

PARKS AND RECREATION STAFF

Amy E.W. Mangold Parks & Recreation Director

RECREATION STAFF

RoseAnn Reggiano Assistant Director of Recreation
Deborah Denzel Administrative Assistant
Donna Benson Secretary
Rita Pavia - Loomis Clerk

PARKS STAFF

Carl Samuelson Assistant Director of Parks
Santiago Soto Field Operations Supervisor
John Moore Parks Operations Supervisor
James Tani Parks Maintainer
Linda Bradley-Gillette Parks Maintainer
John Benvenuti Parks Maintainer
Amando Dos Santo Parks Maintainer
Richard Paloian Parks Maintainer
Joseph Freebairn Parks Maintainer
Luis Otero Parks Maintainer
Robert Fritzinger Parks Maintainer
Peter Sponheimer Mechanic

PARKS & RECREATION COMMISSION

Edward Marks
Patrick Barczak
Peggy Jo Yochum
Thomas DiNicola
Maureen Crick Owen
Vincent Yanni, Jr



COMMUNITY SPORTS ORGANIZATIONS

NEWTOWN AMERICAN YOUTH FOOTBALL & CHEER
www.newtownyouthfootball.org
NEWTOWN BABE RUTH BASEBALL
newtownbaseball.com
Ken Roche.....731-1364
kenr111@gmail.com
NEWTOWN BABE RUTH SOFTBALL
newtownsoftball.org
Stacey Laaksonen.....270-8999
splaak@hotmail.com
NEWTOWN BRIDLE LANDS ASSOCIATION
.....791-4853
www.nblact.com
NEWTOWN HIKERS
Ester Nichols.....788-1398
NEWTOWN MEN'S SUNDAY SOFTBALL LEAGUE
Mike Lancaster.....203-313-1563
lancaster_michael@yahoo.com
NEWTOWN MEN'S WEEKNIGHT SOFTBALL LEAGUE
Chris Dennis.....770-1824
NEWTOWN SOCCER CLUB
www.newtownsoccerclub.org
NEWTOWN TENNIS ASSOCIATION
Hugh Lavery.....426-2740
www.ntaweb.com
NEWTOWN WOMEN'S SOFTBALL
Jackie Kulikowski.....426-0774
NEWTOWN YOUTH BASKETBALL
Jack Shpunt.....426-1935
www.newtownyouthbasketball.org
NEWTOWN YOUTH LACROSSE
Bobby Marusi.....914-325-2380
newtown-lax@ymail.com
NEWTOWN YOUTH & FAMILY SERVICES...270-4335
WINTERSET SKI CLUB
Thomas Donnelly.....426-7707
www.wintersetskiclub.org

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The Housatonic Valley Wood Bat Baseball league is looking for players and teams for the upcoming 2010 baseball season. If you are over 18 and are interested in playing please call Patrick Egan at 203-770-2991



Letter from the Director

"Leave all the afternoon for exercise and recreation, which are as necessary as reading. I will rather say more necessary because health is worth more than learning." - Thomas Jefferson

I have to say that I agree with Thomas Jefferson on the value of recreation and the vital role it plays in making a healthy difference in people's lives.

We are working very hard at trying to maintain the quality parks and recreation programs in such a challenging economic time. The Parks and Recreation department is an essential service and a solution to many people's stress and health issues in what may be for many, difficult times.

Some of our goals this coming year are to gain the support for funding of a much needed community center and a skate park for the athletes who have been asking for and needing one for over a decade. We are also working to improve the trail systems and to create a dog park.

With a new master plan for Dickinson Park our goal is to keep the familiar feel of the park while updating and reestablishing this park to be a family gathering place with summer concerts, an updated playground, a much needed water facility and newly constructed tennis and basketball courts.

We will also be working hard to improve the already wonderful complex at Treadwell Park by updating the pool building, bathrooms, parking, tennis, basketball courts and landscaping.

We hope you will all be spending your morning, afternoon and evenings with us and realize the endless benefits and services that your Parks and Recreation Department can provide for you.

Do not hesitate to continue to call with your comments, questions and suggestions. It is our pleasure to serve you.

Amy Mangold and the Staff of the Newtown Parks and Recreation Department.





POLICIES



RESIDENCY-DEFINED: A person whose primary residence, either as an owner or renter, is considered a Newtown resident. (No exceptions to this rule.) Proof of residency is required.

NON-RESIDENT POLICY

- ⇒ Non-resident registrations will be accepted no earlier than (5) business days prior to the start of a program, provided there is availability.
- ⇒ Non-residents will be admitted on a restricted basis and only after Newtown residents have had sufficient time to register.
- ⇒ Not all programs allow for non-resident participation.
- ⇒ Non-residents will be required to pay an additional \$10.00 per program.
- ⇒ Non-residents may participate in bus trips.

DO NOT WAIT UNTIL THE LAST MINUTE!!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be canceled. Coming in on the day the program begins won't resurrect it, so please register early.

REFUND POLICY

All programs are self-supporting and a commitment needs to be made to instructors and staff. Therefore, NO REFUNDS will be given after the start of a program EXCEPT for medical reasons, upon receipt of a physician's note. Communication to Parks and Recreation at onset of the condition is required. Refunds for cancellations made within one week prior to the start of a program are issued, but a \$10 processing fee will be charged.

CANCELATION POLICY

Programs held at the Newtown Schools follow the school schedule, therefore, if schools are closed or canceled Parks & Recreation programs at the schools will be canceled. Programs held at the Newtown Teen Center, Newtown Youth Academy or an off site location do not always follow the school schedule. In the event of inclement weather or other factors beyond our control, programs may need to be canceled. Please sign up for our automatic cancellation notices on our website or call our cancellation number 270-4340 and press 1.

IMPORTANT NOTES

- ⇒ All Parks and Recreation programs are on a first-come, first served basis.
- ⇒ Parks and Recreation does not send confirmations. No news is good news! Please assume you are registered for the program(s) you have selected. You will be contacted only if there is a problem.
- ⇒ Parks and Recreation cannot be responsible for loss of mail or postal delays.
- ⇒ Program participants are reminded **NOT TO PARK IN FIRE LANES**, per order of the Fire Marshall. Fire lanes are those areas in front of each school which are painted yellow.
- ⇒ When participating in a program at the Teen Center please park in front of the Teen Center **ONLY**. Do not park in front of businesses.
- ⇒ Get up to the minute program or cancelation information or leave a message at 270-4340, after hours and on weekends.
- ⇒ The Newtown Parks & Recreation Commission meets the second Tuesday of each month. Public input is welcomed at these meetings.
- ⇒ If a participant displays unruly behavior, he / she will be asked to leave the program and **NO** refund will be given.

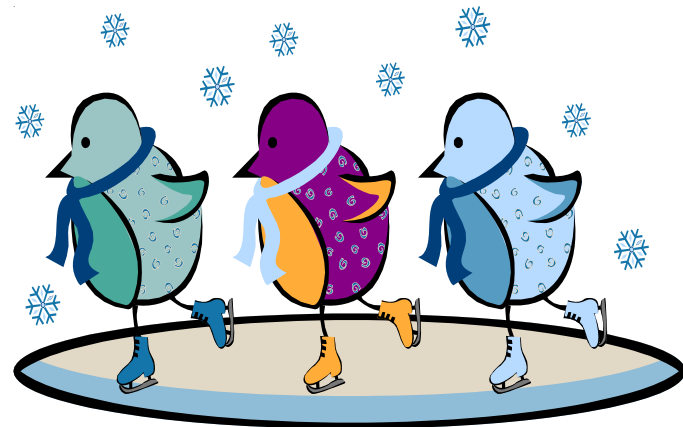


INCLUSION STATEMENT

In an effort to meet the recreational needs of all residents of Newtown, the Parks & Recreation Department has adopted a policy of inclusion. Although some facilities are not yet wheelchair accessible every attempt will be made to accommodate and encourage people with disabilities to participate in our programs. Please use comment section on the registration form detailing your circumstances.

NEWTOWN YOUTH ACADEMY

All programs that are held at the Newtown Youth Academy, you must register two weeks before the program starts.



DAY TRIPS

NORTH CAROLINA V. UCONN WOMEN

We'll be leaving from Brookfield Town Hall at 1:00 p.m. for a 4:00 p.m. game at Gampel Pavilion on the Storrs Campus. Return to Brookfield at the game's conclusion. Fee of \$49.00 includes ticket and coach bus transportation. The Co-op is open before the game, and is located almost directly across the street from Gampel, so you can stock up on your Husky wear, too.

ACTIVITY:

214103 A Saturday, January 9
1:00 - 7:00 pm AGE: All Ages FEE: \$69

LOCATION: off site

BOSTON MUSEUM OF SCIENCE

This temporary exhibit will feature more than 200 authentic props and costumes from the Harry Potter films, all displayed in settings inspired by the film sets - including The Great Hall and The Gryffindor common room. View iconic film artifacts such as Harry's glasses and the Marauder's Map. Fee includes timed admission to this exhibit, general exhibit hall admission, coach bus transportation and driver gratuity. Lunch is on your own at the museum. Leave Brookfield at 8:00 am. Leave Museum of Science at 4:30 pm. Outside food or beverages are not allowed into the museum, however, you may bring whatever you'd like for the bus ride there and back.

ACTIVITY:

214104 A Monday, January 18
8:00 am - 5:30 pm AGE: All Ages FEE: \$85

LOCATION: off site

NYC ON YOUR OWN

Take some time to enjoy NYC in the spring; see a play, visit a museum, or go shopping! Leave from Brookfield Town Hall at 9:00 am, and then you decide how to spend the day. Drop off points include TKTS booth at Times Square (where you can purchase discounted tickets for same day matinee performances of Broadway and off-Broadway shows), the Metropolitan Museum of Art and Rockefeller Center. Leave NYC at 6:00 pm from Rockefeller Center. Fee of \$38.00 includes the cost of a seat on our deluxe coach bus and driver gratuity.

ACTIVITY:

314103 A Wednesday, April 21
9:00am - 7:00 pm AGE: All Ages FEE: \$68

LOCATION: off site



SPECIAL EVENTS

ICE SKATING PARTY FAMILY FUN

Ice skating to the music provided by DJ Kevin Koschel, owner of Music Man. Fun for everyone!!! All ages welcome. Hot Chocolate & Hot Coffee will be provided. There will also be a small bonfire to warm up by. Please pre-register (weather permitting). This is being held at the Dickinson Park Pavilion, Elm Drive, Newtown

ACTIVITY: 214101 A

DATE: Friday, February 5

TIME: 6:30 - 9:30 pm

AGE: All Ages

FEE: Free

LOCATION: Dickinson Memorial Town Park, Elm Drive



FUZZY BEAR'S HOLIDAY GETAWAY'S

A great deal for both of you. Your child gets to spend 2 hours at Kidsfit singing, dancing, listening to stories, tumbling and creating holiday crafts and you will have some time away. Choose from 7 different days. You can sign up for as many days as you want!



