidence in your instincts and abilities, laying the foundation for your lifelong relationship with your baby, and nurturing the heart and spirit of the mother. First time mothers encouraged to attend.

ACTIVITY:

108210 A Fridays, October 18 to November 22
11:00 am - 12:00 pm AGE: 18 and up FEE: \$150

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

FROM HARVEST TO TABLE

Come join Chef Pam Buchler owner of Aquarian Caterers for a two hour workshop and demonstration on cooking healthy straight from your own garden. This class will consist of preparing only the freshest ingredients that our harvest time can offer. We will be using winter squashes, late tomatoes, many greens and so much more to make a wonderful meal that is healthy and mindful. Chef Pam will be showing techniques on how to prepare for the cold winter ahead. You will take away food that we have prepared in class. Recipes and a new sense of mindful eating!



ACTIVITY:

108211 A Wednesday, October 16
12:00 - 2:00 pm AGE: 18 and up FEE: \$100

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

REIKI

In first degree training you will receive four attunements. These attunements are focused mainly on opening the physical body so that it can then accept energy. During Reiki I training, you learn how to feel energy and many practical exercises are used throughout the course. You are also taught the general principles of Reiki and become familiarized with it's history and roots. On a practical level, you will also be taught how to give a treatment, firstly to yourself and secondly to other people. This part of the course assists the integration of the energy and gives you the tools to become a Reiki Practitioner. Following the attunement is a 28 day period called the cleansing period. During this time, you are encouraged to give yourself a treatment everyday and many students find themselves undergoing positive personal changes and spiritual growth which can be very powerful and very rewarding time. On completion of the course, you will receive an illustrated Reiki Manual, the Degree Reiki Certificate as well as on-going support and advice.

ACTIVITY:

108212 A Friday, October 11
9:30 am - 2:30 pm AGE: 18 and up FEE: \$200

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

AUTUMNAL EQUINOX

This group circle meets once a week and welcomes you to bring your open heart. Incorporating guided meditations, energy work & group support you will be provided an avenue for the mind and emotions to align with the body's desire to be healthy. We are encouraged and guided to look behind the current physical symptoms and find the underlying nonphysical needs that the body wants fulfilled and dissolve the related energy blockages, and as a result feel a sense of calm and bliss. There is inherent power in the group energy formed by our healing circles. Come join us and bring your heart and willingness to heal.

ACTIVITY:

108213 A Sunday, September 22
7:30 - 8:30 pm AGE: 18 and up FEE: \$45

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

SONGS FOR THE SOUL

The soundtracks of our lives help to create both our everyday moments and our major life events. Facilitated by Board-Certified Music Therapist Jennifer Sokira, this supportive, well-being-centered group will encourage attendees to look more deeply and mindfully into the music that is meaningful to them, and to develop simple strategies for using music more meaningfully in their daily lives.



ACTIVITY:

108214 A Sunday, October 6
12:00 - 1:30 pm AGE: 18 and up FEE: \$45

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

SOUND CENTER ARTS PROGRAMS

FALL INTO HEALTH

We have done spring cleaning in preparation for the spring season and with the arrival of autumn we have also made some housekeeping modifications in preparing for the fall season. Our bodies also require the same housekeeping modifications with each change of season. The liver is the main organ of detoxification. It breaks down all the toxic waste products from all the chemical processes that keeps us alive and well and prepares these toxic products for elimination or removal from the body. It is important that we help the liver because it has many other important duties such as making proteins that our cells need. Without assistance, the liver can potentially become overwhelmed and ultimately less efficient. It is thus extremely important that we lend our support to this magnificent organ each season by incorporating a liver detoxification into our seasonal routine. In this hour workshop you will learn the details liver detoxification and how just a few simple changes to your regular routine can vastly improve your health and provide you with more energy and vitality.

ACTIVITY:

108215 A Friday, October 25
12:30 - 1:30 pm AGE: 18 and up FEE: \$75

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

MINDFULNESS FOR KIDS

In this six week class, children will be guided to understand the basic concepts of Mindfulness, including the notion that mindfulness is an ongoing, flexible practice for everyday living. This is accomplished through participation in many highly interactive games and activities, the use of our five senses, awareness of the natural world, information on cutting edge brain research, as well as an opportunity to explore the inner space of their own sacred minds and bodies. Taught by a certified educator and mindfulness practitioner, classes are tailored to be developmentally appropriate for the age of your child.

