

**COMMISSION ON AGING
REGULAR MEETING**

November 20, 2017 5:00 pm

THESE MINUTES ARE SUBJECT TO THE APPROVAL BY THE COMMISSION ON AGING.

The Commission on Aging held a special meeting on Monday, November 20, 2017 at the Senior Center, 14 Riverside Road, Sandy Hook, CT.

Call to order: Ms. Wiedemann called the meeting to order at 5:00 pm.

PRESENT: Anna Wiedemann, George Guidera, Mae Schmidle, Anne Rothstein, Barbara Bloom (5:09), John Boccuzzi, LeReine Frampton, Claire Theune, Larry Passaro, Maureen Will.

ABSENT: Ruby Ryles, Curt Symes,

ALSO PRESENT: Marilyn Place, Officer Maryhelen McCarthy, 7 members of the public.

VOTER COMMENTS: Officer Maryhelen McCarthy said that there was an arrest made for elder abuse, the case went to trial, sentencing scheduled for January 4, 2018. Newtown Police Department, state agencies participated, there will probably be a press release, significant case against elder abuse. Another elder abuse case and arrest forthcoming, Officer McCarthy said the messaging is - elder abuse is not accepted in Newtown.

Mary - asked about the operating budget for senior services and referred to a number of 450 paid members. She also asked about members input regarding the new senior center. Ms. Wiedemann replied there will be more opportunities for input in the future.

Vicky - referenced incorrect schedule of items in the Newtown Bee. Ms. Place to look into.

MINUTES: MR. GUIDERA MOVED TO APPROVE THE MINUTES OF OCTOBER 16, 2017 MEETING. SECOND BY MS. FRAMPTON. ALL IN FAVOR. MOTION PASSES (10-0).

REPORTS:

CHAIR: Ms. Wiedemann distributed the President's report (ATTACHMENT A). Ms. Wiedemann spoke to sharing a table at Destination Newtown, high volume of visitors to the table, fielded many questions, the sharing costs of the table was \$150. MR. BOCCUZZI MOVED TO PAY OUT OF THE GIFT FUND THE \$150 FOR SHARING THE COST OF THE TABLE AT DESTINATION NEWTOWN. SECOND BY MS. BLOOM. Ms. Frampton noted that the money should come out of the new senior/community center budget. MR. BOCCUZZI MOVED TO AMEND THAT IF NOT PAID BY THE TOWN THE MONEY SHOULD COME OUT OF THE GIFT FUND. SECOND BY MS. BLOOM. ALL IN FAVOR TO AMEND. (10-0). MR. BOCCUZZI MOVED TO PAY THE \$150 FOR SHARING THE COST OF THE TABLE AT DESTINATION NEWTOWN THAT IF NOT PAID BY THE TOWN THE MONEY SHOULD COME OUT OF THE GIFT FUND. SECOND BY MS. BLOOM. ALL IN FAVOR. MOTION PASSES (10-0).

VICE CHAIR: Mr. Guidera thanked COA members for attending the Community Center Advisory Committee update. He said that many people stopped by their table at Destination Newtown, the majority of people wanted to know about the new Senior Center, they fielded questions and provided information, Destination Newtown proved to be a good venue.

DIRECTOR OF SENIOR SERVICES: Ms. Place distributed the monthly report, reviewed updates of events. (ATTACHMENT B) Ms. Place spoke to an upcoming Lunch and Learn event with Senator Tony Hwang on December 8, to be discussed are major cuts that will affect Connecticut seniors. Ms. Wiedemann asked about heat assistance. Mr. Passaro there are 25 seniors in town that need oil, they need deliveries. Hoffman is helpful, said Ms. Place. Ms. Place requested \$866.34 from the gift fund - \$71.34 reimbursement for volunteers for the day of the Bazaar, \$200 for the DJ at the annual party, payment for staff and 10 seniors to attend, plus First Selectman (17 people at \$35 each) \$595.00. MS. FRAMPTON MOVED TO PAY EXPENSES FROM THE GIFT FUND \$71.34 REIMBURSEMENT FOR VOLUNTEERS FOR THE DAY OF THE BAZAAR, \$200 FOR THE DJ AT THE ANNUAL PARTY, PAYMENT FOR STAFF AND 10 SENIORS TO ATTEND, PLUS FIRST SELECTMAN (17 PEOPLE AT \$35 EACH) \$595.00 FOR A TOTAL OF \$866.34. SECOND BY MR. GUIDERA. ALL IN FAVOR. MOTION PASSES (10-0).