ACTIVITY:

211809 A Friday, December 4

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 B Monday, December 7

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 C Wednesday, December 9

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 D Friday, December 11

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 E Wednesday, December 16

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 F Friday, December 18

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 G Monday, December 21

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$25

211809 H Mondays/Wednesdays/Fridays, December 4 to December 21
(no class December 14)

9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$160

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit



AQUATICS

FREE - OPEN SWIM NEWTOWN RESIDENTS ONLY

Schedule subject to change due to construction.

Schedule:

Mondays, Wednesdays and Thursdays 7:15 - 9:30 pm
Tuesdays and Thursdays 6:15 - 7:15 am
Saturdays 10:00 am - 1:00 pm

ACTIVITY:

110101 A September 28 to March 15

AGE: All Ages FEE: Free

LOCATION: Newtown High School, Route 34



WATER SAFETY INSTRUCTOR COURSE

The first two classes are called "FIT." The purpose of the American Red Cross Fundamentals of Instructor Training course is to: Introduce instructor candidates to the history, structure, and activities of the American Red Cross; to prepare the instructor candidates to teach American Red Cross specialty courses to diverse populations, and to introduce candidates to the policies and procedures of the American Red Cross to ensure course consistency, quality and appropriate reporting. A Water Safety Instructor teaches children of all ages to swim. We are constantly in need of instructors. In order to become a Red Cross certified instructor, candidates must demonstrate Red Cross Level V swim ability. The Course is approximately six weeks.



ACTIVITY:

221402 A Tuesdays/Thursdays, January 26 to March 4
6:00 - 9:00 pm AGE: 16 and up FEE: \$225

LOCATION: Newtown High School, Route 34



FUN FOR ALL AGES

LEGO GREEN ENGINEERING

This curriculum uses Lego Renewable Energy Lab kits and is designed to help students grasp the abstract and sometimes difficult concept of energy through captivating and hands-on activities. Building projects such as turbine windmill, solar car and more will bring these science concepts alive! Students will make their own solar vehicles to take home.

ACTIVITY:

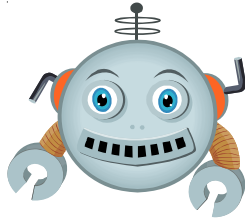
217502 A Tuesdays, January 12 to February 9
4:00 - 5:15 pm AGE: 7 and up FEE: \$105

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Computertots/Computer Explorers

LEGO ROBOTICS

Lego Mindstorms Robotics provide wonderful hands-on opportunities for the students to experiment with robotics and learn about computer programming. We will build NXT robots this session and focus on the use of ultrasonic sensor and computer software program to create greeting messages for the NXT robots.



ACTIVITY:

217504 A Fridays, February 19 to March 19
4:00 - 5:15 pm AGE: 7 and up FEE: \$105

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Computertots/Computer Explorers

CLAYMATION MOVIEMAKER

Clay and animation, what a perfect combination! Working in teams, students do it all, from story creation to making the characters and building the sets. As they learn the production process they will use Digital Camera and Computer Software to animate, record, download, assemble, and edit their own movies. Their final masterpiece will be copied onto a CD for the students to take home for all to enjoy!

ACTIVITY:

217505 A Fridays, January 8 to February 5
4:00 - 5:15 pm AGE: 7 and up FEE: \$105

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Computertots/Computer Explorers



BEGINNERS KNITTING

CIRCLE

Learn to knit class. No knitting experience required. Learn casting on, knitting, purling and more. Create a knitted scarf for winter wear! All materials provided. Learn the basics to get you started on a fun, creative hobby!



ACTIVITY:

217101 A Wednesdays, January 6 to February 24
4:15 - 5:15 pm AGE: 8 and up FEE: \$145

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Nicole Christensen

INTERMEDIATE KNITTING CIRCLE

For the young knitter with some experience or who has mastered the beginners scarf class. (students should be able to cast on and do garter stitch independently). We will make a basic but very cute winter hat! Learn to read and follow a pattern, check a gauge and more! Students need to bring in US size #10 needles and 150 yards of worsted weight yarn of their choice.

ACTIVITY:

217102 A Wednesdays, January 6 to February 24
5:30 - 6:30 pm AGE: 9 and up FEE: \$125

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Nicole Christensen



FUN FOR ALL AGES

LEARN TO SKATE TOT 1

The Tot 1 program is for 3.5 to 5 years old, where they will learn the proper method for falling down and standing up, marching, gliding, balancing, swizzles and backward wiggles in four consecutive levels. Instructors incorporate creative play and interactive learning games to teach these skills. Helmets and mittens are required. (Bike helmets are ok.) If needed helmets will be provided, but quantities are limited. Max class is 8, register early.

LEARN TO SKATE TOT 2

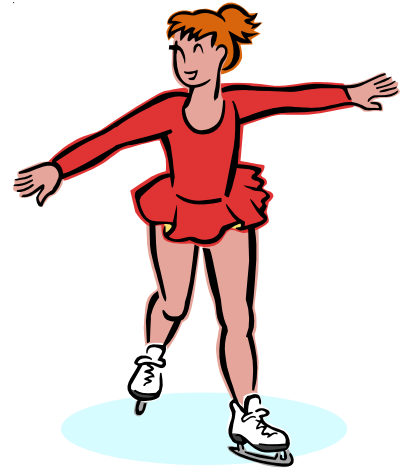
For the pre-school skater who passed Tot 1. Skaters will learn a two-foot jump, forward swizzles and a 2-foot glide.

LEARN TO SKATE 1

The Basics program is for children 6 years and older. Beginning with the New Skater level, the program consists of consecutive levels, which allow a beginner to gain discipline, confidence, and knowledge of basic skating skills, which are needed to advance to the higher levels of figure skating and hockey. As much as possible, students will be grouped according to age and ability. Max class is 8, register early.

ACTIVITY:

209201 A	Wednesdays, January 6 to February 17 4:00 - 4:35 pm	AGE: 6 and up	Skate 1 FEE: \$127
209201 B	Wednesdays, January 6 to February 17 4:35 - 5:10 pm	AGE: 6 and up	Skate 1 FEE: \$127
209201 C	Wednesdays, February 24 to April 7 4:00 - 4:35 pm	AGE: 6 and up	Skate 1 FEE: \$127
209201 D	Wednesdays, February 24 to April 7 4:35 - 5:10 pm	AGE: 6 and up	Skate 1 FEE: \$127
209201 E	Wednesdays, January 6 to February 17 5:10 - 5:45 pm	AGE: 6 and up	Skate 1 FEE: \$127
209201 F	Wednesdays, February 24 to April 7 5:10 - 5:45 pm	AGE: 6 and up	Skate 1 FEE: \$127
209801 A	Wednesdays, January 6 to February 17 4:00 - 4:35 pm	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 B	Wednesdays, January 6 to February 17 4:35 - 5:10 pm	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 C	Wednesdays, February 24 to April 7 4:00 - 4:35 pm	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 D	Wednesdays, February 24 to April 7 4:35 - 5:10 pm	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 E	Thursdays, January 7 to February 18 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 F	Thursdays, February 25 to April 8 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 G	Fridays, January 8 to February 19 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209801 H	Fridays, February 26 to April 16 10:00 - 10:30 am	AGE: 3.5 - 5.99	Tot 1 FEE: \$127
209802 A	Thursdays, January 7 to February 18 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127
209802 B	Thursdays, February 25 to April 8 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127
209802 C	Fridays, January 8 to February 19 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127
209802 D	Fridays, February 26 to April 16 10:30 - 11:00 am	AGE: 3.5 - 5.99	Tot 2 FEE: \$127



LOCATION: Danbury Ice Arena, One Independence Way

INSTRUCTOR: Danbury Ice Arena



FUN FOR ALL AGES

INTRO TO HUNT SEAT HORSEBACK RIDING

Hunt seat is terminology used in the United States and Canada to refer to a style of forward seat riding commonly found at American horse shows. Along with Dressage, it is one of the two classic forms of English riding. Hunt seat is also the generic term used to describe any form of forward seat riding, including that seen in show jumping and eventing.



ACTIVITY:

209102 A	Saturdays, January 2 to January 23	9:30 - 10:00 am	AGE: 5 - 9.99	FEE: \$160
209102 B	Saturdays, February 6 to February 27	9:30 - 10:00 am	AGE: 5 - 9.99	FEE: \$160
209102 D	Saturdays, January 2 to January 23	3:00 - 3:30 pm	AGE: 10 - 12.99	FEE: \$160
209102 E	Saturdays, February 6 to February 27	3:00 - 3:30 pm	AGE: 10 - 12.99	FEE: \$160
209102 G	Tuesdays, January 5 to January 26	5:00 - 5:30 pm	AGE: 13 - 18.99	FEE: \$160
209102 H	Tuesdays, February 2 to February 23	5:00 - 5:30 pm	AGE: 13 - 18.99	FEE: \$160
209102 J	Wednesdays, January 6 to January 27	6:30 - 7:00 pm	AGE: 18 and up	FEE: \$160
209102 K	Wednesdays, February 3 to February 24	6:30 - 7:00 pm	AGE: 18 and up	FEE: \$160

LOCATION: Fox Ridge Farm, 37-39 Aunt Park Lane

INSTRUCTOR: Fox Ridge Farm

INTERMEDIATE JUMP ROPE

Have fun learning lots of unique jump rope skills, including basic skills like Skier, Bell, Criss Cross and Jogger, as well as intermediate and advanced skills such as Double Unders, Toad, Behind the Knees and M&M. We'll also work on Double Dutch skills, including entering and exiting the ropes, turning the ropes, speed jumping, and footwork. Jump rope is a sport full of variety and new challenges, so we'll also tackle Chinese Wheel, Long Rope Routines, Traveller and Rainbow.



ACTIVITY:

209509 A Mondays/Wednesdays, January 11 to March 29
(No class January 18, February 15)
6:30 - 7:30 pm AGE: 7 and up FEE: \$30

LOCATION: Middle Gate School, Cold Spring Road

INSTRUCTOR: Pamela Patterson

JUMP ROPE WORKSHOP

Come out and jump rope with the Moon Jumpers Jump Rope Team to help them raise money to travel to competitions! Jump rope is not only great exercise, it develops coordination, strength and teamwork. But most importantly, it's fun! Workshop participants will be grouped by age and will cycle through 3 stations-single rope tricks, Double Dutch and long rope. In each station, jumpers will learn or polish basic skills and intermediate/advanced skills that will wow their friends.

A \$20 fee will be collected at the door the day of the event.

