NEWTOWN COMMISSION ON AGING REGULAR MEETING

August 27, 2018 5:00 pm

THESE MINUTES ARE SUBJECT TO THE APPROVAL BY THE COMMISSION ON AGING.

The Commission on Aging held a rescheduled regular meeting on Monday, August 27, 2018 at 5:00 pm at the Newtown Municipal Center, Council Chambers, 3 Primrose Street, Newtown, CT.

Call to order: Ms. Wiedemann called the meeting to order at 5:00 pm.

PRESENT: Anna Wiedemann, George Guidera, Barbara Bloom, John Boccuzzi, Anne Rothstein, Ruby Ryles, Curt Symes, Maureen Will. Alternates: Larry Passaro, Claire Theune.

ABSENT: LeReine Frampton, Mae Schmidle.

ALSO PRESENT: Marilyn Place, Ann LoBosco, Officer Maryhelen McCarthy, Judy Thomas, 5 members of the public, 1 press.

VOTER COMMENTS: *Marie McClenathan, Nunnawauk Meadows*, commented that she hopes there is no more need for police presence at COA meetings and wanted to know if there would be again, she feels that they ought to be able to address issues with Robert's Rules of Order and not with a police officer, citing a previous meeting when a police officer was present. Ms. Wiedemann added that this was at the request of the Chief of Police.

MINUTES: MS. BLOOM MOVED TO APPROVE THE MINUTES OF THE JULY 16, 2018 REGULAR MEETING. SECOND BY MR. GUIDERA. Ms. Wiedemann noted that she suggested and Mr. Boccuzzi made the motion to approve up to 5 more seniors to be paid for in case of need for the Annual Senior Picnic. Also, motions show 11-0, since Ms. Theune and Mr. Passaro are alternates, they should not be included. Also mentioned was Ms. Will, who was absent. ALL IN FAVOR. MOTION PASSES. (8-0)

REPORTS:

CHAIR REPORT

Ms. Wiedemann distributed the monthly report. (ATTACHMENT) Tuesday or Wednesday for the bread program, the new bakery Paneficio Navona will deliver, Ms. Wiedemann will call them as well as another bakery, Cheese Bread Factory, that makes gluten-free products. She will also check with D'Orozio Sisters and Stop&Shop. Checking others in town, the Big Y already gives to the Food Pantry. Ms. Will asked if she spoke with Donna Culbert and Suzette LeBlanc, Newtown Health District, on health requirements, especially with transportation. Ms. Wiedemann said that she and Ms. Place will work on that.

Ms. Wiedemann showed the yellow display circles that were used last year for the parade. Ms. Wiedemann said that Ms. Schmidle would like the COA to have a presence in the parade, Ms. Wiedemann filled out form for participation. Ms. Wiedemann asked if someone would like to march, please take the yellow display circles, one can walk or drive and display the circles on the car. Ms. Wiedemann suggested to give a \$100 donation to the parade committee. MR. GUIDERA MOVED TO

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\$100.00 BE DONATED TO THE PARADE COMMITTEE. SECOND BY MS. BLOOM. ALL IN FAVOR. MOTION PASSES. (8-0)

Ms. Wiedemann sent the form to Newtown High School for the Borrow My Glasses program. The new dates are October 27 and November 3 in the Lecture Hall at Newtown High School, from 10 am – 12 noon. The subject is Alzheimer's - October 27 is titled "If I See Something, Do I have to Say or Do Something." November 3 is titled "Successful Communication Given Alzheimer's Logic." It is important to publicize these sessions, work on flyers for publicity.

Regarding the newsletter, Bob Tait said to get 3 quotes. There is a quote from the one company, with a cost of \$0, the company specializes in this type of service, and it is required to obtain other quotes from printers. The subcommittee will seek quotes in coordination with Ms. Place. Mr. Guidera asked about process for sole providers and if there is an exception to the quote process. Mr. Symes explained that this was brought up once before and need to qualify the process. Mr. Guidera said that though we need to abide by rules, this scenario was not contemplated by charter revision commission. Considering that the cost is \$0, the necessity of 3 bids is questioned, especially when no one does this exact type of service, bids will not really be comparable. Mr. Rosenthal said this is a purchasing policy set by the Council. Ms. Wiedemann said it is important to follow due diligence.