ACTIVITY:

108601 A Thursdays, October 3 to November 7
4:30 - 5:30 pm AGE: 6 - 10.99 FEE: \$150
108601 C Thursdays, October 3 to November 7
5:30 - 6:30 pm AGE: 10 and up FEE: \$150

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

STRETCH & GLOW YOGA

This class introduces yoga in a way that is playful, imaginative and just right for preschool/Kindergarten! The children's busy imaginations will lead us on exciting yoga

adventures. We will visit the jungle to learn Lion Pose, travel to the Arctic for Polar Bear Pose or spend a day at the beach learning Fish and Crab pose. We will focus on crossing the midline, building core strength, improving balance and releasing energy!

ACTIVITY:

108801 A Tuesdays, October 1 to November 5
1:30 - 2:15 pm AGE: 3 - 6.99 FEE: \$115

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



STRETCH & GLOW YOGAI

This class introduces more challenging yoga poses and yoga games in a playful and supportive atmosphere. We will focus on balance, coordination and flexibility as we practice holding poses for a longer period of time. Children will learn breathing exercises that can help them maintain focus and self-control during their busy school days.



ACTIVITY:

108602 A Tuesdays, October 1 to November 5
4:45 - 5:30 pm AGE: 6 - 10.99 FEE: \$115

INSTRUCTOR: Sound Center Arts

LOCATION: Sound Center Arts, 31 Hawleyville Road

STRETCH & GLOW YOGA II

This class introduces the practice of flowing smoothly through our yoga poses to build focus, concentration and determination. A greater focus on proper alignment, arm balances and strengthening poses will help children appreciate and understand their growing bodies. Breathing exercises and relaxation techniques will help children cope with stress in their everyday lives. We will incorporate cooperative yoga games and challenges to encourage teamwork and keep yoga fun!

ACTIVITY:

108603 A Tuesdays, October 1 to November 5
2:30 - 3:15 pm AGE: 10 - 13.99 FEE: \$115

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts

STORY TIME YOGA

Children's stories and songs come to life as we read and sing about animals and other nature elements that relate to yoga poses. Children and caregivers will be invited to try each pose and then we will continue on with our song or story. This is a fun and relaxed environment, perfect for introducing the youngest yogis to the joys of reading, singing and yoga!

ACTIVITY:

108701 A Thursdays, October 3 to November 7
9:30 - 10:15 am AGE: 1 - 5.99 FEE: \$145

LOCATION: Sound Center Arts, 31 Hawleyville Road

INSTRUCTOR: Sound Center Arts



FITNESS PROGRAMS

CORE YOGA-FLOW TO FIT YOGA

The Graceful Planet offers a 10-class card, which enables you to take any of the following on-going classes, (class schedules are subject to change, classes are one hour except as noted). Our classes focus on building strength, flexibility as well as fostering a calm spirit and a relaxed state of mind. A class designed to strengthen your core and deepen your practice. With emphasis on proper alignment this class moves slowly through basic postures in challenging ways. Great for beginners or experienced yogis looking to build strength and reduce stress.

ACTIVITY:

108405 A Mondays, September 23 to November 25

9:30 - 10:30 am AGE: 13 and up FEE: \$150

108405 B Wednesdays, September 25 to November 27

9:30 - 10:30 am AGE: 13 and up FEE: \$150

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

SNOW SPORT CONDITIONING

Skiers and snowboarders...It's not too early to get those muscles ready for the season! Condition yourself to prevent injury and have the endurance to keep up with your friends and family. Sessions will be set up as a circuit concentrating on strengthening lower body as well as upper body. Also, focus will be on Core, Balance, Quickness and Agility.

ACTIVITY:

108216 A Wednesdays, October 16 to November 20

7:00 - 8:00 pm AGE: 12 and up FEE: \$149

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Angie Taylor

YOGA & PILATES FLOW TO FIT

The Graceful Planet offers a 10-class card, which enables you to take any of the following on-going classes, (class schedules are subject to change, classes are one hour except as noted). Our classes focus on building strength, flexibility as well as fostering a calm spirit and a relaxed state of mind. An upbeat class that combines breathing and stretching of yoga with the core tightening and strengthening of Pilates. We will start out with some gentle yoga stretching and move on to a powerful workout using weights, balls and bands. We then cool down with more yoga and a final relaxation period. A great way to strengthen and tone your entire body.