ACTIVITY:

214109 A Saturdays, February 6
1:00 - 3:00 pm AGE: 5 and up

LOCATION: Middle Gate School, Cold Spring Road

INSTRUCTOR: Pamela Patterson

AIKIDO

Aikido is a gentle martial art that can be experienced and enjoyed by the whole family. The grace and power of Aikido comes from using the attacker's force to throw him/her with minimal effort. The Aikido principles of balance, blending and non-resistance teach students to seek creative alternatives to conflict, both physical and verbal. By training in a supportive, non-competitive atmosphere, students will learn and experience: Useful physical skills such as rolling and falling safely; Creative conflict resolution, body awareness and practical self-defense skills; Enhanced coordination of mind and body; Improved balance and coordination; Increased self confidence and self discipline, while having fun along the way. In a world increasingly filled with stress and conflict, the lessons of Aikido are useful tools for both children and adults. We are associated with Berkshire Hills Aikido in Great Barrington, MA. Adults and children 8 years or older are invited to experience this special art form. For more information please call (203) 364-1380.

ACTIVITY:

213101 A Thursdays, January 14 to April 8
7:00 - 8:00 pm AGE: 12 and up FEE: \$90

LOCATION: Middle Gate School, Cold Spring Road

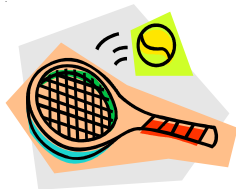
INSTRUCTOR: Barbara Toomey



FAIRFIELD COUNTY TENNIS

TENNIS CLINICS

This class will be broken up by age and playing level. Participants will be introduced to the forehand, backhand, volley, and serve. Children/Teens will learn basic singles strategy, footwork, and etiquette. Fairfield County Tennis is pleased to announce that Pro Jacob Kreimer has joined our Newtown teaching staff. Former ESPN tennis analyst and hitting partner for world's No. 1 Martina Navratilova and Ivan Lendl, Jacob will teach clinics for both adults and juniors in Newtown. For more information or to register for the clinics, visit www.newtown-ct.gov. For questions, please call Fairfield County Tennis at 203-640-1724.



ACTIVITY:

Tourney Training 2

209110 A Sundays, January 31 to April 11
(No class April 4)
3:00 - 4:00 pm AGE: 14 - 17.99 FEE: \$320

Beg/Adv Beg

209110 B Sundays, January 31 to April 11
(No class April 4)
4:00 - 5:00 pm AGE: 6 - 9 FEE: \$250

Adv Beg/Low Intermediate

209110 C Sundays, January 31 to April 11
(No class April 4)
5:00 - 6:00 pm AGE: 10 - 12.99 FEE: \$320

Beg/Adv Beginner

209110 D Sundays, January 31 to April 11
(No class April 4)
6:00 - 7:00 pm AGE: 6 - 9.99 FEE: \$320

Adults 3.5

209110 E Tuesdays, February 2 to April 6
9:00 - 10:30 am AGE: 18 and up FEE: \$480

Adults Adv Beg

209110 F Tuesdays, February 2 to April 6
10:30 am - 12:00 pm AGE: 18 and up FEE: \$480

Adult Beginner

209110 G Tuesdays, February 2 to April 6
12:00 - 1:00 pm AGE: 18 and up FEE: \$320

Pee Wees

209110 H Tuesdays, February 2 to April 6
3:30 - 4:00 pm AGE: 4 - 5.99 FEE: \$160

Tourney Training 1

209110 I Tuesdays, February 2 to April 6
4:00 - 5:30 pm AGE: 13 - 17.99 FEE: \$480

Adv Beg

209110 J Tuesdays, February 2 to April 4
5:30 - 6:30 pm AGE: 6 - 9.99 FEE: \$250

Adv Beg

209110 K Tuesdays, February 2 to April 6
6:30 - 7:30 pm AGE: 6 - 9.99 FEE: \$320

Adults 2.5

209110 M Wednesdays, February 3 to April 7
9:30 - 11:00 am AGE: 18 and up FEE: \$480

Adult Adv/Beginner

209110 N Wednesdays, February 3 to April 7
11:00 am - 12:00 pm AGE: 18 and up FEE: \$320

Adult Beginner

209110 O Wednesdays, February 3 to April 7
12:00 - 1:00 pm AGE: 18 and up FEE: \$320

Low Int/Intermediate

209110 Q Wednesdays, February 3 to April 7
4:00 - 5:00 pm AGE: 10 - 12.99 FEE: \$320

Tourney Training 1

209110 R Wednesdays, February 3 to April 7
5:00 - 6:30 pm AGE: 13 - 17.99 FEE: \$480

Beg/Adv Beg

209110 S Wednesdays, February 3 to April 7
6:30 - 7:30 pm AGE: 10 - 12.99 FEE: \$320

Mens Intermediate

209110 T Wednesdays, February 3 to April 7
7:30 - 9:00 pm AGE: 18 and up FEE: \$480

Beg/Adv Beg

209110 V Fridays, February 5 to April 9
3:00 - 4:00 pm AGE: 12 - 13.99 FEE: \$320

Beg/Adv Beg

209110 W Fridays, February 5 to April 9
4:00 - 5:00 pm AGE: 6 - 9.99 FEE: \$250

Beg/Adv Beg

209110 X Fridays, February 5 to April 9
5:00 - 6:00 pm AGE: 6 - 9.99 FEE: \$250

Pee Wees

209110 Y Saturdays, February 6 to April 10
9:00 - 9:30 am AGE: 4 - 5.99 FEE: \$160

Adult 3.0-3.5

209110 Z Saturdays, February 6 to June 10
9:30 - 10:30 am AGE: 18 and up FEE: \$320

Tourney Training 2

209111 A Saturdays, February 6 to April 10
10:30 - 11:30 am AGE: 12 - 16.99 FEE: \$320

Tourney Training 1

209111 B Saturdays, February 6 to April 10
11:30 am - 1:00 pm AGE: 13 - 17.99 FEE: \$480

LOCATION: Newtown Youth Academy, 4 Primrose Street

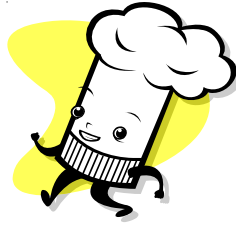
INSTRUCTOR: Greg Sansonetti



PRESCHOOL PROGRAMS

PARENT AND ME COOKING CLASS

Parent & Me Cooking Class - Play with your food! Join us in creating fun and healthy recipes! Students will learn about shapes, colors, smells and tastes as they make 2-3 recipes each week. Students will bring home recipe cards for each class, and at the end of each session, each student will receive a diploma, chef's hat, and cooking utensils. This is a peanut-free class. Substitutions will be used for any other food allergies.



ACTIVITY:

202701 A Tuesdays, January 12 to February 9
12:15 - 1:30 pm AGE: 3 - 5 FEE: \$105

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Sharon E. Martovich

HAPPY PIANO

Studies show that piano lessons in the preschool years help in later academics, especially math, science and engineering. But for our Happy Piano students, the attraction is the fun and excitement they get from playing the piano. From the very first day, students play on keyboards sized just right for small fingers. Music theory is introduced through games and activities. For question on any of The Happy Piano classes, please check the website at www.happypiano.com or e-mail nancy@thehappypiano.com.



ACTIVITY:

206501 A Wednesdays, January 13 to March 17
(No class November 25)
4:00 - 4:30 pm AGE: 3 - 6.99 FEE: \$180

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Linda Bingham

HAPPY PIANO ADVANCED

The Happy Piano is back with more music theory, new songs and new games for returning students. This class is for students who have taken Happy Piano classes before. Students will pick up where they left off with lessons. For question on any of The Happy Piano classes, please check the website at www.happypiano.com or e-mail nancy@thehappypiano.com

ACTIVITY:

206502 A Wednesdays, January 13 to March 17
(No class November 25)
4:30 - 5:00 pm AGE: 3 - 6.99 FEE: \$195

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Linda Bingham

KARATE TINY TIGERS

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control, and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but is not mandatory.



ACTIVITY:

213501 A Tuesdays, January 5 to February 23
5:00 - 5:30 pm AGE: 3 - 4.99 FEE: \$65

LOCATION: Hawley School lower Gym HL5, Church Hill Road

INSTRUCTOR: Porco's Karate Academy

THEATRE TOTS

Acting fun for 4 and 5 year olds...Do you have a budding star? Have some fun creating characters, using puppets, creating fun imaginary games while learning about the craft of acting. The class promotes positive self esteem in all students and enables children to work with each other and follow directions...A final performance is presented at the end of the session.

ACTIVITY:

207701 A Tuesdays, January 19 to March 9
4:00 - 4:30 pm AGE: 4 - 5.99 FEE: \$100

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Lamar Productions



PRESCHOOL & YOUTH PROGRAMS

KIDSFIT PROGRAMS

ALL KIDSFIT PROGRAMS ARE AT THE TEEN CENTER, CHURCH HILL ROAD

CREATIVE MOVEMENT FOR MOM & ME

This 45 minute class meets weekly for children & their Moms, to explore perceptual motor themes through circle time, rhythm equipment, tumbling apparatus and parachute. Continue bonding with your child as you help him or her move, develop confidence and encourage his or her creative spirit. A fun way to improve their motor skills, coordination and socialization while meeting other Moms in the neighborhood.

ACTIVITY:

211808 A Mondays, January 11 to March 15
(No class January 18, February 15)
9:15 - 10:00 am AGE: 3 - 4.99 FEE: \$120
211808 B Mondays, January 11 to March 15
(No class January 18, February 15)
10:30 - 11:15 am AGE: 1 - 2.99 FEE: \$120

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

BUDDING ARTISTS

Let one of Newtown's own, Artist Paula Hughes bring out the creativity and imagination in your child as they draw, paint, stamp, collage, stencil, and sculpt this winter.

ACTIVITY:

211805 A Mondays, January 11 to March 8
(No class January 18, February 15)
1:00 - 1:45 pm AGE: 4 - 6.99 FEE: \$90

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

READY TO READ

This hour long class prepares your child for the joys of reading. A new twist on story time for ages 3-5. We will help your children learn to read by teaching them how to "listen to language." Before children can understand printed words, they need to hear and manipulate letter sounds. We will teach this valuable story time and promote reader readiness with games and activities. One such activity includes making pizza to the story. The Little Hen(Makes a Pizza).

ACTIVITY:

211804 A Tuesdays, January 12 to February 9
1:00 - 2:00 pm AGE: 3 - 5.99 FEE: \$90
211804 B Tuesdays, February 16 to March 16
1:00 - 2:00 pm AGE: 3 - 5.99 FEE: \$90

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

CREATIVE MUSIC AND MOVEMENT

This class will explore your child's personality & imagination through song, dance & vibrant expression with guitar, scarves, ribbon twirls and other exciting instruments and games. Including traditional and original music. The class will explore music with Eurhythmics technique-music with storytelling through movement. Join Francine Wheeler with her guitar and sense the many wonderful ways a child can experience music.