VICE CHAIR REPORT: Mr. Guidera reported that it is necessary to move the newsletter ahead and spoke to programming. The earliest date for the newsletter would be in December, the newsletter would help to promote the new Senior Center, build momentum, include programming. Mr. Guidera referred to cards used in Darien to welcome people to "senior citizen-hood," visit the Senior Center. This type of effort should take place before the new Senior Center opens. Ms. Wiedemann said the next programming subcommittee meeting will be Friday, September 7 at 4:00 at the Newtown Municipal Center, Council Chambers and encouraged COA to attend. Mr. Boccuzzi suggested to look at National Council On Aging website for programming ideas. Aquatics for Arthritis, Arthritis Foundation, possible funder of a grant. Ms. Rothstein suggested an insert in the Guide to get the word out about programming ahead of the newsletter. Ms. Ryles spoke to a concern of use of different types of advertisers and to insure integrity is upheld. Susan Gostissa may be able to provide insight.

DIRECTOR OF SENIOR SERVICES: Ms. Place distributed the monthly report. (ATTACHMENT) Ms. Place highlighted the upcoming Lunch and Learn on the new Community Center/Senior Center, there will be PowerPoint presentation hosted by Ms. Place and Matt Arinello, the new director of the Community Center. She could use some help on Friday and suggested for COA to come around 11:30. The Annual Picnic was a success; flu shot clinics start in September; key fobs are being distributed, reports can now be generated with true numbers. Mr. Symes referred to feedback for more fun programs and the Age Friendly Livable Communities – What's Happening in Newtown for Seniors and their families, could be used as a means to get the word out to the larger senior community in Newtown. Annual fees will be reviewed by department heads – Ms. Place and Mr. Arinello. Attend subcommittee meetings, provide feedback, continue the conversation. Mr. Rosenthal added that all factors and options will be considered and discussed. Coordination is underway to insure a robust membership.

Ms. Place recognized and congratulated Officer Maryhelen McCarthy who was selected by the Agency On Aging of South Central Connecticut to receive a Stop Ageism Now outstanding achievement award.

DIRECTOR OF SOCIAL SERVICES: Ms. LoBosco distributed the Director of Social Services report. (ATTACHMENT) Ms. LoBosco highlighted the Energy Assistance applications, holiday baskets, grant for laptop and printer for the office to facilitate access to state applications. Since Nunnawauk

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Meadows will not be applying for the Small Cities Grant this year, we will be applying for the Housing Rehab Grant, will help with storm damage. Mr. Rosenthal added that Mr. Sibley is looking to track down expenses for individuals impacted by storm damage, awaiting response with FEMA resources.

TREASURER'S REPORT: Ms. Rothstein distributed the Treasurer's Report. (ATTACHMENT) MS. BLOOM MOVED TO FILE THE FINANCIAL REPORT FOR AUDIT. SECOND BY MR. SYMES. ALL IN FAVOR. MOTION PASSES. (8-0)

GRANTS COMMITTEE: Mr. Boccuzzi hopes that the aquatics program grant will be approved, another grant is for flashing lights in crosswalks, and an arts grant, looking for other grant funding opportunities. Ms. Rothstein to advise on subscription to the Foundation Center. The bus stop grant was not approved.

OLD BUSINESS:

Mr. Boccuzzi spoke to the naming of the Senior Center, a possible naming contest, discuss in subcommittee meeting on Friday. Ms. Bloom suggested to include logo design considerations. Mr. Boccuzzi said the Livable Communities report will be presented on September 4 at the Board of Selectman meeting at 7:30 pm. Ms. Wiedemann will sent out note for the agenda.

NEW BUSINESS:

Discussion on updates and printing out new SC Resource Guide – Ms. Wiedemann to distribute draft of the resource guide and review statement from the First Selectman's office.

