

**COMMISSION ON AGING  
PROGRAMMING SUBCOMMITTEE MINUTES  
SEPTEMBER 27, 2018**

Attendance: George Guidera, Anna Wiedemann, Anne Rothstein, Barbara Bloom, Marilyn Place, Selectman Rosenthal, Matthew Ariniello

Commission members in attendance: Claire Theune, Larry Passero and Curt Symes

Public: 3 members

Subcommittee Chair George Guidera called the meeting called to order at 4:05pm

1. New Business

a. Striping of the parking lot at Senior Center - before Thanksgiving

b. Director, Ms. Place gave out binders. Inside were Programs - Orange, Blue and Yellow are what we have now

c. Putting copies of the flyer for Naming in different places. (attached)

2. Membership Categories

3. Program Expansion

Pickleball

Computer Instruction — Skyping, email, etc

Watercolor

Clay Sculpting

Ceramics

Pottery

Tap Dancing

C&W line dancing

Photography

Music/Chorus

Walking

Karate

Intergenerational Games and Activities with Superintendent Dr. Lorrie Rodrigue

Seniors to Elementary to Read to/with students

Music/all ages

Mentoring

Math

Cooking classes - Anna, LeReine

Then/Now

Computer Cart

Spectrum - videography

Jennifer Crane

Boating Class, Kayaking

Health Topics

Support Groups - Newtown family services will do support groups

Alzheimers lunch and learn

There are trained facilitators to work with caregiver groups

Grandparents raising grand children

L.L. Bean

Orienteering

Many of the center activities use volunteers.

For a weekly core program: ceramics, pottery, sculpting (this is a cost)

Health Service Programs (Open to all)

Cholesterol, Blood Pressure, Eye Check-up, Diabetes, Hearing, Flu shots

Core programs already in play (see orange sheet)

Add programs which will be core.

Times/days

Funds for another employee

Open some evenings and weekends to attract seniors who still work

Outside activities:

Shuffleboard

Bocci

Horseshoes

How much will equipment cost for Bocci, Shuffleboard, Pickleball,

Where is the patio? There one on the Senior Side.

Redistributing the money to more popular programs

College internships

Recreation internships

Exercise Science internships

See membership categories

Incentive package

Under each heading there will be an explanation

Grants for certain activities

Need to educate the potential market for new members. Continued outreach to the community.

Getting people to the senior center

Free passes for Hart bus. Some seniors have used Uber but it's expensive.

RUOK will not be added to our community. Met with Chief Viadero who felt this was a duplication of efforts.

Ms. Wiedemann made a suggestion that perhaps someone who lives alone might connect with someone. She has a friend who texts her every morning. We need to make a better effort of reaching out to those who live alone and see if they'd like to text or call someone each day just to let them know they are okay. Or have someone call them daily. Doesn't need to be a lengthy call – just checking in type of call. We have Golden Opportunities, Meals on Wheels, Smart 911, Code Red and other things currently in place.

Coordinate with Realtors

Welcome Wagon for Seniors. Ms. Wiedemann will reach out to the realtors to see if there could be some coordination of efforts when a senior moves into town.

Meeting adjourned at 5:40 Next meeting, Thursday, October 25, 2018 at 4pm Municipal Center

Respectfully submitted,

Anne Rothstein and Anna Wiedemann