ACTIVITY:

211803 A Thursdays, January 14 to February 11
9:30 - 10:15 am AGE: 3 - 5.99 FEE: \$90
211803 B Thursdays, February 18 to March 18
9:30 - 10:15 am AGE: 3 - 5.99 FEE: \$90

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

MOTHERS MORNING OUT

Our Pre-school Readiness Program designed for your child to experience the magic of learning, cooperative play and social interaction with other children in hopes to prepare them for their first preschool experience. A typical class includes circle time, songs & parachute play, weather, group gym games, arts & craft projects and a story. Appropriate transitions between activities allow your child to recognize and become familiar with the structure of the day, and to look forward to the next activity. Don't miss out; this is a very popular class! Children must turn 2 years old by the start of the program; they DO NOT need to be potty trained. Please pack a snack and drink for your child each class.

ACTIVITY:

211801 A Wednesdays, January 13 to March 3
(No class January 19, February 16)
9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$155
211801 B Fridays, January 15 to March 5
(No class February 18)
9:15 - 11:15 am AGE: 2 - 5.99 FEE: \$155

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

KIDSFIT GYMNASTICS

A weekly class featuring fitness training, gymnastics and tumbling.

ACTIVITY:

211802 A Thursdays, January 14 to March 4
12:30 - 1:15 pm AGE: 3 - 6.99 FEE: \$120
211802 B Saturdays, January 23 to March 13
9:15 - 10:00 am AGE: 3 - 6.99 FEE: \$120

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit

SUPER HERO TRAINING

A new non-competitive, athletic skills development class for boys. Focusing on body management, throwing, kicking, dodging, running and catching. Designed to enhance your child's self esteem and increase his athletic ability, coordination, core-body strength and confidence. Guaranteed to be 45 minutes of fun!

ACTIVITY:

211806 A Thursdays, January 14 to March 4
(No class January 19)
1:30 - 2:15 pm AGE: 3 - 5.99 FEE: \$120
211806 B Saturdays, January 23 to March 13
10:30 - 11:15 am AGE: 3 - 5.99 FEE: \$120

LOCATION: Teen Center, 53A Church Hill Road

INSTRUCTOR: Kidsfit



DOG TRAINING

CANINE TRAINING BEHAVIOR SERVICES

CANINE GOOD CITIZEN PROGRAM

This course prepares students for the CGC and/or Therapy Dog International (TDI) certificate, required by most health care facilities for visiting dogs and handlers. Open to all dogs who have completed the Family Manners Skills class. CGC stresses good manners in the presence people and other dogs. Testing for the CGC is included in the fee. Note: TDI will not certify dogs under one year of age. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to 1st class.



ACTIVITY:

200018 A Thursdays, January 14 to February 11
7:30 - 8:15 pm AGE: 14 and up FEE: \$150

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed

DOG OBEDIENCE LEVEL 2

This class is for the graduates of the Level 1 class. This class will further enhance the relationship between the pet and owner. Consistency and reliability will be significantly improved through distraction and attention training. Introduction to off-lead stays and recalls will be introduced. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class



ACTIVITY:

200021 A Thursdays, January 14 to February 11
7:30 - 8:15 pm AGE: 14 and up FEE: \$130

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed



DOG OBEDIENCE LEVEL 1

This class is designed for dogs 4 months of age and older with no formal training. All elements of basic canine training will be covered including the sit, down, stay, down, recall, heel, jumping, chewing and good manners will be addressed. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to 1st class.

ACTIVITY:

200019 A Thursdays, January 14 to February 11
6:30 - 7:15 pm AGE: 14 and up FEE: \$175

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed

A.K.C. S.T.A.R. PUPPY PROGRAM

This exciting new program is designed to get new puppies and owners off to a good start. The AKC Puppy S.T.A.R program is an incentive program for responsible dog owners who have taken the time to train and socialize their dogs. S.T.A.R is an acronym for "Socialization", "Training", "Activity", and a "Responsible" owner, all the things a puppy needs to have a good life. Life skills will be taught to new pups and include the basic commands such as "sit", "down", "stay", "coming when called", proper socialization and interactions as well as responsible dog ownership. A certified CGC (Canine Good Citizen) Evaluator will teach this course. This class is open to all pups up to one year of age. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to 1st class

ACTIVITY:

200020 A Thursdays, January 14 to February 11
6:30 - 7:15 pm AGE: 14 and up FEE: \$175

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed



ADVANCED OBEDIENCE/RALLY "O"

This class offers instruction for dogs that have successfully completed the skills offered in the Level 2 training class. Includes off-lead heeling, drop on recall, hand signals and obstacle training. Once you have reached the final screen of registration please print the form under "View Additional Attachment: ctbs.pdf." & bring to your 1st class

ACTIVITY:

200022 A Thursdays, January 14 to February 11
6:30 - 7:15 pm AGE: 14 and up FEE: \$100

LOCATION: Teen Center, Church Hill Road

INSTRUCTOR: Canine Training Behavior Services,
Dr. Margaret Reed

YOUTH PROGRAMS

ELEMENTARY DANCE PROGRAM

A 60 minute combination class of Ballet, Tap, Jazz and Creative Movement for children ages 5-8. Each class is taught using developmentally and age appropriate skills, props and educational concepts to help keep classes fun! Class meets once per week. There will be additional costs for recital. Child does not have to participant. Recital date is April 30th.

Suggested attire: Pink leotards, pink tights, pink ballet shoes and black tap shoes. Note: All tap shoes must have elastic close or velcro. Ribbon ties are unacceptable.

ACTIVITY:

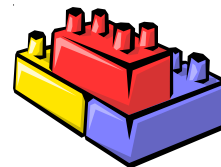
204501 A Mondays, January 11 to April 30
(No class January 18, February 15)
4:30 - 5:30 pm AGE: 5 - 8.99 FEE: \$180

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Fit to Be

LEGO FUNGINEERING

Young budding engineers love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity card LEGO building projects. With a use of a motor and electrical controls, the models come alive right before your eyes. All new models to tinker with this winter.



ACTIVITY:

217503 A Tuesdays, February 23 to March 23
4:00 - 5:15 pm AGE: 5 - 6.99 FEE: \$105

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Computertots/Computer Explorers

MULTI-SPORT

This program is designed to introduce children to the basics of a sport and competition. In addition to enhancing and learning skills in soccer, floor hockey, baseball, basketball, flag football, kickball, and more they will also learn about self-esteem, team work and the value of hard work. Consultations with specialists in education helped design this program that stimulate and motivate children to learn.



ACTIVITY:

209607 A Tuesdays, January 5 to March 2
(No class February 16)
4:35 - 5:45 pm AGE: 5 - 9.99 FEE: \$160

LOCATION: Middle Gate School, Cold Spring Road

INSTRUCTOR: Erica Belden

SNOW WHITE AND THE SEVEN DWARFS

18 weeks of acting fun for young children. We will rehearse and perform the play, "Snow White and the Seven Dwarfs." The fairy tale will be adapted to meet the needs of all the young actors in the cast. A magical show will be created that involves acting, movement and some singing. The experience will encourage creativity, nurture self-esteem, and build confidence. A final performance will be shown on the last day of class for family and friends.

ACTIVITY:

207502 A Thursdays, February 11 to June 17
(No class April 22)
4:15 - 5:45 pm AGE: 8 - 10.99 FEE: \$350

LOCATION: Reed Intermediate School, Wasserman Way

INSTRUCTOR: Twyla Kessler

HOME COOKING IS FUN!

We'll cook and learn about healthy eating in this fun and creative class. We'll use seasonal ingredients and celebrate the winter holidays like Valentine's Day and Chinese New Year with easy recipes! Students receive recipe cards, an apron, cooking utensil and diploma. Each week you'll bring home leftovers to share! ***This is a nut-free class and substitutions will be used for any other food allergies***



ACTIVITY:

202501 A Thursdays, January 14 to February 11
4:00 - 5:15 pm AGE: 6 - 11.99 FEE: \$105

LOCATION: Middle School Home Ec Room, Queen Street

INSTRUCTOR: Sharon E. Martovich

8 - 10 YR FITNESS BASICS

Children learn the basics of strength training in a supportive fun environment. Proper form and technique are introduced with exercises, games and activities.



ACTIVITY:

208501 A Tuesdays/Thursdays, January 5 to January 28
4:00 - 5:00 pm AGE: 8 - 10.99 FEE: \$135
208501 B Tuesdays/Thursdays, February 9 to March 4
4:00 - 5:00 pm AGE: 8 - 10.99 FEE: \$135
208501 C Tuesdays/Thursdays, January 5 to March 4
4:00 - 5:00 pm AGE: 8 - 10.99 FEE: \$255

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Cody Foss

YOUTH PROGRAMS

CHARMING CHILDREN AGES 5-11

Manners matter! This class is designed to guide children through hands on activities to understand respectful behavior and etiquette.

ACTIVITY:

205501 A Thursdays, February 4 to March 4
(No class February 18)
4:15 - 5:15 pm AGE: 5 - 11.99 FEE: \$75

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

ETIQUETTE JUST FOR GIRLS!

Ladylike review-grace, proper sitting techniques, cleanliness and pride with hygiene and how to be a good friend.



ACTIVITY:

205602 A Thursday, February 4
5:30 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

ETIQUETTE JUST FOR BOYS!

Awareness of others, tips when out on the town, cleanliness and pride with hygiene and using those muscles to hold the door and help out with pride.



ACTIVITY:

205603 A Thursday, February 11
5:30 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

BIRTHDAY PARTY ETIQUETTE

Become a gracious host/hostess and a grateful guest, tact when opening presents and manners to live by when going on sleepovers.

ACTIVITY:

205604 A Thursday, February 25
5:30 - 6:15 pm AGE: 5 - 11.99 FEE: \$20

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone



WE ARE FAMILY

How you relate to family members and how to cherish the ones we love. Tips on sibling rivalry too!

ACTIVITY:

205605 A Thursday, March 4
5:30 - 6:15 pm AGE: 5 - 11.99 FEE: \$45

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Nicole Dragone

"KIDS ON THE RUN"

A fun introductory running program for kids 3rd through 6th grade. The program will provide the kids with the opportunity to develop their running mechanics and build their aerobic endurance as well as educate them as to the importance of keeping themselves, fit, strong and healthy.



PLEASE NOTE THAT ON 1/11, 1/25, 2/8 & 2/22 ACTIVITY 209515A WILL RUN FROM 6-7 PM AND 209515 B WILL RUN FROM 7-8 PM THESE DAYS ONLY.

ACTIVITY:

209515 A Mondays/Wednesdays, January 4 to March 3
(No class January 18, February 15)
6:30 - 7:30 pm AGE: 7 - 10.99 FEE: \$140
209515 B Mondays/Wednesdays, January 4 to March 3
(No class January 18, February 15)
7:30 - 8:30 pm AGE: 9 - 11.99 FEE: \$140

LOCATION: Newtown Youth Academy, 4 Primrose Street
INSTRUCTOR: Liz Raftery

KARATE LITTLE DRAGONS

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control, and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but is not mandatory.