ADJOURNMENT: THERE BEING NO FURTHER BUSINESS, MS. BLOOM MADE A MOTION TO ADJOURN THE MEETING AT 5:55 PM. SECOND BY MR. SYMES. ALL IN FAVOR. MOTION PASSES. (8-0)

Respectfully submitted,

June Sgobbo, Clerk

Attachments: Chair Report, Director of Senior Services Report, Events for week of 8/19/2018 – 8/24/2018, Events for week of 8/12/2018 – 8/17/2018, Time-Event-Room Report 8/24/2018, July Stats, Events Statistics 7/13/12018 – 8/24/2018, Summary Statistics 7/13/2018, Director of Social Services/Municipal Agent for the Elderly Report, Audit Report.

COA Chair Report for August

I would like to have a motion made to make a donation to the Labor Day Parade. I have the two yellow signs Mae made last year. We need to discuss at the meeting who will be marching/riding in the parade. I did fill out the form, but I am marching with the VNA so I will be unable to march with the Senior Center. I am hoping perhaps other seniors would want to join in as well and have a great showing — either by walking or riding in a car.

I have contacted several bakeries and stores regarding the Bread program coming back to the Senior Center. Larry checked with Big Y who said they are committed to the Food Bank. I got a yes from the Cheese Bread Factory (who does gluten free products), Panificio Navona who not only agreed, but will deliver. I went to D'Orazio Sisters who are closed until Tuesday (I will go again) and then Stop and Shop and was told the manager I need to speak to will be back Tuesday, so I will go there after D'Orazio Sisters. I mailed Caraluzzi the form necessary and await a response. Deere Street Bakery closed. We need more discussion on this with the Director and the COA because we will need volunteers.

It's been a quiet month – we will gear up again with the Programming Sub-Committee on Friday, September 7 at the Municipal Center at 4pm.

We will have a brief overview of the Livable Community from John Boccuzzi. They are presenting to the BOS and wanted to share information with us.

There is a Lunch and Learn on Friday, August 31 at noon at the Senior Center to hear about the latest updates regarding the new Senior Center. I hope many of you plan on attending.

Enjoy the beautiful weather, Anna

NEWTOWN SENIOR CENTER Director of Senior Services July 15, 2018 – August 24, 2018

PROGRAMS NUMBER OF ATTENDANTS (July)

(See Attachment)

Attendance Daily:

Monday	Tuesday	Wed.	Thurs	Friday	Monthly Attendance
277	406	169	341	241	1434

COMPLETED EVENTS:

•	Passport in Place "Global Journey"	July 27
•	"Letter to my Younger Self" Discussion & Writing Group	July 25
•	"Keep Cool" Bingo	Aug 1
•	Hawaiian Luau	Aug 3
•	AARP Driving Course	Aug 10
•	Ice Cream Social w/ Bob Mel Entertainer	Aug 10
•	Opera-Kadabra	Aug 13
•	Center Lounge "Las Vegas Legends" w/ Nicky D	Aug 17
•	Annual Summer Picnic @ Holiday Hill	Aug 20

UPCOMING EVENTS:

•	Fall centerpiece craft w/ Dana	Sept 7
•	Flu clinic's begin	Sept 18 9 am - 11 am

TRIPS:

•	9/11 Memorial & Museum	Sept 6
•	The Big"E"	Sept 19
•	Married to Broadway	Oct 9
•	Oktoberfest	Oct 16
•	Mohegan Sun	Oct 17
•	Phantom @ WBT	Nov 8

VAN TRIPS:

Sept 12
Sept 13
Sept 26

SPEAKERS:

Lunch and Learns:

1.	NSC Gathering	Aug 31
2.	Passport in Place "Antartic" w/ Hank Meirowitz	Sept 21
3.	Laugh for the Health of It Part 2 w/ John Trevor Smith	Sept 28

Cultural History (2nd Thursdays @ 10:30) and Wellness Series (4th Thursdays @ 10:30)

FDR's New Deal: Tennessee Valley Authority
 Growing Closer: Improving relationships with loved ones
 Sept 6
 Sept 20

ENTERTAINMENT:

Comedy Cabaret w/ Lia Levitt

Sept 14

UPDATE:

Bob Sharpe is fully retired from driving the van. I am in process of hiring another per diem driver. When one door closes another opens...a new member who is 66 is interested. He is a retired truck driver. With a CDL.

