



Aging and Caregiving from a New Perspective

You are cordially invited to attend two presentations by

Donna Fedus

Founder of Borrow My Glasses

<http://www.borrowmyglasses.com>

This event is sponsored by The Commission on Aging and Director of the Newtown Senior Center

Both events to be held at:

Where: Nunnawauk Meadows Community Room
3 Nunnawauk Road
Newtown, CT

If I See Something, Do I Have to Say Something...or Do Something?

Are you worried about changes you see in an aging parent or relative, a resident or client, or in your own aging? These issues are not a crisis, but you are worried that one may be coming and wondering what, if anything, you can or should do.

Join us to:

- Decipher what you've seen
- Understand what it means.
- Determine what to do about it.
- Decide whether you have to do anything at all.

When: Saturday June 2, 2018 1pm-3pm

RSVP not necessary, but helpful.

Please call Anna Wiedemann at 203-426-1035 or email to annawiedemanncoa@gmail.com

Successful Communication Given "Alzheimer's Logic"

Changes in long-standing communication patterns can be wildly frustrating for individuals with Alzheimer's as well as for their caregivers. Communication problems can also trigger emotional reactions. But communication patterns are expected to change throughout Alzheimer's. This class will help you crack the code in the early to middle stages.

Join us to:

- Decipher "Alzheimer's logic"—there is logic there.
- Learn communication techniques for paranoia, blaming others, and memory battles.
- Consider the emotional impact on both sides of the communication.
- Learn new ways of dealing with repetitive questions.

When: Saturday June 16, 2018 from 1pm-3pm