ACTIVITY:

213502 A Tuesdays, January 5 to February 23
5:45 - 6:15 pm AGE: 5 - 6.99 FEE: \$65

LOCATION: Hawley School lower Gym HL5, Church Hill Road
INSTRUCTOR: Porco's Karate Academy



YOUTH PROGRAMS

SENSE-A-TIONAL SCIENCE

Stimulate your senses and explore the world around you as Science charges you up! Have your hair raising experience with our Van Da Graph machine. Learn the science behind making Cotton Candy. Color your world with a Technicolor Blender. Find out why you can't taste without smell. Feel the gooey polymer called "Slime" and test its power of elasticity. Listen closely as you travel with sound and see things before your very eyes. This session is sure to excite and intensify how you experience the world around you through your senses.

ACTIVITY:

219502 A Thursdays, January 14 to February 11
4:30 - 5:30 pm AGE: 5 - 7.99 FEE: \$95

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Mad Science

KARATE 7-12 YEARS OLD

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient oriental method to help coordination, control, and balance. Respect courtesy. Uniform can be purchased at Porco's Karate, but not mandatory.



ACTIVITY:

213603 A Tuesdays, January 5 to February 23
6:30 - 7:15 pm AGE: 7 - 12.99 FEE: \$70

LOCATION: Hawley School lower Gym HL5, Church Hill Road

INSTRUCTOR: Porco's Karate Academy

ACTING FOR 6 AND 7 YR OLDS

Create characters, use of imagination, learn theater techniques...work on scripts geared for age group. Acting promotes positive self esteem in students, and enables young people the opportunity to work in a group and follow directions...Children work on a script for a final presentation.

ACTIVITY:

207501 A Tuesdays, January 19 to March 9
4:30 - 5:30 pm AGE: 6 - 7.99 FEE: \$115

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Linda Randazzo



ACTING FOR 8 - 11 YR OLDS

Acting for 8 - 11 year olds...learn about the craft of acting...work on theater technique...develop characters, create improv fun. All students work on a final script to be presented at the end of the session. Performing creates positive self esteem in students and builds confidence in all.

ACTIVITY:

207503 A Tuesdays, January 19 to March 9
5:30 - 6:30 pm AGE: 8 - 11.99 FEE: \$115

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Linda Randazzo

SPORTS PERFORMANCE TRAINING

Supervised sports training for athletes from The Fitness Loft Performance Team. You choose what days to train. "New Drop in Schedule!" Come 1 day a week or 5 days a week it's your choice, all for the same low price. Program will address: flexibility, Injury prevention, agility, Strength and Power.

ACTIVITY:

208503 A Mondays - Thursdays, January 4 to January 30
4:00 - 5:00 pm AGE: 8 - 10.99 FEE: \$140
208503 B Mondays - Thursdays, February 8 to March 6
3:00 - 4:00 pm AGE: 8 - 10.99 FEE: \$140
208503 C Mondays - Thursdays, January 4 to March 6
4:00 - 5:00 pm AGE: 8 - 10.99 FEE: \$265

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Cody Foss



YOUTH AND TEEN PROGRAMS

"THE GARAGE" TEEN CENTER

Newtown residents only! Located on Church Hill Road, Newtown, CT. "The Garage" Teen Center is open every Friday and Saturday night. Come on down and enjoy the fun or just hang out. Come and check out our air hockey table, 2 pool tables, and foosball table. We also have 2 video games and a claw machine for only 25 cents a play. You can also bring down your cd or dvds to play on our cd player or TV. Live bands events are for High School students only! The Teen Center also provides music with a live Dj. Fee for special events, DJs or live Bands will vary from \$3.00 - \$7.00.

Check our website for upcoming events.

www.newtown-ct.gov



High School Nights - Grades 9 - 12 only

Hours 7:00 - 11:00 pm - Open Friday and Saturday nights unless designated for Middle School, 5/6 nights or birthday parties. High School students may be required to show proof of residency.

Middle School Nights - Grades 7 & 8 only

Hours 7:00 - 10:00 pm - Open every second Friday of the month, unless a band or birthday party is scheduled.

Reed Intermediate School Nights - Grades 5 & 6 only

Hours 7:00 - 9:30 pm - Open every third Friday of the month, unless a band or birthday party is scheduled.

TEEN CENTER BOARD

The Teen Center is currently looking for Middle School / High School students who are interested in joining the Teen Center Board. This board will meet once a month at 7:30 pm to help develop, plan and promote events and activities for the Teen Center. Please call Newtown Parks and Recreation office 270-4340 if you are interested. Meetings held every second Friday of the month at the Teen Center.

TEEN CENTER BIRTHDAY PARTY

Newtown residents only! Come have your next birthday party at the Teen Center. Available for grades 5th to 12th. Access to pool tables, foosball table, air hockey table and video games.

FEES:

Rental Fee: \$125.00 per event

Refundable Deposit: \$100.00

Insurance: \$1.10 per person

Party MUST be scheduled at least two weeks in advance.

Available Friday or Saturday nights from 7:00 - 11:00 pm. NO Holidays! Maximum 4 hours including set-up and clean up.



WEBSITE: www.newtown-ct.gov

PHONE NUMBER: (203) 270-4340



YOUTH FLOOR HOCKEY

Designed to teach basic skills and rules of the game, this program will stress teamwork and sportsmanship. Each participant will learn to play hockey by playing the game. No drills, no boredom, no mess! Equipment will be provided and children must wear sneakers. Enrollment is limited and on first come first serve basis. Snow date - March 6th.



ACTIVITY:

209501 A Saturdays, January 9 to February 20

(No class February 13)

12:30 - 1:45 pm

AGE: 6 - 10.99 **FEE:** \$125

209501 B Saturdays, January 9 to February 20

(No class February 13)

1:45 - 3:00 pm

AGE: 9 - 13.99 **FEE:** \$125

LOCATION: Edmond Town Hall, 45 Main Street

INSTRUCTOR: Jeffrey Tolson

PAINT, DRAW & MORE

This program teaches children to draw what they see, to enhance their drawings with their own ideas and concepts and to use different materials in creative ways. Students learn to draw in a non-competitive, nurturing and fun environment. This art program helps children build self-esteem through personal drawing success, and enhances hand-eye coordination as well as an understanding of spatial and color relationships. The instructor brings projects, materials and other drawing aids and leads a structured, yet creative art lessons.



ACTIVITY:

201601 A Wednesdays, January 13 to February 17

4:00 - 5:00 pm

AGE: 5 - 8.99 **FEE:** \$105

201601 B Wednesdays, January 13 to February 17

5:00 - 6:00 pm

AGE: 9 - 13.99 **FEE:** \$105

201601 C Wednesdays, March 3 to April 7

4:00 - 5:00 pm

AGE: 5 - 8.99 **FEE:** \$105

201601 D Wednesdays, March 3 to April 7

5:00 - 6:00 pm

AGE: 9 - 13.99 **FEE:** \$105

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Susan Jackson

CHARMING TEENS: AGES 12-14

Manners make life better! This class is designed to provide teens with life skills that will guide them through most any social situation! Our goal is for them to gain confidence while at the same time learn appropriate and respectful behavior.

ACTIVITY:

205601 A Thursdays, February 4 to March 4

(No class February 18)

3:00 - 4:00 pm

AGE: 12 - 14.99 **FEE:** \$75

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Nicole Dragone

YOUTH AND TEEN PROGRAMS

JUDO

Join our Newtown Judo Team! Judo is an excellent self-defense with no kicking and no punching. Judo consist of standing throws and complex grappling techniques used both offensively and defensively, as well as falling techniques for safety. It is a vigorous competitive sport which requires both physical and mental endurance. Judo is practiced by people of all ages, and is the only official competitive martial art that is sponsored by the Olympic Games (since 1964). The practice of Judo builds strength and aerobic fitness while improving self-discipline, concentration, self-awareness, balance, and coordination. We are a memeber of the United States Judo Association. With over 16 years of teaching experience and we look forward to sharing our love of the sport with you. For more information call (203) 270-9468.

ACTIVITY:

213601 A Thursdays, January 21 to March 25
5:00 - 6:15 pm AGE: 7 - 19.99 FEE: \$149

LOCATION: Teen Center, 53A Church Hill Road
INSTRUCTOR: Christine Rinaldi

JUNIOR GOLF LESSONS

Come to Golf Quest to help improve your driving, irons and putting with a professional. You will receive three lessons from a Golf Quest golf pro, with each lesson concentrating on a different aspect of the game.



ACTIVITY:

209603 A Tuesdays, January 5 to January 26
4:30 - 5:30 pm AGE: 6 - 17.99 FEE: \$115
209603 B Thursdays, February 4 to February 25
4:30 - 5:30 pm AGE: 6 - 17.99 FEE: \$115
209603 C Wednesdays, March 3 to March 24
4:30 - 5:30 pm AGE: 6 - 17.99 FEE: \$115
209603 D Thursdays, April 8 to April 29
4:30 - 5:30 pm AGE: 6 - 17.99 FEE: \$115

LOCATION: Golf Quest, Brookfield
INSTRUCTOR: Golf Quest

H.S. FITNESS

Student will learn safe effective wellness strategies for a lifetime of fitness. Program offers excellent supervision in a judgement free environment. Upon completion, students will know how to exercise safely on their own and have a better understanding of wellness and health



ACTIVITY:

208301 A Tuesdays/Thursdays, January 5 to January 28
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$135
208301 B Tuesdays/Thursdays, February 9 to March 4
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$135
208301 C Tuesdays/Thursdays, January 5 to March 4
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$255

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss

BASEBALL HITTING AND CONDITIONING

Hitting: The hitting clinic is designed for players to continue working on their swing during the off season. Players will participate in various hitting stations targeting certain parts of their swing. The key focus of this clinic is balance and increasing the players bat speed. Players will be taught the proper way to practice in order to reach their full potential. Drills will include tee work, soft toss, swift stick work and front toss. Conditioning: The conditioning clinic is designed to teach players various ways to increase strength and speed during the off-season. The conditioning piece will include drills used by Division 1 collegiate athletes. The goal of the conditioning clinic is for players to learn various exercises and techniques to use on their own to maximize their athletic potential. Players will receive: Personal DVD tracking performance from week to week and a write up of all conditioning exercises and hitting drills.