Ms. Place reminded the COA and those present that the Annual Holiday Party is December 7th from 11 am – 3 pm at Michael's at The Grove.

Mr. Guidera inquired to Masonicare at Newtown to be acquired by Athena Health Care Systems. Ms. Rothstein said she heard good things about Athena.

DIRECTOR OF SOCIAL SERVICES: None.

TREASURER'S REPORT: Ms. Rothstein distributed the financial report (ATTACHMENT C). MR. GUIDERA MOVED TO FILE THE FINANCIAL REPORT FOR AUDIT. SECOND BY MR. BOCCUZZI. ALL IN FAVOR. MOTION PASSES (10-0).

Sub-committee's: Senior Center Resource Guide – Ms. Theune thanked everyone for input, Ms. Theune will distribute edited version to the COA.

OLD BUSINESS:

Chamber of Commerce event - discussed in Chair, Vice Chair report.

2018 Meeting Schedule – Ms. Wiedemann asked for approval of the 2018 COA meeting schedule. (ATTACHMENT D) MS. FRAMPTON MOVED TO APPROVE THE 2018 COMMISSION ON AGING MEETING CALENDAR. SECOND BY MR. GUIDERA. Mr. Guidera suggested to include a January 2019 meeting date. MR. GUIDERA MOVED TO AMEND AND APPROVE THE 2018 COMMISSION ON AGING MEETING CALENDAR WITH THE ADDITION OF JANUARY 28, 2019 DATE. SECOND BY MS. FRAMPTON. ALL IN FAVOR. MOTION PASSES. (10-0)

NEW BUSINESS:

Nominating Committee for new board for 2018 – MS. BLOOM MOVED TO APPROVE THE SLATE OF NOMINATIONS: CHAIRMAN - ANNA WIEDEMANN, VICE CHAIR – GEORGE GUIDERA, TREASURER – ANNE ROTHSTEIN, PARLIAMENTARIAN – MAE SCHMIDLE. SECOND BY MS. FRAMPTON. Ms. Wiedemann asked for any other nominations for the slate, there were no others. Nominations closed. Voting on nominees will take place at the next meeting. Mr. Guidera asked if the COA needs to appoint a secretary, Ms. Wiedemann indicated that the position is appointed by the Town. ALL IN FAVOR. MOTION PASSES. (10-0)

New Activities for 2018 – Mr. Boccuzzi reported on the meeting from health and wellness committee, talked about an education session on the Agewell.Org, a lot of health resources, have a presentation, he suggested to purchase a projector and laptop. Ms. Place said that they have a projector. Ms. Frampton suggested to contact the Town for a laptop, Ms. Place to send an email. Mr. Boccuzzi said they also talked about a series of live well programs that is sponsored by Western CT Area Agency On Aging, 6 week program, look into doing that. Mr. Boccuzzi said the committee will figure out goal of health fair. Mr. Boccuzzi also spoke about looking into a presentation done by doctors, St. Rose had done a similar type of presentation.

VOTER COMMENTS: Ms. Wiedemann provided dates for bell ringing December 8, 9, 15, 16 if interested contact Ms. Wiedemann.

Ms. Place said she has had meetings with Dan Rosenthal, looking to purchase a program to keep track of members and activities called myseniornetwork. Ms. Place explained that members have a fob, scan in the computer, the program keeps track of all the members, saves paperwork, many other senior centers are using, she is going forward with it and Mr. Rosenthal is in support, there is a webinar next week. Mr. Passaro added that it includes a photo ID, which is helpful when traveling. Ms. Frampton said that it is planned for at the new senior center. Starting fee is around \$5,000, then maintenance and update fees. Ms. Wiedemann will appoint a subcommittee to help facilitate. Ms. Rothstein encouraged COA to watch webinar and discuss at next meeting.

Officer McCarthy spoke of concerns of no oil and heat, contact protective service for the elderly, after hours call 211.

Dottie - wondered if told COA is aware of a new van company in Sandy Hook. Ms. Wiedemann said yes, it is on the clipboard. Interviewing for drivers. Ms. Place said the flyer indicates it is cost friendly. The company is local, good to support a Newtown business.