All events were very well attended. The Lunch and Learns are all very popular that we have a wait list. These events are filled to maximum capacity.

Passport in Place	July 27
 Perfect program for travelers young at heart "Global Journey" 	-
 Hawaiian Luau w/ Jose 	
Perfect weather for this event!	Aug 3
 Ice Cream Social w/ Bob Mel Entertainer 	Aug 10
 Opera-Kadabra 	
Incredible entertainer!	Aug 13
 Center Lounge "Las Vegas Legends" w/ Nicky D 	Aug 17
Many new faces and it was a great event!	
Build Your Own History Book	Aug 24
 This is a history inter-action program. The series continued w/ History 	Amazing Women in

Each event with overflow in parking lot we always utilize the SH fire dept. back parking lot.

UPCOMING FLU SHOT CLINIC @ the senior center

Tuesday	Sept 18th	9-11	Bethel VNA
Tuesday	Oct 2nd	9-11	Bethel VNA
Tuesday	October 23rd	9-11	Bethel VNA

The new MEN"s Karate (type class)(self-defense) will have a demo class in October TBA it will be an afternoon class.... This is through Fitness Fury.

My Senior Center Program is in play (see attachments)
Members need to come in, re-new membership and receive their key card.
Once complete it will be an accurate source for stats etc. Also, robo calls!
Work in progress.

Marilyn

Events for the week of: Sunday, August 19, 2018 - Friday, August 24, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8/20/2018	8/21/2018	8/22/2018	8/23/2018	8/24/2018
.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide;	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide;	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide;	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide;	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide;
holiday hill picnic 8:00 AM-3:00 PM Reception;	Cards 9:00 AM-4:00 PM Multipurpose Room;	Cards 9:00 AM-4:00 PM Multipurpose Room;	Cards 9:00 AM-4:00 PM Multipurpose Room;	Cards 9:00 AM-4:00 PM Multipurpose Room;
Cards 9:00 AM-4:00 PM Multipurpose Room;	Morning Meditation 9:00 AM-10:00 AM Exercise 1/Piano;	video exercise 2 9:30 AM-10:30 AM Multipurpose Room;	Mah Jong 9:30 AM-12:00 PM Exercise 1/Piano;	video exercise 2 9:30 AM-10:30 AM Multipurpose Room;
Flex & Fit 9:00 AM-10:00 AM Multipurpose Room;	Art in the Atrium 10:00 AM-12:00 PM Sun Room;	Zumba 9:30 AM-10:30 AM Multipurpose Room;	Cultural History Discussion 10:30 AM-11:30 AM Multipurpose Room;	Fitness Fury 10:45 AM-11:30 AM Multipurpose Room;
video exercise 2 9:30 AM-10:30 AM Multipurpose Room;	Chair Pilates 10:15 AM-11:15 AM Exercise 1/Piano;	Fitness Fury 10:45 AM-11:30 AM Multipurpose Room;	Lunch 12:00 PM-1:00 PM Multipurpose Room;	sewing/quilting 11:00 AM-2:00 PM Sun Room;
Womens Discussion Group 11:00 AM-12:00 PM Multipurpose Room;	Hot Topics 10:30 AM-11:30 AM Multipurpose Room; Lunch	Lunch 12:00 PM-1:00 PM Multipurpose Room; Blood Pressure	Mandala Adult Coloring 1:00 PM-2:00 PM Multipurpose Room;	Amazing Women in History 12:00 PM-2:00 PM Multipurpose Room;
Lunch 12:00 PM-1:00 PM Multipurpose Room;	12:00 PM-1:00 PM Multipurpose Room; Qi Gong	1:00 PM-2:00 PM Card Room;	Yoga 1:00 PM-2:00 PM Exercise 2/Social;	Knitting 12:00 PM-2:00 PM Exercise 1/Piano;
Yoga 1:00 PM-2:00 PM Exercise 2/Social;	12:45 PM-1:45 PM Exercise 2/Social;	2:00 PM-4:00 PM Multipurpose Room;	Barn Dancing 2:00 PM-3:00 PM Multipurpose Room;	Lunch 12:00 PM-1:00 PM Multipurpose Room;