ACTIVITY:

209617 A Saturdays, January 9 to February 13
6:00 - 8:00 pm AGE: 8 - 13.99 FEE: \$200

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Matt Memoli

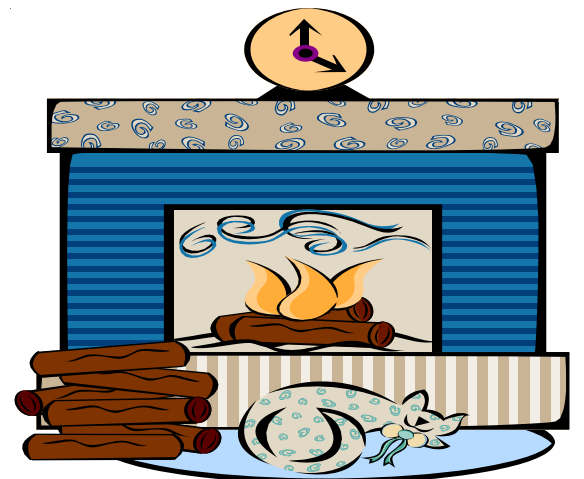
M.S. FITNESS

Students lean the basics in strength training and fitness in a safe and fun format. Flexibility, Agility and Strength will all be addressed.

ACTIVITY:

208601 A Tuesdays/Thursdays, January 5 to January 28
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$135
208601 B Tuesdays/Thursdays, February 9 to March 4
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$135
208601 C Tuesdays/Thursdays, January 5 to March 4
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$255

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss



YOUTH AND TEEN PROGRAMS

INTRO TO 2-D ANIMATION

From Anime, to Disney, to the Cartoon Network, we see traditional 2-D animation everywhere. The animators who create our favorite animated films all possess the fundamental skills to bring believable characters to life. In this fun class, students will use the tools of professional animators, as well as learn the principals of animating and designing their own unique characters. Finally, students will construct a story in which their characters will come to life. At the end of this course each student will receive a CD of their imaginary creations. Students also have the option of purchasing the professional animation tools to continue their animation experience at home.

ACTIVITY:

217610 A Wednesdays, February 3 to March 24
5:30 - 6:45 pm AGE: 12 - 18.99 FEE: \$155

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Daniel Beck

BABYSITTER

AWARENESS CLASS

Participants will learn the basic principles of First Aid and Rescue Breathing. Diapering techniques, safe play, child development, responsibilities and roles of safe babysitting. Course is presented in an entertaining and interactive manner. Each student receives a text and supplemental information. Certification is issued upon completion.



ACTIVITY:

221601 A Mondays, January 25 to February 1
3:45 - 6:45 pm AGE: 11 - 15.99 FEE: \$55
221601 B Thursdays, February 4 to February 11
3:45 - 6:45 pm AGE: 11 - 15.99 FEE: \$55

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: CPR O'Heart

H.S. SPORTS PERFORMANCE TRAINING

Supervised sports training for athletes from The Fitness Loft Performance Team. You choose what days to train. "New Drop in Schedule!" Come 1 day a week or 5 days a week it's your choice, all for the same low price. Program will address: flexibility, Injury prevention, agility, Strength and Power.



ACTIVITY:

208302 A Mondays - Thursdays, January 4 to January 30
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$140
208302 B Mondays - Thursdays, February 8 to March 6
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$140
208302 C Mondays - Thursdays, January 4 to March 6
5:00 - 6:00 pm AGE: 13 - 18.99 FEE: \$265

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Cody Foss

MARIA CONLON BASKETBALL CAMP WINTER BREAK

Learn winning basketball from someone who has had success and won big everywhere she has been. The camp will stress fundamentals, teamwork, sportsmanship and individual skill improvement. The staff/player ratio ranges from 1-8 to 1-10. Players play at least half of every game. Teams are coached by college coaches, high school coaches and college players. Players are grouped by age and ability for competitive balance. Daily lecturers/speakers share their success on a different topic each day.



Instructor Maria Conlon has led her High School team to 2 State Championships. High School team record 96-4. 3 Time ALL STATE and CT Gatorade Player-of-the Year. Played on 3 straight NCAA Championship teams at the University of Connecticut. Led her Europe Iceland team to a championship while earning Most Outstanding Player. Assistant coach for the D2 2006-07 National Champion Southern CT State University Women's Basketball team.

Items for campers to bring: t-shirts, shorts/socks & basketball sneakers.

ACTIVITY:

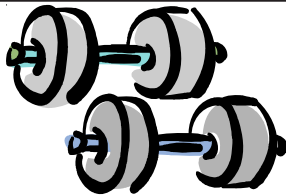
209608 A Monday - Thursday, December 28 to December 31
9:00 am - 12:00 pm AGE: 9 - 15.99 FEE: \$100

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Maria Conlon

M.S. SPORTS PERFORMANCE TRAINING

Supervised sports training for athletes from The Fitness Loft Performance Team. You choose what days to train. "New Drop in Schedule!" Come 1 day a week or 5 days a week it's your choice, all for the same low price. Program will address: flexibility, Injury prevention, agility, Strength and Power.



ACTIVITY:

208603 A Mondays - Thursdays, January 4 to January 30
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$140
208603 B Mondays - Thursdays, February 8 to March 6
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$140
208603 C Mondays - Thursdays, January 4 to March 6
3:00 - 4:00 pm AGE: 11 - 14.99 FEE: \$265

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Cody Foss



TEEN AND ADULT PROGRAMS

THE THEATRE GYM

Kate Katcher presents weekly acting classes with improvisation and theatre games geared toward older teens and adults. Whether you are a seasoned actor looking to keep your skills sharp or someone who is just starting, this fun course is for you. Actor, teacher, director and award winning writer, Kate has worked with such luminaries as Jerome Robbins, Zero Mostel (Broadway debut, Fiddler on the Roof), Herschel Bernardi, Lauren Bacall, Judith Ivey, Keir Dullea and many more. Creator of Bridgeport's Broadway Bound, Kate has been teaching acting for 13 years. For more information, contact katcher@earthlink.net or 203-270-6918.

ACTIVITY:

207201 A Tuesdays, January 19 to February 23
7:00 - 8:30 pm AGE: 16 and up FEE: \$150
207201 B Tuesdays, March 2 to April 5
7:00 - 8:30 pm AGE: 16 and up FEE: \$150
207201 C Tuesdays, January 19 to April 5
7:00 - 8:30 pm AGE: 16 and up FEE: \$275

LOCATION: Newtown Middle School, Queen Street

207201 D Mondays, January 25 to March 8
(no class February 15)
12:00 - 1:30 pm AGE: 16 and up FEE: \$150
207201 E Mondays, March 15 to April 26
(no class April 19)
12:00 - 1:30 pm AGE: 16 and up FEE: \$150
207201 F Mondays, January 25 to April 26
(no class February 15 & April 19)
12:00 - 1:30 pm AGE: 16 and up FEE: \$275

LOCATION: Newtown Youth Academy, 4 Primrose Street

INSTRUCTOR: Kate Katcher

WOMEN'S SELF DEFENSE

What would you do when faced by an attacker? Master Mike Porco, 4th degree black belt and instructor at Porco's Karate Academy will help you learn effective and simple methods to ward off an attacker if you find yourself confronted by violence. Students will work with each other to build awareness and practice some practical ways to defend themselves. Wear loose comfortable clothing and shoes.



ACTIVITY:

213201 A Fridays, January 8 to January 22
7:30 - 8:30 pm AGE: 13 and up FEE: \$40

LOCATION: Porco's Karate Academy, Church Hill Road

INSTRUCTOR: Porco's Karate Academy

ZUMBA

Best deal in town! Come enjoy the latest high energy cardio fitness craze for 6 weeks! Dance your way to a more fit you.

ACTIVITY:

208407 A Sundays, January 10 to February 14
9:30 - 10:30 am AGE: 13 and up FEE: \$75
208407 B Tuesdays, January 5 to February 9
6:30 - 7:30 pm AGE: 13 and up FEE: \$75

LOCATION: The Fitness Loft, 3 Simm Lane

INSTRUCTOR: Fitness Loft Staff

ZUMBA ADULTS & TEENS

ZUMBA is a fusion of Latin and International music-dance themes that create a dynamic, exciting, effective fitness program! It combines high energy and motivating music with unique moves and combinations that sculpt and tone your body. Zumba is aerobic interval training that combines fast and slow rhythms to improve aerobic capacity, strength, flexibility, balance and coordination, while maximizing caloric output, fat burning and total body conditioning.

ACTIVITY:

208403 A Mondays, January 4 to March 8
(No class January 18, February 15)
7:30 - 8:30 pm AGE: 13 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road

INSTRUCTOR: Graceful Planet

ADULT KARATE

Karate Tang Soo Do is a non-contact ancient martial art based on the ancient method to help coordination, control and balance. Emphasis on movement, coordination, timing, concentration and conditioning. As you participate, you will build self esteem and confidence. Uniform can be purchased at Porco's Karate, but is not mandatory.



ACTIVITY:

213202 A Mondays, January 4 to February 22
8:00 - 8:45 pm AGE: 13 and up FEE: \$65

LOCATION: Porco's Karate Academy, Church Hill Road

INSTRUCTOR: Porco's Karate Academy

DIGITAL SCRAPBOOKING

Have you been noticing those wonderful hardbound photobooks utilizing personal digital pictures that make wonderful keepsakes? Would you like to learn how to make one of these books for yourself? Then attend this demonstration class to show you how to easily organize, edit and enhance your digital photos and then use them to quickly and easily create a beautiful digital scrapbook. If you can drag and drop, you can do this! There is no need to bring your computer as a CD and handout will be provided for you to take home.



ACTIVITY:

217402 A Thursdays, January 7
7:00 - 9:00 pm AGE: 14 and up FEE: \$30
217402 B Mondays, January 25
7:00 - 9:00 pm AGE: 14 and up FEE: \$30
217402 C Tuesdays, February 16
7:00 - 9:00 pm AGE: 14 and up FEE: \$30
217402 D Wednesdays, March 3
7:00 - 9:00 pm AGE: 14 and up FEE: \$30

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Kirsten Bazuro

ADULT PROGRAMS

PORTUGUESE

This course is designed to help build comprehension and conversational skills in practical everyday situations. You will be able to ask and answer the types of questions that would be meaningful in everyday life and also how to survive in a Portuguese - speaking country.



ACTIVITY:

212201 A Wednesdays, January 13 to March 3
6:30 - 8:30 pm AGE: 17 and up FEE: \$140

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Jocilane Raigosa

INTRO TO YOGA

Recommended by the health community, yoga has proven to be a benefit to one's physical health and mental wellness. More than just exercise, discover yoga's rewards of new found energy, mental clarity, renewed zest and enthusiasm while building a stronger more flexible body. Open to all, this 6 week series offers beginners an understanding of basic yoga poses and accompanying breathing techniques. Seasoned practitioners too will benefit by journeying back to the basic fundamentals of their yoga practice. Yoga mat and comfortable clothes required. Blocks and straps useful, however, not required.



ACTIVITY:

208210 A Tuesdays/Thursdays, January 12 to February 16
9:00 - 10:00 am AGE: 18 and up FEE: \$69
208210 B Tuesdays, February 23 to March 30
9:00 - 10:00 am AGE: 18 and up FEE: \$69

LOCATION: Club NewFit, Commerce Road

INSTRUCTOR: Missy Gregson

RESTORATIVE/GENTLE YOGA

A slow-paced nurturing yoga class with emphasis on releasing tension through mindful stretches and breathing techniques. No prior yoga experience necessary. Come prepared to fully indulge in relaxation. Yoga mat and comfortable clothes required. Blocks and straps useful, however, not required.