ADJOURNMENT: THERE BEING NO FURTHER BUSINESS, MS. FRAMPTON MADE A MOTION TO ADJOURN THE MEETING AT TIME 6:01 PM. SECOND BY MR. GUIDERA. ALL IN FAVOR. (10-0)

Respectfully submitted,

June Sgobbo, Clerk

Attachments: Commission On Aging President's Report, Director of Senior Services Report, Treasurer's Report, Commission On Aging 2018 Meeting Schedule.

Commission on Aging President Report for November 20, 2017

November snuck up on me! Although, other than elections, it's been quiet. Numerous on going programs at the senior Center which are bringing in more folks. Always a good sign. I was asked by Kinga Walsh to share a table at Destination Newtown. Rusty Malik has a model he is loaning us. It's a great opportunity for a visual. George and I will be there along with the advisory members from the Community Center. Destination Newtown will be in the gym of the Edmond Town Hall from 4-7 (today, 11/16). There's a pizza contest, which we hope will attract lots of people. It's a wonderful venue for all our local businesses to be on display.

Don't forget to support the Senior Center this Saturday at their annual Holiday Bazaar. Come shop and if you are so inclined, drop off a baked goodie or two.

On Monday, John Boccuzzi and I are meeting at 4:00, prior to our COA meeting to begin discussing what to do for the Wellness Series sub-Committee. Feel free to join us.

Have a wonderful Thanksgiving, Anna

NEWTOWN SENIOR CENTER
Director of Senior Services
Oct 13, 2017 – NOV 16, 2017

ATTACHMENT B

PROGRAMS NUMBER OF ATTENDANTS (OCT)

Meditation	38
Exercise Tape	86
Floor Yoga (2 days)	87
Chair Yoga (2 day)	89
Cards	109
Mah Jong	16
Bingo/Keno	12
Lunch	130
Hot Dog/pizza Luncheon	12
Knitting	28
Iris Fold cards	4
Quilting/sewing	12
Walk-Ins	28
Billiards/ping pong	0
Crafts	22
Trips	54
Newsletter	10
Wil	4
Painting/Art	15
Special events/entertainment	128
Tai Chi	54
Qi Gong	57
AARP Safe Driving	22
Ballroom Line dance	38
Barn Dance	54
Current Events Discussion	36
Spanish Lessons	31
Speakers	104
Chair Pilates	44
Strength & Balance	38
Inter-generational w/ CAC	45
Password	10
Blood Pressure	23
AARP Taxes	
Game night	13

Attendance Daily:

Monday	Tuesday	Wed.	Thurs	Friday	Monthly Attendance
162	460	211	334	263	1430

COMPLETED EVENTS:

- AARP Driving Safety Program Oct 20
- Halloween Bingo Party Oct 25
- Flu Shots
- Speaker, "Camden Pierce" a Raconteur from Wypitlock , Maine Nov 15
- Zack, piano entertainment Nov 16

UPCOMING EVENTS:

- NSC Annual Bazaar Nov 18
- Trim the Tree Dec 1
- Annual Cookie Swap Dec 6
- Annual Holiday Party @ Michael's @ the Grove Dec 7
- Holiday Bingo Party Dec 20

TRIPS:

- Let's Celebrate Gala @ Aqua Turf Nov 20
- Lunch bunch Crackle Barrel @ Xmas tree Nov 22
- Mohegan Sun Nov 28
- Williams Inn W/ Bright Nights Dec 12
- Polynesian Christmas w/ Bright Lights Dec 19

CRUISES:

- Western Caribbean w/ Norwegian Breakaway January 19 - Feb 2, 2018
- Bermuda w/ Norwegian Escape April 29 - May 6, 2018
- Ireland, Iceland and Scotland w/ Celebrity Eclipse May 10 - 20, 2018

SPEAKERS:

Lunch and Learns:

1. Photo Booth Fun w/ Masonicare Dec 1
2. Info on State budget & its impact on seniors Dec 8

Annual FLU SHOT CLINICS ARE SCHEDULED..... Sept 26 9-12
Oct 10 9-12
Oct 24 9-12

Total 142 seniors received their shots @ the senior center

Cultural/History Speaker:

Wednesday Nov 29 @ 1	Veteran's Day
Wednesday Dec 13 @ 1	Radio City Music Hall
Wednesday Jan 24 @ 1	Golden Age of Radio, The Adventures of Philip Marlowe
Wednesday Feb 7 @ 1	Tuskegee Airmen
Friday March 16 @ Noon	St. Patrick's Cathedral

"Highlights of a Senior Artist "Every Picture has a Story". Continues into Nov/Dec featuring Mary Goebel and Joyce Goldin. Two creative artist. Two different styles but very talented. Nov 7 was their reception. Lovely article in The Bee.

