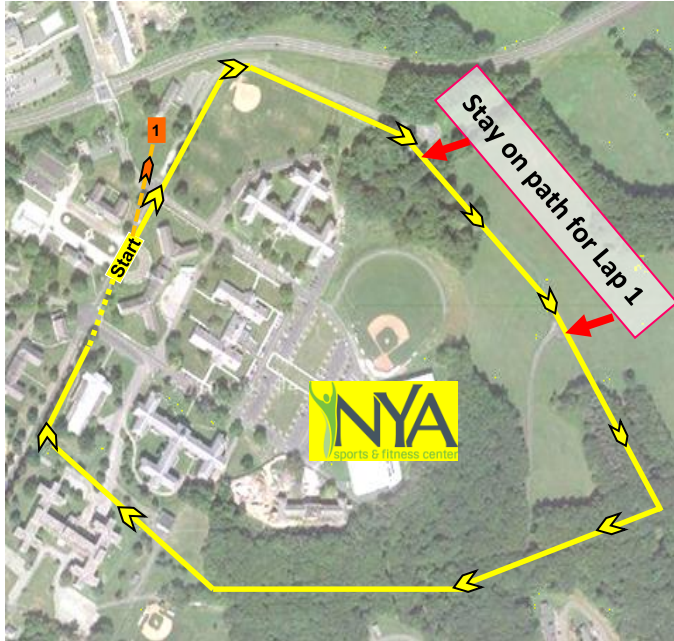


# ELITE COURSE



## Lap 1

*"The Sprint!"*

**START**

**Run full lap**  
"First lap no obstacles"



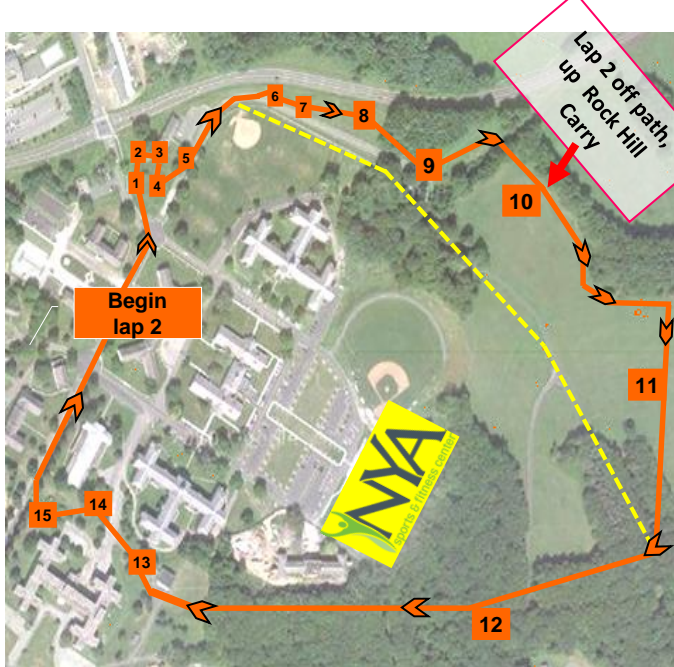
Newtown



**ELITE COURSE=5.1 miles**

(Includes 3 Course Laps)

Ages 8+ and Superheroes

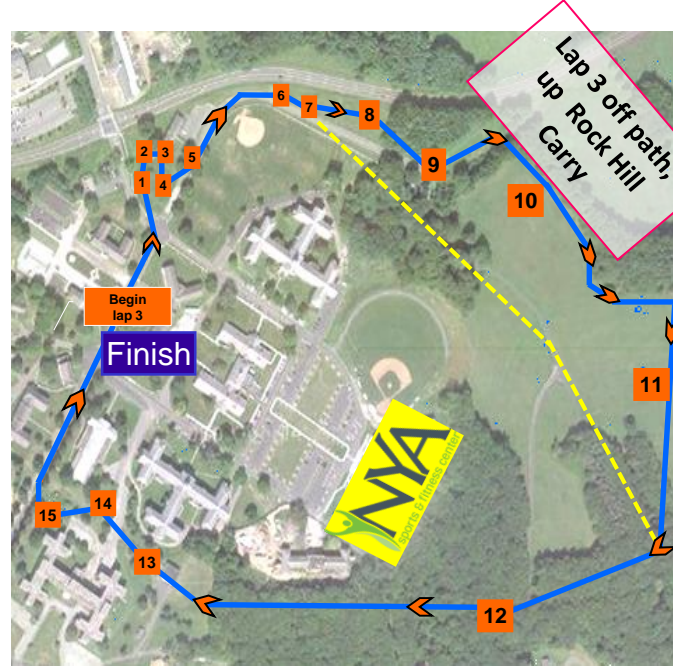


## Lap 2

*"Time to Get Dirty!"*

**Complete...**

1. Tunnel Crawl
  2. Tire Obstacle
  3. Hay Barriers
  4. Balance Beam w/Water Cannon
  5. Tar and Feather
  6. Under Over Police Barrier
  7. Barrier Climb
  8. Trainer Challenge
  9. Mud Pit
  10. Rock Hill Carry
  11. Trail Run
  12. Ladder Excursion
  13. Slip and Slide
  14. Monster Hill
  15. Wall Jump
- Run to Tunnel Crawl to begin final lap 3



## Lap 3

*"The Final Round!"*

**Complete...**

All obstacles (1-15) once again and run to FINISH!