ACTIVITY:

108406 A Wednesdays, September 25 to November 27

7:30 - 8:30 pm AGE: 13 and up FEE: \$150

108406 B Saturdays, September 28 to November 30

8:30 - 10:00 am AGE: 13 and up FEE: \$150

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Amie Meleshkewich



TUFF MUTHA BOOT CAMP

Circuit Conditioning Bootcamp for all levels. Your cardiovascular and muscular fitness will be challenged in a circuit style incorporating calisthenic, free weights, plyometrics, balance, agility using an assortment of equipment for a variety of exercises in each session. Each week the circuit will vary its format so the FUN will be different every time!



ACTIVITY:

108415 A Tuesdays/Thursdays, September 3 to October 24

6:15 - 7:15 pm AGE: 16 and up FEE: \$125

LOCATION: Fairfield Hills, 2 Trades Lane

INSTRUCTOR: Tracy Kuligowski & Zoey Haddick

Dog Training

CANINE TRAINING BEHAVIOR SERVICES

DOG AGILITY TRAINING

The goal for the beginner class is to familiarize the dogs and handlers with the various obstacles that comprise an agility course including the tunnel, dog walk, weave poles, A-frame, jumps, etc. Agility is a wonderful confidence builder for both dogs and handlers. Completion of the level one (or comparable) class is required. Dogs must be able to sit, down, stay and come on command.

ACTIVITY:

100011 A Thursdays, September 12 to October 17
7:30 - 8:15 pm AGE: 14 and up FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

ADVANCED OBEDIENCE/RALLY "O"

This class offers instruction for dogs that have successfully completed the skills offered in the Level 2 training class. Includes off-lead heeling, drop on recall, hand signals and obstacle training. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class.

ACTIVITY:

100013 A Thursdays, September 12 to October 17
5:45 - 6:30 pm AGE: 14 and up FEE: \$120

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

CANINE GOOD CITIZEN PROGRAM

This course prepares students for the CGC and/or Therapy Dog International (TDI) certificate, required by most health care facilities for visiting dogs and handlers. Open to all dogs who have completed the Family Manners Skills class. CGC stresses good manners in the presence of people and other dogs. Testing for the CGC is included in the fee. Note: TDI will not certify dogs under one year of age. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class.

ACTIVITY:

100014 A Thursdays, September 12 to October 17
5:45 - 6:30 pm AGE: 14 and up FEE: \$160
100014 B Thursdays, September 12 to October 17
7:30 - 8:15 pm AGE: 14 and up FEE: \$160

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services



DOG OBEDIENCE LEVEL 1

This class is designed for dogs 4 months of age and older with no formal training. All elements of basic canine training will be covered including the sit, down, stay, recall, heel, jumping, chewing and good manners will be addressed. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to the 1st class.

ACTIVITY:

100015 A Thursdays, September 12 to October 17
6:30 - 7:15 pm AGE: 14 and up FEE: \$185

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

DOG OBEDIENCE LEVEL 2

This class is for the graduates of the Level 1 class. This class will further enhance the relationship between the pet and owner. Consistency and reliability will be significantly improved through distraction and attention training. Introduction to off-lead stays and recalls will be introduced. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class.

ACTIVITY:

100017 A Thursdays, September 12 to October 17
5:45 - 6:30 pm AGE: 14 and up FEE: \$140
100017 B Thursdays, September 12 to October 17
(No class November 22)
7:30 - 8:15 pm AGE: 14 and up FEE: \$140

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services

A.K.C. S.T.A.R PUPPY PROGRAM

This exciting new program is designed to get new puppies and owners off to a good start. The AKC Puppy S.T.A.R program is an incentive program for responsible dog owners who have taken the time to train and socialize their dogs. S.T.A.R is an acronym for "Socialization", "Training", "Activity", and a "Responsible" owner, all the things a puppy needs to have a good life. Life skills will be taught to new pups and include the basic commands such as "sit", "down", "stay", "coming when called", proper socialization and interactions as well as responsible dog ownership. A certified CGC (Canine Good Citizen) Evaluator will teach this course. This class is open to all pups up to one year of age. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to the 1st class.