8/20/2018	8/21/2018	8/22/2018	8/23/2018	8/24/2018
	Tech Tuesdays 1:00 PM-2:00 PM Multipurpose Room;		Strength training 2:30 PM-3:30 PM Exercise 1/Piano;	Canasta 1:00 PM-4:00 PM Multipurpose Room;
	Poker 1:30 PM-4:00 PM Card Room;		GAMES 3:00 PM-4:00 PM Exercise 2/Social;	Chair Yoga 3:00 PM-4:00 PM Exercise 1/Piano;
	Tai Chi 2:00 PM-3:00 PM Exercise 2/Social; Chair Yoga 3:00 PM-4:00 PM Exercise 1/Piano;		Ballroom Dance Lessons 3:15 PM-4:15 PM Multipurpose Room;	

Events for the week of: Sunday, August 12, 2018 - Friday, August 17, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
8/13/2018	8/14/2018	8/15/2018	8/16/2018	8/17/2018
.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide; Cards 9:00 AM-4:00 PM Multipurpose Room; Flex & Fit 9:00 AM-10:00 AM Multipurpose Room; video exercise 2	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide; Cards 9:00 AM-4:00 PM Multipurpose Room; Morning Meditation 9:00 AM-10:00 AM Exercise 1/Piano; Art in the Atrium	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide; mohegan sun trips 8:00 AM-6:00 PM Multipurpose Room; Cards 9:00 AM-4:00 PM Multipurpose Room; video exercise 2	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide; Cards 9:00 AM-4:00 PM Multipurpose Room; Mah Jong 9:30 AM-12:00 PM Exercise 1/Piano;	.Socializing/Just Visiting 7:00 AM-7:00 PM Center Wide; Cards 9:00 AM-4:00 PM Multipurpose Room; video exercise 2 9:30 AM-10:30 AM Multipurpose Room; Fitness Fury
9:30 AM-10:30 AM Multipurpose Room;	10:00 AM-12:00 PM Sun Room;	9:30 AM-10:30 AM Multipurpose Room;	12:00 PM-1:00 PM Multipurpose Room;	10:45 AM-11:30 AM Multipurpose Room;
Womens Discussion Group 11:00 AM-12:00 PM Multipurpose Room; Lunch 12:00 PM-1:00 PM Multipurpose Room; Yoga 1:00 PM-2:00 PM Exercise 2/Social; Opera-Kadabra 2:00 PM-3:00 PM Multipurpose Room;	Chair Pilates 10:15 AM-11:15 AM Exercise 1/Piano; Hot Topics 10:30 AM-11:30 AM Multipurpose Room; Lunch 12:00 PM-1:00 PM Multipurpose Room; Qi Gong 12:45 PM-1:45 PM Exercise 2/Social;	Zumba 9:30 AM-10:30 AM Multipurpose Room; Fitness Fury 10:45 AM-11:30 AM Multipurpose Room; Lunch 12:00 PM-1:00 PM Multipurpose Room; Bible Study Group 12:30 PM-1:30 PM Card Room;	Mandala Adult Coloring 1:00 PM-2:00 PM Multipurpose Room; Yoga 1:00 PM-2:00 PM Exercise 2/Social; Barn Dancing 2:00 PM-3:00 PM Multipurpose Room; Strength training 2:30 PM-3:30 PM Exercise 1/Piano;	sewing/quilting 11:00 AM-2:00 PM Sun Room; Knitting 12:00 PM-2:00 PM Exercise 1/Piano; Lunch 12:00 PM-1:00 PM Multipurpose Room; Canasta 1:00 PM-4:00 PM Multipurpose Room;