ACTIVITY:

208211 A Wednesdays, January 13 to February 17
5:00 - 6:00 pm AGE: 18 and up FEE: \$69
208211 B Wednesdays, February 24 to March 31
5:00 - 6:00 pm AGE: 18 and up FEE: \$69

LOCATION: Club NewFit, Commerce Road

INSTRUCTOR: Missy Gregson

ADULT DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required. Last night will be on June 6th. Gym not available on September 26th, November 14th, January 30th and March 27th.

ACTIVITY:

209204 A Fridays, Happening now
7:00 - 9:00 pm AGE: 18 and up FEE: \$0

LOCATION: Newtown Middle School, Queen Street

YOGA WITH TRISH

Stretch, strengthen and tone. Increase stamina, flexibility, and balance. Relax! Work with the yoga postures and begin to unite body, breath and mind to enhance your life. This course is open to all. Main emphasis will be on the physical aspects of yoga with some study of breath work and a short meditation at the end of each class. Please wear comfortable clothing and bring a non-slip mat.



ACTIVITY:

208402 A Mondays, January 4 to February 8
(no class January 18)
9:00 - 10:00 am AGE: 18 and up FEE: \$60
208402 B Mondays, February 22 to March 22
9:00 - 10:00 am AGE: 18 and up FEE: \$60

LOCATION: Santosha Center for Yoga Health, 27Hawleyville Road

INSTRUCTOR: Patricia McDonald

VALENTINE'S DAY YOGA

Share with that special someone on this very special day a combined yoga practice. Have fun assisting your partner while you move together through gentle yoga postures. Join hands, arms, and breath, feeling truly connected as never before. This class is taught in a fun, light and caring atmosphere and is open to all. Yoga mat and partner are required. Wear comfortable clothing.



ACTIVITY:

208212 A Sunday, February 14
10:30 am - 12:00 pm AGE: 18 and up FEE: \$45

LOCATION: Club NewFit, Commerce Road

INSTRUCTOR: Missy Gregson

ADULT BEGINNER KNITTING CIRCLE

For adults brand new to knitting. Learn to knit class, no experience required. Learn to cast on, knit, purl and more, creating a knitted scarf for winter wear! Students need to bring in a skein of bulky-weight yarn of their choice, and US size 10.5 or larger needles.



ACTIVITY:

217103 A Wednesdays, January 6 to February 24
6:45 - 7:45 pm AGE: 18 and up FEE: \$125

LOCATION: Newtown Middle School, Queen Street

INSTRUCTOR: Nicole Christensen

MENS OVER 35 DROP IN BASKETBALL

Open to Newtown residents only! Proof of residency may be required.

ACTIVITY:

209203 A Saturdays, Happening now
7:00 - 9:00 am AGE: 35 and up FEE: \$0

LOCATION: Reed Intermediate School, Wasserman Way

ADULT PROGRAMS

WOMEN'S GOLF LESSONS

Come to Golf Quest to help improve your driving, irons and putting with a professional.



ACTIVITY:

209402 A Mondays, January 4 to January 25
6:00 - 7:00 pm AGE: 16 and up FEE: \$115
209402 B Wednesdays, February 3 to February 24
6:00 - 7:00 pm AGE: 16 and up FEE: \$115
209402 C Thursdays, March 4 to March 25
6:00 - 7:00 pm AGE: 16 and up FEE: \$115
209402 D Wednesdays, April 7 to April 28
6:30 - 7:30 pm AGE: 16 and up FEE: \$115

LOCATION: Golf Quest, Brookfield
INSTRUCTOR: Golf Quest

ADULT NOVICE GOLF LESSONS

Each lesson concentrates on different aspect of the game. Work on your swing, improve your driving and putting with a Golf Quest professional. Class size is limited for more individual attention.

ACTIVITY:

209403 A Tuesdays, January 5 to January 26
6:00 - 7:00 pm AGE: 18 and up FEE: \$115
209403 B Thursdays, February 4 to February 25
6:00 - 7:00 pm AGE: 18 and up FEE: \$115
209403 C Wednesdays, March 3 to March 24
6:00 - 7:00 pm AGE: 18 and up FEE: \$115
209403 D Thursdays, April 8 to April 29
6:30 - 7:30 pm AGE: 18 and up FEE: \$115

LOCATION: Golf Quest, Brookfield
INSTRUCTOR: Golf Quest

LOW IMPACT CARDIO

This low-impact, high-intensity workout is for those looking for a workout that's tough on the heart, but easy on the joints.

ACTIVITY:

208201 A Wednesdays, December 16 to January 27
4:30 - 5:30 pm AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cody Foss

PILATES FUSION

Mat Pilates combined with energy and tempo strengthen your whole body from the core out!

ACTIVITY:

208202 A Mondays, December 7 to February 22
(no class December 28, February 15)
7:00 - 8:00 pm AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Brandi Shelton

MINDFUL PILATES

This mind body workout focuses on building core strength and flexibility. We will explore mindful practices in this class, enhancing the experience. Pilates is a great way to tone the entire body and build strength. We will use light weights, work our abs, and the entire body! Come discover your Inner Strength.



ACTIVITY:

208203 A Tuesdays, January 5 to March 9
(No class January 19, February 16)
9:30 - 10:30 am AGE: 18 and up FEE: \$120
208203 B Thursdays, January 7 to March 11
9:30 - 10:30 am AGE: 18 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

VINYASA YOGA

An energetic yoga practice that cultivates flexibility, strength, and balance combined with breath work and calming strategies for mental clarity.



ACTIVITY:

208204 A Fridays, January 8 to February 12
10:30 - 11:30 am AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Kate Perchuk

LES MILLS BODY PUMP

Highly demanded class, exclusive to The Fitness Loft. Challenge all you major muscle groups by using weight room exercises such as squats, presses, lifts, and curls. Great music, motivating instructors and the freedom to choose your own weights, inspire you to get the results you came for and fast! Burn up to 600 calories per class!

ACTIVITY:

208205 A Wednesdays, December 16 to January 20
6:30 - 7:30 pm AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Karen Browne

BODY BASICS

This 10 week exercise class has a cardio and strength training theme which will provide a full body workout. This class will keep your heart rate up and tone muscles. All levels welcome!

ACTIVITY:

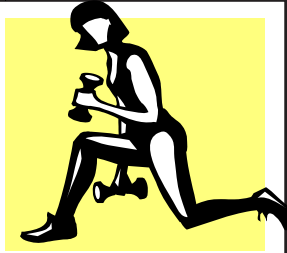
208209 A Mondays, December 14 to March 1
(no class December 28, February 15)
10:45 - 11:45 am AGE: 18 and up FEE: \$115

LOCATION: The Fitness Loft, 3 Simm Lane
INSTRUCTOR: Cathy Narducci

ADULT PROGRAMS

WORKOUT JUST FOR WOMEN

Not getting the results you're looking for? Try a total body workout with a personal trainer in a private studio. This program is designed for women of all ability levels. Improve strength, balance and posture; build and maintain muscle, bones and joints; increase energy and metabolism.



ACTIVITY:

208214 A Tuesdays, January 12 to February 16
10:30 - 11:30 am AGE: 18 and up FEE: \$120
208214 B Thursdays, January 14 to February 18
10:30 - 11:30 am AGE: 18 and up FEE: \$120
208214 C Tuesdays, January 12 to February 16
4:00 - 5:00 pm AGE: 18 and up FEE: \$120
208214 D Thursdays, January 14 to February 18
4:00 - 5:00 pm AGE: 18 and up FEE: \$120

LOCATION: Newtown Youth Academy, 4 Primrose Street
INSTRUCTOR: Angie Taylor

GROUP TRAINING FOR WEIGHT LOSS

One hour total body fitness training program will focus on maintaining increased heart rate and total body strength. A 30 minute nutritional component will review nutritional guidelines, healthy eating habits and calorie counting.

ACTIVITY:

208215 A Tuesdays, January 12 to February 16
6:30 - 8:00 pm AGE: 18 and up FEE: \$120
208215 B Wednesdays, January 13 to February 17
11:00 am - 12:30 pm AGE: 18 and up FEE: \$120
208215 C Tuesdays, February 23 to March 30
6:30 - 8:00 pm AGE: 18 and up FEE: \$120
208215 D Wednesdays, February 24 to March 31
11:00 am - 12:30 pm AGE: 18 and up FEE: \$120

LOCATION: Newtown Youth Academy, 4 Primrose Street
INSTRUCTOR: Rebecca Atkinson

YOGA & PILATES!

This hour and a half class is the best of everything. We will work on our core strength, and lower body, we then incorporate the ball into our workout developing upper body strength and balance. We utilize bands and weights in our conditioning and then stretch it all out with Kripalu yoga and relaxation. This class is taught by Kat Barton, who co-directs The Graceful Planet and is trained in Pilates and is a 500 hr. Professional Level Kripalu Yoga Teacher.



ACTIVITY:

208303 A Saturdays, January 9 to March 13
(No class January 19)
8:30 - 10:00 am AGE: 18 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

YOGILATES

This class is a blend of Yoga & Pilates incorporating poses that focus on building core strength as well as Hatha Yoga. This class is taught by Liz Tevolini, a certified Yoga Teacher, Liz also has her BS in Dance and Nutrition.



ACTIVITY:

208408 A Wednesdays, January 6 to March 10
(No class February 20)
6:45 - 7:45 pm AGE: 18 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

HATHA YOGA

Hatha Yoga is a basic yoga class incorporating the breath with movement. This class is appropriate for all levels and is a wonderful way to relax and unwind.

ACTIVITY:

208409 A Mondays, January 4 to March 8
(No class February 19)
6:30 - 7:30 pm AGE: 18 and up FEE: \$120
208409 B Wednesdays, January 6 to March 10
(No class February 19)
9:30 - 10:30 am AGE: 18 and up FEE: \$120
208409 C Fridays, January 8 to March 12
(No class April 15)
9:30 - 10:30 am AGE: 18 and up FEE: \$120

LOCATION: Graceful Planet, 7 Berkshire Road
INSTRUCTOR: Graceful Planet

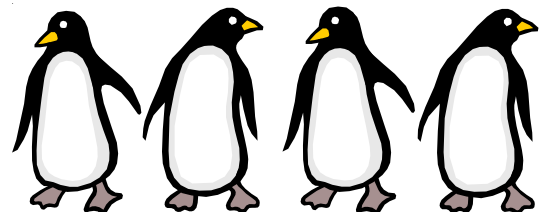
ADULT SCRAPBOOKING CLASS

Would you love to create a beautiful scrapbook of a recent vacation, birth of a child or grandchild, wedding or just to document your life and preserve your photos? Attend this 4 week class to learn step by step the tools and techniques of creating a beautiful 12x12 scrapbook. Topics covered will include how to safely preserve your photos, organizing your printed photos, cropping and cutting techniques, the importance of journaling and telling your story and how to safely embellish to add the finishing touches. Album and basic supplies will be provided. Please bring approximately 80 - 100+ pictures to use in your album.