ACTIVITY:

100016 A Thursdays, September 12 to October 17
6:30 - 7:15 pm AGE: 14 and up FEE: \$180

LOCATION: Teen Center, 53 A Church Hill Road

INSTRUCTOR: Canine Training Behavior Services



FALL SWIM LESSONS

Location: Newtown High School Pool

Level I

Introduction to Water Skills: Enter and exit water safely; Open eyes underwater, pick up submerged objects; Swim on front and back using arm and leg actions; Submerge mouth, nose and eyes; Float on front and back; Follow basic water safety rules; Exhale underwater through mouth and nose; Explore arm and hand movements; Use a life jacket. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110801A Saturdays, October 12 to December 7
(No class November 30)

11:00 - 11:30 am **AGE:** 3 and up **FEE:** \$125

110801 B Thursdays, October 17 to December 12
(No class November 28)

6:00 - 6:30 pm **AGE:** 3 and up **FEE:** \$125

Level II

Fundamental Aquatic Skills: Enter water by stepping or jumping from the side; Open eyes underwater, pick up a submerged object; Roll over from front to back, back to front; Swim on side; Exit water safely using ladder or side; Float on front and back; Tread water using arm and leg motions; Move in the water while wearing a life jacket; Submerge entire head; Perform front and back glide; Perform front and back crawl; Perform reaching assist. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110802 A Saturdays, October 12 to December 7
(No class November 30)

11:30 am - 12:00 pm **AGE:** 3 and up **FEE:** \$125

110802 B Thursdays, October 17 to December 12

6:30 - 7:00 pm **AGE:** 3 and up **FEE:** \$125

Level III

Stroke Development: Jump into deep water from the side; Bob with the head fully submerged; Perform survival float; Butterfly-kick and body motion; Use Check-Call-Care in an emergency; Dive from kneeling or standing position; Use rotary breathing in horizontal position; Change from horizontal position to vertical position on front and back; Perform HELP and Huddle positions; Submerge and retrieve and object; Perform front and back glide; Perform front and back crawl; Perform a reaching assist. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110803 A Saturdays, October 12 to December 7
(No class November 30)

12:00 - 12:30 pm **AGE:** 3 and up **FEE:** \$125

110803 B Thursdays, October 17 to December 12
(No class November 28)

7:00 - 7:30 pm **AGE:** 3 and up **FEE:** \$125

Level IV

Stroke Improvement: Perform shallow dive or dive from stride position; Perform open turns on front and back using any stroke; Use safe diving rules; Perform a throwing assist; Swim underwater; Tread water using sculling arm motions and kick; Perform compact jump into water from height while wearing a life jacket; Care for conscious choking victim; Perform front and back crawl, swim on side using scissors-like kick, breaststroke, butterfly, and elementary backstroke. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110804 A Saturdays, October 12 to December 7
(No class November 30)

12:30 - 1:00 pm **AGE:** 3 and up **FEE:** \$125

110804 B Thursdays, October 17 to December 12
(No class November 28)

7:30 - 8:00 pm **AGE:** 3 and up **FEE:** \$125

Level V

Stroke Refinement: Further coordination and refinement of stroke. Tread water with two different kicks; Learned survival swimming; Perform rescue breathing; Perform standing dive, pike surface dive, shallow dive, glide two body lengths and begin any front stroke, front flip turn, breaststroke, backstroke flip turn, elementary backstroke, tuck surface dive, front and back crawl, side stroke. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110805 A Saturdays, October 12 to December 7
(No class November 30)

12:30 - 1:00 pm **AGE:** 3 and up **FEE:** \$125

110805 B Thursdays, October 17 to December 12
(No class November 28)

7:30 - 8:00 pm **AGE:** 3 and up **FEE:** \$125

Level VI

Swimming and Skill Proficiency: Refines the strokes so students swim with ease, efficiency, power and smoothness over greater distances. Level VI is designed with menu options that focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. These options are Personal Water Safety; Fitness Swimmer; Lifeguard Readiness and Fundamentals of Diving. Due to High School functions or rescheduled events, which is out of Parks and Recreation control, swim lessons could be canceled with little notice. Whenever school is closed swim lessons are canceled.

ACTIVITY:

110806 A Saturdays, October 12 to December 7
(No class November 30)

12:30 - 1:00 pm **AGE:** 3 and up **FEE:** \$125

110806 B Thursdays, October 17 to December 12
(No class November 28)

7:30 - 8:00 pm **AGE:** 3 and up **FEE:** \$125



Aquatics

RECREATION SWIM TEAM

ACTIVITY:

110601 A	6 year old Girls	110601 B	6 year old Boys
110601 C	7 - 8 year old Girls	110601 D	7 - 8 year old Boys
110601 E	9 - 10 year old Girls	110601 F	9 - 10 year old Boys
110601 G	11 - 12 year old Girls	110601 H	11 - 12 year old Boys
110601 I	13 & older Girls	110601 J	13 & older Boys

Must be appropriate age by November 1st, 2013

Registration deadline is October 1st.