I'm in full swing crafting, sewing, painting, knitting etc. with many senior volunteers preparing for the Annual Bazaar scheduled this Saturday Nov 18 from 9-3pm.

Annual Holiday Party is Dec 7th at Michael's at The Grove, Music by SH Entertainment 11am-3pm.

Gift Fund request:

As in the past

1. \$ 71.34 reimbursement for food for volunteers the day of Bazaar
 2. \$200 to pay for the DJ at annual holiday party
 3. As in past practice I am requesting payment for staff and 10 seniors to attend the Holiday Party. 6 staff (myself, Judy, Bob S., Marianne P., Ann L., Lee D.)
 4. plus 1st Selectman 17 x \$35 = \$595
- \$200 + \$595 = \$795 + \$71.34 = total \$866.34 from SS gift fund**

*******Important changes coming to Medicare Issues due to the State Cuts**

FYI.....Please circle your calendar

Just got off the phone with Senator Tony Hwang (vice chair on aging)

As we all know there is cuts in the State budget that will impact our seniors.

Tony said 107,000 seniors alone in this area will be impacted and 82,000 seniors possibly without insurance by mid - January.

I have scheduled Friday Dec 8 a Lunch and Learn (Noon) w/ Senator Tony Hwang. He is putting together a team panel of professional to get the info out there.

Included an Elder Law Lawyer, a Rep from DSS, WCAAA, Medicare, etc. also a flyer is being put together and I will get it out as soon as I receive it from his office.

Preparing for Feb/April AARP income tax prepalways need volunteers to be trained. If interested or if you know of someone, I can give you the contact person.

Also, scheduling new programs/speakers/seminars/inter-generational programs/trips/luncheons for 2018.

More to report on Monday

Keeping the seniors busy, active and independent.

Marilyn



COA/SENIOR SERVICES GIFT FUND						
DATE	RECEIPTS/DISBURSEMENTS	C/D	C/R	FRANK KNOTTS	NEW	BALANCE
				TRUST FUND	SENIOR CENTER	
7/1/17	Beginning Balance					\$50,413.09
7/19/2017	Trust Distribution T-5327			\$562.15		\$50,975.24
8/17/2017	Ck #28743- Newtown Labor Day Parade	-\$100.00				\$50,875.24
9/14/2017	Ck #29076 -File of Life Foundation	-\$402.00				\$50,473.24
9/14/2017	Donation- Bazaar T-15963		\$89.74			\$50,562.98
9/20/2016	Aug P-Card- Holiday Inn	-\$429.00				\$50,133.98
9/26/2017	Aug P-Card- Minuteman Press	-\$219.00				\$49,914.98
10/12/2017	Sign Language LLC- Signs for Labor Day	-\$254.50				\$49,660.48
10/18/2017	Trust Distribution T-22061			\$562.15		\$50,222.63
10/24/2017	Sept P-Card- BJs	-\$285.46				\$49,937.17
11/9/2017	Ck #29836- Michael's At The Grove	-\$200.00				\$49,737.17
		-\$1,889.96	\$89.74	\$1,124.30		\$49,737.17

ATTACHMENT C

TOWN OF NEWTOWN
3 PRIMROSE STREET
NEWTOWN, CT 06470
TEL. (203) 270-4201
FAX (203) 270-4205
www.newtown-ct.gov



ATTACHMENT D

TOWN OF NEWTOWN

COMMISSION ON AGING 2018 MEETING SCHEDULE

The Commission On Aging will hold meetings at 5:00 pm at the Senior Center, 14 Riverside Road, Sandy Hook, CT as follows:

Monday	January 22
Monday	February 26
Monday	March 19
Monday	April 16
Monday	May 21
Monday	June 18
Monday	July 16
Monday	August 20
Monday	September 17
Monday	October 15
Monday	November 19
Monday	December 17

ADD: MONDAY Jan 28 2019

Please note Newtown Town Offices are closed:

- the third Monday of January - Martin Luther King, Jr. Day (1/15/2018)
- the third Monday of February - President's Day (2/19/2018)