8/13/2018	8/14/2018	8/15/2018	8/16/2018	8/17/2018
	1:00 PM-2:00 PM	2:00 PM-4:00 PM Multipurpose Room;	3:00 PM-4:00 PM Exercise 2/Social;	Las Vegas Legends w/ Nicky D 2:00 PM-4:00 PM Multipurpose Room; Chair Yoga 3:00 PM-4:00 PM Exercise 1/Piano;



Time	Event	Room
7:00 AM to 7:00 PM	.Socializing/Just Visiting	Center Wide;
9:00 AM to 4:00 PM	Cards	Multipurpose Room;
9:30 AM to 10:30 AM	video exercise 2	Multipurpose Room;
10:45 AM to 11:30 AM	Fitness Fury	Multipurpose Room;
11:00 AM to 2:00 PM	sewing/quilting	Sun Room;
12:00 PM to 2:00 PM	Amazing Women in History	Multipurpose Room;
12:00 PM to 2:00 PM	Knitting	Exercise 1/Piano;
12:00 PM to 1:00 PM	Lunch	Multipurpose Room;
1:00 PM to 4:00 PM	Canasta	Multipurpose Room;
3:00 PM to 4:00 PM	Chair Yoga	Exercise 1/Piano;

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Print Statistics

Event Statistics from 07/13/2018 to 08/24/2018

Filters:

Age: >=0 Site(s): All

Category	Duplicated	Unduplicated	60 and Over Guests	Under 60 Guests	Hours	Ticket
Classes/Workshops	165	52	0	0	302.00	0
Health Screenings	8	7	0	0	8.00	0
Health/Fitness	862	104	0	0	817.50	0
Nutrition	213	37	0	0	345.00	0
Off Site Excursions	81	70	0	0	690.00	0
Recreation/Entertainment	59	24	0	0	115.50	0
Social Activity/Event	373	66	0	0	1,635.50	0
Socializing	345	93	0	0	4,140.00	0
Special Events	20	19	0	0	72.00	0
Special Groups	89	27	0	0	89.00	0
Volunteer Opportunities	3	3	0	0	40.50	0
Total Event Signins	2218	217	0 /	0	8,255.00	0
Total Swipes	1274	198	,			

8/24/2018 Print Statistics

Summary Statistics from 07/13/2018 to 08/24/2018

Filters:

Age: >=0

Site(s): All

Activity Type Duplicated Unduplicated Events 2218 217

Total People Served 2218 217

DIRECTOR OF SOCIAL SERVICES/MUNICIPAL AGENT FOR THE ELDERLY

August 2018

Program Statistics

Energy Assistance Applications – 2017-2018 (181 applications – total expenditure \$124,537.25) Food Pantry (56 individuals/families visit weekly – 39 Senior/Disabled = 69%) Operation Fuel (Summer/Fall) – (5 applications – total \$1,964.81) Salvation Army – (41 applications to date - \$13,534.54 total – 19 Senior/Disabled = 46%) Renter's Rebate for 2017 – 57 applications to date

- Energy Assistance will begin on September 4, 2018. We attended training on 8/14/18 and CAAWC has put things in place that hopefully will eliminate any delays in processing applications this year.
- Since Nunnawauk Meadows will not be applying for the Small Cities Grant this year, we are applying for the Housing Rehab Grant. This grant ties in with the Livable Community Initiative in the sense that we can help seniors stay in their homes safely by providing funds to repair/replace items such as roofs, furnaces, septic systems, windows, etc. Working with Christal Preszler on announcing the RFP to retain a Small Cities Consultant to assist in the process.
- Applied for and received a grant through Operation Fuel for a laptop that I will be able to use when out on home visits or when spending time at Nunnawauk Meadows and the Senior Center.
- We will start collecting Thanksgiving and Holiday Basket applications as clients complete their fuel assistance eligibility.

Treasurer's Report August 27, 2018 COA/SENIOR SERVICES GIFT FUND

DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS TRUST FUND	NEW SENIOR CENTER	GRANT	BALANCE
7/1/18	Beginning Balance						45,027.86
7/18/2018	8 Qrtly Distribution- Knotts Trust			649.95			
		0.00	0.00	649.95			45,677.81