FEE: \$300.00

LOCATION: Newtown High School Pool

DATE: Season starts week of October 1st and runs through 1st week of March (practice times will be split between age groups)

EVALUATIONS: Evaluation dates/times for new swimmers will be announced.

TIME/PRACTICES: Practices can be scheduled any weeknight between the hours of 5:00 and 7:15. The time is split up amongst three practice groups. Swimmers will be assigned to a practice group based on age group and ability. **Swimmers must practice with the team in order to compete with the team.**

Swimmers must participate in four complete meets during the regular season in order to be eligible to compete in the post season events. Swimmers that have competed with a high school boys team are ineligible to compete with the team in Yankee League meets.

PARENT MEETING: Tuesday, September 17th, 7:00 pm in the High School Lecture Hall. Please try your best to attend.

The Newtown Torpedos are gearing up for the 2013/2014 Yankee League swimming season. Stroke and turn techniques will be refined to ready our swimmers for competition. The season will begin with our first meet in early November and will culminate with league championships in early March. **In order to compete with the team swimmers must take part in team practices.** Due to the combination of overwhelming enrollment, limited pool space/time, and safety concerns, swimmers **MUST** meet the following requirements:

- Swimmers age 8 and under **MUST** be able to swim a minimum of 25 yards (1 length of pool) freestyle without stopping and using rotary breathing.
- Swimmers 9 and over **MUST** be able to complete a minimum of 50 yards freestyle (2 lengths of the pool) without stopping and using rotary breathing.
- Swimmers will be evaluated the first week of practice.
- Swimmers are required to compete in at least four meets during the season.

THIS IS NOT SWIMMING LESSONS!!!

OPEN SWIM

NEWTOWN RESIDENTS ONLY

The pool will be open from 10/7/13 to 5/22/14

Schedule:

Mondays and Wednesdays 7:15 - 9:30 pm

Tuesdays and Thursdays 6:15 - 7:15 am

Saturdays 1:00 - 5:00 pm

No open swim when there are swim meets or during school vacations.

Please sign up for our e blast for updated notices regarding pool usage.

Please note:

Due to High School functions or rescheduled events which are out of Parks and Recreation control, open swim could be canceled with little notice.

PASS MEMBERSHIP

FAMILY \$75.00

SINGLE \$30.00

SENIOR FREE

5PASS \$15.00



PARKS INFORMATION



DICKINSON MEMORIAL PARK - Elm Drive and Brushy Hill Road, Newtown

This park is open to Newtown residents from 8 am until sundown. Dickinson Park has five tennis courts, softball field, basketball court, two playground areas, FUNSPACE creative area, a skate park, a pavilion and picnicking facilities, complete with charcoal grills. A park permit is required on any vehicle entering the park.



TREADWELL MEMORIAL PARK - Philo Curtis Road, Sandy Hook

This park is open from 8 am until sundown. Amenities include four tennis courts, a ball wall, basketball court, two playground areas, two pavilions, multi-purpose baseball/softball field, a regulation size artificial turf soccer field and a multi-purpose artificial turf field. Treadwell Park also boasts a swimming pool complex, featuring an eight lane, 25 yard pool, with a diving "L" and a wading pool. Locker facilities are available.



ORCHARD HILL NATURE CENTER - Huntingtown Road, Newtown

Combining unusual historic and natural assets, this park is located on Huntingtown Road. Its historical assets include two mills and dams, which date back to the 19th century. Its natural assets include rare beauty, and a remarkable diversity of habitats which provide a home to an unusually large number of species of plants and animals. There are several trails on which to hike, with ample parking.



LAKE LILLINONAH PARK/BOAT LAUNCH - Hanover Road, Newtown

Offering a total scenic package, this park is located at the end of Hanover Road in Newtown, on Lake Lillinonah. In addition to a beautiful view of the lake, there are picnic tables, charcoal grills and the boat launch. There are portable bathroom facilities and parking. NO SWIMMING is allowed at this park, as boats pose too much danger. Open to Newtown residents only. Cars must display a current park permit in order to enter the park.



EICHLER'S COVE MARINA & BEACH

Located at 11 Old Bridge Road in the southeastern corner of Newtown. Offering a marina, boat launch, beach, picnic area, and spectacular view. Eichler's Cove is the only public access to Lake Zoar for Newtown residents. A park permit is required on any vehicle entering the park.