ACTIVITY:

217403 A Wednesdays, January 6 to January 27
7:00 - 9:00 pm AGE: 17 and up FEE: \$155
217403 B Wednesdays, February 10 to March 3
7:00 - 9:00 pm AGE: 17 and up FEE: \$155

LOCATION: Newtown Middle School, Queen Street
INSTRUCTOR: Kirsten Bazuro



COMPUTER PROGRAMS

MICROSOFT WORD LEVEL 1

Learn the basics skills needed to use this program. Copy, cut, paste, save, insert tables and more will be covered.

ACTIVITY:

215101 A Mondays, January 18 to January 25
6:30 - 8:00 pm AGE: 18 and up FEE: \$75

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT EXCEL LEVEL 1

Learn to do spreadsheets, charts and more. Class will teach use of formula's charting, fill commands, nomenclature and more.

ACTIVITY:

215107 A Tuesdays, January 19 to January 26
6:30 - 8:00 pm AGE: 18 and up FEE: \$75

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT WORD LEVEL 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers. Import graphics and precreated text, create and format tables and more. A working knowledge of MS word is required. A course manual and disk are included.

ACTIVITY:

215102 A Mondays, February 1 to February 15
6:30 - 8:00 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT EXCEL LEVEL 2

Working with a fictitious company, students will learn how to work databases and lists, use logical, financial and data functions, format worksheets, insert, move and modify objects, link work sheets with 3-D references, use excel on the web, use and customize templates. Manual and disk included.

ACTIVITY:

215108 A Tuesdays, February 2 to February 16
6:30 - 8:30 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT ACCESS LEVEL 1

This course will center on learning the basic features of Access. Manual and disk included.

ACTIVITY:

215104 A Thursdays, January 21 to February 4
6:30 - 8:00 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

EXCEL LEVEL 3

Working with records and ranges, sorting, outling and filtering lists; Importing and exporting data. Using data analysis tools. Protecting and sharing workbooks with comments. Manual and disks included. If all materials/explanations are coving in two classes, the third class may not be needed.

ACTIVITY:

215109 A Tuesdays, February 23 to March 9
6:30 - 8:00 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT ACCESS LEVEL 2

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types and more. Manual and disk included.

ACTIVITY:

215105 A Thursdays, February 11 to February 25
6:30 - 8:00 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT POWERPOINT 1

The objective of this course is to teach you how to create a professionally designed presentation. You will lean a variety of skills. Manual and disk included.

ACTIVITY:

215110 A Wednesdays, January 20 to February 3
6:30 - 8:00 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer

MICROSOFT ACCESS LEVEL 3

For those of who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types and more. Manual and disk included.

ACTIVITY:

215106 A Thursdays, March 4 to March 18
6:30 - 8:30 pm AGE: 18 and up FEE: \$140

LOCATION: Computer Program/Jess Inc., 475 Federal Road

INSTRUCTOR: Steven Werndorfer



PLAN AHEAD!

2010 SUMMER JOBS

Make a difference this summer and secure a rewarding position while enjoying the outdoors. The Parks and Recreation Department will be accepting applications from December 15th to March 15th, 2010. Applications for certified positions must have copies of all certifications attached, otherwise, they will not be accepted.

- **Site Director** - Day Camp - Must be over 21 years of age.
- **Day Camp Counselor** - Must be 16 years of age by June 30th (NO Exceptions).
- **Teen Adventure Camp Counselor** - Must be 17 years old.
- **Grade 5 & 6 Camp Counselor** - Must be 16 years old.
- **Volunteer Counselor-in-Training** - Must have completed the 9th grade (NO Exceptions).
- **Lifeguards** - Must have current Red Cross Lifeguard Training Certification.
- **Water Safety Instructors** - Must have current Red Cross Certification.
- **Park Rangers** - Must be 18 years old and hold a valid CT drivers license.
- **Gate Attendants** - Must be 15 years old.
- **Waterfront Director** - Must be over 21 years of age.

2010 CAMP DATES

DICKINSON DAY CAMP TREADWELL DAY CAMP GRADES 5 & 6 CAMP

Week 1	June 28th to July 2nd
Week 2	July 5th to July 9th
Week 3	July 12th to July 16th
Week 4	July 19th to July 23rd
Week 5	July 26th to July 30th
Week 6	August 2nd to August 6th
Week 7	August 9th to August 13th

TEEN ADVENTURE CAMP

Ages 12 to 15

Session 1	June 28th to July 2nd
Session 2	July 5th to July 9th
Session 3	July 12th to July 16th
Session 4	July 19th to July 23rd
Session 5	July 26th to July 30th



THINK SUMMER IN JANUARY

Pool/Beach memberships for the year 2010 will be available as of January 2nd, 2010. **Take advantage of online registration.** We will mail pool/beach passes to you within five (5) business days. Please make sure your household information is up to date. Membership cards must be shown to gain admittance to Treadwell pool and Eichler's Cove Beach. A \$10.00 fee will be charged for lost cards. Multiple families living in one household must pay per family.

PLAN AHEAD!! DON'T WAIT FOR THE FIRST 100th DAY.

IF YOU DO NOT HAVE ACCESS TO A COMPUTER, A COMPUTER IS AVAILABLE FOR PUBLIC USE AT THE PARKS AND RECREATION OFFICE MONDAY - FRIDAY, 8:00 AM - 4:30 PM OR AT THE C.H. BOOTH LIBRARY.

TREADWELL POOL & EICHLER'S COVE BEACH

MEMBERSHIP - Permits entry to Treadwell Town Park Pool and Eichler's Cove Beach.

RESIDENCY DEFINED: *A person whose primary residence, either as an owner or a renter, is in Newtown, is considered a Newtown resident. (No exception to this rule.) Proof of residency may be required.*

RESIDENT MEMBERSHIPS - Treadwell Park and Eichler's Cove Beach Combination Pass

ACTIVITY:	FDT	Family	\$150.00
	IDT	Individual	\$55.00
	DAY	Day Pass	\$10.00
	Daily User Fee		See Daily Passes

Senior Citizens: Free – Just bring in proof of residency and your car registration and we will issue you a combination pass.

NON-RESIDENT MEMBERSHIPS - Treadwell Park Only

ACTIVITY:	FNON	Family	\$300.00
	INON	Individual	\$110.00
	DAY		\$20.00
	Daily User Fee		See Daily Passes

DAILY PASSES/DAY PASSES - Money will no longer be collected at the pool/beach gate.

Daily passes are now available online. Buy a daily pass and save. A daily pass allows up to six (6) visits and may be purchased online prior to visiting the facility. **PLEASE BE SURE TO PRINT A RECEIPT OR PURCHASE AT PARKS AND RECREATION OFFICE DURING OFFICE HOURS.** Bring your receipt to Treadwell pool and the gate attendant will stamp number of visits. **Daily Passes do not expire.** They can be used from summer to summer.

LOST PASSES WILL NOT BE REPLACED.

ACTIVITY:	DUSE	RESIDENT DAILY PASS: six (6) visits	\$35.00 with membership
	DUSENR	NON-RESIDENT DAILY PASS: six (6) visits	\$70.00 with membership
		(Treadwell Park Pool only)	

RESIDENT PERMIT - This permit allows Newtown residents admittance to all Newtown Parks; i.e. Dickinson Park, Lake Lillinonah and Eichler's Cove. To obtain a resident permit stop by our office. If you have not had a resident permit before or are new to Town, please bring two (2) proofs of residency; i.e. cable, utility or phone bill along with your vehicle registration and driver's license to the office. **There is no charge for a resident permit.**

BOAT LAUNCH INFORMATION

LAUNCH SEASON - APRIL 15TH TO OCTOBER 17TH
MARINA SLIP SEASON - MAY 15TH- OCTOBER 10TH

LAKE LILLINONAH BOAT LAUNCH - Newtown residents only. ONLINE REGISTRATION. When registering, please update your household information. Register online, print out your receipt and bring it to the Parks and Recreation office to receive your launch gate key, boat launch and resident permit. *A resident permit must be displayed on any car entering Lake Lillinonah.*

ACTIVITY: LLB - \$100.00 (Newtown residents only.)

EICHLER'S COVE MARINA BOAT LAUNCH - Newtown residents only. ONLINE REGISTRATION. When registering, please update your household information. Your boat launch and resident permit will be mailed to you within five (5) business days. *A resident permit must be displayed on any car entering Eichler's Cove Marina.*

ACTIVITY: ECB - \$100.00 (Newtown residents only.)

EICHLER'S COVE MARINA DAILY BOAT LAUNCH PASS - Newtown residents only. MUST BE PURCHASED ONLINE. NO money will be accepted at the launch. Bring your receipt to Eichler's Cove and turn receipt into attendant. *A resident permit must be displayed on any car entering Eichler's Cove.*

ACTIVITY: DECBLMF - \$15.00 (Newtown residents only.)

PURCHASE BOTH A LAKE LILLINONAH AND EICHLER'S COVE SEASON BOAT LAUNCH AND SAVE!!

(Newtown residents only.) NOW AVAILABLE...ONLINE REGISTRATION. When registering, please update your household information. Print out your receipt and bring it to the Parks and Recreation office and we will issue you a boat launch and resident permit and a launch gate key. *A resident permit must be displayed on any car entering Lake Lillinonah or Eichler's Cove Marina.*

ACTIVITY: LEB - \$150.00 (Newtown residents only.)

EICHLER'S COVE MARINA FEES (Not available online.) Marina Slip Season - May 15th - October 10th

Marina Slip Rentals	Newtown residents	\$1,025.00 season	19 ft and under
		\$1,275.00 season	over 19 ft
	Non- residents	\$1,225.00 season	19 ft and under
		\$1,475.00 season	over 19 ft

Boat slip rentals will be offered only to Newtown residents through the end of February 2010. Effective March 1st, 2010, any remaining slips will be offered to non-residents. Contact the Parks and Recreation office if you are interested in renting a boat slip. All checks must be made out to the Town of Newtown.

Marina Fees include an Eichler's Cove Beach pass



PAVILION RESERVATIONS

(NOT available online)

Treadwell or Dickinson Park - Application must be made at the Parks and Recreation office, beginning February 2nd. The fee schedule is as follows:

Newtown Residents	\$50.00 deposit and \$150.00 rental fee
Non - Residents	\$50.00 deposit and \$300.00 rental fee
Businesses	\$50.00 deposit and \$400.00 rental fee

NOTE: There are NO exemptions from the fees listed above!

